



The MAHEC Medical Mentoring Program “M3P”

An internship designed for high school seniors who have a serious interest in a career as a healthcare professional

M3P interns have the opportunity to shadow physicians, physician assistants, nurses, community health workers, and many other allied health professionals in both the inpatient and ambulatory settings. This program provides 135 credit hours for one semester, and has been approved by Asheville City and Buncombe County high schools as an honors-level course.

Participants also receive educational lectures from healthcare administrators and leaders who are committed to developing the healthcare workforce. This exposure to multiple career paths allows students to narrow their focus within a particular area of healthcare.



Bryanna Williams, PA

Physician Assistant

Emory University graduate

M3P 2011-2012

Shadowing opportunities:

- Dentistry
- Pharmacy
- Physical Therapy
- Family Medicine
- Internal Medicine
- Obstetrics and Gynecology
- Psychiatry
- Endocrinology
- Cardiology
- and many more...

Eligibility & Requirements:

- High school juniors and seniors
- Desire to pursue a career as a healthcare professional
- Minimum weighted grade point average of 3.0
- Attend an Asheville City, Buncombe County or Henderson County public school
- Letters of recommendation (at least one by teacher)
- Active record of work and/or community service
- Access to reliable transportation



M3P interns 2025-2026

For more information, interested students should contact:

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www.mahec.net/MMMP



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