DESCRIPTION

Roy Kiessling returns to offer an Eye Movement Desensitization and Reprocessing (EMDR) Basic Training & Refresher Training Course, “Integrating EMDR into Clinical Practice” at MAHEC in Asheville, NC. This is the full EMDRIA-approved 5-Day Intensive Seminar—beginning Wednesday, May 19th and concluding on Sunday, May 23rd—that includes 10 required hours of basic consultation. Foundations of EMDR as well as standard EMDR procedures are covered. The training may be taken by clinicians new to EMDR or utilized as an excellent refresher course for previously trained providers. Adaptations for ethical application in a telehealth setting are also discussed.

The Foundations of EMDR

- The Adaptive Information Processing Model
- EMDR’s 8 Phases and 3 Prongs
- Belief Schema Targeting Sequence Planning
- Multiple Stabilization Skills
- The Processing Continuum (EMD, EMDr, EMDR)
- 4 Supervised Practice Sessions
- 4 Stabilization Resourcing Skills
- EMD on Present or Future Triggers
- Acute Stress or Processing using Drawings

The Standard EMDR Procedures

Building upon the techniques practiced in The Foundations of EMDR, participants will expand their knowledge and skills by learning:

- Complex Targeting Sequence Planning Options
- Extended Resourcing Skills

The full implementation of EMDR’s procedures, and advanced clinical interventions to use during reprocessing with:

- Special Populations
- Clients with Dissociative Tendencies
- Addictions: Introduction to DeTUR & FSAP
- Phobia, Grief, and Pain
- 4 Supervised Practice Sessions
- Complex Target Sequence Planning
- 4 Behavior Change Resourcing Skills
- 2 Sessions of Standard EMDR Reprocessing

TARGET AUDIENCE

Master’s level mental health professionals, including mental health and substance use counselors, social workers, psychologists, marriage and family therapists, school counselors, and other professionals interested in this subject. Must be licensed or provisionally licensed in a mental health or related field to attend this training. Interns and Students must be enrolled in a Master’s or Doctoral program and they must already be licensed clinicians to attend this training. Training eligibility for other licensed healthcare professionals is considered. MDs need a medical specialty in Psychiatry, and Nurses need a Master of Science in Nursing with specialty in psychiatric nursing. Participants registering at the nonprofit/Medicaid provider/licensed student rate may be asked to show proof at time of registration.

EARLY REGISTRATION FEES THROUGH MAY 12, 2021

<table>
<thead>
<tr>
<th>Fee</th>
<th>Description</th>
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<tbody>
<tr>
<td>$1,595.00</td>
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LOCATION

Attend live via webinar or in person at:
MAHEC Education Building
Mary C. Nesbitt Biltmore Campus
121 Hendersonville Rd, Asheville, NC 28803

DAY 1

Wednesday, May 19, 2021
7:30 am–8:00 am (breakfast on-site only)
8:00 am–5:30 pm (lunch on-site only)

DAY 2

Thursday, May 20, 2021
7:30 am–8:00 am (breakfast on-site only)
8:00 am–5:30 pm (lunch on-site only)

DAY 3

Friday, May 21, 2021
7:30 am–8:00 am (breakfast on-site only)
8:00 am–5:30 pm (lunch on-site only)

DAY 4

Saturday, May 22, 2021
7:30 am–8:00 am (breakfast on-site only)
8:00 am–5:30 pm (lunch on-site only)

DAY 5

Sunday, May 23, 2021
7:30 am–8:00 am (breakfast on-site only)
8:00 am–5:30 pm (lunch on-site only)

This course provides basic training as the initial step in using EMDR in practice and for potential certification. For information on additional elements required to obtain formal certification through EMDR International Association (EMDRIA), see: www.emdria.org.
OBJECTIVES

Upon completion of this seminar, participants will be able to:

- Describe the EMDR’s Adaptive Information Processing Model, eight phases, and three-pronged procedures
- Explain how to integrate EMDR’s targeting sequence plan from a belief schema perspective into a clinical practice
- Demonstrate ability to practice effective, efficient, and safe reprocessing of a client’s acute stress by using Restricted Processing (aka EMDR)
- Describe application of EMDR when working with acute stress, dissociative type clients, military personnel, couples, and children
- Describe complex client case conceptualization (Targeting Sequence Treatment Plans)
- Practice the Extended Resourcing Procedures
- Practice using the full Standard EMDR eight-phase / three-prong treatment
- Describe EMDR’s usefulness in treating addictions, phobias, grief, and somatic disorders

CREDITS

NAADAC: This course has been approved by MAHEC, as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #165445. MAHEC is responsible for all aspects of their programming. Approved for 40.0 hours.

NBCC: MAHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5514. Programs that do not qualify for NBCC credit are clearly identified. MAHEC is responsible for all aspects of their programs. Approved for 40.0 hours.

Psychologists: MAHEC is recognized by the NC Psychology Board as an approved Provider of Category A Continuing Education for NC Licensed Psychologists. Approved for 40.0 hours Category A.

CEUs: MAHEC designates this live continuing education activity as meeting the criteria for 4.0 CEUs as established by the National Task Force on the Continuing Education Unit.

Contact Hours: MAHEC designates this live continuing education activity as meeting the criteria for 40.0 contact hours.

DIRECTIONS

MAHEC Education Building
Mary C. Nesbitt Biltmore Campus
121 Hendersonville Road
Asheville, NC 28803

From I-40 E: Take Exit 50 and turn left onto Hendersonville Road.
From I-40 W: Take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26): Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

FACULTY

Roy Kiessling, LISW, ACSW, completed his EMDR Basic training in 1995 and became a training facilitator for Dr. Francine Shapiro’s EMDR Institute in 1997. In 2001, he transitioned to senior trainer for her humanitarian projects and then became a senior trainer for her EMDR Institute in 2006. Roy has participated in humanitarian projects in Bangladesh, Poland, the Middle East, and Russia, as well as in domestic disaster areas affected by Hurricane Katrina. In 2006, he received the Liz Sinker Outstanding Volunteer of the Year Award for his numerous volunteer projects in support of the EMDR Community. In June of 2013, Roy founded EMDR Consulting, a consulting and training organization specializing in integrating EMDR into clinician’s clinical practice. Since then, EMDR Consulting has grown to a staff of 6 expert trainers, offering EMDR Consulting and the EMRIA approved EMDR Basic course, “Integrating EMDR into your Clinical Practice,” throughout the United States.

Sherry McKission, LPC, LCAS, is a Licensed Professional Counselor, Licensed Clinical Addiction Specialist, and board certified counselor in private practice in Hendersonville, NC, where she specializes in complex trauma treatment for adults. Sherry completed an intensive nine-month certification program through the Trauma Center at Justice Resource Institute (headed by Bessel van der Kolk). Other specializations include the treatment of anxiety disorders, relationship issues, and dissociation disorders. Her background includes 14 years of law enforcement experience, allowing her a unique insight when working with first responders and their loved ones. Sherry trained in EMDR in 2012 and has been an Approved Consultant with EMDR Consulting since 2016. Sherry is a Regional Co-Cordinator for the Western North Carolina EMRIA Regional Network, and she enjoys helping clinicians of all levels develop their practice of EMDR through individual and group consultation. Sherry will be co-presenting at this seminar as a Trainer-in-Training for EMDR Consulting.

REGISTRATION

EARLY REGISTRATION DEADLINE: MAY 12, 2021

- $1,595.00 Program Fee
- $1,195.00 for For-Profit Groups (5 or more from the same agency, registering and paying at the same time)
- $1,095.00 for Nonprofit Groups (5 or more from the same agency, registering and paying at the same time)
- $1,195.00 for Individuals from Nonprofits, Medicaid Providers, and Students (must list organization name or Medicaid provider number, or provide valid student ID at check-in)

The above fees include administrative costs, educational materials, ten hours of consultation, audio downloads of the lectures for continued learning, breakfast (on-site only), and lunch (on-site only). If your registration is received after the early registration deadline, the total fee will be the registration fee + $15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations that are received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum $25 cancellation fee
- No refunds or credits will be given for cancellations received less than two full business days prior to the event
- No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)

MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.
REGISTRATION FORM

By registering for this program, you are also authorizing MAHEC to share your contact information with EMDR Consulting, LLC, so that you may receive manuals, training information, and ongoing resources relating to the practice of EMDR.

☐ Updated contact information.  Event #63983

NAME ________________________________

CREDENTIALS ________________________________

SOCIAL SECURITY # XXX-XX- ___ ___ ___ (last 4 digits required)

OCCUPATION ________________________________

EMAIL ADDRESS ________________________________

HOME ADDRESS ________________________________

CITY ________________ STATE ___ ZIP _________

HOME COUNTY ________________________________

HOME # _____________ WORK # ________________

EMPLOYER ________________________________

DEPARTMENT ________________________________

EMPLOYER’S ADDRESS ________________________________

CITY ________________ STATE ___ ZIP _________

WORK COUNTY ________________________________

MEDICAID PROVIDER # ________________________________

MEAL PREFERENCE  ☐ Vegetarian  ☐ Gluten-free  ☐ Vegan

PLEASE SELECT HOW YOU WILL BE ATTENDING
☐ On-site at MAHEC in Asheville, NC  ☐ Virtually via live webinar

PROGRAM FEE  ☐ $1,595.00  ☐ $1,610.00 (after 5/12/21)

FOR-PROFIT GROUPS  ☐ $1,195.00  ☐ $1,210.00 (after 5/12/21)
(5 or more from the same agency, registering & paying at the same time)

NONPROFIT GROUPS  ☐ $1,095.00  ☐ $1,110.00 (after 5/12/21)
(5 or more from the same agency, registering & paying at the same time)

INDIVIDUALS FROM NONPROFITS, MEDICAID PROVIDERS AND STUDENTS  ☐ $1,195.00  ☐ $1,210.00 (after 5/12/21)
(must list organization name or Medicaid provider number above, or provide valid student ID at check-in)

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

☐ Check is enclosed  ☐ Credit card information provided

 ☐ Visa  ☐ MasterCard  ☐ Discover Card  ☐ American Express

ACCOUNT # ________________________________

EXP _____ / _____ CODE ON BACK OF CARD _________ (3 digits)

NAME ON CARD ________________________________

SIGNATURE ________________________________

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

☐ Please remove my name from the MAHEC mailing list.

HAVE A QUESTION?
Contact the Program Planner
Barbara Warren, MSW, LCSW, LCAS-A, CFT
barbara.warren@mahec.net or 828-257-4728

REGISTRATION INFORMATION
828-257-4475
828-257-4768

EMAIL MAHEC Registration
registration@mahec.net

MAIL MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803

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