

BALANCED MAN PLAN: HEALING AT HOME

Attend via Webex

JUNE 12 | JUNE 26 | JULY 10



LOCATION	Join via Webex (all three modules)
MODULE 1	Friday, June 12, 2020
LOG-IN	8:45 am–9:00 am
PROGRAM	9:00 am–1:15 pm
MODULE 2	Friday, June 26, 2020
LOG-IN	8:45 am–9:00 am
PROGRAM	9:00 am–1:15 pm
MODULE 3	Friday, July 10, 2020
LOG-IN	8:45 am–9:00 am
PROGRAM	9:00 am–1:15 pm

ATTEND ONE, TWO, OR ALL THREE MODULES

\$79.00	Module 1, 2, OR 3
\$59.00	5 Or More From Same Agency (must register at the same time)
\$39.00	Students (must show student ID at check-in) & Peer Support Specialists
\$99.00	All 3 Modules ← Best Value!
FREE	MAHEC Employees (must register to attend)

[CLICK HERE TO REGISTER](#)

SERIES DESCRIPTION

Amid a worldwide pandemic, societal pressures on men are uniquely intensified. Diverse, and often conflicting multicontextual identities are frequently held by men and boys throughout their lifespans. Logan Cohen, a well-known marriage and family therapist who specializes in helping men find balance, explains how “gender bias” creates “gender role strain” for men and boys, often leading to the dangerous mix of expectations commonly known as “toxic masculinity.” Logan takes a multicontextual approach as he counsels clients in therapy and assists other therapists in supervision. His approach is highly-relevant, ethically sound, and takes into account a variety of settings and venues. The multicontextual view of psychological development highlights the fact that many facets of people’s lives intersect and overlap with one another, including physical, biological, cognitive, social, spiritual, and historical dimensions.

AUDIENCE

The target audience consists of mental health professionals including psychologists, licensed professional counselors, licensed clinical social workers, marriage and family therapists, school counselors, educators, and other professionals interested in this subject.

ATTEND ONE, TWO, OR ALL THREE MODULES

A MAHEC “Just in Time” Presentation. Get the credits you need while empowering your practice!

MODULE 1

Transforming “Toxic Masculinity” into “Full Humanity”

This module focuses on treating “toxic masculinity” by re-introducing men to “full humanity.” It also explores “masculinity” as a social construct, applying a multicontextual approach to enhance cultural competence, ethical practice, and genuine empowerment.

Upon completion of this module, participants will be able to:

- Describe aspects of masculine identity across stages of a lifespan, discerning the difference between “gender” and “sex”
- Explain unique experiences with “toxic masculinity” that men and boys may experience during multiple phases of life
- List ways to optimize health and wellness of men and boys in development across the lifespan
- Describe how therapists may address individual health and educational concerns using a male-affirming approach with clients
- Explain how complex intersections of privilege and oppression influence multiple identities for men and boys and discuss a culturally affirming view for engagement
- Describe strategies for mitigating risk of harm to self and others through active, honest engagement

MODULE 2

Fostering Male Health in Family Systems

This module focuses on treating “toxic masculinity” using a Family Systems Approach. Strategies that foster genuine male individuality, flexible family roles, and full humanity are integrated and promoted with the context of diverse family units. It’s a cornerstone to ethical practice in working with men and boys in a family setting. This module expands far beyond the stereotypical role of “provider and protector” to create more realistic, holistic gender norms, allowing men and boys to more effectively access solutions and heal at home.

Upon completion of this module, participants will be able to:

- Describe the importance of male friendship and how to help men and boys develop satisfying, genuine friendships with other men, to enhance social support, affirm a sense of love and belonging, and simultaneously enhance life within family systems
- Discuss outdated patterns in which the romantic or intimate lives of men may reinforce toxic gender roles
- List natural interventions congruent with full humanity, healthy romance, and genuine intimacy for men and their partners
- Describe elements associated with men’s long term health and wellness

MODULE 3

Helping Men Heal from Institutionalized “Toxic Masculinity”

This module focuses on helping men heal from “toxic masculinity” of an institutional nature, often blindly fostered within community, educational and professional settings.

Upon completion of this module, participants will be able to:

- Explain how educational systems may reinforce “toxic masculinity” without active intervention
- Describe how to help men and boys embrace a full range of human growth experiences, setting the stage for healthy academic and professional involvement, healthy social relationships, and success in shared community spaces
- Discuss the impact of “toxic masculinity” on community health, including violence, healthcare costs, substance use, and suicide
- Explain strategies for increasing critical awareness of key issues related to male health so men and boys may access a full range of coping skills and healing options
- In the context of providing truly ethical care, identify and recognize therapist biases which may block effective treatment and restrict positive outcomes for male clients by unknowingly locking them into unhealthy gender roles

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FACULTY

Logan Cohen, MA, LMFT, is a Qualified Approved Supervisor with NCBLPC, and an AAMFT Approved Clinical Supervisor. He is the grandson of a Holocaust Survivor from Auschwitz Concentration Camp who was rescued by a famous German citizen named Oscar Schindler. Logan grew up in Atlanta, in a household that was overwhelmed by psychiatric illness and addiction. Intuitively, Logan sought his own personal safety as a young boy by spending most of his time at his grandfather’s house, listening to stories of hope & survival. As a young man, Logan quickly identified a passion for counseling psychology while living and working in an Appalachian wilderness therapy setting where he counseled at-risk youth. After growing up in a city and coming of age in the woods, Logan completed a Master’s Degree focused in marriage, couples, and family therapy at Lewis & Clark College in Portland, Oregon, a truly rare college rooted in the foundation of Liberation Psychology & Social Justice.

Back in the South, Logan pursues what he considers to be his life’s work, blending counseling psychology with principles of social justice. Logan has worked with Tony Porter [A Call to Men] and the Oregon Coalition against Domestic & Sexual Violence. He also remains involved with Communities of Color Task Force in Portland, Oregon. Logan presented research and clinical ethics training at the International Family Therapy World Congress in Malaga, Spain in 2017 and he continues to incorporate justice-informed information in his practice, education and supervision as he actively assists fellow therapists.

REGISTRATION

Early registration deadline for Module 1: June 5, 2020

Early registration deadline for Module 2: June 19, 2020

Early registration deadline for Module 3: July 3, 2020

The program registration fees include administrative costs and educational materials. If your registration is received after the above deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exception is for pre-approved programs where an individual payment plan is appropriate. Registrations that are received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations received less than two full business days prior to the event
- No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)

CREDITS



NAADAC: This course has been approved by MAHEC, as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #165445. MAHEC is solely responsible for all aspects of their programming. Approved for **4.0 hours per module**.



NBCC: MAHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5514. Programs that do not qualify for NBCC credit are clearly identified. MAHEC is solely responsible for all aspects of their programming. Approved for **4.0 hours per module**.

NC Psychologists: MAHEC is recognized by the North Carolina Psychology Board as an approved Provider of Category A Continuing Education for North Carolina Licensed Psychologists. Approved for **4.0 hours Category A per module**.

CEUs: MAHEC designates this live continuing education activity as meeting the criteria for **0.4 CEUs per module** as established by the National Task Force on the Continuing Education Unit.

Contact Hours: MAHEC designates this live continuing education activity as meeting the criteria for **4.0 contact hours per module**.

HAVE A QUESTION?

Contact the Program Planner

Barbara Warren, MSW, LCSW, LCAS, CFT
barbara.warren@mahec.net or 828-257-4728



Special Services

828-257-4778

REGISTRATION INFORMATION

828-257-4475

FAX REGISTRATION

828-257-4768

ONLINE REGISTRATION

www.mahec.net/cpd

EMAIL

registration@mahec.net

MAIL

MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803



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REGISTRATION FORM

Send completed registration form to: *Event #63318*
MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803 Fax: 828-257-4768

Updated contact information.

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX- ____ ____ ____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME COUNTY _____

HOME # _____ WORK # _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ STATE _____ ZIP _____

WORK COUNTY _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

ATTENDANCE

- ATTENDING MODULE 1 (JUNE 12, 2020)**
Late fees after 6/5/20
- ATTENDING MODULE 2 (JUNE 26, 2020)**
Late fees after 6/19/20
- ATTENDING MODULE 3 (JULY 10, 2020)**
Late fees after 7/3/20
- ATTENDING ALL THREE MODULES**
Late fees after 6/5/20

PAYMENT

ATTENDING MODULE 1, 2, AND/OR 3
(double fee if attending two modules)

\$79.00 \$94.00 (late fee)

5 Or More From Same Agency (must register at the same time)

\$59.00 \$74.00 (late fee)

Students & Peer Support Specialists

\$39.00 \$54.00 (late fee)

MAHEC Employees (must register to attend)

FREE

ATTENDING ALL THREE MODULES

\$99.00 \$114.00 (late fee)

FREE for MAHEC Employees (must register to attend)

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

- Check is enclosed Credit card information provided
- Visa MasterCard Discover Card American Express

ACCOUNT # _____

EXP ____ / ____ CODE ON BACK OF CARD _____ (3 digits)

NAME ON CARD _____

SIGNATURE _____