

# Child Care Health Consultation in North Carolina

For Child Care Centers and Family Child Care Homes in Buncombe County



## Who are Child Care Health Consultants (CCHCs)?

CCHCs are trained health professionals with education and experience in both child and community health and early care and education. CCHCs work with programs to assess, plan, implement, and evaluate strategies to achieve high quality, safe, healthy child care environments.

Qualified CCHCs have completed the NC Child Care Health Consultant Training Course.

## What do CCHCs do?

- Assess health and safety environments in child care centers and homes
- Develop strategies for inclusion of children with special health care needs
- Support early educators in preventing and managing injuries and infectious diseases
- Connect early educators and families to community health resources
- Provide up-to-date information on regulations and best practices
- Provide health and safety technical assistance and training



## When should I call my CCHC?

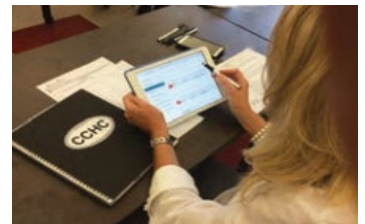
Call your CCHC when your facility has health and safety questions or concerns. Common topics include medication administration, exclusion requirements, NC child care regulations, assistance with a child with special health care needs, or a request for health and safety resources or training.

## Available Trainings

- ITS/SIDS
- Emergency Preparedness and Response
- Medication Administration
- Required health and safety topics
- Inclusion of children with special health care needs
- Emergency medications
- Sanitation
- Infant massage
- Breastfeeding friendly in child care

## What is the North Carolina Health and Safety Assessment (HSA)?

An NC HSA is an observational assessment of a classroom. When a health and safety concern is identified, a facility can request that an assessment be conducted by the CCHC to address the area(s) of concern. A Quality Improvement Plan is then developed. Results of the plan and assessment are shared only with the facility.



## Buncombe County Contact Information



Chrissy Wolfe  
828-424-0562  
Chrissy.Wolfe@mahec.net



Rita Phillips  
828-772-0504  
Rita.Phillips@mahec.net

The North Carolina Child Care Health and Safety Resource Center  
www.healthychildcarenc.org • 800.367.2229

Department of Maternal and Child Health, UNC Gillings School of Global Public Health