



Finding Balance Amid Constant Change

May 1-3, 2024

NCASPPB DETAILS

NCASPPB (C): North Carolina Addictions Specialist Professional Practice Board has approved this workshop for up to 15.5 hours (SS, GSB, and specialty hours including ETHICS, EBT, CSS, PSY and HIV hours available based on sessions attended).

[C = Combination of Substance Abuse Specific and General Skill Building]

PRECONFERENCE - Wednesday, May 1st

9:00 am - 4:30 pm (6.0 Hours)

CREDITS BY SESSION:

- | | | |
|--------------------|--|--|
| Choose one: | 1A. Rewiring for Recovery3.0 hours SS (PSY) | |
| | 1B. Ethical Obligations in a World of Change3.0 hours GSB (ETHICS) | |
| Choose one: | 1C. Empowering Women in Recovery: Peer Support Supervision Strategies.....3.0 hours SS (CSS) | |
| | 1D. "Harm Reduction 101"3.0 hours SS (EBT) | |

MAIN CONFERENCE - Thursday, May 2nd

Track 1: General Track 9:00 am - 4:30 pm (6.0 Hours) | Track 2: DHHS 9:00 am - 4:00 pm (5.5 Hours)

All attendees:

Opening Keynote: Pregnancy and After Delivery: A Challenging Time of Change..... 1.5 hours SS

- | | | |
|-------------------------|--|--|
| Choose Track One | Track One - General.....4.5 Educational Hours TOTAL | |
| | 2A. The Argument: Releasing Ambivalence and Self-Sabotage 1.5 hours GSB | |
| | HIV/STI Updates for Substance Use Professionals.....3.0 hours SS (HIV) | |
| or | | |
| Track Two: | Track Two - DHHS.....4.0 Educational Hours TOTAL | |
| | 2B. Will I Ever Make it "Home:." Understanding the Co-Occurring Recovery Journey among Women at the Time of Reentry..... 1.0 hour SS (PSY) | |
| | Fetal Alcohol Spectrum Disorders: Finding the Balance Between Prevention and Support. 1.0 hour SS | |
| | Women and Medications for Opioid Use Disorder (MOUD) 1.0 hour SS (EBT) | |
| | The Sobriety Treatment and Recovery Teams Model: Improving Outcomes for Buncombe County Families..... 1.0 hour SS (EBT) | |

MAIN CONFERENCE - Friday, May 3rd

9:00 am - 12:45 pm (3.5 Hours)

All attendees:

Update from the State: Women's SUD Treatment in NC0.25 hour SS
 Hope, Resilience, Healing, and Health: Living Empowered Amid Change 1.25 hours SS (PSY)

- | | | |
|--------------------|--|--|
| Choose one: | 3A. Keys to Maintaining Balance: Staying Centered and Thriving in a Chaotic World.....2.0 hours SS | |
| | 3B. Maintaining a Teeter-Totter Balanced Lifestyle: Anchored in Serenity and Hope2.0 hours GSB | |

Guide to Abbreviations:

S or SS = Substance Abuse Specific Training
 G or GSB = General Skill Building Training
 C = Combination of Substance Abuse Specific and General Skill Building

ETHICS = Ethics
 EBT = Evidence-Based Treatment
 HIV = HIV/AIDS/STD/TB/Bloodborne Pathogens
 PSY = Psychopathology Training
 CSS = Clinical Supervision Specific Training