

WELCOME TO OUR PRACTICE

We are happy you have chosen us for your care!

All of our providers and team members look forward to welcoming you to our practice! We have enclosed the necessary paperwork for you to complete before your visit.

OFFICE HOURS

Monday - Friday 8:00 am - 5:00 pm

AFTER HOURS

Providers are on call and you can leave a message for the provider by calling the office number and choosing the prompt for the on-call service. This should be used for urgent matters only. Non urgent calls such as appointment scheduling and medication refill requests should be made during office visits or by calling the office during business hours. For mental health and medical emergencies, you should call 911 or reach out to RHA Mobile Crisis Services at 888-573-1006.

OUR COMPREHENSIVE MENTAL HEALTH SERVICES INCLUDE

- Medication Management
- Psychotherapy
- Intellectual and developmental disabilities (IDD) behavioral health support
- Substance use disorder treatment
- Medication for opioid use disorder
- Transcranial Magnetic Stimulation (TMS)
- Peer Support Services
- Collaborative Care Management Programs

- School Based Therapy
- Acceptance and commitment therapy
- Cognitive behavioral therapy
- Mindfulness-based stress management
- On-site laboratory services
- Parent-child interaction therapy
- Play therapy
- Long acting injectable medication support
- · Trauma-informed care

MAHEC Center for Psychiatry and Mental Wellness

Mary C. Nesbitt Biltmore Campus, 125 Hendersonville Road, Asheville, NC 28803

Phone: 828-398-3601 | Fax: 828-333-5465



Welcome to MAHEC!

Thank you for choosing us for your healthcare. MAHEC has been a part of Asheville since 1974 and we proudly continue our tradition of award-winning care. Our providers and staff welcome the opportunity to care for your entire family at our Family Health Centers, Internal Medicine office, OB/GYN offices, Dental offices and Center for Psychiatry. We proudly serve all patients regardless of income or insurance status.

- MAHEC is expanding our financial assistance program to go above and beyond what we have
 offered before. In order to facilitate this change we are asking all existing and new patients to
 complete a new patient information packet.
- Our Patient Financial Advocates are available to guide you through signing up for assistance offered through our Sliding Scale Discount Program. Eligibility is based on family income and family size. Payment is expected at time of service for amounts you are responsible for. We can assist with payment options if you are unable to pay in full.

BEFORE YOUR VISIT

This welcome packet includes forms you need to read and complete before your visit.

It is **VERY** important that you fill out each form completely and give the entire packet to the front desk staff when you arrive for your appointment. Please arrive **15 minutes before you appointment** to complete the check-in process.

Other documentation you need to bring with you:

- Insurance card and driver's license (or other valid photo ID)
- Pertinent medical history or records
- Current List of medications or medication bottles
 - o Drug name
 - Prescribed dosage(s)
 - How long you have been taking the drug(s)

MAHEC's Patient Portal

We are pleased to provide all patients with an online tool that provides 24/7 access to your personal health record. With the portal, you can securely email your provider, see lab results, review your medical records and much more. We will use the email address you provide to give you access to the portal if you don't currently have it. Just watch for an email with instructions that will come to you after your appointment.

Thank you for choosing us for your healthcare!

Mountain Area Health Education Center www.mahec.net



NEW PATIENTS

New patients need to bring completed paperwork, a picture ID and insurance cards to first appointment. Patients are encouraged to contact their insurance company and verify mental health benefits prior to their first visit. We accept all insurance, but this does not guarantee that we are in network with your plan.

RETURNING PATIENTS

Returning patients should make sure all information is up to date at each visit. This includes name, address, phone number and insurance information.

TELEPHONE CONSULTATIONS

Telephone consultations are generally not available. Please discuss your healthcare needs during your visit. Should issues arise between appointments please contact our office to schedule an earlier appointment.

AFTER HOURS

One of our providers will be on call and you can leave a message for the provider by calling the office number and choosing the prompt for the on-call service. This should be used for urgent matters only. Non urgent calls such as appointment scheduling and medication refill requests should be made during office visits or by calling the office during business hours. For medical emergencies, you should call 911.

PRESCRIPTION REFILLS

All medication refill requests need to be made during the patient's appointment. Please bring prescription bottles or a list of medications with you to each appointment. Prescription refill requests at other times will be completed within 3 business days.

BILLING

You are responsible for your annual deductible, co-pay/co-insurance, and any balance that your insurance does not pay. Co-pays are expected at the time of service. Please be aware that some services are not covered by insurance and you will be billed. We accept cash, check, and credit card payments. A service fee is assessed for returned checks. The billing office phone number is (828) 257-4725, option 3. If you have a billing question, please call the billing office and we will do our best to help you or direct you to someone who can.

I have read and agree to the above policy	y:		
	//		
Printed Name	Date of Birth	Today's Date	
Signature			



☐ Choose not to disclose

MAHEC Patient Registration Form

Please complete the following information using black ink. THIS INFORMATION IS CONFIDENTIAL.

		/Candler □ FHC Newbridge □ Ob/Gyn Biltmore Women's Care Brevard □ Deerfield □ Givens
PATIENT INFORMATION		
Name:		Date of Birth:
Mailing Address:		
· ·		SS#:
·		
•		
Home Phone:	Cell Phone:	Work Phone:
		o contact me or my guardian/legal representative to ide general health reminders and other information
Special Hearing Needs:		Hees Wheelsheim Ves No
		Uses Wheelchair: ☐ Yes ☐ No
Special Vision Needs:		Speech Impaired: ☐ Yes ☐ No
		Veteran Status:
Race (select all that apply):	Gender Identity:	Marital Status:
Asian	☐ Male	☐ Single
☐ Asian Indian	☐ Female	☐ In a relationship
☐ Chinese	☐ Transgender Male	☐ Partner
☐ Filipino	☐ Transgender Female	☐ Married
☐ Japanese ☐ Korean	☐ Something else:	•
☐ Vietnamese	☐ Choose not to disclose	☐ Divorced
☐ Other Asian	Preferred Pronoun (She/Her, He/Him,	☐ Widowed
	They/Them etc.):	Special Populations
Native Hawaiian/Other Pacific Islander ☐ Native Hawaiian		— Migratory ☐ Yes ☐ No
☐ Other Pacific Islander		Seasonal
☐ Guamanian/Chamorro	Sexual Orientation:	Homeless
□ Samoan	☐ Lesbian or Gay	Homeless Status (select one):
	☐ Heterosexual (or straight)	☐ Not homeless
☐ Black/African American	☐ Bisexual	☐ Unhoused
☐ American Indian/Alaska Native	☐ Something else	☐ Transitional
☐ White ☐ Choose not to disclose	☐ Don't know	☐ Doubling up
- Choose not to disclose	☐ Choose not to disclose	☐ Street
Ethnicity (select all that apply):	Preferred Language:	☐ Permanent supportive housing
☐ Mexican/Mexican American/Chicano	☐ English	☐ Something else:
☐ Puerto Rican	☐ Spanish	-
☐ Cuban	Russian	
☐ Hispanic/Latino/Spanish —	☐ American Sign Language	
□ Non-Hispanic/Latino/Spanish	Comothing also	

Something else:

EMERGENCY CONTACT INFORMATION		MRN #:		
	Phone#:	_ _		
IF PATIENT IS CHILD (UNDER 18)				
Responsible Party Name:		_		
·	Phone#:			
ANNUAL HOUSEHOLD INCOME B	EFORE TAXES			
	# of Individuals in Household:	_		
The income information above is used for statis	stical information only and is not used to determine specif	ic patient financial needs.		
PRIMARY INSURANCE INFORMAT	ION			
		Policy ID#:		
Policy Holder's Relationship to Patient:		•		
Policy Holder's Address:				
SECONDARY INSURANCE INFORM				
		Policy ID#		
Policy Holder's Name:				
•		_ Policy Holder's Birth Sex: ☐ Male ☐ Femal		
·		·		
ASSIGNMENT OF BENEFITS AND	FINANCIAL POLICY			
insurance on my behalf. I also authoriz	rance, Medicaid, and/or Medicare benefits directe te them to release medical and/or account infor claims. I agree to notify them should my covera	mation to my insurance, Medicaid, and/or		
I understand that MAHEC:				
 Accepts cash, checks, debit cards of Expects Medicaid, Medicare and a insurance coverage and provide M Will work with me to establish pay Provides services and treatment, v 	Il insurance will be filed for me. However, it is many in the contraction of the contract	ny responsibility to know the details of my		
insurance plan and these will be nExpects my insurance company to	pay within 90 days from the date of service an	d will bill me directly if the insurance does		

____ Date: ____

• Expects me to keep appointments and to call at least 24 hours prior, if I need to cancel. I understand that failure to do this may

• Expects the parent or guardian to pay for all services rendered to their dependents.

result in being discharged from the practice.

I have read and understand the above.

Patient or Parent/Guardian Signature: _____

health services, and services offered by lay health workers (e.g. doula, community health worker, peer support specialist) as deemed necessary by the healthcare providers treating me at any MAHEC facility. I voluntarily consent to allow MAHEC to seek emergency medical care from a physician or hospital, if needed. I understand that diagnostic procedures may include but are not limited to lab tests on blood, urine, and tissue, including drug screenings. I understand that diagnostic radiology procedures include but are not limited to x-ray, ultrasound, and/or mammography. I understand that the practice of medicine is not an exact science and that diagnosis and treatment may cause injury or even death. I understand I have the right to ask questions about meatment and/or procedures and the right to refuse any treatment or procedure. I agree to notify my provider of my concerns.		
Patient or Parent/Guardian Name (please PRINT):		
Patient or Parent/Guardian Signature:	Date:	
NOTICE OF PRIVACY ACKNOWLEDGMENT		
I have been given the opportunity to read MAHEC's Notice of Privacy Pra answered. I understand if I choose not to sign this acknowledgment, MA and disclose my Protected Health Information (PHI) in accordance with N	HEC will continue to provide services to me and will use	
Patient or Parent/Guardian Signature:	Date:	
FOR OFFICE USE ONLY Primary Care Provider:		

I voluntarily consent to routine services, medical treatment(s), diagnostic radiology procedure(s), diagnostic lab(s), behavioral

CONSENT FOR TREATMENT

MRN #: _____



Name:	
DOB: _	
MRN#:	

Who may we speak with?

This form will allow MAHEC to <u>discuss</u> your medical and financial information about the care and services you have received with individuals of your choosing. This form does not allow the listed individuals to obtain copies of your medical or financial information. You may list up to three (3) individuals below OR choose not to list anyone. You can update this form at any time.

Person #1 that we can speak with	
Name:	
Relationship:	Phone #:
Person #2 that we can speak with	
Name:	
Relationship:	Phone #:
Person #3 that we can speak with	
Name:	
Relationship:	Phone #:
OF	R
I do not wish to list anyone at this time.	
Signature of patient, parent, or legal guardian	Date



Center for Psychiatry and Mental Wellness New Patient Intake Form

Patient Name:	Date of Birth:
Form Completed by:	
ALLERGIES	
Do you have any allergies or bad reactions to medicines, foods or latex?	☐ Yes ☐ No If yes, please list them below.
Medicine, food, latex or other substance:	Reaction caused:
MEDICATIONS	
Please list ALL medications you currently take (including birth control pil take them every day, and even if they are over the counter.	ls, vitamins, supplements and herbs) even if you do not
	w many mg or tablets you take) How often you take it:
Local Pharmacy:	
FAMILY MEDICAL HISTORY	
If your father is deceased, how old was he when he died? What	at did he die from?
If your mother is deceased, how old was she when he died? What	
SURGICAL HISTORY	
Please list the date(s) and description(s) of any past surgeries you have ha	ad:
REPRODUCTIVE LIFE PLANNING	
Would you like to become pregnant in the next year? $\ \square$ Yes $\ \square$ No $\ \square$	☐ Okay either way ☐ Unsure
Are you using any method to prevent pregnancy? Yes No If yes, what:	
ADVANCED CARE PLANNING	
Have you filled out forms to indicate your desires for end of life care? Li	ving Will: ☐ Yes ☐ No
Durable power of attorney for healthcare ("DPOA"): ☐ Yes ☐ No If yes, who:	

FAMILY MEDICAL HISTORY						
Please check the appropriate box if any of your blood relatives have been diagnosed with or experienced the following.						
	Mother	Father	Sister	Brother	Daughter	Son
Alcohol Use Disorder						
Anxiety or Panic Disorder						
Autism Spectrum Disorder						
Bipolar Disorder, Manic Episodes, or Manic Depressive Disorder						
Drug Use Disorder						
Eating Disorder						
Intellectual or Developmental Disability						
Major Depression or Clinical Depression						
Obsessive-Compulsive Disorder						
Personality Disorder						
Post-Traumatic Stress Disorder						
Psychiatric Hospitalization						
Schizophrenia, Schizoaffecive Disorder, or another Paranoid or Delusional Disorder						
Suicide Attempt						
Completed Suicide						
Please specify other mental health condition(s):						

Patient Name: ______ Date of Birth: _____



Child's Name	
Γoday's Date	
Date of Birth	

Record Number	
Filled out by	

Pediatric Symptom Checklist Ages 4-10

Emotional and physical health go together in children. Because parents are often the first to notice a problem with their child's behavior, emotions or learning, you may help your child get the best care possible by answering these questions. Please mark under the heading that best fits your child.

			Never (0)	Sometimes (1)	Often (2)
1.	Complains of aches/pains	1			
2.	Spends more time alone	2			
3.	Tires easily, has little energy	3			
4.	Fidgety, unable to sit still	4			
5.	Has trouble with a teacher	5			
6.	Less interested in school	6			
7.	Acts as if driven by a motor	7			
8.	Daydreams too much	8			
9.	Distracted easily	9			
10.	Is afraid of new situations	10			
11.	Feels sad, unhappy	11			
12.	Is irritable, angry	12			
13.	Feels hopeless	13			
14.	Has trouble concentrating	14			
15.	Less interest in friends	15			
16.	Fights with others	16			
17.	Absent from school	17			
18.	School grades dropping	18			
19.	Is down on him or herself	19			
20.	Visits doctor with doctor finding nothing wrong	20			
21.	Has trouble sleeping	21			
22.	Worries a lot	22			
23.	Wants to be with you more than before	23			
24.	Feels he or she is bad	24			
25.	Takes unnecessary risks	25			
26.	Gets hurt frequently	26			
27.	Seems to be having less fun	27			
28.	Acts younger than children his or her age	28			
29.	Does not listen to rules	29			
30.	Does not show feelings	30			
31.	Does not understand other people's feelings	31			
32.	Teases others	32			
33.	Blames others for his or her troubles	33			
34.	Takes things that do not belong to him or her	34			
35.	Refuses to share	35			
			To	tal score	
Are the	our child have any emotional or behavioral problems are any services that you would like your child to receive the services?			help? () N () N	() Y () Y

Patient Name:	Date of Birth:
1 00010110 1 00011100	D W V I D I WI



Pediatric Symptom Checklist - Youth Report (Y-PSC) Ages 11-16

Please mark under the heading that best fits you:

•	Never	Sometimes	Often
1. Complain of aches or pains			
2. Spend more time alone			
3. Tire easily, little energy			
4. Fidgety, unable to sit still			
5. Have trouble with teacher			
6. Less interested in school			
7. Act as if driven by motor			
8. Daydream too much			
9. Distract easily			
10. Are afraid of new situations			
11. Feel sad, unhappy			
12. Are irritable, angry			
13. Feel hopeless			
14. Have trouble concentrating			
15. Less interested in friends			
16. Fight with other children			
17. Absent from school			
18. School grades dropping			
19. Down on yourself			
20. Visit doctor with doctor finding nothing wrong			
21. Have trouble sleeping			
22. Worry a lot			
23. Want to be with parent more than before			
24. Feel that you are bad			
25. Take unnecessary risks			
26. Get hurt frequently			
27. Seem to be having less fun			
28. Act younger than children your age			
29. Do not listen to rules			
30. Do not show feelings			
31. Do not understand other people's feelings			
32. Tease others			
33. Blame others for your troubles			
34. Take things that do not belong to you			
35. Refuse to share			



SLIDING SCALE DISCOUNT PROGRAM

Compassionate financial support

It is the policy of MAHEC to provide essential services for Medical, Behavioral Health, and Dental Care regardless of the patient's ability to pay. Discounts are offered based on family size and annual income.

The discount will apply to all essential services provided and billable by MAHEC. Services performed by outside organizations and equipment that is purchased from outside companies, including outside laboratory testing, drugs, and x-ray interpretation by a consulting radiologist, and other such services, will not be covered under this policy. This form must be completed every 12 months or if your financial situation changes.

The application can be completed online by using the QR codes below, or you can request a paper application from any front desk team member.

These documents will need to be turned in before your application can be processed: Completed Application and Proof of Income

Applications need to be received within 30 days of your first appointment.

Family Health Centers Financial Advocate

Phone: (828) 771-5502 | Fax: (828) 579-4208

Mailing Address: 123 Hendersonville Rd, Asheville, NC 28803

Center for Psychiatry and Mental Wellness Financial Advocate

Phone: (828) 771- 5466 | Fax: (828) 579-4212

Mailing Address: 125 Hendersonville Rd, Asheville, NC 28803

Ob/Gyn Specialists Financial Advocate

Phone: (828) 771-5443 | Fax: (828) 407-2639

Mailing Address: 119 Hendersonville Rd, Asheville, NC 28803

Dental Health Centers Financial Advocate

Phone: (828) 398-5918 | Fax: (828) 552-8691

Mailing Address: 123 Hendersonville Rd. Asheville, NC 28803

Internal Medicine Financial Advocate

Phone: (828) 771-3507 | Fax: (828) 579-3748

Mailing Address: 123 Hendersonville Rd, Asheville, NC 28803



English



Español

INCOMING TO MAHEC

MAHEC

∕IRN:			

Centralized Medical Records Department
121 Hendersonville Road, Asheville, NC 28803 | Business Office Phone: (828) 771-5489 | Fax: (828) 407-2637

AUTHORIZATION FOR USE OR DISCLOSURE OF PROTECTED HEALTH INFORMATION

COMPLETE ALL SECTIONS, DATE, AND SIGN					
Patien	tient Name:Date of Birth:				
I autho	rize the use or disclosure of the above named inc	dividual's health information as descr	ibed below.		
The inf	formation is to be disclosed by:	And is to be provided to:			
NAME	OF FACILITY:	MAHEC Centralized Medical Reco	•		
ADDRE	ESS:	121 Hendersonville Road			
CITY/S		Asheville, NC 28803			
PHONE	E #: FAX #: prose or need for this disclosure is:				
rne pu	rpose of fleed for this disclosure is.				
records	and that the information released may include sensitive in of a program that provides alcohol or drug abuse diagnosis, ohysical, elder, spousal, etc.) abortion, sexual diseases like	, treatment, or referral, as defined by federal	law at 42 CFR Part 2), rape, abuse		
Informa	ation to be disclosed: (check appropriate box(es))				
	Standard release (last 3 years of notes, lab/x-ray i	reports, med list, allergy list, immuniza	tion record, consult notes.)		
	Only information related to (specify):				
	Only the period of events from:	to			
	Entire medical record				
•	Exclusions AIDS/HIV test results, diagnosis, treatment, and related information Drug screen results and information about drug and alcohol use and treatments Mental health notes Genetics testing				
	tand that this authorization will expire 90 days from the of follows.	date it is signed unless I have specified a di	fferent expiration date or expiration		
	tand that I may cancel this authorization at any time by no 3, and this authorization will cease to be effective on the o				
I understand that information used or disclosed by this authorization may be subject to re-disclosure by the recipient and may no longer be protected by federal or state laws.					
related o	cand that MAHEC will not condition treatment or eligibility or (2) provided solely for the purpose of creating Protected ng below, I acknowledge that I have read and under	Health Information for disclosure to a third p			
SIGNATURE OF PATIENT DATE			DATE		
SIGNATURE OF AUTHORIZED REPRESENTATIVE PATIENT, IF APPLICABLE (State relationship to Patient) DATE					
WITNESS TO SIGNATURE, IF APPLICABLE DATE					