

Training to meet community needs



Family Medicine Residency Program



Asheville, NC is a vibrant small city surrounded by the Blue Ridge Mountains in Western North Carolina. The city is well-known for its art deco style, live music, award-winning cuisine, craft breweries, outdoor recreation, and eclectic arts scene. Asheville frequently tops national and international lists of the most desirable places to live, work, and play.

250+ independent restaurants | An eclectic mix of excellence
Beer City USA | More microbreweries per capita than any other city
Outdoor recreation | Waterfalls, rivers, hiking trails and biking trails
North Carolina Arboretum | Botanically diverse natural setting
Asheville Regional Airport | Six airlines; 26 non-stop destinations

Featured in:
THE 100 MOST LOVED TRAVEL DESTINATIONS
AROUND THE WORLD
Tourism Sentiment Index - February 2, 2023

THE 50 BEST PLACES TO TRAVEL IN 2023
Travel + Leisure - November 17, 2022

Our Mission

We train community-oriented family physicians by promoting sustainable and fulfilling careers as leaders among innovative healthcare teams. We do this in order to address evolving needs of Western North Carolina and improve quality and access to primary care for everyone.

In July 2023 we launched our Clinic First curriculum which maximizes continuity by utilizing a 2 x 2 schedule and teams made up of a PGY-1, PGY-2, and PGY-3. Residents stay with their clinic team throughout residency alternating between two week blocks of clinic with dedicated administrative time and two weeks of other rotations or elective time.

Curricular Highlights

- Weekly academic half days for didactics, simulation, and support groups
- Weekly administrative time during FHC blocks
- Weekly team meeting during FHC blocks
- Adult hospital medicine3 months
- Pediatric hospital medicine2½ months
- Labor and delivery2½ months
- Family practice service3 months (peds, medicine, obstetrics)
- Emergency medicine2 months (Level II Trauma Center, pediatric ED, and rural ED)
- Elective time6 months



Simulation Center

Our 15,000 square foot center is located on MAHEC's campus and features labor and delivery, task training, and simulated patient and clinic rooms as well as conference rooms for debriefing. We also have a robust standardized patient program to enhance our simulated learning scenarios.



Mission Hospital

- Daily meal stipend
- Free parking
- 815 licensed beds
- 94 ER bays
- 82 behavioral health beds
- 51 level III NICU bassinets
- Level II trauma center
- Quaternary referral system
- All specialties (except transplant)



The MAHEC Family Health Center, perfectly suited for the practice and teaching of family medicine, is a beautiful 40,000 square foot outpatient facility located five minutes from downtown Asheville and Mission Hospital. We have on-site laboratory, x-ray, mammogram, DEXA, retinopathy screening, and well-equipped minor-surgery rooms. You will train in an array of specialty clinics housed in the Family Health Center, taught by our faculty, including:

Osteoporosis
Vasectomy
Hepatitis C
Reproductive health

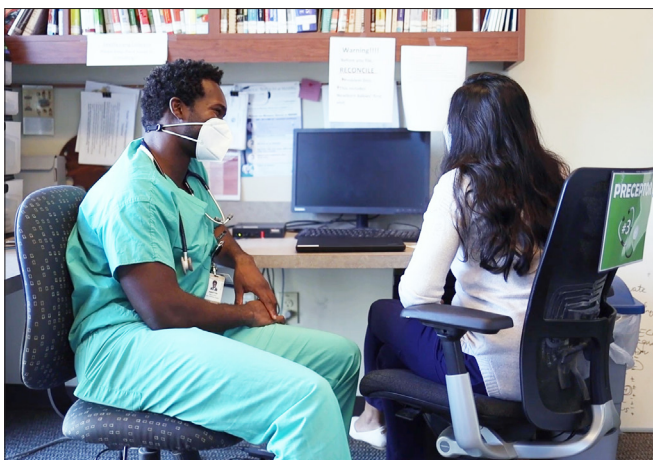
Medication Assisted Treatment
Nutrition
Lifestyle medicine
Procedures

Group visits
Dermatology
Sports medicine



Fellowship Opportunities

Sports medicine
Addiction medicine
Maternal child health
Unique make-your-own PGY4 year
Innovative rural fellowship
Integrated lifestyle medicine

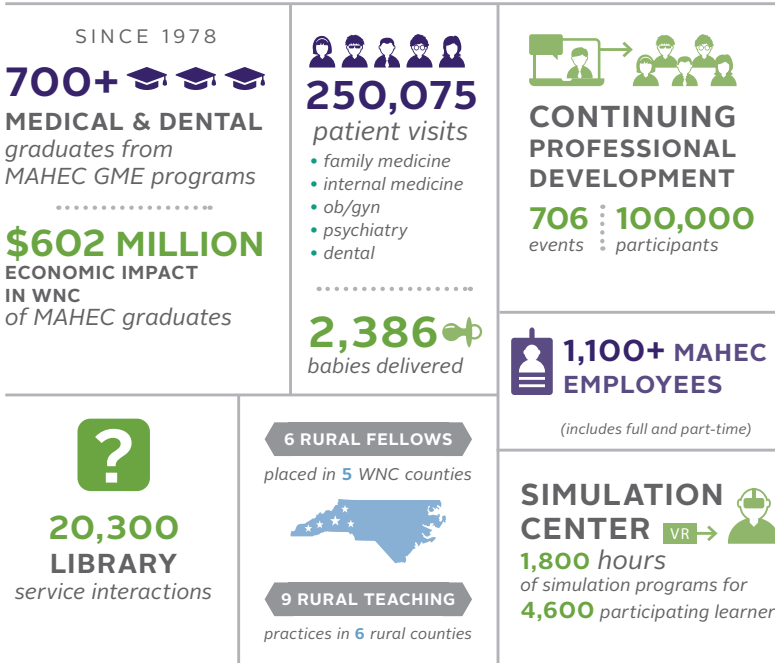


Our Department of Family Medicine has had an academic partnership with UNC School of Medicine for decades. In 2009, UNC SOM opened its Asheville Campus, housed at MAHEC, which provides clinical education for third- and fourth-year medical students at MAHEC, regional hospitals, and outpatient practices in Western North Carolina utilizing an innovative longitudinal curriculum. Our family medicine residents are part of the education of these students as well as teach fourth year medical students from across the nation on electives and acting internships.

MAHEC is one of nine centers in the NC AHEC Program and serves the western part of our state. The NC AHEC Program provides and supports educational activities and services with a focus on primary care in rural communities and those with less access to resources to recruit, train, and retain the workforce needed to create a healthy North Carolina.

MAHEC is a non-profit Federally Qualified Health Center (FQHC) look-alike and as such we provide comprehensive primary health care services that are responsive to identified health care needs to all persons regardless of ability to pay.

MAHEC by the Numbers:



At MAHEC Family Medicine Asheville, we enjoy rich, collaborative relationships with the other MAHEC Graduate Medical Education programs:

- Obstetrics & Gynecology
- Internal Medicine
- Psychiatry
- Pharmacology
- Dentistry
- General Surgery
- Transitional Year
- Fellowships
 - Sports Medicine - Asheville
 - Surgical Critical Care
 - Maternal Fetal Medicine
 - Consultation-Liaison Psychiatry
 - Child & Adolescent Psychiatry
 - Addiction Psychiatry
 - Sports Medicine - Boone
- Family Medicine - Boone
- Family Medicine - Hendersonville

We value our partnerships in service to our region including Mission Health (an operating division of HCA Healthcare) and the Dogwood Health Trust.



Dogwood Health Trust is a private, nonprofit foundation, created from the proceeds of the \$1.5 billion HCA purchase of Mission Health system, whose purpose is to dramatically improve the health and well-being of all people and communities in Western North Carolina. In 2022, the trust invested \$81 million in our communities



In 2022, Mission Health provided:

- \$300 million in financial assistance
- \$50,000 scholarship fund (new in 2022) for students attending nursing and allied health programs in WNC
- \$750,000 in charitable donations



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Learn more about our program at www.mahec.net

or visit us on Linktree

