



**MAHEC**  
Family Health Centers

**MAHEC Family Health Center at  
Biltmore**

123 Hendersonville Road  
Asheville, NC 28803

Appointments: (828) 257-4730

Mon-Fri: 8:00 am – 5:00 pm

Evening Hours: Mon-Thurs 5 pm - 6 pm

Saturday: 8:00 am - noon

24/7 Call Answering Service

**MAHEC Family Health Center at  
Cane Creek**

1542 Cane Creek Road  
Fletcher, NC 2873

Appointments: (828) 628-8250

Mon – Fri 8:00 am – 5:00 pm

24/7 Call Answering Service

**MAHEC Family Health Center at  
Enka/Candler**

25 Westridge Market Place  
Candler, NC 28715

Appointments: (828) 418-0040

Mon – Fri 8:00 am – 5:00 pm

24/7 Call Answering Service

**MAHEC Family Health Center at  
Newbridge**

218 Elkwood Avenue  
Asheville, NC 28804

Appointments: (828) 257-4747

Mon – Fri 8:00 am – 5:00 pm

24/7 Call Answering Service

***You may reach us after hours by calling (828) 257-4730 for any of our facilities***

## WELCOME TO OUR PRACTICE

We are happy you have chosen MAHEC Family Health Centers for your care!

We are a group practice offering care for the entire family where patients of all ages can establish their care. We are a primary care medical home, meaning our team of healthcare professionals work together to provide all of your healthcare needs. You, the patient, are the most important part of a patient-centered medical home. We strive to provide evidence-based care in a professional, supportive atmosphere. Our providers look forward to an on-going relationship with you and an exceptional patient experience at every appointment.

***Our full-spectrum family healthcare services include***

- Primary care for children, adults and older patients
- Family-centered obstetrics including lactation consultation for breastfeeding support
- Sports medicine
- Family therapy and individual counseling
- Free interpreter services
- Geriatric medicine
- Hep C/HIV treatment
- Positive parenting program (Triple P)
- Integrated clinical pharmacy support, laboratory services and X-Rays
- Medication for opioid use disorder and substance abuse recovery support
- No-scalpel vasectomies and other procedures
- Nutritional counseling with registered dietitians including pediatric healthy weight medical visits
- DOT / CDL physicals
- IDD clinical care



## Welcome to MAHEC!

Thank you for choosing us for your healthcare. MAHEC has been a part of Asheville since 1974 and we proudly continue our tradition of award-winning care. Our providers and staff welcome the opportunity to care for your entire family at our Family Health Centers, Internal Medicine office, OB/GYN offices, Dental offices and Center for Psychiatry. We proudly serve all patients regardless of income or insurance status.

- MAHEC is expanding our financial assistance program to go above and beyond what we have offered before. In order to facilitate this change we are asking all existing and new patients to complete a new patient information packet.
- Our Patient Financial Advocates are available to guide you through signing up for assistance offered through our Sliding Scale Discount Program. Eligibility is based on family income and family size. Payment is expected at time of service for amounts you are responsible for. We can assist with payment options if you are unable to pay in full.

### **BEFORE YOUR VISIT**

***This welcome packet includes forms you need to read and complete before your visit.***

It is **VERY** important that you fill out each form completely and give the entire packet to the front desk staff when you arrive for your appointment. Please arrive **15 minutes before you appointment** to complete the check-in process.

Other documentation you need to bring with you:

- Insurance card and driver's license (or other valid photo ID)
- Pertinent medical history or records
- Current List of medications or medication bottles
  - Drug name
  - Prescribed dosage(s)
  - How long you have been taking the drug(s)

### **MAHEC's Patient Portal**

We are pleased to provide all patients with an online tool that provides 24/7 access to your personal health record. With the portal, you can securely email your provider, see lab results, review your medical records and much more. We will use the email address you provide to give you access to the portal if you don't currently have it. Just watch for an email with instructions that will come to you after your appointment.

***Thank you for choosing us for your healthcare!***

**Mountain Area Health Education Center**  
**[www.mahec.net](http://www.mahec.net)**



# MAHEC Patient Registration Form

Please complete the following information using black ink. THIS INFORMATION IS CONFIDENTIAL.

- Internal Medicine  
  FHC Biltmore  
  FHC Cane Creek  
  FHC Enka/Candler  
  FHC Newbridge  
 Ob/Gyn Biltmore  
  Ob/Gyn Franklin  
  Women's Care Brevard  
  Psychiatry  
  Deerfield  
  Givens

## PATIENT INFORMATION

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
 Home Address: \_\_\_\_\_ Birth Sex:  Male  Female  
 City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_ SS#: \_\_\_\_\_  
 Home County: \_\_\_\_\_ Email Address: \_\_\_\_\_  
 Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

By providing a phone number, mobile phone number, or email address, I authorize MAHEC to contact me or my guardian/legal representative to remind me of appointments, to obtain feedback on my experience at this office, and to provide general health reminders and other information regarding my healthcare.

### Special Hearing Needs:

\_\_\_\_\_

Special Vision Needs:

\_\_\_\_\_

- Uses Wheelchair:  Yes  No
- Speech Impaired:  Yes  No
- Veteran Status:  Yes  No

### Race (select one):

- Asian  
 Native Hawaiian  
 Other Pacific Islander  
 Black/African American  
 American Indian/Alaska Native  
 White  
 More than one race

### Ethnicity (select one):

- Hispanic or Latino/a  
 Non-Hispanic or Latino/a

### Gender Identity:

- Male  
 Female  
 Transgender Male  
 Transgender Female  
 Other  
 Choose not to disclose

### Sexual Orientation:

- Lesbian or Gay  
 Heterosexual (or straight)  
 Bisexual  
 Something else  
 Don't know  
 Choose not to disclose

### Preferred Language:

- English  
 Spanish  
 Russian  
 American Sign Language  
 Other: \_\_\_\_\_

### Marital Status:

- Single  
 In a relationship  
 Partner  
 Married  
 Separated  
 Divorced  
 Widowed

### Special Populations

- Migratory  Yes  No  
 Seasonal  Yes  No  
 Homeless  Yes  No  
 Homeless Status (select one):  
 Not Homeless  
 Homeless Shelter  
 Transitional  
 Doubling Up  
 Street  
 Permanent Supportive Housing  
 Other

## EMERGENCY CONTACT INFORMATION

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone#: \_\_\_\_\_

### IF PATIENT IS CHILD (UNDER 18)

Responsible Party Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone#: \_\_\_\_\_

**ANNUAL HOUSEHOLD INCOME BEFORE TAXES**

\_\_\_\_\_ # of Individuals in Household: \_\_\_\_\_

The income information above is used for statistical information only and is not used to determine specific patient financial needs.

**PRIMARY INSURANCE INFORMATION**

Insurance Company: \_\_\_\_\_ Policy ID#: \_\_\_\_\_

Policy Holder's Name: \_\_\_\_\_ Policy Holder's DOB: \_\_\_\_\_

Policy Holder's Relationship to Patient: \_\_\_\_\_ Birth Sex of Policy Holder:  Male  Female

Policy Holder's Address: \_\_\_\_\_

**SECONDARY INSURANCE INFORMATION**

Insurance Company: \_\_\_\_\_ Policy ID#: \_\_\_\_\_

Policy Holder's Name: \_\_\_\_\_ Policy Holder's DOB: \_\_\_\_\_

Policy Holder's Relationship to Patient: \_\_\_\_\_ Birth Sex of Policy Holder:  Male  Female

Policy Holder's Address: \_\_\_\_\_

**ASSIGNMENT OF BENEFITS AND FINANCIAL POLICY**

I hereby authorize payment of all insurance, Medicaid, and/or Medicare benefits directly to MAHEC and I authorize them to file insurance on my behalf. I also authorize them to release medical and/or account information to my insurance, Medicaid, and/or Medicare carrier as required to satisfy claims. I agree to notify them should my coverage change.

I understand that MAHEC:

- Expects payment on the date of service (if insured, co pays and deductibles are expected on the date of service).
- Accepts cash, checks, debit cards or major credit cards.
- Expects Medicaid, Medicare and all insurance will be filed for me. However, it is my responsibility to know the details of my insurance coverage and provide MAHEC with current and accurate information.
- Will work with me to establish payment plans.
- Provides services and treatment, which are medically appropriate. However, some of these may not be covered by my insurance plan and these will be my responsibility to pay.
- Expects my insurance company to pay within 90 days from the date of service and will bill me directly if the insurance does not pay.
- Expects the parent or guardian to pay for all services rendered to their dependents.
- Expects me to keep appointments and to call at least 24 hours prior, if I need to cancel. I understand that failure to do this may result in being discharged from the practice.

I have read and understand the above.

Patient or Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Note: Failure to sign does not relieve you of the above expectations.

**CONSENT FOR TREATMENT**

I voluntarily consent to routine services, medical treatment(s), diagnostic radiology procedure(s), diagnostic lab(s), behavioral health services, and services offered by lay health workers (e.g. doula, community health worker, peer support specialist) as deemed necessary by the healthcare providers treating me at any MAHEC facility. I voluntarily consent to allow MAHEC to seek emergency medical care from a physician or hospital, if needed. I understand that diagnostic procedures may include but are not limited to lab tests on blood, urine, and tissue, including drug screenings. I understand that diagnostic radiology procedures include but are not limited to x-ray, ultrasound, and/or mammography. I understand that the practice of medicine is not an exact science and that diagnosis and treatment may cause injury or even death. I understand I have the right to ask questions about my treatment and/or procedures and the right to refuse any treatment or procedure. I agree to notify my provider of my concerns.

Patient or Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**ALTERNATIVE CONTACT AUTHORIZATION**

I authorize MAHEC to discuss medical and financial information concerning the care and services provided to me with the individuals listed below:

**Contact #1**

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone#: \_\_\_\_\_

**Contact #2**

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone#: \_\_\_\_\_

**Contact #3**

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone#: \_\_\_\_\_

**NOTICE OF PRIVACY ACKNOWLEDGMENT**

I have been given the opportunity to read MAHEC's Notice of Privacy Practices, and my questions concerning the Notice have been answered. I understand if I choose not to sign this acknowledgment, MAHEC will continue to provide services to me and will use and disclose my Protected Health Information (PHI) in accordance with MAHEC's Notice of Privacy Practices.

Patient or Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**FOR OFFICE USE ONLY**

Primary Care Provider: \_\_\_\_\_

Copy of insurance card obtained?  Yes  No





# New Patient Intake Form

BILTMORE  CANE CREEK  ENKA  NEWBRIDGE

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Form Completed by: \_\_\_\_\_ Date of Today's Visit: \_\_\_\_\_

Have you received medical care from another physician in the last 5 years?  Yes  No If yes, please give name and location.

Physician name: \_\_\_\_\_ Physician city and state: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What is the reason for your visit today? \_\_\_\_\_

## ALLERGIES

Do you have any allergies or bad reactions to medicines, foods or latex?  Yes  No If yes, please list them below.

Medicine, food, latex or other substance: \_\_\_\_\_ Reaction caused: \_\_\_\_\_  
\_\_\_\_\_

## MEDICATIONS

Please list ALL medications you currently take (including birth control pills, vitamins, supplements and herbs) even if you do not take them every day, and even if they are over the counter.

Name of medication, vitamin, herb or supplement:	Dosage (ex: how many mg or tablets you take)	How often you take it:
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Are you taking a multivitamin with folic acid?  Yes  No

Local Pharmacy: \_\_\_\_\_ Mail Order: \_\_\_\_\_

## MEDICAL HISTORY

Have you ever had any the following? Please check the boxes of all that apply to you.

- |   |  |   |  |
|---|--|---|--|
| <input type="checkbox"/> Alcohol abuse                  | <input type="checkbox"/> Cancer, other: _____  | <input type="checkbox"/> History of physical abuse    | <input type="checkbox"/> Thyroid trouble |
| <input type="checkbox"/> Anemia                         | <input type="checkbox"/> COPD/Emphysema  | <input type="checkbox"/> History of sexual abuse      | <input type="checkbox"/> Other: _____    |
| <input type="checkbox"/> Anxiety                        | <input type="checkbox"/> Depression  | <input type="checkbox"/> Irritable Bowel Syndrome     | _____                                    |
| <input type="checkbox"/> Arthritis                      | <input type="checkbox"/> Diabetes  | <input type="checkbox"/> Kidney disease               | _____                                    |
| <input type="checkbox"/> Asthma                         | <input type="checkbox"/> Drug Abuse  | <input type="checkbox"/> Kidney stones                | _____                                    |
| <input type="checkbox"/> Attention Deficit Disorder     | <input type="checkbox"/> GERD/Reflux   | <input type="checkbox"/> Migraines                    | _____                                    |
| <input type="checkbox"/> Bipolar Disorder               | <input type="checkbox"/> Heart attack, when: _____   | <input type="checkbox"/> Osteoporosis                 | _____                                    |
| <input type="checkbox"/> Bladder problems               | <input type="checkbox"/> Heart failure   | <input type="checkbox"/> Seizures                     | _____                                    |
| <input type="checkbox"/> Blood clots                    | <input type="checkbox"/> Hepatitis, choose: <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C | <input type="checkbox"/> Sexually Transmitted Disease | _____                                    |
| <input type="checkbox"/> Breast cancer, when: _____     | <input type="checkbox"/> High blood pressure   | <input type="checkbox"/> Skin cancer, when: _____     | _____                                    |
| <input type="checkbox"/> Colorectal cancer, when: _____ | <input type="checkbox"/> High cholesterol  | <input type="checkbox"/> Stroke                       | _____                                    |

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

## SURGICAL HISTORY

What surgeries or procedures have you had? Please check the boxes of all that apply to you.

- |  |  |  |   |                                |             |
|--|--|--|---|--------------------------------|-------------|
| <input type="checkbox"/> Amputation, where: _____        | Year: _____  | <input type="checkbox"/> Hernia repair   | <input type="checkbox"/> Left                 | <input type="checkbox"/> Right | Year: _____ |
| <input type="checkbox"/> Appendix removed                | Year: _____  | <input type="checkbox"/> Knee surgery    | <input type="checkbox"/> Left                 | <input type="checkbox"/> Right | Year: _____ |
| <input type="checkbox"/> Artificial joints, where: _____ | Year: _____  | <input type="checkbox"/> Neck surgery    | Year: _____                                   |                                |             |
| <input type="checkbox"/> Back surgery                    | Year: _____  | <input type="checkbox"/> Ovaries removed | <input type="checkbox"/> Left                 | <input type="checkbox"/> Right | Year: _____ |
| <input type="checkbox"/> Breast surgery                  | <input type="checkbox"/> Left <input type="checkbox"/> Right | Year: _____                              | <input type="checkbox"/> Stress test of heart | Year: _____                    |             |
| <input type="checkbox"/> Cataract extraction             | <input type="checkbox"/> Left <input type="checkbox"/> Right | Year: _____                              | <input type="checkbox"/> Tonsils removed      | Year: _____                    |             |
| <input type="checkbox"/> Catheterization of heart        | Year: _____  | <input type="checkbox"/> Tubes tied      | Year: _____                                   |                                |             |
| <input type="checkbox"/> Gall bladder removed            | Year: _____  | <input type="checkbox"/> Uterus removed  | Year: _____                                   |                                |             |
| <input type="checkbox"/> Heart surgery                   | Year: _____  | <input type="checkbox"/> Vasectomy       | Year: _____                                   |                                |             |

Description of surgery or any other surgeries you have had: \_\_\_\_\_  
\_\_\_\_\_

## REPRODUCTIVE HISTORY

How many pregnancies have you had? \_\_\_\_\_ Number of live births: \_\_\_\_\_ Number of living children: \_\_\_\_\_  
Number of C-Sections: \_\_\_\_\_ Number of miscarriages: \_\_\_\_\_ Number of still births: \_\_\_\_\_ Number of abortions: \_\_\_\_\_  
Menopause ('change of life') since: \_\_\_\_\_

## IMMUNIZATION HISTORY

Are your childhood vaccinations up to date?  Yes  No  Unsure Have you had the following vaccines?

- |                       |  |             |                              |  |                          |
|-----------------------|--|-------------|------------------------------|--|--------------------------|
| Flu (this year)       | <input type="checkbox"/> Yes <input type="checkbox"/> No | Date: _____ | Pertussis ("whooping cough") | <input type="checkbox"/> Yes <input type="checkbox"/> No | Date: _____              |
| Hepatitis B           | <input type="checkbox"/> Yes <input type="checkbox"/> No | Date: _____ | Shingles                     | <input type="checkbox"/> Yes <input type="checkbox"/> No | Date: _____              |
| Pneumonia (Pneumovax) | <input type="checkbox"/> Yes <input type="checkbox"/> No | Date: _____ | Tetanus                      | <input type="checkbox"/> Yes <input type="checkbox"/> No | Date: _____              |
| Pneumonia (Pneumovax) | <input type="checkbox"/> Yes <input type="checkbox"/> No | Date: _____ | COVID                        | <input type="checkbox"/> Yes <input type="checkbox"/> No | Brand: _____ Date: _____ |
|                       |  |             | Others: _____                | <input type="checkbox"/> Yes <input type="checkbox"/> No | Date: _____              |

## FAMILY MEDICAL HISTORY

Please indicate if your mother (m), father (f), sister (sis), brother (b), daughter (d), son (son) has a history of the following.

- |  |            |  |            |
|--|------------|--|------------|
| <input type="checkbox"/> Alcohol abuse                 | Who? _____ | <input type="checkbox"/> High blood pressure             | Who? _____ |
| <input type="checkbox"/> Anesthesia complications      | Who? _____ | <input type="checkbox"/> High cholesterol                | Who? _____ |
| <input type="checkbox"/> Anxiety                       | Who? _____ | <input type="checkbox"/> Kidney disease                  | Who? _____ |
| <input type="checkbox"/> Asthma                        | Who? _____ | <input type="checkbox"/> Lung problems                   | Who? _____ |
| <input type="checkbox"/> Blood clots                   | Who? _____ | <input type="checkbox"/> Melanoma                        | Who? _____ |
| <input type="checkbox"/> Breast cancer, how old: _____ | Who? _____ | <input type="checkbox"/> Migraines                       | Who? _____ |
| <input type="checkbox"/> Colon cancer, how old: _____  | Who? _____ | <input type="checkbox"/> Osteoporosis                    | Who? _____ |
| <input type="checkbox"/> Cancer, other: _____          | Who? _____ | <input type="checkbox"/> Other mental illness            | Who? _____ |
| <input type="checkbox"/> Depression                    | Who? _____ | <input type="checkbox"/> Prostate cancer, how old: _____ | Who? _____ |
| <input type="checkbox"/> Diabetes, how old: _____      | Who? _____ | <input type="checkbox"/> Seizures                        | Who? _____ |
| <input type="checkbox"/> Drug abuse                    | Who? _____ | <input type="checkbox"/> Stroke, how old: _____          | Who? _____ |
| <input type="checkbox"/> Eczema                        | Who? _____ | <input type="checkbox"/> Thyroid trouble                 | Who? _____ |
| <input type="checkbox"/> Heart attack, how old: _____  | Who? _____ | <input type="checkbox"/> Other: _____                    | Who? _____ |

If your father is deceased, how old was he when he died? \_\_\_\_\_ What did he die from? \_\_\_\_\_

If your mother is deceased, how old was she when he died? \_\_\_\_\_ What did she die from? \_\_\_\_\_



Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**SOCIAL HISTORY**

Please indicate your marital or relationship status.

- Single  Married since: \_\_\_\_\_
- Not married, living together since: \_\_\_\_\_
- Separated since: \_\_\_\_\_
- Divorced since: \_\_\_\_\_
- Widowed since: \_\_\_\_\_

What is your gender identity? \_\_\_\_\_

**SEXUAL HISTORY**

Are you sexually active?  Yes  No

What is the gender of your sexual partner(s)? \_\_\_\_\_

Age you became sexually active: \_\_\_\_\_

Number of sexual partners in the last year: \_\_\_\_\_

What is your sexual orientation? \_\_\_\_\_

**ALCOHOL & DRUG USE**

On average, how many alcoholic beverages do you drink per week? \_\_\_\_\_

**Men under 65:**

How many times in the past year have you had 5 or more drinks in a day?

- None  1 or more

**Women (and men over 65):**

How many times in the past year have you had 4 or more drinks in a day?

- None  1 or more

How many times in the past year have you used a recreational drug or a prescription medication for non-medical reasons?

- None  1 or more

**TOBACCO USE**

- I have never used tobacco
- I have smoked, started at age: \_\_\_\_\_
- I still smoke \_\_\_\_\_ packs per day
- I quit \_\_\_\_\_ (date) but used to smoke \_\_\_\_\_ packs per day
- I have tried to quit \_\_\_\_\_ times
- I chew or use smokeless tobacco
- I vape or use e-cigarettes
- I am exposed to second-hand smoke

**The following people make up my household.**

- Name: \_\_\_\_\_
- Name: \_\_\_\_\_
- Name: \_\_\_\_\_
- Name: \_\_\_\_\_
- Name: \_\_\_\_\_
- Name: \_\_\_\_\_

**OCCUPATION**

- Currently employed at: \_\_\_\_\_  
Doing: \_\_\_\_\_ Since: \_\_\_\_\_
- Homemaker since: \_\_\_\_\_
- Retired since: \_\_\_\_\_
- Former job: \_\_\_\_\_
- Disabled due to: \_\_\_\_\_ Since: \_\_\_\_\_

**HEALTHY HABITS**

Are you exposed to sun without protection?

- Sometimes  Rarely  Never

Do you always wear a seat belt?  Yes  No

Do you ever use your phone to text while driving (including while stopped)?  Yes  No

In general, how many days do you exercise per week? \_\_\_\_\_

On those days, how long do you exercise? \_\_\_\_\_ minutes

When you exercise, what is the intensity?

- Mild (stretching or slow walking)
- Moderate (brisk walking)
- Heavy (jogging or swimming)
- Vigorous (fast running or stair climbing)
- Combination

Do you drink caffeine daily?  Yes  No

If yes, how many servings of the following per day?

\_\_\_ sodas \_\_\_ cups of coffee \_\_\_ energy drinks \_\_\_ tea

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

### REPRODUCTIVE LIFE PLANNING

Would you like to become pregnant in the next year?

- Yes  No  Okay either way  Unsure

Are you using any method to prevent pregnancy?

- Yes  No

If yes, what: \_\_\_\_\_

Do you use condoms?  Yes  No

### COLORECTAL HEALTH

Date of most recent colonoscopy: \_\_\_\_\_

Date of other colorectal cancer screening: \_\_\_\_\_

### WOMEN'S HEALTH

Have you ever had an abnormal pap test?  Yes  No

When was your last pap? \_\_\_\_\_

Was it normal?  Yes  No

When was your last mammogram? \_\_\_\_\_

Was it normal?  Yes  No

When was your last bone density (DEXA) scan? \_\_\_\_\_

Was it normal?  Yes  No

Was it normal?  Yes  No

Was it normal?  Yes  No

### ADVANCED CARE PLANNING

Have you filled out forms to indicate your desires for end of life care? Living Will:  Yes  No

Durable power of attorney for healthcare ("DPOA"):  Yes  No If yes, who: \_\_\_\_\_

### COMPREHENSIVE REVIEW OF SYSTEMS

Please check the boxes of any symptoms you have had in the past 2 weeks.

#### General

- Fatigue
- Fevers
- Loss of appetite
- Unplanned weight gain
- Unplanned weight loss

#### Skin

- New sore or lesion
- Non-healing sores
- Rashes

#### Eyes/Ears/Nose/Throat/Mouth

- Began wearing glasses or contacts
- Change in vision
- Bad teeth
- Dentures
- Frequent stuffy nose
- Hearing loss
- Hoarseness
- Nose bleeds
- Ringing in ears
- Seasonal allergies
- Sinus pain
- Snoring

#### Lungs

- Breathing problems
- Cough
- Coughing up blood
- Wheezing

#### Breasts

- Breast lump
- Breast pain

#### Cardiovascular

- Chest pain or pressure
- Heart beats fast
- Heart skips
- Short of breath with exercise
- Short of breath lying down
- Waking at night short of breath
- Swelling or edema

#### Gastrointestinal

- Abdominal pain
- Black tarry stool
- Blood in stool
- Change in bowel habits
- Constipation
- Diarrhea

#### Gastrointestinal, continued

- Difficulty swallowing
- Heartburn
- Nausea
- Vomiting

#### Genitourinary

- Bleeding after menopause
- Blood in urine
- Difficulty holding urine
- Difficulty urinating
- Excessive urination at night
- Pain or burning with urination
- Sexual health concerns
- Trouble with periods

#### Muscles and Skeleton

- Backache
- Muscle pain
- Painful joints

#### Endocrine

- Excessive thirst
- Hot flashes

#### Neurological

- Fainting or passing out
- Headaches
- Memory loss
- Numbness or tingling
- Sense of room spinning
- Tremor
- Unsteadiness or imbalance
- Weakness

#### Mental Health

- Change in sleep pattern
- Feeling nervous, anxious or on edge

#### Blood

- Easy bleeding
- Easy bruising
- Swollen glands

Other: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### DEPRESSION SCREENING (PHQ-2)

Over the past two weeks, how often have you been bothered by the following problems? **Not at all** **Several days** **More than half of the days** **Nearly every day**

**Little interest or pleasure in doing things:**  0  1  2  3

**Feeling down, depressed or hopeless:**  0  1  2  3



**SLIDING SCALE DISCOUNT PROGRAM**  
*Compassionate financial support*

Thank you for applying to our Sliding Scale Discount Program!

These documents will need to be turned in before your application can be processed:

- Completed Application
- Proof of Income

Please return all documents to your Patient Financial Advocate within 30 days of your first appointment.

**Family Health Centers and Internal Medicine**

**Financial Advocate**

Phone: (828) 771-3507

Fax: (828) 407-2640

Mailing Address:

123 Hendersonville Rd  
Asheville, NC 28803

**Ob/Gyn Specialists**

**Financial Advocate**

Phone: (828) 771-5443

Fax: (828) 407-2639

Mailing Address:

119 Hendersonville Rd  
Asheville, NC 28803

**Center for Psychiatry and Mental Wellness**

**Financial Advocate**

Phone: (828) 771-3460

Fax: (828) 820-8327

Mailing Address:

125 Hendersonville Rd  
Asheville, NC 28803

**Dental Health Centers**

**Financial Advocate**

Phone: (828) 398-5918

Fax: (828) 552-8691

Mailing Address:

123 Hendersonville Rd  
Asheville, NC 28803

If you have any questions regarding this program, please feel free to contact your Patient Financial Advocate at the numbers listed above.

*Thank You!*





## Sliding Scale Discount Program

*Compassionate financial support*

### Sliding Fee Discount Application

It is the policy of MAHEC to provide essential services for Medical, Behavioral Health, and Dental Care regardless of the patient's ability to pay. Discounts are offered based on family size and annual income. Please complete the following information and return to the front desk to determine if you or members of your family are eligible for a discount.

The discount will apply to all essential services provided and billable by MAHEC. Services performed by outside organizations and equipment that is purchased from outside companies, including outside laboratory testing, drugs, and x-ray interpretation by a consulting radiologist, and other such services, will not be covered under this policy. This form must be completed every 12 months or if your financial situation changes.

PATIENT NAME		DATE OF BIRTH	
STREET ADDRESS			
CITY	STATE	ZIP	PHONE

**Please list spouse and dependents**

Name	Date of birth	Needs Sliding Scale	Current MAHEC patient
		<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
		<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
		<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
		<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
		<input type="checkbox"/> Yes	<input type="checkbox"/> Yes <input type="checkbox"/> No
		<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No

**Annual Household Income for all working adults**

Source	Self	Spouse	Other	Total
Last two pay stubs, tax form with schedule C if you are self-employed, or letter from employer				
Unemployment compensation, workers' compensation, Social Security, Supplemental Security Income, public assistance, veterans' payments, survivor benefits, pension or retirement income				
Interest, dividends, rents, royalties, income from estates, trusts, educational assistance, alimony, child support, assistance from outside the household, and other other miscellaneous sources				

**NOTE: Copies of tax returns, pay stubs, or other information verifying income are required before a discount is approved.**

**I certify that the family size and income information shown above is correct.**

Name (please print) \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_

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**Office Use Only**

Approved by: \_\_\_\_\_

Date approved: \_\_\_\_\_

Family size: \_\_\_\_\_

Income: \_\_\_\_\_

Approved discount: \_\_\_\_\_

Date received signed agreement: \_\_\_\_\_

**Verification Check List**

**Yes**

**No**

Identification/Address: Driver's license, utility bill, employment ID, or		
Income: Prior year tax return, two most recent pay stubs, or other		

**INCOMING TO MAHEC**

**MAHEC Family Health Center  
Centralized Medical Records Department**

123 Hendersonville Road, Asheville, NC 28803 | Business Office Phone: (828) 771-5489 | Fax: (828) 407-2637

**AUTHORIZATION FOR USE OR DISCLOSURE OF PROTECTED HEALTH INFORMATION**

**COMPLETE ALL SECTIONS, DATE, AND SIGN**

**Patient Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

I authorize the use or disclosure of the above named individual's health information as described below.

<b>The information is to be disclosed by:</b>	<b>And is to be provided to:</b>
NAME OF FACILITY:	Family Health Center at: <input type="checkbox"/> Biltmore <input type="checkbox"/> Newbridge <input type="checkbox"/> Deerfield <input type="checkbox"/> Cane Creek <input type="checkbox"/> Enka/Candler <input type="checkbox"/> Givens
ADDRESS:	<b>123 Hendersonville Road</b>
CITY/STATE:	<b>Asheville, NC 28803</b>
PHONE #: _____ FAX #: _____	

**The purpose or need for this disclosure is:**

I understand that the information released may include sensitive information related to behavior and/or mental health, drugs and alcohol (including records of a program that provides alcohol or drug abuse diagnosis, treatment, or referral, as defined by federal law at 42 CFR Part 2), rape, abuse (sexual, physical, elder, spousal, etc.) abortion, sexual diseases like HIV/AIDS and other communicable disease and genetic testing.

**Information to be disclosed:** *(check appropriate box(es))*

- Standard release (last 3 years of notes, lab/x-ray reports, med list, allergy list, immunization record, consult notes.)
- Only information related to *(specify):* \_\_\_\_\_
- Only the period of events from: \_\_\_\_\_ to \_\_\_\_\_
- Entire medical record
- Exclusions    \_\_\_ AIDS/HIV test results, diagnosis, treatment, and related information  
                   \_\_\_ Drug screen results and information about drug and alcohol use and treatments  
                   \_\_\_ Mental health notes  
                   \_\_\_ Genetics testing

I understand that this authorization will expire 90 days from the date it is signed unless I have specified a different expiration date or expiration event as follows. \_\_\_\_\_

I understand that I may cancel this authorization at any time by notifying in writing the MAHEC Privacy Officer, 121 Hendersonville Road Asheville, NC 28803, and this authorization will cease to be effective on the date notified except to the extent action has already been taken in reliance upon it.

I understand that information used or disclosed by this authorization may be subject to re-disclosure by the recipient and may no longer be protected by federal or state laws.

I understand that MAHEC will not condition treatment or eligibility for care on the provision of this authorization except if such care is: (1) research related or (2) provided solely for the purpose of creating Protected Health Information for disclosure to a third party.

**By signing below, I acknowledge that I have read and understand this Authorization.**

<b>SIGNATURE OF PATIENT</b>	DATE
<b>SIGNATURE OF AUTHORIZED REPRESENTATIVE PATIENT, IF APPLICABLE <i>(State relationship to Patient)</i></b>	DATE
<b>WITNESS TO SIGNATURE, IF APPLICABLE</b>	DATE

*YOU ARE ENTITLED TO A COPY OF THIS AUTHORIZATION AFTER YOU SIGN IT.*