

Services for Older Adults Living in Henderson County

Name and Contact Information	Services offered, duration and frequency	Eligibility requirements	Cost and coverage
RESOURCES HELPING OLDER ADULTS LIVE INDEPENDENTLY			
Adult Day Care			
CarePartners Adult Day Services at Pardee (828) 697-7070, 114 College Dr., Flat Rock 28731 www.carepartners.org	Mon.–Fri., 7:30 am–6 pm Activities, personal care assistance, health services, dining, rehabilitation services	Adults with physical and cognitive impairments, age 18 +	Starts \$50/day; Medicaid CAP, VA coverage
PACE (Program of All-Inclusive Care for the Elderly) (828) 213-8442, 286 Overlook Rd. Asheville, 28803 lbaker-seseika@carepartners.org	Medicare program & Medicaid state option providing community based care & services to those who need skilled nursing	Age 55+; live in service area; eligible for skilled nursing; safe at home	Medicaid and Medicare; private pay
Caregiver Support, Caregiver Respite			
Alzheimer’s Association Western Carolina Chapter (800) 272-3900, www.alz.org/	Support groups, education, caregiver hotline	All caregivers of people with memory impairment	Free
Alzheimer’s Assn. Support Group, First United Methodist (828) 696-9799, 204 6 th Ave. West, Hendersonville Contact: Lisa Kauffman	Third Tuesday monthly, 3:30 – 5:00pm; education and support; respite care for care recipient.	All caregivers of people with memory impairment	Free
CarePartners Adult Day Services at Pardee Support Group (828) 697-7070, 114 College Drive, Flat Rock, 28731	Last Tuesday monthly, 3-4:30pm; Education, support and light refreshments	Open to the public	Free
Duke Family Support Program www.dukefamilysupport.org (919) 660-7510	Confidential personalized telephone & email support for caregivers	Family and professional caregivers living in NC	Free
Greenwood Inn, Black Mountain Center (828) 259-6900, 932 Old U.S. Hwy 70, Black Mountain, 28711 www.bmcnc.org/Services/Greenwood_Inn/greenwood_inn.htm bmc.info@dhhs.nc.gov	24/7 care by CNAs (supervised by professional staff); medication administration, first-aid, CPR, NCI & behavior management; incl. 3 meals	Adults with intellectual & developmental disabilities	\$40 / night (in addition to insurance billing)
Land-of-Sky Regional Council, Family Caregiver Support (828) 251-6622, 339 New Leicester Hwy, Asheville, 28806 http://www.landofsky.org/fcsp.html	Information, assistance, education and respite	Caregivers of one who is 60+ or has dementia; raising grandchildren	Free
Memory Café of Hendersonville (828) 489-6150, First Baptist Church of Hendersonville FBC Cross Walk Bldg. 577 Buncombe St., Hendersonville, 28739	Second Mon. of the month, 1:00 – 3:00pm Social support for people with memory loss and dementia and caregivers	People with memory loss and dementia & caregivers	Free
Memory Caregivers Network Support Group (828) 230-4143, Fletcher Seventh Day Adventist Church 1141 Howard Gap Rd., Fletcher, 28792	First Tuesday monthly, 1:00 – 3:00 pm Support & education for caregivers of people with memory loss; refreshments.	Caregivers of people with memory loss	Free and donations accepted
Memory Care Caregiver College (828) 771-2219, 100 Far Horizon Lane, Asheville, 28803 www.memorycare.org	Lecture series to improve caregiver understanding of dementia care; Caregiver Network providing peer support	Caregivers of people with dementia	\$85 for community members; free to MemoryCare clients
Memory Loss Collaborative Support Group Mud Creek Baptist Church, 403 Rutledge Drive, Hendersonville Cannon Hyde, (828) 230-4143, cannanhyde@att.net Mel Kelley, (828) 301-0529, avant_garden@msn.com	Facilitated support group for those who have received a diagnosis of memory loss;	People who have received a diagnosis of memory loss	Free

Project CARE (Caregiver Alternatives to Running on Empty) (828) 251-6622, www.landofsky.org/projectcare.html	Respite & case assistance for caregivers of persons with Dementia	Caregiver of person with dementia	Free
Senior Companions, Land of Sky Regional Council Vicki Jennings (828) 251-6622	Federally funded program to provide older adults with light personal care	Homebound, 60+	Free
Geriatric Case Management: Generally includes several of the following: home assessments, care coordination, counseling, support services, crisis assistance, family liaison and advocacy; those marked with an asterisk are Certified with the national association of professional geriatric care managers			
Aging Advocates, Barbara McCampbell * (828) 225-0790, P.O. Box 461, Asheville, 28802, www.agingadvocates.com			Private Pay, fee based on hourly rate
Beth Lamb, Transylvania Regional Hospital Home Care* (828) 883-5254, beth.lamb@msj.org			Private Pay, fee based on hourly rate
Holistic Elder Care Services, Karen Wolfrom* (828) 350-0579 seniorcaremanagementwnc@gmail.com , www.seniorcaremanagementwnc.com			Private Pay, fee based on hourly rate
Partnership for Independent Living, Suzanne Sherrill* 105 King Creek Blvd. Hendersonville, NC 28792, www.coahc.org			Free when eligibility requirements met
Premier Navigation, Lisa Laney* (828) 772-0002, www.premiercarenavigation.com , lisa@premiercarenavigation.com			Private Pay, fee based on hourly rate
Senior Care Consulting, LLC Spike Graham, (828) 337-1776, seniorcarewnc@gmail.com , www.seniorcarewnc.com			Private Pay, Fee based on hourly rate
Senior Care Management of WNC, Donna Nawrocki (828) 350-0579, seniorcaremanagementwnc@gmail.com , www.seniorcaremanagementwnc.com ,			Private Pay, fee based on hourly rate
WNC Geriatric Care Management* (828) 776-4269, 20 Harrison St., Asheville, 28801, www.wncgcm.com			Private Pay, Fees based on hourly rate
Community Alternatives Program (CAP) for Disabled Adults (DA) Park Ridge Home Care (828) 687-5261, 895 Howard Gap Rd, Fletcher 28732 www.parkridgehealth.org/node/848	Alternatives to Nursing Home Placement – case management, in-home aid, medical equipment, respite	Medicaid beneficiaries 18+, disabled, at risk for institutionalization	Medicaid
Home Health: patients must be homebound, have skilled need and physician order for insurance coverage. Home Health generally provides nursing, therapies, infusions services, wound care, medication management and more. Those marked with asterisk also provide non-medical home care.			
Pardee Home Health Services (828) 692-1846, 800 North Justice St., Hendersonville, 28791, www.pardeehospital.org			Medicare, Medicaid & Insurance
CarePartners Home Health Services* (828) 277-4722, 68 Sweeten Creek Rd., Asheville, 28803, www.carepartners.org			Medicare, Medicaid & Insurance
Gentiva Home Health (828) 298-1370, 9 Olde Eastwood Village Blvd., Asheville, 28803, www.gentiva.com			Medicare, Medicaid & Insurance
Maxim Healthcare Services* (828) 299-4388, 1269 Tunnel Rd., Asheville, 28805, www.maximhealthcare.com			Medicaid & Insurance
Park Ridge Health Home Health Program (828) 687-5261, 895 Howard Gap Rd., Fletcher, www.parkridgehealth.org			Medicare, Medicaid & Insurance
Home Care Services – Non-medical: Generally includes 24/7 personal care, assistance, assistance with ADLs, respite care, companion care,			

transportation assistance may also include care by CAN, medication management, dementia and end-of-life care.			
Advantage Care Services (828) 225-0810, 160 White St. Hendersonville, 28792, www.advantagecares.com		Private Pay, LTC Ins. Low income subsidy	
Always Best Care (828) 989-7263, 2 Town Square Blvd., Suite 344, Asheville, 28803, www.alwaysbestcarewnc.com		Private Pay, LTC Insurance	
Bayada Home Health Care (828) 696-1900, 711 Yarborough St., Unit B, Hendersonville, 28739, www.bayada.com		LTC Insurance, Medicaid CAP	
CarePartners Private Duty Services (828) 233-4777, 95 Francis Rd., Hendersonville, 28792, www.carepartners.org		Funding available to serve low income	
Compassionate Home Care (828) 536-9597, 735 6 th Ave. West, Hendersonville, 28739, www.compassionatehc.com		LTC Insurance and VA	
Interim Healthcare (828) 274-2082, 2 Walden Ridge Rd. Unit 20A, Asheville, 28803, www.interimhealthcare.com		LTC Insurance, VA, Medicaid CAP	
ResCare Home Care (828) 252-0891, 40 N. Merrimon Ave. Suite 309, Asheville, 28804, www.rescare.com		LTC Insurance, Medicaid, VA	
Home Watch Care Givers (828) 676-1585, 1977 Hendersonville Rd., Asheville, 28803, www.homewatchcaregivers.com		Private Pay & LTC Insurance	
Mountain Home Care (828) 684-6444, 2270 Hendersonville Rd., Arden 28704, www.mountainhomecare.com		Private Pay & LTC Insurance	
Seniors Helping Seniors (828) 236-0662, 20 Crestwood Rd., Asheville, 28804, www.seniorcareasheville.com		Private Pay & LTC Insurance	
Visiting Angels of Western North Carolina 828) 665-3944, 671 Brevard Rd., Asheville, NC 28806, www.visitingangels.com		Private Pay & LTC Insurance	
Home Repair			
Accessibility Modifications (828) 329-9851, Pisgah Forest, NC, 28767 www.accessibilitymodifications.net	Certified Aging in Place Specialist performing accessibility modifications	No eligibility requirements	Private pay
Essential Home Solutions, Inc. (828) 553-6488, 150 Pine Shore Dr. Brevard, 28712	Certified Aging in Place Specialist performing accessibility modifications	No eligibility requirements	Private pay
Handyman Matters of Western North Carolina (828) 698-5541, Hendersonville, 28739 www.wnc.handymanmatters.com , rickc@handymanmatters.com	Certified member of Accessible Home America, free home safety inspections and report; home repairs and modifications	No eligibility requirements	10% discount to senior citizens
Housing Assistance Corporation – Home Repair Program (828) 692-4744 x 103 602 Kanuga Rd. Hendersonville, 28739 www.housing-assistance.com kathleen@housing-assistance.com	Home repairs to eliminate health and safety hazards for low-income home owners in Henderson County	Low income, home owner and repairs are a health or safety concern	No cost to participate; donations accepted
Moore Home Services (828) 458-5527, 114 Foster Hill Drive, 28739	Certified Aging in Place Specialist performs inspections, modifications and repairs	No eligibility requirements	Private pay
Riddle Construction Company, Inc. (828) 692-0763, 732 Jonesborough St. Hendersonville, 28739	Certified Aging in Place Specialist performing all types of accessibility	No eligibility requirements	Private pay

www.riddleconstruction.com	modifications		
Vocational Rehabilitation & Independent Living (828) 692-9184, 578 Upward Rd. Unit 6, flat Rock, NC 28731 www.ncdhhs.gov/dvrs/	Home accessibility modifications provided to individuals who meet income guidelines	Diagnosed disability & Income guidelines apply	No or reduced cost based on eligibility
Physical Activity, Nutrition & Socialization			
Blue Ridge Center for Life Long Learning (828) 694-1700, 180 W Campus Dr., Flat Rock, 28731 www.brcll.com	Physical activity, socialization and educational opportunities	No eligibility requirements	\$70 lifetime membership
Henderson County Parks and Recreation (828) 697-4884, 708 South Grove St., Hendersonville, 28792 www.hendersoncountync.org/recreation	Senior Games, physical activity and socialization opportunities at centers in Edneyville and Hendersonville	No eligibility requirements	Minimal fees for some classes
Opportunity House (828) 692-0575, 1411 Asheville Hwy, Hendersonville, 28791 www.opportunityhouse.org	Physical activity, socialization and educational opportunities	No eligibility requirements	Membership fees start at \$40
Meals on Wheels, Council on Aging for Henderson County (828) 692-4203, 105 King Creek Blvd. Hendersonville, NC 28792 www.coahc.org	Hot nutritious meals delivered Mon. – Fri. between 10am – 12:30 pm to elderly homebound	People age 60+, homebound, not able to cook, application required	No payment required; donations accepted
Sammy Williams Center for Active Living, Council on Aging (828) 692-3320, 301 N. Justice St., Hendersonville, 28739 www.coahc.org/sammy-williams-center	Mon. – Fri., 10am – 2pm; Senior dining site, physical activity, socialization and educational opportunities	People aged 60+	Donations accepted
Transportation Assistance			
Apple County Transportation (a service of WCCA) (828) 698-8571, 526 7 th Ave. East, Hendersonville, 28792 www.wcca.net/transport.html	Mon. – Fri., 6:30am – 6:30 pm Public van routes, same day / next day medical, senior lunch program, shopping	No eligibility requirements	Adult fare: \$0.75 Medicare: \$0.35 Monthly pass: \$15
Henderson County DSS, Medicaid Transportation (828) 694-6163, 1200 Spartanburg Hwy, Hendersonville, 28792 www.hendersoncountync.org/dss/medicaid_trans.html	Mon. – Fri., 8am – 4:30pm Transportation to medical appts.; ; 3 day notice for local appts.	Medicaid recipients in Henderson County, living independently	No fee for transportation, Medicaid covered
Round-A-Bout (828) 253-0057, www.roundaboutwnc.com	Non-emergency transport for groups & individuals with mobility challenges	Available to anyone	Private pay & Medicare
SPECIFIC GERIATRIC SYNDROMES			
Advance Care Planning			
Four Seasons CFL – Hospice and Palliative Care (828) 692-6178, 571 South Allen Rd., Flat Rock, 28731 www.fourseasonscfl.org	Supporting in completing and obtaining advance care directives	No eligibility requirements	Free
Pisgah Legal, Elder Law Project (828) 253-0406, 440 S Church St, Hendersonville, NC 28792 www.pisgahlegal.org	Advance care planning support	Income eligibility requirements apply	Free
WNC Advance Care Planning Initiative (828) 257-4449, 121 Hendersonville Rd., Asheville, 28803	Advance Care Planning presentation & support in completing documents; training	No eligibility requirements	Free

www.mahec.net	for healthcare professionals		
Dementia Assessment			
Memory Care, Initial Evaluation Appointment (828) 771-2219, 100 Far Horizon Lane, Asheville, 28803 www.memorycare.org	Comprehensive information gathering; introduction to the staff members; clinical and caregiver evaluation	Referral from primary care physician or neurologist	Medicare, Medicaid & Insurance
Depression and Substance Abuse Resources			
NAMI Four Seasons 1-888-955-NAMI (6264), info@namifourseason.org www.namifourseasons.org	Mon. – Fri. 8:30 am – 3:00 pm; Mental health support, education, and advocacy	Families & individuals in Henderson county affected by mental illness	Most events and programs are free
Partnership for Pastoral Counseling (828) 275-7279, Asheville, 28815 www.ppcwnc.org	Pastoral Counseling open to people of all faiths – for individuals, couples & families	No eligibility requirements	Sliding fee scale
Smoky Mountain Center LME / MCO 1-800-849-6127 www.smokymountaincenter.com	Comprehensive health plan for those requiring mental health or substance abuse services	Those in need of mental health, substance use support	Medicaid and Private Insurance
Fall Prevention Services			
Housing Assistance Corporation – Home Repair Program (828) 692-4744 x 103 602 Kanuga Rd. Hendersonville, 28739 www.housing-assistance.com kathleen@housing-assistance.com	Home modifications and education for people at high risk for a fall	Low income and home owner	
Western North Carolina Fall Prevention Coalition (828) 251-7438 (through Land of Sky Regional Council) www.wncfallpreventioncoalition.org	Website includes screening, provider education, care transitions and community education resources	All	Free

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