

Preparing the next generation of physicians

We are a mission-focused residency program training the next generation of physician leaders to improve the health of our communities.



MAHEC Internal Medicine Residency Program

ASHEVILLE NC



Asheville, NC is a vibrant small city surrounded by the Blue Ridge Mountains in Western North Carolina. The city is well-known for its art deco style, live music, award-winning cuisine, craft breweries, outdoor recreation, and eclectic arts scene. Asheville frequently tops national and international lists of the most desirable places to live, work, and play.

250+ independent restaurants | An eclectic mix of excellence

Beer City USA | More microbreweries per capita than any other city

Outdoor recreation | Waterfalls, rivers, hiking trails and biking trails

North Carolina Arboretum | Acres of cultivated gardens and miles of trails

Asheville Regional Airport | Five airlines; 25 non-stop destinations

GO FROM LEARNER TO TEACHER/LEADER

in an internal medicine residency with nationally recognized faculty in the amazing city of Asheville, NC.

Curricular Highlights

Longitudinal curricula in:

- Resident as teacher
- Scholarship and research
- Quality improvement
- Wellbeing and resilience

The Program Evaluation and Research Department and the Library Science Department provide strategic support to those interested in conducting research.



Career and Practice Preparation

- POCUS training with progressive skills gained through the time in residency
- Procedure training with simulation and application on inpatient procedure rotation
- Code training longitudinal curriculum
- Individualized advising to help you set goals for growth
- Transition to practice rotations customized to future career preparation
- Billing and coding education
- Curriculum vitae and personal statement preparation
- Leadership skill building series for 3rd year residents



Simulation Center

Our 15,000 square foot center is located on MAHEC's campus and features task training and simulated patient and clinic rooms as well as conference rooms for debriefing. We also have a robust standardized patient program to enhance our simulated learning scenarios.



MAHEC Internal Medicine, housed in the Family Health Center building, is perfectly suited for practice and teaching. The beautiful 40,000 square foot outpatient facility is located five minutes from downtown and Mission Hospital. We have POCUS, on-site laboratory, x-ray, DEXA, retinopathy screening, and well-equipped procedure rooms. You will train in an array of specialty clinics within the Center, taught by our faculty, including:

Osteoporosis

Behavioral health

Hepatitis C

Medication Assisted Treatment

Nutrition

Procedures

Diabetes education

Sports medicine



Mission Hospital

- Daily meal stipend
- Free parking
- 815 licensed beds
- 94 ER bays
- 82 behavioral health beds
- State of the art ICUs
- Level I trauma center
- Quaternary referral system
- All specialties (except transplant)



Our Department of Internal Medicine has a strong academic partnership with UNC School of Medicine. In 2009, UNC SOM opened its Asheville Campus, housed at MAHEC, which provides clinical education for third- and fourth-year medical students at MAHEC, regional hospitals, and outpatient practices in Western North Carolina utilizing an innovative longitudinal curriculum. Our internal medicine residents are part of the education of these students as well as teaching fourth-year medical students from across the nation on electives and acting internships.

Benefits



Financial Benefits

- National Health Service Corps-approved site
- Public Service Loan Forgiveness eligibility
- Professional membership coverage
- License renewals
- Free parking
- Workers' Compensation
- Annual educational stipend (books, conferences, etc.)
- License reimbursement (Step 3 or COMLEX 3; valued at \$2,340 annually)
- AMBOSS question bank access
- ACP and WNC Medical Society memberships covered
- Orientation stipend
- Daily meal stipend at Mission Hospital
- Employer-paid liability insurance
- Resources to access credit union
- On-site continuing education programs with low or no fees



Growth and Wellness

- Competitive medical, dental, and vision insurance
- Free preventative care visits
- Employee Assistance Network
- Sponsored resident wellness events (e.g., pickleball tournaments, field days)
- Free on-site MAHEC gym with locker room and showers
- Teaching and leadership training retreats
- Lifestyle Medicine certification available
- Away rotations for fellowship opportunities



Convenience Benefits

- Work laptops provided
- MAHEC vehicles available for rural rotations
- Free on-campus parking
- Café on MAHEC campus (breakfast and lunch)
- Resident lounge with free food and beverages
- On-campus day care (\$30/day) at Mission Hospital
- Dragon Dictation for voice-to-text notes
- Access to private IM office workspaces
- Discount program for local businesses

About MAHEC

MAHEC is one of nine centers in the NC AHEC Program and serves the western part of our state.

The NC AHEC Program provides and supports educational activities and services with a focus on primary care in rural communities and those with less access to resources to recruit, train, and retain the workforce needed to create a healthy North Carolina.

MAHEC is a non-profit Federally Qualified Health Center (FQHC) look-alike and as such we provide comprehensive primary health care services that are responsive to identified health care needs to all persons regardless of ability to pay.

Our Regional Impact

FY 2025-2026

283,442 PATIENT VISITS

in our family medicine, internal medicine, psychiatry, ob/gyn, and dental clinics



\$4.3 MILLION

in prescription medications filled at no cost to eligible MAHEC patients

\$1.8+ MILLION

in charity care provided for our community



1,945

babies delivered

\$19.4 MILLION

received from philanthropy & local/state/federal awards



**774 EVENTS FOR
42,400 PARTICIPANTS**

in continuing professional development



**469 PROGRAMS FOR
9,400 PARTICIPANTS**

in our state-of-the-art simulation center

7 RURAL FELLOWS

placed in **5 counties** across Western North Carolina



7 RURAL TEACHING SITES

embedded in **8 counties** across Western North Carolina

**12,733 SCHOOL NURSE
encounters across 58 schools**



1,553 STUDENTS

provided with school-based therapy across **90 schools**

1,000+ GRADUATES

from our medical, dental, and pharmacy residency & fellowship programs **since 1978**



\$930 MILLION

in economic output generated for WNC by our program graduates **since 1978**

1,000+ STUDENTS

attended our high school-level health career programs



1,200+ EMPLOYEES

serving at MAHEC, including full-time & part-time positions