DESCRIPTION

What do you say when the unthinkable happens, and a child dies?

This one-day workshop provides participants with specific knowledge of the grief process as it pertains to perinatal loss and infant death, understanding the uniqueness of stillbirth and perinatal/neonatal mortality. This course will facilitate a relationship-based approach to perinatal/neonatal family-centered bereavement care.

Building on the foundation of evidenced-based techniques, we will increase your sense of competence and comfort providing care in these circumstances, prevent compassion fatigue, and initiate the healing process with families. Using resilient grief theory, you will gain enhanced skills for providing compassionate companioning to families experiencing early pregnancy loss, stillbirth, or neonatal death. Critically examining the language used for families experiencing losses provides an opportunity to self-reflect and positively impact the experience of families. Gaining bereavement skills can make a difference in your patient’s social-emotional and physical ability to recover from perinatal/neonatal death.

AUDIENCE

Our target audience includes physicians, nurses, EMTs, behavioral and substance use professionals, social workers, teachers, chaplains, pastors, and lay minsters.

OBJECTIVES

Upon completion, participants will be able to:

• Define the Infant Mortality “Standard of Care”
• Identify the cost of infant mortality to NC
• Define normal, complex grief, and the phases of bereavement
• Describe the differences between infant and child death
• Implement family-centered bereavement
• Increase communication skills for bereavement care
• Recognize compassion fatigue

PROGRAM

$65.00 Program Fee
$50.00 Group Rate (five or more individuals from the same agency, registering and paying at the same time)
FREE MAHEC Employees and MAHEC Residents (must register to attend; must attend the entire event)

CLICK HERE TO REGISTER

YOU MAY ALSO BE INTERESTED IN:

Annual Neonatal-Pediatric Spring Symposium:
Focus on Children’s Health Emergencies
(Risks, Responses, and Resources)

Tuesday, October 6, 2020

Join us for a full-day, interactive workshop featuring infant and child emergencies across the developmental spectrum. We will engage in simulation scenarios to update clinical skills in responding to behavioral crisis, opioid OD, airway AFB, compartment syndrome, newborn trauma, child abuse, seizures, and much more! Together, we will explore clinical recognition and resources for families to ensure they experience the best of interdisciplinary, trauma-informed care in all practice settings.

CLICK HERE TO LEARN MORE
**AGENDA**

8:00–8:30 Registration/Check-in

8:30–9:30 “Standard of Care” and Theoretical Framework for Perinatal/Neonatal and Pediatric Bereavement

9:30–10:30 State of the State: The Cost of Infant Mortality on NC

10:30–10:45 Break

10:45–12:15
- Understanding Normal/Complex Grief
- Attachment, Bonding, and Phases of Bereavement
- Communicating with Bereaved Families

12:15–1:00 Break

1:00–3:00
- Theoretical Framework for Interventions
- Why Infant Death and the Grief Response is Different
- Communicating with Bereaved Families

3:00–3:15 Break

3:15–4:30 Assessing Compassion Fatigue

4:30 Adjourn

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**REGISTRATION**

Early registration deadline: September 28, 2020

The aforementioned fees include administrative costs and educational materials. If your registration is received after the deadline, the total will be the registration fee + $15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations that are received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Unless otherwise noted in course materials, the following cancellation policy applies to all programs:
- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum $25 cancellation fee
- No refunds or credits will be given for cancellations received less than 2 full business days prior to the event
- No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)

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**FACULTY**

**Katherine Hyde-Hensley, MS, LCMHC-A**

is a Licensed Professional Counselor and Perinatal Bereavement Consultant. Katherine earned her BS in Public Health and Child Development and her MS in Clinical Mental Health from Walden University. She is a Certified Birth and Postpartum Doula (DONA), Resolve Through Sharing Perinatal Bereavement Trainer, Perinatal Loss Doula (LDI), and skilled in Palliative Care from Harvard Medical School. Katherine brings a broad range of experience and knowledge in the areas of birth, postpartum, child development, infant death, and grief. As a Case Manager, she worked extensively with healthcare professionals, grieving parents, and their families. She is also the Carolina Chapter Consultant with Star Legacy Foundation grounded in healthy pregnancy outcomes and stillbirth prevention. Star Legacy Foundation provides education, research, family support, awareness, and advocacy regarding pregnancy loss and neonatal death. Katherine was transformed in 2005 by the Sudden Intrauterine Fetal Death of her daughter, Helen. She has combined her personal and professional experiences to improve the lives of infants, children, and families across WNC. Through her own life experiences, she aspired to serve Asheville with bereavement counseling, supporting individuals and families to discover strengths, build resilience, and manage difficult life transitions. Katherine lives in Asheville, NC, with her husband and four children.

**Meagan Lyon Leimena, MSW, MPH**

earned a Bachelor of Arts degree in Sociology from the University of Dayton, a Master of Public Health degree with a concentration in Maternal and Child Health from The George Washington University, and a Master of Social Work degree from New York University, where she was a Zelda Foster MSW Fellow in Palliative and End-of-Life Care. She also completed a Social Work Palliative and End-of-Life Care Fellowship at Beth Israel-Mt. Sinai Hospital in New York City. Working as a social work consultant, Meagan is able to explore a range of issues at the intersection of maternal and child health and palliative care. This includes working as a contract social worker for Nathanson Adoption Services, serving as Co-Executive Director of Babies Need Bottoms (the only diaper bank in WNC), writing, and teaching. She presents at national conferences, has co-authored several peer-reviewed articles and book chapters, and most recently is the co-editor of *Palliative Care: A Guide for Health Social Workers*, published by Oxford University Press in 2019. Using a life-course perspective and a social justice framework, Meagan is most interested in the unique needs and opportunities experienced during the perinatal period and the ways communities can join with families during this powerful time.

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NAADAC: This course has been approved by Mountain Area Health Education Center (MAHEC), as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #165445. MAHEC is solely responsible for all aspects of their programming. Approved for 6.75 hours.

NBCC: Mountain Area Health Education Center (MAHEC) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5514. Programs that do not qualify for NBCC credit are clearly identified. MAHEC is solely responsible for all aspects of their programming. Approved for 6.75 hours.

Continuing Medical Education
Accreditation: Mountain Area Health Education Center (MAHEC) is accredited by the NC Medical Society (NCMS) to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live activity for a maximum of 6.75 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the activity.

6.75 CNE Contact Hours
Mountain Area Health Education Center (MAHEC) is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. Credit is commensurate with participation.

Psychologists: Mountain Area Health Education Center (MAHEC) is recognized by the North Carolina Psychology Board as an approved Provider of Category A Continuing Education for North Carolina Licensed Psychologists. Approved for 6.75 hours Category A.

CEUs: Mountain Area Health Education Center (MAHEC) designates this live continuing education activity as meeting the criteria for 0.7 CEUs as established by the National Task Force on the Continuing Education Unit.

Contact Hours: Mountain Area Health Education Center (MAHEC) designates this live continuing education activity as meeting the criteria for 6.75 contact hours.

PEDIATRIC/NEONATAL BEREAVEMENT TRAINING:
Supporting Recovery from Unthinkable Loss
OCTOBER 5, 2020 VIA LIVE WEBINAR

$65.00
$80.00 if after 9/28/2020

*Must register in order to attend and must attend the entire event.

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

HAVE A QUESTION?
Contact the Program Planner
Scott Melton, MDiv
scott.melton@mahec.net or 828-257-4402

REGISTRATION INFORMATION
828-257-4475
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