



## WELCOME TO OUR PRACTICE

We are happy you have chosen MAHEC Internal Medicine for your care!

Our practice is designed to provide comprehensive care for adults including the diagnosis, treatment, and prevention of disease. We focus on delivering high quality and thoughtful medical care to patients from late adolescence through geriatrics. Our comprehensive approach provides care for short and long term (chronic) illnesses, acute issues, and age based preventive care.

Our top notch staff may call you to gather information before your visit. This allows our providers to focus more on your active problems at the visit. If our staff are unable to reach you before the appointment, we ask that you fill out the attached new patient history forms and bring them to your appointment. This will help us see you more efficiently on the day of your appointment.

### OFFICE HOURS

Monday - Friday 8:00 am - 5:00 pm

If you are an established patient and have a true emergency after hours, please go to your nearest Emergency Department. You may also reach our after-hours service at 828-771-3500. Please note that we do not prescribe controlled substances on the first visit or after hours.

### MAHEC Internal Medicine

Mary C. Nesbitt Biltmore Campus, 123 Hendersonville Road, Asheville, NC 28803

**Phone:** 828-771-3500 | **Fax:** 828-412-4171



## **Welcome to MAHEC!**

Thank you for choosing us for your healthcare. MAHEC has been a part of Asheville since 1974 and we proudly continue our tradition of award-winning care. Our providers and staff welcome the opportunity to care for your entire family at our Family Health Centers, Internal Medicine office, OB/GYN offices, Dental offices and Center for Psychiatry. We proudly serve all patients regardless of income or insurance status.

- MAHEC is expanding our financial assistance program to go above and beyond what we have offered before. In order to facilitate this change we are asking all existing and new patients to complete a new patient information packet.
- Our Patient Financial Advocates are available to guide you through signing up for assistance offered through our Sliding Scale Discount Program. Eligibility is based on family income and family size. Payment is expected at time of service for amounts you are responsible for. We can assist with payment options if you are unable to pay in full.

### **BEFORE YOUR VISIT**

***This welcome packet includes forms you need to read and complete before your visit.***

It is **VERY** important that you fill out each form completely and give the entire packet to the front desk staff when you arrive for your appointment. Please arrive **15 minutes before you appointment** to complete the check-in process.

Other documentation you need to bring with you:

- Insurance card and driver's license (or other valid photo ID)
- Pertinent medical history or records
- Current List of medications or medication bottles
  - Drug name
  - Prescribed dosage(s)
  - How long you have been taking the drug(s)

### **MAHEC's Patient Portal**

We are pleased to provide all patients with an online tool that provides 24/7 access to your personal health record. With the portal, you can securely email your provider, see lab results, review your medical records and much more. We will use the email address you provide to give you access to the portal if you don't currently have it. Just watch for an email with instructions that will come to you after your appointment.

***Thank you for choosing us for your healthcare!***

**Mountain Area Health Education Center**  
**[www.mahec.net](http://www.mahec.net)**



Name:	_____
DOB:	_____
MRN#:	_____

## Who may we speak with?

This form will allow MAHEC to **discuss** your medical and financial information about the care and services you have received with individuals of your choosing. This form does not allow the listed individuals to obtain copies of your medical or financial information. **You may list up to three (3) individuals below OR choose not to list anyone. You can update this form at any time.**

### Person #1 that we can speak with

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone #: \_\_\_\_\_

### Person #2 that we can speak with

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone #: \_\_\_\_\_

### Person #3 that we can speak with

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone #: \_\_\_\_\_

**OR**

☐

I do not wish to list anyone at this time.

\_\_\_\_\_  
Signature of patient, parent, or legal guardian

\_\_\_\_\_  
Date







# MAHEC Patient Registration Form

Please complete the following information using black ink. THIS INFORMATION IS CONFIDENTIAL.

- ☐ Psychiatry ☐ Internal Medicine ☐ FHC Biltmore ☐ FHC Cane Creek ☐ FHC Enka/Candler ☐ FHC Newbridge ☐ Ob/Gyn Biltmore  
☐ Pharmacy at Enka ☐ Pharmacy at Biltmore ☐ Ob/Gyn Franklin ☐ Women's Care Brevard ☐ Deerfield ☐ Givens

## PATIENT INFORMATION

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ Birth Sex: ☐ Male ☐ Female

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_ SS#: \_\_\_\_\_

Home County: \_\_\_\_\_ Email Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

*By providing a phone number, mobile phone number, or email address, I authorize MAHEC to contact me or my guardian/legal representative to remind me of appointments, to obtain feedback on my experience at this office, and to provide general health reminders and other information regarding my healthcare.*

Special Hearing Needs:

Special Vision Needs:

Uses Wheelchair: ☐ Yes ☐ No

Speech Impaired: ☐ Yes ☐ No

Veteran Status: ☐ Yes ☐ No

### Race (select all that apply):

Asian

☐ Asian Indian

☐ Chinese

☐ Filipino

☐ Japanese

☐ Korean

☐ Vietnamese

☐ Other Asian

Native Hawaiian/Other Pacific Islander

☐ Native Hawaiian

☐ Other Pacific Islander

☐ Guamanian/Chamorro

☐ Samoan

☐ Black/African American

☐ American Indian/Alaska Native

☐ White

☐ Choose not to disclose

### Ethnicity (select all that apply):

☐ Mexican/Mexican American/Chicano

☐ Puerto Rican

☐ Cuban

☐ Hispanic/Latino/Spanish

☐ Non-Hispanic/Latino/Spanish

☐ Choose not to disclose

### Gender Identity:

☐ Male

☐ Female

☐ Transgender Male

☐ Transgender Female

☐ Something else: \_\_\_\_\_

☐ Choose not to disclose

### Preferred Pronoun (She/Her, He/Him, They/Them etc.):

### Sexual Orientation:

☐ Lesbian or Gay

☐ Heterosexual (or straight)

☐ Bisexual

☐ Something else

☐ Don't know

☐ Choose not to disclose

### Preferred Language:

☐ English

☐ Spanish

☐ Russian

☐ American Sign Language

Something else: \_\_\_\_\_

### Marital Status:

☐ Single

☐ In a relationship

☐ Partner

☐ Married

☐ Separated

☐ Divorced

☐ Widowed

### Special Populations

Migratory ☐ Yes ☐ No

Seasonal ☐ Yes ☐ No

Homeless ☐ Yes ☐ No

Homeless Status (select one):

☐ Not homeless

☐ Unhoused

☐ Transitional

☐ Doubling up

☐ Street

☐ Permanent supportive housing

☐ Something else: \_\_\_\_\_

**EMERGENCY CONTACT INFORMATION**

MRN #: \_\_\_\_\_

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone#: \_\_\_\_\_

**IF PATIENT IS CHILD (UNDER 18)**

Responsible Party Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone#: \_\_\_\_\_

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**ANNUAL HOUSEHOLD INCOME BEFORE TAXES**

\_\_\_\_\_ # of Individuals in Household: \_\_\_\_\_

The income information above is used for statistical information only and is not used to determine specific patient financial needs.

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**PRIMARY INSURANCE INFORMATION**

Insurance Company: \_\_\_\_\_ Policy ID#: \_\_\_\_\_

Policy Holder's Name: \_\_\_\_\_ Policy Holder's DOB: \_\_\_\_\_

Policy Holder's Relationship to Patient: \_\_\_\_\_ Policy Holder's Birth Sex: ☐ Male ☐ Female

Policy Holder's Address: \_\_\_\_\_

**SECONDARY INSURANCE INFORMATION**

Insurance Company: \_\_\_\_\_ Policy ID#: \_\_\_\_\_

Policy Holder's Name: \_\_\_\_\_ Policy Holder's DOB: \_\_\_\_\_

Policy Holder's Relationship to Patient: \_\_\_\_\_ Policy Holder's Birth Sex: ☐ Male ☐ Female

Policy Holder's Address: \_\_\_\_\_

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**ASSIGNMENT OF BENEFITS AND FINANCIAL POLICY**

I hereby authorize payment of all insurance, Medicaid, and/or Medicare benefits directly to MAHEC and I authorize them to file insurance on my behalf. I also authorize them to release medical and/or account information to my insurance, Medicaid, and/or Medicare carrier as required to satisfy claims. I agree to notify them should my coverage change.

I understand that MAHEC:

- Expects payment on the date of service (if insured, co pays and deductibles are expected on the date of service).
- Accepts cash, checks, debit cards or major credit cards.
- Expects Medicaid, Medicare and all insurance will be filed for me. However, it is my responsibility to know the details of my insurance coverage and provide MAHEC with current and accurate information.
- Will work with me to establish payment plans.
- Provides services and treatment, which are medically appropriate. However, some of these may not be covered by my insurance plan and these will be my responsibility to pay.
- Expects my insurance company to pay within 90 days from the date of service and will bill me directly if the insurance does not pay.
- Expects the parent or guardian to pay for all services rendered to their dependents.
- Expects me to keep appointments and to call at least 24 hours prior, if I need to cancel. I understand that failure to do this may result in being discharged from the practice.

I have read and understand the above.

Patient or Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Note: Failure to sign does not relieve you of the above expectations.

**CONSENT FOR TREATMENT**

I voluntarily consent to routine services, medical treatment(s), diagnostic radiology procedure(s), diagnostic lab(s), behavioral health services, and services offered by lay health workers (e.g. doula, community health worker, peer support specialist) as deemed necessary by the healthcare providers treating me at any MAHEC facility. I voluntarily consent to allow MAHEC to seek emergency medical care from a physician or hospital, if needed. I understand that diagnostic procedures may include but are not limited to lab tests on blood, urine, and tissue, including drug screenings. I understand that diagnostic radiology procedures include but are not limited to x-ray, ultrasound, and/or mammography. I understand that the practice of medicine is not an exact science and that diagnosis and treatment may cause injury or even death. I understand I have the right to ask questions about my treatment and/or procedures and the right to refuse any treatment or procedure. I agree to notify my provider of my concerns.

Patient or Parent/Guardian Name (please PRINT): \_\_\_\_\_

Patient or Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**NOTICE OF PRIVACY ACKNOWLEDGMENT**

I have been given the opportunity to read MAHEC's Notice of Privacy Practices, and my questions concerning the Notice have been answered. I understand if I choose not to sign this acknowledgment, MAHEC will continue to provide services to me and will use and disclose my Protected Health Information (PHI) in accordance with MAHEC's Notice of Privacy Practices.

Patient or Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**FOR OFFICE USE ONLY**

Primary Care Provider: \_\_\_\_\_

Copy of insurance card obtained? ☐ Yes ☐ No







# New Patient Intake Form

☐ INTERNAL MEDICINE

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Form Completed by: \_\_\_\_\_ Date of Today's Visit: \_\_\_\_\_

Have you received medical care from another physician in the last 5 years? ☐ Yes ☐ No If yes, please give name and location.

Physician name: \_\_\_\_\_ Physician city and state: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What is the reason for your visit today? \_\_\_\_\_

## ALLERGIES

Do you have any allergies or bad reactions to medicines, foods or latex? ☐ Yes ☐ No If yes, please list them below.

Medicine, food, latex or other substance: \_\_\_\_\_ Reaction caused: \_\_\_\_\_  
\_\_\_\_\_

## MEDICATIONS

Please list ALL medications you currently take (including birth control pills, vitamins, supplements and herbs) even if you do not take them every day, and even if they are over the counter.

Name of medication, vitamin, herb or supplement:	Dosage (ex: how many mg or tablets you take)	How often you take it:
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Local Pharmacy: \_\_\_\_\_ Mail Order: \_\_\_\_\_

## MEDICAL HISTORY

Have you ever had any the following? Please check the boxes of all that apply to you.

<input type="checkbox"/> Alcohol abuse	<input type="checkbox"/> Cancer, other: _____	<input type="checkbox"/> History of physical abuse	<input type="checkbox"/> Thyroid trouble
<input type="checkbox"/> Anemia	<input type="checkbox"/> COPD/Emphysema	<input type="checkbox"/> History of sexual abuse	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Anxiety	<input type="checkbox"/> Depression	<input type="checkbox"/> Irritable Bowel Syndrome	_____
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Kidney disease	_____
<input type="checkbox"/> Asthma	<input type="checkbox"/> Drug Abuse	<input type="checkbox"/> Kidney stones	_____
<input type="checkbox"/> Attention Deficit Disorder	<input type="checkbox"/> GERD/Reflux	<input type="checkbox"/> Migraines	_____
<input type="checkbox"/> Bipolar Disorder	<input type="checkbox"/> Heart attack, when: _____	<input type="checkbox"/> Osteoporosis	_____
<input type="checkbox"/> Bladder problems	<input type="checkbox"/> Heart failure	<input type="checkbox"/> Seizures	_____
<input type="checkbox"/> Blood clots	<input type="checkbox"/> Hepatitis, choose: <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C	<input type="checkbox"/> Sexually Transmitted Disease	_____
<input type="checkbox"/> Breast cancer, when: _____	<input type="checkbox"/> High blood pressure	<input type="checkbox"/> Skin cancer, when: _____	_____
<input type="checkbox"/> Colorectal cancer, when: _____	<input type="checkbox"/> High cholesterol	<input type="checkbox"/> Stroke	

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

## SURGICAL HISTORY

What surgeries or procedures have you had? Please check the boxes of all that apply to you.

<input type="checkbox"/> Amputation, where: _____	Year: _____	<input type="checkbox"/> Hernia repair	<input type="checkbox"/> Left	<input type="checkbox"/> Right	Year: _____
<input type="checkbox"/> Appendix removed	Year: _____	<input type="checkbox"/> Knee surgery	<input type="checkbox"/> Left	<input type="checkbox"/> Right	Year: _____
<input type="checkbox"/> Artificial joints, where: _____	Year: _____	<input type="checkbox"/> Neck surgery			Year: _____
<input type="checkbox"/> Back surgery	Year: _____	<input type="checkbox"/> Ovaries removed	<input type="checkbox"/> Left	<input type="checkbox"/> Right	Year: _____
<input type="checkbox"/> Breast surgery	<input type="checkbox"/> Left <input type="checkbox"/> Right	Year: _____	<input type="checkbox"/> Stress test of heart		Year: _____
<input type="checkbox"/> Cataract extraction	<input type="checkbox"/> Left <input type="checkbox"/> Right	Year: _____	<input type="checkbox"/> Tonsils removed		Year: _____
<input type="checkbox"/> Catheterization of heart	Year: _____	<input type="checkbox"/> Tubes tied			Year: _____
<input type="checkbox"/> Gall bladder removed	Year: _____	<input type="checkbox"/> Uterus removed			Year: _____
<input type="checkbox"/> Heart surgery	Year: _____	<input type="checkbox"/> Vasectomy			Year: _____

Description of surgery or any other surgeries you have had: \_\_\_\_\_

## IMMUNIZATION HISTORY

Are your childhood vaccinations up to date? ☐ Yes ☐ No ☐ Unsure Have you had the following vaccines?

Flu (this year)	<input type="checkbox"/> Yes <input type="checkbox"/> No	Date: _____	Pertussis ("whooping cough")	<input type="checkbox"/> Yes <input type="checkbox"/> No	Date: _____
Hepatitis B	<input type="checkbox"/> Yes <input type="checkbox"/> No	Date: _____	Shingles	<input type="checkbox"/> Yes <input type="checkbox"/> No	Date: _____
Pneumonia (Prevnar)	<input type="checkbox"/> Yes <input type="checkbox"/> No	Date: _____	Tetanus	<input type="checkbox"/> Yes <input type="checkbox"/> No	Date: _____
Pneumonia (Pneumovax)	<input type="checkbox"/> Yes <input type="checkbox"/> No	Date: _____	COVID	<input type="checkbox"/> Yes <input type="checkbox"/> No	Brand: _____ Date: _____
			Others: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	Date: _____

## FAMILY MEDICAL HISTORY

Please indicate if your mother (m), father (f), sister (sis), brother (b), daughter (d), son (son) has a history of the following.

<input type="checkbox"/> Alcohol abuse	Who? _____	<input type="checkbox"/> High blood pressure	Who? _____
<input type="checkbox"/> Anesthesia complications	Who? _____	<input type="checkbox"/> High cholesterol	Who? _____
<input type="checkbox"/> Anxiety	Who? _____	<input type="checkbox"/> Kidney disease	Who? _____
<input type="checkbox"/> Asthma	Who? _____	<input type="checkbox"/> Lung problems	Who? _____
<input type="checkbox"/> Blood clots	Who? _____	<input type="checkbox"/> Melanoma	Who? _____
<input type="checkbox"/> Breast cancer, how old: _____	Who? _____	<input type="checkbox"/> Migraines	Who? _____
<input type="checkbox"/> Colon cancer, how old: _____	Who? _____	<input type="checkbox"/> Osteoporosis	Who? _____
<input type="checkbox"/> Cancer, other: _____	Who? _____	<input type="checkbox"/> Other mental illness	Who? _____
<input type="checkbox"/> Depression	Who? _____	<input type="checkbox"/> Prostate cancer, how old: _____	Who? _____
<input type="checkbox"/> Diabetes, how old: _____	Who? _____	<input type="checkbox"/> Seizures	Who? _____
<input type="checkbox"/> Drug abuse	Who? _____	<input type="checkbox"/> Stroke, how old: _____	Who? _____
<input type="checkbox"/> Eczema	Who? _____	<input type="checkbox"/> Thyroid trouble	Who? _____
<input type="checkbox"/> Heart attack, how old: _____	Who? _____	<input type="checkbox"/> Other: _____	Who? _____

If your father is deceased, how old was he when he died? \_\_\_\_\_ What did he die from? \_\_\_\_\_

If your mother is deceased, how old was she when he died? \_\_\_\_\_ What did she die from? \_\_\_\_\_

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

## SOCIAL HISTORY

Please indicate your marital or relationship status.

☐ Single ☐ Married since: \_\_\_\_\_

☐ Not married, stable partner since: \_\_\_\_\_

☐ Separated since: \_\_\_\_\_

☐ Divorced since: \_\_\_\_\_

☐ Widowed since: \_\_\_\_\_

What is your gender identity? \_\_\_\_\_

## SEXUAL HISTORY

Are you sexually active? ☐ Yes ☐ No

What is the gender of your sexual partner(s)? \_\_\_\_\_

Age you became sexually active: \_\_\_\_\_

Number of sexual partners in the last year: \_\_\_\_\_

What is your sexual orientation? \_\_\_\_\_

## ALCOHOL & DRUG USE

On average, how many alcoholic beverages do you drink per week? \_\_\_\_\_

### Men under 65:

How many times in the past year have you had 5 or more drinks in a day?

☐ None ☐ 1 or more

### Women (and men over 65):

How many times in the past year have you had 4 or more drinks in a day?

☐ None ☐ 1 or more

How many times in the past year have you used a recreational drug or a prescription medication for non-medical reasons?

☐ None ☐ 1 or more

## TOBACCO USE

☐ I have never used tobacco

☐ I have smoked, started at age: \_\_\_\_\_

☐ I still smoke \_\_\_\_\_ packs per day

☐ I quit \_\_\_\_\_ (date) but used to smoke \_\_\_\_\_ packs per day

☐ I have tried to quit \_\_\_\_\_ times

☐ I chew or use smokeless tobacco

☐ I vape or use e-cigarettes

☐ I am exposed to second-hand smoke

## OCCUPATION

☐ Currently employed at: \_\_\_\_\_  
Doing: \_\_\_\_\_ Since: \_\_\_\_\_

☐ Homemaker since: \_\_\_\_\_

☐ Retired since: \_\_\_\_\_

☐ Former job: \_\_\_\_\_

☐ Disabled due to: \_\_\_\_\_ Since: \_\_\_\_\_

## HEALTHY HABITS

In general, how many days do you exercise per week? \_\_\_\_\_

On those days, how long do you exercise? \_\_\_\_\_ minutes

When you exercise, what is the intensity?

☐ Mild (stretching or slow walking)

☐ Moderate (brisk walking)

☐ Heavy (jogging or swimming)

☐ Vigorous (fast running or stair climbing)

☐ Combination

## COLORECTAL HEALTH

Date of most recent colonoscopy: \_\_\_\_\_

Was it normal? ☐ Yes ☐ No

Date of other colorectal cancer screening: \_\_\_\_\_

Was it normal? ☐ Yes ☐ No

## WOMEN'S HEALTH

Have you ever had an abnormal pap test? ☐ Yes ☐ No

When was your last pap? \_\_\_\_\_

Was it normal? ☐ Yes ☐ No

When was your last mammogram? \_\_\_\_\_

Was it normal? ☐ Yes ☐ No

When was your last bone density (DEXA) scan? \_\_\_\_\_

Was it normal? ☐ Yes ☐ No

## ADVANCED CARE PLANNING

Have you filled out forms to indicate your desires for end of life care?

Living Will: ☐ Yes ☐ No

Durable power of attorney for healthcare ("DPOA"):

☐ Yes ☐ No If yes, who: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

## COMPREHENSIVE REVIEW OF SYSTEMS

Please check the boxes of any symptoms you have had in the past 2 weeks.

### General

- ☐ Fatigue
- ☐ Fevers
- ☐ Loss of appetite
- ☐ Unplanned weight gain
- ☐ Unplanned weight loss

### Skin

- ☐ New sore or lesion
- ☐ Non-healing sores
- ☐ Rashes

### Eyes/Ears/Nose/Throat/Mouth

- ☐ Began wearing glasses or contacts
- ☐ Change in vision
- ☐ Bad teeth
- ☐ Dentures
- ☐ Frequent stuffy nose
- ☐ Hearing loss
- ☐ Hoarseness
- ☐ Nose bleeds
- ☐ Ringing in ears
- ☐ Seasonal allergies
- ☐ Sinus pain
- ☐ Snoring

### Lungs

- ☐ Breathing problems
- ☐ Cough
- ☐ Coughing up blood
- ☐ Wheezing

### Breasts

- ☐ Breast lump
- ☐ Breast pain

### Cardiovascular

- ☐ Chest pain or pressure
- ☐ Heart beats fast
- ☐ Heart skips
- ☐ Short of breath with exercise
- ☐ Short of breath lying down
- ☐ Waking at night short of breath
- ☐ Swelling or edema

### Gastrointestinal

- ☐ Abdominal pain
- ☐ Black tarry stool
- ☐ Blood in stool
- ☐ Change in bowel habits
- ☐ Constipation
- ☐ Diarrhea

### Gastrointestinal, continued

- ☐ Difficulty swallowing
- ☐ Heartburn
- ☐ Nausea
- ☐ Vomiting

### Genitourinary

- ☐ Bleeding after menopause
- ☐ Blood in urine
- ☐ Difficulty holding urine
- ☐ Difficulty urinating
- ☐ Excessive urination at night
- ☐ Pain or burning with urination
- ☐ Sexual health concerns
- ☐ Trouble with periods

### Muscles and Skeleton

- ☐ Backache
- ☐ Muscle pain
- ☐ Painful joints

### Endocrine

- ☐ Excessive thirst
- ☐ Hot flashes

### Neurological

- ☐ Fainting or passing out
- ☐ Headaches
- ☐ Memory loss
- ☐ Numbness or tingling
- ☐ Sense of room spinning
- ☐ Tremor
- ☐ Unsteadiness or imbalance
- ☐ Weakness

### Mental Health

- ☐ Change in sleep pattern
- ☐ Feeling nervous, anxious or on edge

### Blood

- ☐ Easy bleeding
- ☐ Easy bruising
- ☐ Swollen glands

Other: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## DEPRESSION SCREENING (PHQ-2)

Over the past two weeks, how often have you been bothered by the following problems?

	Not at all	Several days	More than half of the days	Nearly every day
Little interest or pleasure in doing things:	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
Feeling down, depressed or hopeless:	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3





## SLIDING SCALE DISCOUNT PROGRAM

### *Compassionate financial support*

It is the policy of MAHEC to provide essential services for Medical, Behavioral Health, and Dental Care regardless of the patient's ability to pay. Discounts are offered based on family size and annual income.

The discount will apply to all essential services provided and billable by MAHEC. Services performed by outside organizations and equipment that is purchased from outside companies, including outside laboratory testing, drugs, and x-ray interpretation by a consulting radiologist, and other such services, will not be covered under this policy. This form must be completed every 12 months or if your financial situation changes.

The application can be completed online by using the QR codes below, or you can request a paper application from any front desk team member.

These documents will need to be turned in before your application can be processed: Completed Application and Proof of Income

Applications need to be received within 30 days of your first appointment.

#### **Family Health Centers Financial Advocate**

Phone: (828) 771-5502 | Fax: (828) 579-4208

Mailing Address:

123 Hendersonville Rd, Asheville, NC 28803

#### **Ob/Gyn Specialists Financial Advocate**

Phone: (828) 771-5443 | Fax: (828) 407-2639

Mailing Address:

119 Hendersonville Rd, Asheville, NC 28803

#### **Center for Psychiatry and Mental Wellness Financial Advocate**

Phone: (828) 771- 5466 | Fax: (828) 579-4212

Mailing Address:

125 Hendersonville Rd, Asheville, NC 28803

#### **Dental Health Centers Financial Advocate**

Phone: (828) 398-5918 | Fax: (828) 552-8691

Mailing Address:

123 Hendersonville Rd. Asheville, NC 28803

#### **Internal Medicine Financial Advocate**

Phone: (828) 771-3507 | Fax: (828) 579-3748

Mailing Address:

123 Hendersonville Rd, Asheville, NC 28803



English



Español

*If you have any questions regarding this program, please feel free to contact your Patient Financial Advocate*



## Centralized Medical Records Department

121 Hendersonville Road, Asheville, NC 28803 | Business Office Phone: (828) 771-5489 | Fax: (828) 407-2637

## AUTHORIZATION FOR USE OR DISCLOSURE OF PROTECTED HEALTH INFORMATION

## COMPLETE ALL SECTIONS, DATE, AND SIGN

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

I authorize the use or disclosure of the above named individual's health information as described below.

## The information is to be disclosed by:

NAME OF FACILITY:

## And is to be provided to:

MAHEC Centralized Medical Records Department

☐ Family Medicine☐ OB/Gyn☐ Internal Medicine☐ Dental☐ Psychiatry☐ Community Pharmacy

ADDRESS:

121 Hendersonville Road

CITY/STATE:

Asheville, NC 28803

PHONE #:

FAX #:

## The purpose or need for this disclosure is:

I understand that the information released may include sensitive information related to behavior and/or mental health, drugs and alcohol (including records of a program that provides alcohol or drug abuse diagnosis, treatment, or referral, as defined by federal law at 42 CFR Part 2), rape, abuse (sexual, physical, elder, spousal, etc.) abortion, sexual diseases like HIV/AIDS and other communicable disease and genetic testing.

## Information to be disclosed: (check appropriate box(es))

- ☐ Standard release (last 3 years of notes, lab/x-ray reports, med list, allergy list, immunization record, consult notes.)
- ☐ Only information related to (specify): \_\_\_\_\_
- ☐ Only the period of events from: \_\_\_\_\_ to \_\_\_\_\_
- ☐ Entire medical record
- ☐ Exclusions    ☐ AIDS/HIV test results, diagnosis, treatment, and related information  
                  ☐ Drug screen results and information about drug and alcohol use and treatments  
                  ☐ Mental health notes  
                  ☐ Genetics testing

I understand that this authorization will expire 90 days from the date it is signed unless I have specified a different expiration date or expiration event as follows. \_\_\_\_\_

I understand that I may cancel this authorization at any time by notifying in writing the MAHEC Privacy Officer, 121 Hendersonville Road Asheville, NC 28803, and this authorization will cease to be effective on the date notified except to the extent action has already been taken in reliance upon it.

I understand that information used or disclosed by this authorization may be subject to re-disclosure by the recipient and may no longer be protected by federal or state laws.

I understand that MAHEC will not condition treatment or eligibility for care on the provision of this authorization except if such care is: (1) research related or (2) provided solely for the purpose of creating Protected Health Information for disclosure to a third party.

**By signing below, I acknowledge that I have read and understand this Authorization.**

SIGNATURE OF PATIENT

DATE

SIGNATURE OF AUTHORIZED REPRESENTATIVE PATIENT, IF APPLICABLE (State relationship to Patient)

DATE

WITNESS TO SIGNATURE, IF APPLICABLE

DATE

YOU ARE ENTITLED TO A COPY OF THIS AUTHORIZATION AFTER YOU SIGN IT.