★ GOOD FOR YOU, GOOD FOR THE PLANET ★

## Small Plates & Organic Wines

with special guest

speaking on the relationship between food, disease prevention and anti-aging

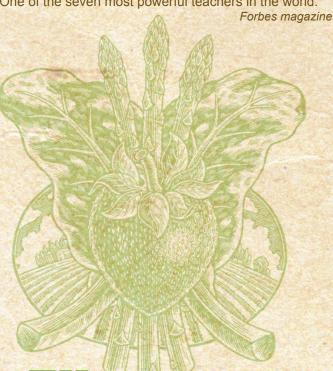


Thursday

Lecture, Q&A and Book Signing

Best-selling author of: Dr. Dean Ornish's Program for Reversing Heart Disease; Eat More, Weigh Less; Love & Survival;

"One of the seven most powerful teachers in the world."



Reception Dr. Ornish

Asheville Community

Tickets available through the ACT box office. Ph: (828) 254-1320 http://tinyurl.com/OrnishEvening











