

## Registered Dietitian

Licensed dietitians are experts in nutrition and dietetics who educate patients about dietary needs, provide resources for specific dietary restrictions, and develop nutrition plans to meet the specific needs of individuals. They play a key role in helping to improve the health and wellness of patients and can work in a variety of settings including hospitals, clinics, schools, correctional facilities, or counseling programs.

What can I do in High School?	What can I do in College?	What Other Schools in NC Offer This?
<ol style="list-style-type: none"> <li>1. Take the <a href="#">ACT</a> and <a href="#">SAT</a>. Verify individual school requirements to see if standardized tests are required.</li> <li>2. Complete the <a href="#">FAFSA</a> to determine eligibility for federal financial aid.</li> <li>3. Complete College Applications: <a href="#">The Common Application</a></li> <li>4. Ask for <a href="#">letters of recommendation</a>.</li> <li>5. Check out the <a href="#">CFNC</a>, a free resource that helps students plan, apply, and pay for college in NC.</li> <li>6. Be aware of transcripts and transfer credit such as: Early College, AP, IB, CLEP, or Transfer Credit.</li> <li>7. Participate in extracurricular activities such as: sports, jobs, clubs, organizations, and volunteering.</li> <li>8. Pay attention to deadlines and start planning early!</li> </ol>	<p>In North Carolina, to become a Registered Dietitian, you must:</p> <ol style="list-style-type: none"> <li>1. Complete an educational program certified by <a href="#">ACEND</a>. This can be a Bachelor's or Master's Degree. <a href="#">Western Carolina University</a> has a Bachelor of Science program in this field.</li> <li>2. Partake in a Dietetic Internship (DI) in North Carolina (unless you completed a Coordinated Program that includes internship hours. <a href="#">UNC</a> has a CP program). This qualifies you to sit for the exam to become a registered dietitian.</li> <li>3. <a href="#">Apply</a> for state license in North Carolina.</li> </ol>	<p><a href="#">Appalachian State University</a> Bachelor of Science in Dietetics</p> <p><a href="#">North Carolina Central University</a> Bachelor of Science in Nutrition and Dietetics</p> <p><a href="#">North Carolina A&amp;T University</a> Bachelor of Science in Food and Nutritional Sciences</p> <p><a href="#">University of North Carolina Greensboro</a> Bachelor of Science in Nutrition</p> <p><a href="#">East Carolina University</a> Bachelor of Science in Nutrition and Dietetics</p> <p><a href="#">Meredith College</a> Master of Science in Nutrition</p> <p><b>More Information?</b>  <a href="#">US Bureau of Labor Statistics</a>  <a href="#">How to Become a Registered Dietitian?</a>  <a href="#">My Next Move - Nutrition</a>  <a href="#">What's a Dietitian?</a></p>