MAHEC and SEAHEC takes great pride in providing a wide variety of continuing educational topics that are presented in multiple formats, both live and on-line. Discover how this easy-to-use, cost effective, on-line, 12 month, Virtual Nursing Grand Rounds program can assist nurses in meeting their continuing nursing education requirements. Each month will focus on a specific “hot” topic within nursing that will equip both urban and rural nurses with up-to-date knowledge, resources and educational experiences to optimize their professional performance and practice. Attendees will have one month to complete each separate on-line continuing education offering and corresponding pre-test.

**AUDIENCE**
Nurses, LPNs, and advance practice RNs

**REGISTRATION FEE**

🌟 $5 per 1-hour module

**MODULE 7**  
**Caring for the Person with Dementia**  
1-hour module available anytime between **July 1 - 28, 2016**

Caring for a loved one with dementia poses many challenges for families and caregivers. People with dementia from conditions such as Alzheimer’s and related diseases have a progressive biological brain disorder that makes it more and more difficult for them to remember things, think clearly, communicate with others, or take care of themselves. In addition, dementia can cause mood swings and even change a person’s personality and behavior. This one hour, on-line continuing education program will focus on dementia and communication skills that can help the person to retain their sense of identity and feelings of self-worth by focusing on what they can do, not what they can’t do.

**OBJECTIVES**
Upon completion of this educational activity, the participant will be able to:
- Define typical changes in cognition, behavior, and function in those individuals with dementia
- Review principles of communication and non-pharmacologic management of dementia related behaviors

**MODULE 8**  
**Breastfeeding 101: What is It and Why Should I Care?**  
1-hour module available anytime between **August 1 - 29, 2016**

This one hour, on-line course will provide an overview of evidence-based breastfeeding strategies that support exclusive breastfeeding for the healthy full-term infant. The course will focus on: (1) assisting with the establishment of breastfeeding, (2) assuring that the infant is receiving adequate nutrition, (3) and, anticipatory guidance for concerns experienced in the early days of breastfeeding.

**OBJECTIVES**
Upon completion of this educational activity, the participant will be able to:
- Explain the benefits of breastfeeding for infants, mothers, and society
- Discuss methods to reassure mothers that their baby is receiving adequate nutrition

**MODULE 9**  
**A Shield of Protection-HPV Vaccine and Cancer Prevention**  
1-hour module available anytime between **September 1 - 28, 2016**

This one hour, on-line program will focus on increasing the awareness of HPV infections, associated cancers and the CDC recommendations on administrating the HPV vaccinations to 11 and 12 year old males and females as well as “catch-up” vaccinations for adolescents and young adults.

**OBJECTIVES**
Upon completion of this educational activity, the participant will be able to:
- Describe the burden of HPV and the importance of vaccination for cancer prevention
- Explain the rationale and recommendations for administering the HPV vaccine to boys and girls aged 11-12 years of age
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