

6TH ANNUAL  
NC AHEC STATEWIDE CELEBRATION OF

# Rural Health Nursing

CONFERENCE



**NC AHEC**

## Care Across the Lifespan

Thursday, November 9, 2023 | 8 AM – 3 PM

Live Webinar

[Register Now](#)

Building on the *2022 Annual Celebration of Rural Nursing*, this year's conference will focus on key topics that cover demographics from the infant to end-of-life healthcare spectrum for each generation. Content experts will discuss topics relevant to prevention and compassionate care for rural health disparities across the lifecycle. Program education topics will include: Infant mortality, adverse childhood experiences (ACES), suicide prevention for youth and adults, advance care directives, and hospice & palliative care. Testimonial video vignettes to feature rural nurses' stories of caring for their communities will be provided by a NC rural nurse and Global Rural Nursing Exchange Network.

Based on an integrated-approach curriculum design for our 2023 conference, nurses will be able to learn more about applying the evidence-based 2022 Rural Health Framework for assessing unique rural health issues in the communities they serve for each generation and topic throughout the program agenda.

**This program is jointly provided by  
all nine Area Health Education Centers (AHECs)  
and supported by NC AHEC Nurse Council.**

Direct inquiries:

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Your Logo Here



**Rural Health Framework & Case Studies (Co-author of *Rural Health: A Framework for Understanding the Issues and Their Impact on Rural Populations*)**

Maria Castillo Clay, PhD  
*Department Chair, Bioethics & Interdisciplinary Studies,  
Director, Office of Clinical Skills Assessment & Education,  
East Carolina University*



**Rural Health Framework & Case Studies (Co-author of *Rural Health: A Framework for Understanding the Issues and Their Impact on Rural Populations*)**

Rebecca Lewis, MPH, MSN, RN  
*Part-time Instructor, Bioethics & Interdisciplinary Studies,  
East Carolina University*



**NC Maternal and Infant Health**

Tara Owens Shuler, MEd, LCCE, CD(DONA)  
*Branch Head: Maternal Health Branch, Women, Infant and Community Wellness  
Section,  
Division of Public Health, NC DHHS*



**NC Maternal and Infant Health**

Shelby Weeks, MHS  
*Branch Head: Infant and Community Health Branch, Women, Infant and  
Community Wellness Section,  
Division of Public Health, NC DHHS*



**Acing ACES: Winning Strategies for Adverse Childhood Experiences in Rural Communities**

Patty Collins, MAEd, BSN, RN  
*Director of Nursing, Continuing Professional Development and Student Training,  
Area L AHEC*

# 6th Annual NC AHEC Statewide Celebration of Rural Health Nursing Conference



## Suicide Prevention: Youth and Adults

Victoria Soltis-Jarrett, PhD, PMHCNS/NP-BC, FAANP, FAAN  
*Carol Morde Ross Distinguished Professor,  
UNC Chapel Hill School of Nursing*



## End-of-Life Doulas: Helping to Complete the Life Cycle

Trish Rux, RN, End-of-Life Doula  
*Faculty of the Conscious Dying Collective*



## The Challenges of Hospice and Palliative Care in Rural Health Settings

Dwan Kelsey, MSN, RN, ANP-C  
*Associate Director of Education & Nurse Practitioner  
Transitions Life Care*

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## Credit

### 5.75 Nursing Contact Hours

Mountain Area Health Education Center (MAHEC) is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

### 5.75 Contact Hours / 0.6 CEUs

## Registration Fee

**\$35.00** Early Registration before October 26, 2023

**\$50.00** Regular Registration

## QR Code for Registration

