



THE 2ND ANNUAL STATEWIDE CELEBRATION OF

Rural Nursing

NOVEMBER 30, 2018 | 8:00 am - 5:00 pm

8

CONCURRENT CONFERENCE LOCATIONS!



STATEWIDE

On Friday, November 30, 2018, all nine NC AHECs will host eight concurrent conferences for nurses serving rural North Carolina. Two statewide broadcast keynote addresses will link all the regions together. Each AHEC will offer additional live, on-site presentations that focus on regional topics. Nurses will have the opportunity to connect with colleagues in their region.

IN CHEROKEE AND HENDERSONVILLE

Sessions at the Cherokee and Hendersonville sites, organized by Mountain AHEC (MAHEC), focus on gerontology and the influence of Native American culture, generational care for rural families, and reaching rural health nurses.



CHEROKEE INDIAN HOSPITAL
One Hospital Drive
Cherokee, NC 28719
(MAHEC)

BLUE RIDGE COMMUNITY COLLEGE
Health Sciences Center
805 6th Avenue West
Hendersonville, NC 28739
(MAHEC)

Isothermal Community College,
Spindale - Charlotte AHEC

Watauga Medical Center, Boone -
Northwest AHEC

Robeson Community College,
Lumberton - Southern Regional AHEC

William F. Andrews Conference
Center, Raleigh - Area L, Greensboro &
Wake AHECs

The Education Center at Eastern
AHEC, Greenville - Eastern & South
East AHECs

YMCA at the Pines, Elizabeth City -
Eastern AHEC

OBJECTIVES

Upon completion of this educational activity, the participant will be able to:

- Discuss the importance of the Healthy Nurse, Healthy Nation initiative and how it is leading the way to better health.
- Identify effective strategies to promote culture of health for nurses in yourself, agency, and community.
- Identify effective ways to help prevent suicide.
- Utilize background information on American Indian/Alaskan Native (AIAN) elder populations and disparities to improve patient care.
- Demonstrate health educational outreach capacity of Project ECHO to reach rural and underserved nursing areas in Western North Carolina.

AGENDA

8:00 – 9:00 am

Registration & Light Breakfast

9:00 - 9:15 am

NC AHEC Welcome & Greetings
Karen Stallings, MEd, RN, FAAN

9:15 – 10:45 am

Healthy Nurse, Healthy Nation
Ernest Grant, PhD, RN, FAAN

Building a Culture of Health for Nurses
Connie Mele, MSN, RN, PMHCNS-BC, LCAS, CARN-AP, NE-BC, FIAAN

**BROADCAST
STATEWIDE**

10:45 am – 11:00 am

Break

11:00 am – 12:00 pm

Generational Care for Rural Health Families and Communities
Lisa Leatherwood, MSN, RN, G-CNS, BC, NHA

12:00 - 1:00 pm

Networking Lunch (provided)

1:00 – 2:30 pm

Rural Nursing Can Make a Difference: Preventing Suicide in North Carolina
Jodi Flick, ACSW, LCSW

**BROADCAST
STATEWIDE**

2:30 – 2:45 pm

Break

2:45 – 3:45 pm

Project ECHO: Reaching Our Rural Health Nurses
Lourdes Lorenz-Miller, RN, MSN, NEA-BC, AHN-BC

3:45 – 4:45 pm

Gerontology and the Influence of Native American Culture
Dr. Blythe Winchester, MD, MPH, CMD

4:45 – 5:00 pm

Q&A

5:00 pm

Adjourn

STATEWIDE PRESENTERS



ERNEST GRANT, PhD, RN, FAAN

Vice President &
President-Elect
American Nurses Association



**CONNIE MELE, MSN, RN, PMHCNS-BC,
LCAS, CARN-AP, NE-BC, FIAAN**

Consultant & Behavioral
Health Therapist



JODI FLICK, ACSW, LCSW

Clinical Associate Professor &
Education Specialist
UNC-Chapel Hill School of Social Work

LOCAL PRESENTERS

**LISA LEATHERWOOD
MSN, RN, G-CNS, BC, NHA**

Administer of Nursing
Silver Bluff Village, Canton, NC

**LOURDES LORENZ-MILLER
RN, MSN, NEA-BC, AHN-BC**

**DR. BLYTHE WINCHESTER
MD, MPH, CMD**

Geriatric Medicine Specialist
Cherokee Indian Hospital

THE DETAILS

TARGET AUDIENCE

All registered nurses and licensed practical nurses living in or providing care to rural North Carolina.

CREDIT

6.25 CNE Contact Hours

Mountain Area Health Education Center (MAHEC) is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants must attend the entire activity to receive credit. No partial credit is given for this activity.

CEUs

MAHEC designates this continuing education activity as meeting the criteria for 0.6 CEUs as established by the National Task Force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

Visit **mahec.net** or call **828-257-4475** if you have questions.

REGISTRATION

The registration fee is **\$55.00** and includes administrative costs, educational materials, light breakfast, and lunch.

To register for the 2nd Annual Statewide Celebration of Rural Nursing on Friday, November 30, 2018, visit

mahec.net/event/56789

OR fill out and mail this registration form, along with payment, to the address below:

Attn: Registration
121 Hendersonville Rd.
Asheville, NC 28803

By attending this event, I acknowledge that MAHEC staff and/or their designees, including news media, may take general (not close-up) photos or videos of this event for marketing/publicity purposes, and I further allow my likeness to be used in this manner. If I do not wish to appear in these photos or videos, I understand that it is my responsibility to notify MAHEC staff so my preference can be met.

Please bring a sweater or light jacket for your comfort.

detach

THE 2ND ANNUAL CELEBRATION OF RURAL NURSING, NOVEMBER 30, 2018

Select Your Event Location

- ☐ **Cherokee Indian Hospital**
☐ **Blue Ridge Community College**

☐ Updated Contact Information

NAME _____

CREDENTIALS _____

OCCUPATION _____

EMAIL _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME COUNTY _____

PHONE _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ STATE _____ ZIP _____

WORK COUNTY _____

REGISTRATION FEE | \$55

☐ Check Enclosed (Make check payable to MAHEC)

☐ Visa ☐ Mastercard ☐ Discover ☐ AmEx

ACCOUNT # _____

EXP. DATE _____ CVV (code on back of card) _____

NAME ON CARD _____

SIGNATURE _____

DIETARY PREFERENCES

☐ Vegetarian

☐ Vegan

☐ Gluten-Free

Send completed registration form to:

Attn: Registration
121 Hendersonville Rd.
Asheville, NC 28803