

WELCOME TO OUR PRACTICE

We are happy you have chosen us for your care!

All of our providers and team members look forward to welcoming you to our practice! We have enclosed the necessary paperwork for you to complete before your visit.

OFFICE HOURS

Monday - Friday 8:00 am - 5:00 pm

AFTER HOURS

Providers are on call and you can leave a message for the provider by calling the office number and choosing the prompt for the on-call service. This should be used for urgent matters only. Non urgent calls such as appointment scheduling and medication refill requests should be made during office visits or by calling the office during business hours. For mental health and medical emergencies, you should call 911 or reach out to RHA Mobile Crisis Services at 888-573-1006.

OUR COMPREHENSIVE MENTAL HEALTH SERVICES INCLUDE

- Medication Management
- Psychotherapy
- Intellectual and developmental disabilities (IDD) behavioral health support
- Substance use disorder treatment
- Medication for opioid use disorder
- Transcranial Magnetic Stimulation (TMS)
- Peer Support Services
- Collaborative Care Management Programs

- School Based Therapy
- Acceptance and commitment therapy
- Cognitive behavioral therapy
- Mindfulness-based stress management
- On-site laboratory services
- Parent-child interaction therapy
- Play therapy
- Long acting injectable medication support
- · Trauma-informed care

MAHEC Center for Psychiatry and Mental Wellness

Mary C. Nesbitt Biltmore Campus, 125 Hendersonville Road, Asheville, NC 28803

Phone: 828-398-3601 | Fax: 828-333-5465



Welcome to MAHEC!

Thank you for choosing us for your healthcare. MAHEC has been a part of Asheville since 1974 and we proudly continue our tradition of award-winning care. Our providers and staff welcome the opportunity to care for your entire family at our Family Health Centers, Internal Medicine office, OB/GYN offices, Dental offices and Center for Psychiatry. We proudly serve all patients regardless of income or insurance status.

- MAHEC is expanding our financial assistance program to go above and beyond what we have
 offered before. In order to facilitate this change we are asking all existing and new patients to
 complete a new patient information packet.
- Our Patient Financial Advocates are available to guide you through signing up for assistance offered through our Sliding Scale Discount Program. Eligibility is based on family income and family size. Payment is expected at time of service for amounts you are responsible for. We can assist with payment options if you are unable to pay in full.

BEFORE YOUR VISIT

This welcome packet includes forms you need to read and complete before your visit.

It is **VERY** important that you fill out each form completely and give the entire packet to the front desk staff when you arrive for your appointment. Please arrive **15 minutes before you appointment** to complete the check-in process.

Other documentation you need to bring with you:

- Insurance card and driver's license (or other valid photo ID)
- Pertinent medical history or records
- Current List of medications or medication bottles
 - o Drug name
 - Prescribed dosage(s)
 - How long you have been taking the drug(s)

MAHEC's Patient Portal

We are pleased to provide all patients with an online tool that provides 24/7 access to your personal health record. With the portal, you can securely email your provider, see lab results, review your medical records and much more. We will use the email address you provide to give you access to the portal if you don't currently have it. Just watch for an email with instructions that will come to you after your appointment.

Thank you for choosing us for your healthcare!

Mountain Area Health Education Center www.mahec.net

Patient Name:	Dat	te of Birth:



Center for Psychiatry & Mental Wellness

NEW PATIENTS

New patients need to bring completed paperwork, a picture ID and insurance cards to first appointment. Patients are encouraged to contact their insurance company and verify mental health benefits prior to their first visit. We accept all insurance, but this does not guarantee that we are in network with your plan.

RETURNING PATIENTS

Returning patients should make sure all information is up to date at each visit. This includes name, address, phone number and insurance information.

TELEPHONE CONSULTATIONS

Telephone consultations are generally not available. Please discuss your healthcare needs during your visit. Should issues arise between appointments please contact our office to schedule an earlier appointment.

AFTER HOURS

One of our providers will be on call and you can leave a message for the provider by calling the office number and choosing the prompt for the on-call service. This should be used for urgent matters only. Non urgent calls such as appointment scheduling and medication refill requests should be made during office visits or by calling the office during business hours. For medical emergencies, you should call 911.

PRESCRIPTION REFILLS

All medication refill requests need to be made during the patient's appointment. Please bring prescription bottles or a list of medications with you to each appointment. Prescription refill requests at other times will be completed within 3 business days.

BILLING

You are responsible for your annual deductible, co-pay/co-insurance, and any balance that your insurance does not pay. Co-pays are expected at the time of service. Please be aware that some services are not covered by insurance and you will be billed. We accept cash, check, and credit card payments. A service fee is assessed for returned checks. The billing office phone number is (828) 257-4725, option 3. If you have a billing question, please call the billing office and we will do our best to help you or direct you to someone who can.

I have read and agree to the above policy:			
	//		
Printed Name	 Date of Birth	Today's Date	
Signature			



☐ Non-Hispanic/Latino/Spanish

MAHEC Patient Registration Form

Please complete the following information using black ink. THIS INFORMATION IS CONFIDENTIAL.

		a/Candler □ FHC Newbridge □ Ob/Gyn Biltmore I Women's Care Brevard □ Deerfield □ Givens
PATIENT INFORMATION		
Name:		Date of Birth:
Mailing Address:		
		SS#:
Home County:	Email Address:	
Home Phone:	Cell Phone:	Work Phone:
		to contact me or my guardian/legal representative to wide general health reminders and other information
Special Hearing Needs:		Head Whadlahaire D. Vac. D. Na
		Uses Wheelchair:
Special Vision Needs:		Speech Impaired: ☐ Yes ☐ No
		Veteran Status: ☐ Yes ☐ No
Race (select one):	Gender Identity:	Marital Status:
☐ Asian Indian	☐ Male	☐ Single
☐ Chinese	☐ Female	☐ In a relationship
☐ Filipino	☐ Transgender Male	☐ Partner
☐ Japanese	☐ Transgender Female	☐ Married
☐ Korean	☐ Other	☐ Separated
☐ Vietnamese	☐ Choose not to disclose	☐ Divorced
☐ Other Asian		☐ Widowed
☐ Native Hawaiian	Sexual Orientation:	
☐ Other Pacific Islander	☐ Lesbian or Gay	Special Populations
☐ Guamanian/Chamorro	☐ Heterosexual (or straight)	Migratory □ Yes □ No
☐ Samoan	☐ Bisexual	Seasonal 🗆 Yes 🗆 No
☐ Black/African American	☐ Something else	Homeless ☐ Yes ☐ No
☐ American Indian/Alaska Native	☐ Don't know	Homeless Status (select one):
☐ White	☐ Choose not to disclose	☐ Not Homeless
☐ More than one race	5 ()	☐ Homeless Shelter
	Preferred Language:	☐ Transitional
Ethnicity (select one):	☐ English	☐ Doubling Up
\square Mexican/Mexican American/Chicano	☐ Spanish	☐ Street
☐ Puerto Rican	Russian	☐ Permanent Supportive Housing
☐ Cuban	☐ American Sign Language —	☐ Other
☐ Hispanic/Latino/Spanish	Other:	

EMERGENCY CONTACT INFORM	MATION	MRN #:
Name:		
Relationship:	Phone#:	
IF PATIENT IS CHILD (UNDER 18	3)	
Responsible Party Name:		
Relationship:	Phone#:	
ANNUAL HOUSEHOLD INCOME		
	# of Individuals in House	hold: to determine specific patient financial needs.
The income information above is used for si	atistical information only and is not used	to determine specific patient infancial needs.
PRIMARY INSURANCE INFORM		
Insurance Company:		Policy ID#:
Policy Holder's Name:		Policy Holder's DOB:
Policy Holder's Relationship to Patie	ent:	Policy Holder's Birth Sex: 🗆 Male 🗖 Femal
Policy Holder's Address:		
SECONDARY INSURANCE INFO	RMATION	
Insurance Company:		Policy ID#:
Policy Holder's Name:		Policy Holder's DOB:
Policy Holder's Relationship to Patie	ent:	Policy Holder's Birth Sex: 🗆 Male 🗖 Femal
Policy Holder's Address:		
ASSIGNMENT OF BENEFITS AN	D FINANCIAL POLICY	
	orize them to release medical and/	re benefits directly to MAHEC and I authorize them to file or account information to my insurance, Medicaid, and/or hould my coverage change.
I understand that MAHEC:		
 Accepts cash, checks, debit care Expects Medicaid, Medicare an insurance coverage and provid Will work with me to establish perovides services and treatment insurance plan and these will be 	ds or major credit cards. d all insurance will be filed for me. e MAHEC with current and accurat bayment plans. t, which are medically appropriate e my responsibility to pay.	However, it is my responsibility to know the details of my se information. However, some of these may not be covered by my set of service and will bill me directly if the insurance does

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• Expects me to keep appointments and to call at least 24 hours prior, if I need to cancel. I understand that failure to do this may

• Expects the parent or guardian to pay for all services rendered to their dependents.

result in being discharged from the practice.

I have read and understand the above.

Patient or Parent/Guardian Signature: ____

health services, and services offered by lay health workers (e.g. doul deemed necessary by the healthcare providers treating me at any Memergency medical care from a physician or hospital, if needed. I ur limited to lab tests on blood, urine, and tissue, including drug screet include but are not limited to x-ray, ultrasound, and/or mammograp science and that diagnosis and treatment may cause injury or even of treatment and/or procedures and the right to refuse any treatment of	a, community health worker, peer support specialist) as IAHEC facility. I voluntarily consent to allow MAHEC to seek inderstand that diagnostic procedures may include but are not nings. I understand that diagnostic radiology procedures ohy. I understand that the practice of medicine is not an exact death. I understand I have the right to ask questions about my
Patient or Parent/Guardian Name (please PRINT):	
Patient or Parent/Guardian Signature:	Date:
NOTICE OF PRIVACY ACKNOWLEDGMENT	
I have been given the opportunity to read MAHEC's Notice of Privac answered. I understand if I choose not to sign this acknowledgment and disclose my Protected Health Information (PHI) in accordance w	t, MAHEC will continue to provide services to me and will use
Patient or Parent/Guardian Signature:	Date:
FOR OFFICE USE ONLY	
Primary Care Provider:	
Copy of insurance card obtained? ☐ Yes ☐ No	June 2023 Page 3 of 3

I voluntarily consent to routine services, medical treatment(s), diagnostic radiology procedure(s), diagnostic lab(s), behavioral

CONSENT FOR TREATMENT

MRN #: _____



Name:	
DOB: _	
MRN#:	

Who may we speak with?

This form will allow MAHEC to <u>discuss</u> your medical and financial information about the care and services you have received with individuals of your choosing. This form does not allow the listed individuals to obtain copies of your medical or financial information. You may list up to three (3) individuals below OR choose not to list anyone. You can update this form at any time.

Person #1 that we can speak with	
Name:	
Relationship:	Phone #:
Person #2 that we can speak with	
Name:	
Relationship:	Phone #:
Person #3 that we can speak with	
Name:	
Relationship:	Phone #:
OF	R
I do not wish to list anyone at this time.	
Signature of patient, parent, or legal guardian	Date



Center for Psychiatry and Mental Wellness New Patient Intake Form

Patient Name:	Date of Birth:		
Form Completed by:			
ALLERGIES Do you have any allergies or bad reactions to medicines, foods or latex Medicine, food, latex or other substance:	Reaction caused:		
MEDICATIONS Please list ALL medications you currently take (including birth control particle take them every day, and even if they are over the counter.			
	how many mg or tablets you take) How often you take it: ———————————————————————————————————		
Local Pharmacy:			
FAMILY MEDICAL HISTORY			
If your father is deceased, how old was he when he died? W If your mother is deceased, how old was she when he died? W			
SURGICAL HISTORY Please list the date(s) and description(s) of any past surgeries you have	had:		
REPRODUCTIVE LIFE PLANNING Would you like to become pregnant in the next year? Yes No Okay either way Unsure Are you using any method to prevent pregnancy? Yes No If yes, what:			
ADVANCED CARE PLANNING Have you filled out forms to indicate your desires for end of life care? Durable power of attorney for healthcare ("DPOA"):	_		

FAMILY MEDICAL HISTORY Please check the appropriate box if an health problems	y of your bloo	d-relatives have	been diagnosed	with or experience	ced the following r	mental
health problems.	Mother	Father	Sister	Brother	Daughtar	Son
	Mother	rather	Sister	brother	Daughter	Son
Alcohol Use Disorder						
Anxiety Disorder or Panic						
Aduistoisrmde or Autism Spectrum Disorder						
Bipolar Disorder, Manic Episodes, or Manic Depressive Disorder						
Drug Use Disorder						
Eating Disorder						
Intellectual or Developmental Disability						
Major Depression or Clinical Depression						
Obsessive-Compulsive Disorder						
Personality Disorder						
Post-Traumatic Stress Disorder						
Psychiatric Hospitalization						
Schizophrenia, Schizoaffecive Disorder, or another Paranoid or Delusional Disorder						
	J	U	u	u	u	ч
Suicide Attempt						
Completed Suicide						
Other Mental Health Condition (please	e specify)					

Patient Name: _____ Date of Birth: ____



Child's Name	
Γoday's Date	
Date of Birth	

Record Number	
Filled out by	

Pediatric Symptom Checklist Ages 4-10

Emotional and physical health go together in children. Because parents are often the first to notice a problem with their child's behavior, emotions or learning, you may help your child get the best care possible by answering these questions. Please mark under the heading that best fits your child.

			Never (0)	Sometimes (1)	Often (2)
1.	Complains of aches/pains	1			
2.	Spends more time alone	2			
3.	Tires easily, has little energy	3			
4.	Fidgety, unable to sit still	4			
5.	Has trouble with a teacher	5			
6.	Less interested in school	6			
7.	Acts as if driven by a motor	7			
8.	Daydreams too much	8			
9.	Distracted easily	9			
10.	Is afraid of new situations	10			
11.	Feels sad, unhappy	11			
12.	Is irritable, angry	12			
13.	Feels hopeless	13			
14.	Has trouble concentrating	14			
15.	Less interest in friends	15			
16.	Fights with others	16			
17.	Absent from school	17			
18.	School grades dropping	18			
19.	Is down on him or herself	19			
20.	Visits doctor with doctor finding nothing wrong	20			
21.	Has trouble sleeping	21			
22.	Worries a lot	22			
23.	Wants to be with you more than before	23			
24.	Feels he or she is bad	24			
25.	Takes unnecessary risks	25			
26.	Gets hurt frequently	26			
27.	Seems to be having less fun	27			
28.	Acts younger than children his or her age	28			
29.	Does not listen to rules	29			
30.	Does not show feelings	30			
31.	Does not understand other people's feelings	31			
32.	Teases others	32			
33.	Blames others for his or her troubles	33			
34.	Takes things that do not belong to him or her	34			
35.	Refuses to share	35			
33.	icruses to share	33			
			To	otal score	
Are the	our child have any emotional or behavioral problems are any services that you would like your child to receive the services?			help? () N () N	() Y () Y



Pediatric Symptom Checklist - Youth Report (Y-PSC) Ages 11-16

Please mark under the heading that best fits you:

	Never	Sometimes	Often
1. Complain of aches or pains			
2. Spend more time alone			
3. Tire easily, little energy		<u>—</u>	
4. Fidgety, unable to sit still			
5. Have trouble with teacher			
6. Less interested in school			
7. Act as if driven by motor			
8. Daydream too much			
9. Distract easily			
10. Are afraid of new situations			
11. Feel sad, unhappy			
12. Are irritable, angry			
13. Feel hopeless			
14. Have trouble concentrating			
15. Less interested in friends			
16. Fight with other children			
17. Absent from school			
18. School grades dropping			
19. Down on yourself			
20. Visit doctor with doctor finding nothing wrong			
21. Have trouble sleeping			
22. Worry a lot			
23. Want to be with parent more than before			
24. Feel that you are bad			
25. Take unnecessary risks			
26. Get hurt frequently			
27. Seem to be having less fun			
28. Act younger than children your age			
29. Do not listen to rules			
30. Do not show feelings			
31. Do not understand other people's feelings			
32. Tease others			
33. Blame others for your troubles		_	
34. Take things that do not belong to you		_	
35. Refuse to share		_	



SLIDING SCALE DISCOUNT PROGRAM

Compassionate financial support

It is the policy of MAHEC to provide essential services for Medical, Behavioral Health, and Dental Care regardless of the patient's ability to pay. Discounts are offered based on family size and annual income.

The discount will apply to all essential services provided and billable by MAHEC. Services performed by outside organizations and equipment that is purchased from outside companies, including outside laboratory testing, drugs, and x-ray interpretation by a consulting radiologist, and other such services, will not be covered under this policy. This form must be completed every 12 months or if your financial situation changes.

The application can be completed online by using the QR codes below, or you can request a paper application from any front desk team member.

These documents will need to be turned in before your application can be processed: Completed Application and Proof of Income

Applications need to be received within 30 days of your first appointment.

Family Health Centers Financial Advocate

Phone: (828) 771-5502 | Fax: (828) 579-4208

Mailing Address: 123 Hendersonville Rd, Asheville, NC 28803

Center for Psychiatry and Mental Wellness Financial Advocate

Phone: (828) 771- 5466 | Fax: (828) 579-4212

Mailing Address: 125 Hendersonville Rd, Asheville, NC 28803

Ob/Gyn Specialists Financial Advocate

Phone: (828) 771-5443 | Fax: (828) 407-2639

Mailing Address: 119 Hendersonville Rd, Asheville, NC 28803

Dental Health Centers Financial Advocate

Phone: (828) 398-5918 | Fax: (828) 552-8691

Mailing Address: 123 Hendersonville Rd. Asheville, NC 28803

Internal Medicine Financial Advocate

Phone: (828) 771-3507 | Fax: (828) 579-3748

Mailing Address: 123 Hendersonville Rd, Asheville, NC 28803



English



Español

OUTGOING FROM MAHEC

MAHEC Center of Psychiatry and Mental Wellness-

Patient	
Account#:	

School Based Therapy Program

AUTHORIZATION FOR VERBAL USE OR DISCLOSURE OF PROTECTED HEALTH INFORMATION

ALL SECTIONS of this form MUST be complete before your request can be processed. Don't forget to sign and date at bottom before submitting. Patient Legal Name: DOB: I authorize the use or disclosure of the above named individual's health information as described below. If the request is for more than 50 pages, the documents will be mailed and not faxed. Please confirm mailing address below. The information is to be disclosed by: And is to be provided to: NAME OF FACILITY: SCHOOL NAME: MAHEC Center of Psychiatry and Mental Wellness-**School Based Therapy Program** 125 Hendersonville Road Asheville, NC 28803 Phone: _____ Fax: The purpose or need for this disclosure is: For MAHEC's School Based Therapy (SBT) Program I understand that the information released may include sensitive information related to behavior and/or mental health, drugs and alcohol, rape, abuse (sexual, physical, elder, spousal, etc.) abortion, sexual diseases like HIV/AIDS and other communicable disease and genetic testing. How I want my Information to be released: Verbal only. Health Information to be disclosed: Only information related to services received through MAHEC's School Based Therapy Program **EXCLUSIONS** (information I DO NOT want disclosed): ☐ AIDS/HIV test results, diagnosis, treatment, and related information ☐ Drug screen results and information about drug and alcohol use and treatments ☐ Mental health notes ☐ Genetics testing

I understand that this authorization will expire on the last day of the school's calendar authorization was signed OR on the final date that SBT services were provided, whicher have specified a different expiration date or expiration event as follows:	year for which this ver comes first, unless I •
I understand that I may cancel this authorization at any time by notifying in writing the N Hendersonville Road Asheville, NC 28803, and this authorization will cease to be effective to the extent action has already been taken in reliance upon it.	MAHEC Privacy Officer, 121 on the date notified except
I understand that information used or disclosed by this authorization may be subject to reand may no longer be protected by federal or state laws.	disclosure by the recipient
I understand that MAHEC will not condition treatment or eligibility for care on the provision such care is: (1) research related or (2) provided solely for the purpose of creating Prote disclosure to a third party.	
By signing below, I acknowledge that I have read and understand this Authorization.	
SIGNATURE OF PATIENT	DATE
SIGNATURE OF AUTHORIZED REPRESENTATIVE OF PATIENT, IF APPLICABLE (State relationship to Patient)	DATE
WITNESS TO SIGNATURE, IF APPLICABLE	DATE

YOU ARE ENTITLED TO A COPY OF THIS AUTHORIZATION AFTER YOU SIGN IT.

August 2023 MAHEC.0006

INCOMING TO MAHEC

MAHEC

∕IRN:			

Centralized Medical Records Department
121 Hendersonville Road, Asheville, NC 28803 | Business Office Phone: (828) 771-5489 | Fax: (828) 407-2637

AUTHORIZATION FOR USE OR DISCLOSURE OF PROTECTED HEALTH INFORMATION

COMPLETE ALL SECTIONS, DATE, AND SIGN				
Patien	Patient Name:Date of Birth:			
I autho	rize the use or disclosure of the above named inc	dividual's health information as descr	ibed below.	
The in	formation is to be disclosed by:	And is to be provided to:		
	OF FACILITY:	MAHEC Centralized Medical Reco	•	
ADDRI	ESS:	121 Hendersonville Road		
CITY/S		Asheville, NC 28803		
PHONI				
The pu	rpose or need for this disclosure is:			
records	and that the information released may include sensitive in of a program that provides alcohol or drug abuse diagnosis, physical, elder, spousal, etc.) abortion, sexual diseases like	, treatment, or referral, as defined by federal	law at 42 CFR Part 2), rape, abuse	
Informa	ation to be disclosed: (check appropriate box(es))			
	Standard release (last 3 years of notes, lab/x-ray	reports, med list, allergy list, immuniza	tion record, consult notes.)	
	Only information related to (specify):			
	Only the period of events from:	to		
	Entire medical record			
	Exclusions AIDS/HIV test results, diagnosis, tre Drug screen results and information Mental health notes Genetics testing	eatment, and related information nabout drug and alcohol use and treatm	ents	
	tand that this authorization will expire 90 days from the of follows.	date it is signed unless I have specified a di	fferent expiration date or expiration	
	tand that I may cancel this authorization at any time by no 3, and this authorization will cease to be effective on the o			
	tand that information used or disclosed by this authoriz d by federal or state laws.	ration may be subject to re-disclosure by t	he recipient and may no longer be	
related o	cand that MAHEC will not condition treatment or eligibility or (2) provided solely for the purpose of creating Protected ng below, I acknowledge that I have read and under	Health Information for disclosure to a third p		
SIGNATI	JRE OF PATIENT		DATE	
SIGNATURE OF AUTHORIZED REPRESENTATIVE PATIENT, IF APPLICABLE (State relationship to Patient) DATE				
WITNESS TO SIGNATURE, IF APPLICABLE DATE			DATE	