



Opportunities for Transformation

# Women's Recovery

## CONFERENCE

### Asheville, NC

### May 2-4, 2018

Join us in Asheville on the MAHEC Mary C. Nesbitt Biltmore Campus.

One to three day options available with a special Healthcare Concentration Track on Friday, May 4th.

**+ HEALTHCARE CONCENTRATION TRACK**

The 2018 Women's Recovery Conference offers up to 17.0 credit hours, a variety of credit options, and is designed for substance abuse, mental health, psychology, criminal justice, human services and other healthcare professionals. It will be held at Mountain Area Health Education Center (MAHEC) Mary C. Nesbitt Biltmore Campus in lovely Asheville, NC on May 2nd, 3rd, and 4th of 2018.

One-day to three-day options are available, with a special Healthcare Concentration Track (HCCT) on Friday, May 4th.

**The Preconference on Wednesday, May 2nd** offers all-day opportunities for both new and advanced practitioners. Participants may choose from an all-day session on the SAMHSA Toolkit offering an overview of gender-specific care to meet the needs of women with substance use disorders (**This presentation is designed for an intermediate and advanced audience of managers, clinical supervisors, educators, and other advocates for women, who have at least two years of experience in direct care of women with substance use disorders**), a four-part session on somatic interventions in gender-specific care for women, or an all-day session on trauma-informed DBT to capitalize on women's strengths.

**The Main Conference on Thursday and Friday, May 3rd and 4th**, opens Thursday with a dramatic, Keynote Speech by Sage Chioma on The Power of Story and features a plethora of topics including a two-part session Legal and Clinical Imperatives, application of the creative arts in recovery, trauma and co-morbidity, a two-day session on Subtle Yoga for Trauma Recovery, ethical implications of DSM-5, as well as bridging the gap between trauma and substance abuse. Up-to-date, evidence-based, crucial information for all providers working with women who are impacted by the opioid crisis is embedded within the entire three-day event. The 2018 conference ends with a Plenary Speech by Geri Miller, titled "Do It Anyway," as she shares wisdom derived from decades of research, practice, teaching, soul-searching, and serving others from her heart.

**The Healthcare Concentration Track on Friday May 4th** consists of three intensive sessions focused on training healthcare providers who care for women, including those who are pregnant or with families. The 2018 Healthcare Concentration Track is designed to offer providers the tools they need to foster stress resilience, promote collaboration, build trust, and cope with ethical dilemmas, as they maintain clinical excellence and optimize care in a changing environment. Information is offered on recently introduced legislative guidelines, changes in mandatory reporting, and maintaining rapport to help women sustain recovery and promote overall health and wellness. This specialized track ends just in time to join all other conference participants in a comprehensive Plenary Session.

## OBJECTIVES

At the 2018 conference, the content of all sessions will support the following overarching conference goals:

- Provide crucial information on the current opioid crisis, and arm providers with effective and evidence based behavioral interventions to help women enter recovery, prevent relapse and sustain optimal health in long-term recovery
- Review strategies for provision of evidence-based care, consistent with SAMHSA's *Training Tool Box for Addressing the Gender-Specific Service Needs of Women with Substance Use Disorders*
- Describe current legislation surrounding mandatory reporting and care of pregnant women
- Describe at least three evidence-based transformative modalities of care which foster social, psychological, and physiological well-being in women's recovery, while reducing relapse risk
- List at least three effective evidence-based strategies which meet gender-specific needs of women with substance use disorders, based on SAMHSA recommendations and / or those published in peer-reviewed journals within the past seven years
- Describe, in detail, the key components of at least three primary cutting-edge treatment approaches which foster resilience, build trust and increase commitment to individualized therapeutic goals of women in recovery, while optimizing health outcomes

Provided by



with the support of



This conference is supported in part by NC Division of MH/DD/SAS with federal funding from the SAMHSA Substance Abuse Prevention & Treatment Block Grant (SAPTBG) CFDA # 93.959.



# 2018 Conference at a Glance

Session titles and speakers are listed on the next page.

Wednesday, May 2nd

## PRECONFERENCE

8:00am - 9:00am  
Registration with breakfast  
Exhibits

9:00am - 5:00pm  
**PRECONFERENCE SESSIONS**  
**Choose one:**  
**1A, 1B, 1C**

Morning break 10:30 - 11:00am  
*exhibits, silent auction, networking*

Lunch break 12:30 - 1:30pm  
*catered lunch in Looking Glass Commons  
exhibits, silent auction, networking*

Afternoon break 3:00 - 3:30pm  
*exhibits, silent auction, networking*

*Embedded within the  
entire conference is vital,  
evidence-based information  
for all providers working with  
women who are impacted  
by the opioid crisis.*

### SILENT AUCTION INFORMATION:

- Auction items on display in Cherokee room.
- Bidding closes at 11:00am on Friday.
- Winners announced 2:00pm on Friday.
- Winners pick up auction items at Registration desk by 2:45pm on Friday.



Please turn in attendance forms  
after your last session each day.

Thursday, May 3rd

Each day includes a light continental breakfast and lunch.

## MAIN CONFERENCE DAY ONE

8:00am - 9:00am  
Registration with breakfast  
Exhibits

9:00am - 10:30am  
**OPENING KEYNOTE PRESENTATION**



The Power of Story:  
Co-creating New  
Solutions for Women  
in Recovery

Sage Chioma,  
MPH, CSAC

Morning break 10:30 - 11:00am

11:00am - 5:00pm  
**MAIN CONF ONE-DAY SESSIONS\***

**Choose one:**  
**One-day session, Thursday only:**  
**2A, 2B, 2C**

OR

**MAIN CONF TWO-DAY INTENSIVE\***  
**PART ONE**

**starts Thursday and continues Friday  
2D**

Lunch break 12:30 - 1:30pm  
*catered lunch in Looking Glass Commons*  
Afternoon break 3:00 - 3:30pm

*\*Participants may choose a single-day  
session on Thursday + a single-day  
session on Friday*

OR

*The two-day session (2D) which begins  
on Thursday and continues on Friday*

Friday, May 4th

## MAIN CONFERENCE DAY TWO

### HEALTHCARE CONCENTRATION TRACK

8:00am - 9:00am  
Registration with breakfast  
Exhibits

9:00am - 12:30pm  
**MAIN CONF ONE-DAY SESSIONS\***  
**Choose one:**

**One-day session, Friday only:**  
**3A, 3B**

OR

**MAIN CONF TWO-DAY INTENSIVE\***  
**PART TWO**

**continues from Thursday afternoon  
2D**

Morning break 10:30 - 11:00am

**Last call for silent auction bidding** (Cherokee Rm)

### CONCURRENT LUNCH AND PLENARY

12:30pm - 1:00pm  
*pick up boxed lunch from Looking Glass Commons*

1:00pm - 2:00pm  
*Closing Plenary in Blue Ridge Room  
Geri Miller, PhD, LP, LCAS, LPC*

### HEALTHCARE CONCENTRATION TRACK (HCCT)

7:30am - 8:00am  
Registration and Check-In (with breakfast)

8:00am - 9:30am  
Promoting Disclosure and Collaboration

9:30am - 10:30am  
NICU Nurses, Moral Distress and  
Optimizing Care

10:30am - 11:00am  
Break

11:00am - 12:30pm  
Fostering Stress Resilience in Gender-  
specific Care for Women

### CONCURRENT LUNCH AND PLENARY

12:30pm - 1:00pm  
Pick Up Boxed Lunches in Looking  
Glass Commons

1:00pm - 2:00pm  
Plenary: Do It Anyway! Pearls of Wisdom  
on Hope, Resilience and Self Care  
Geri Miller, PhD, LP, LPC, LCAS

Adjourn 2:00

# PRECONFERENCE

WEDNESDAY, MAY 2, 2018

6.0 contact hours

**Preconference Full Day Sessions** 9:00am - 5:00pm

*Choose One:*

- 1A SAMHSA Toolkit: Overview of the Gender-specific Needs of Women with Substance Use Disorders  
Deborah Werner, MA, PMP and Patricia Tucker, MBA
- 1B Somatic Interventions in Gender-specific Care for Women (4 parts)
  - Tension Releasing Exercises (TRE®) | Rachel Keener, MBA, RMT
  - Vertical Living: Self-Compassion in Recovery | Linda Hamilton, CSAC
  - Somatic Psychotherapy Approaches | Debra Alvis, PhD
  - Health Rhythms Drumming | Vern Eleazer, MS, LCAS, CSS and Michael Fagan, LPC, LCAS, CCS
- 1C Trauma-informed DBT: Capitalizing on Women's Strengths in Recovery  
Maureen Motley-Zitin, MSS, LCSW, LCAS, CCS

# MAIN CONFERENCE

THURSDAY, MAY 3, 2018

6.0 contact hours

**OPENING KEYNOTE** 9:00am - 10:30am

**The Power of Story: Co-creating New Solutions for Women in Recovery | Sage Chioma, MPH, CSAC**

**Main Conference One-Day Sessions, Thursday, 11:00am - 5:00pm**

*Choose One:*

- 2A What Clinicians Have to Know: Legal and Clinical Imperatives  
Part 1: NC Update: Substance Use in North Carolina: Pregnant and Parenting Women  
Melissa Godwin, LCSW and Judith Johnson-Hostler, MA, LCAS  
  
Part 2: Empowering Women in Recovery: Navigating the Judicial System and Viable Alternatives  
Latoya Gardner, JD, Anne Salter, JD and Justin Edge, JD
- 2B Transformation through the Power of Expression  
Sage Chioma, MPH, CSAC
- 2C Treating Trauma and Co-morbidity: Gender-specific Care  
Debra Alvis, PhD

**Main Conference Two-day Intensive Workshop, Thursday, 11:00AM-5:00PM and continues on Friday, 9:00AM-12:30PM**

- 2D Subtle Yoga for Trauma Recovery: Mind-body Interventions to Address Addiction, Reduce Chronic Pain, and Build Resilience  
Kristine Weber, MA, C-IAYT, ERYT500, YACEP and Ashley Lester, LISW-CP, eRYT200

# MAIN CONFERENCE

FRIDAY, MAY 4, 2018

4.0 contact hours

**Main Conference One-Day Sessions, Friday, 9:00am - 12:30pm**

*Choose One:*

- 3A. DSM 5: Ethical Implications  
Marilyn Ghezzi, MSW, LCSW \*
- 3B. Trauma and Substance Abuse: Bridging the Gap  
Ellen Pallme, MSW, LCSW, LCAS, CCS\*

\*This presenter is being supported through a partnership between UNC-CH School of Social Work and the NCAHEC Program.

**Main Conference Two-day Intensive Workshop, Friday, continues from Thursday afternoon**

- 2D Subtle Yoga for Trauma Recovery: Mind-body Interventions to Address Addiction, Reduce Chronic Pain, and Build Resilience  
Kristine Weber, MA, C-IAYT, ERYT500, YACEP and Ashley Lester, LISW-CP, eRYT200

**Lunch** 12:30pm - 1:00pm & **Plenary** 1:00pm - 2:00pm

Pick Up Boxed Lunches in Looking Glass Commons -- Go to Blue Ridge for Plenary concurrent with lunch

Plenary Speech: Do It Anyway! Pearls of Wisdom on Hope, Resilience and Self Care  
Geri Miller, PhD, LP, LPC, LCAS

## HEALTHCARE CONCENTRATION TRACK (HCCT)

**FRIDAY, MAY 4, 2018** 8:00am - 2:00pm **5.0 contact hours**

- 8:00am - 9:30am Promoting Disclosure and Collaboration: Adapting, Building Trust, Establishing Rapport, and Maintaining Clinical Excellence  
Dolly Pressley-Byrd, CNM, MSN
- 9:30am - 10:30am NICU Nurses, Moral Distress and Optimizing Care  
Amber Welborn, MSN, RN
- 10:30am - 11:00am Extended Break in Room / Exhibitors / Silent Auction / Networking  
Last Chance to Bid at Silent Auction in Cherokee!
- 11:00am - 12:30pm Fostering Stress Resilience in Gender-specific Care for Women  
Lourdes Lorenz-Miller, RN, MSN

### LUNCH AND MAIN CONFERENCE PLENARY

- 12:30pm - 1:00pm Pick Up Boxed Lunches in Looking Glass Commons -- Go to Blue Ridge for Plenary concurrent with lunch
- 1:00pm - 2:00pm Plenary Speech: Do It Anyway! Pearls of Wisdom on Hope, Resilience and Self Care  
Geri Miller, PhD, LP, LCAS, LPC

### PLANNING COMMITTEE

Suzanne Boehm, LCAS, LCSW, CCS, Women's Recovery Center  
Judi Buckholz, LCSW, LCAS, Charles George Veterans Affairs Medical Center  
Vernetta Eleazer, MS, LCAS, CSI, Swain Recovery Center  
Judith Johnson-Hostler, MA, LCAS, Alcohol & Drug Council of NC  
Leslie McCrory, MA, LPCS, LCAS, CCS, Consultant with VAYA – Regional Pregnancy and Substance Use  
Starleen Scott-Robbins, MSW, LCSW, NC Division of MH/DD/SAS

And the following individuals from MAHEC:

Marie Gannon, LPC, LCAS, CSI  
Bonnie Garner, MS, CPN, CCHC-C, RN (HCCT Planner; Conference Co-Planner)  
Lisa James, Program Coordinator  
Melinda Ramage, FNP, CDE  
Barbara Warren, MSW, LCSW, LCAS-A, CFT (Primary Conference Planner)

## Credits

### Preconference - Wednesday, May 2nd

0.6 CEUs  
6.0 hours NAADAC  
6.0 hours NBCC  
6.0 hours NCSAPPB SAS  
6.0 hours Contact Hours (category A) CE for NC Psychologists  
6.0 hours Contact Hours

### Main Conference - Thursday, May 3rd

0.6 CEUs  
6.0 hours NAADAC  
6.0 hours NBCC  
6.0 hours NCSAPPB SAS  
6.0 hours Contact Hours (category A) CE for NC Psychologists  
6.0 hours Contact Hours

### Main Conference - Friday, May 4th

0.4 CEU  
4.0 hours NAADAC  
4.0 hours NBCC  
4.0 hours NCSAPPB SAS  
4.0 hours Contact Hours (category A) CE for NC Psychologists  
4.0 hours Contact Hours

### HEALTHCARE CONCENTRATION TRACK - Friday, May 4th

0.5 CEUs  
5.0 hours NAADAC  
5.0 hours NBCC  
5.0 hours NCSAPPB SAS  
5.0 hours Contact Hours (category A) CE for NC Psychologists  
5.0 CNE Contact hours (NE Credit Approval #1639)  
5.0 hours Contact Hours

**CNE** credit offered *ONLY for HEALTHCARE CONCENTRATION TRACK*  
*Friday, May 4th*

#### 5.0 CNE Contact Hours

This continuing nursing education activity was approved by the Mountain Area Health Education Center's Department of Nursing Education, an accredited approver by the American Credentialing Center's Commission on Accreditation.

Participants must attend entire activity to receive credit. No partial credit is given for this activity.

MAHEC adheres to the ANCC/ACCME Standards regarding industry support to continuing nursing education. Disclosure of presenters, planners, and commercial support relationships, if any, will be made known at the time of the activity.

**NAADAC:** This course has been approved by MAHEC, as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #96726. MAHEC is responsible for all aspects of their programming. Full attendance is required to receive credit from NAADAC.



**NBCC:** Mountain Area Health Education Center (MAHEC) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5514. Programs that do not qualify for NBCC credit are clearly identified. MAHEC is solely responsible for all aspects of the programs. Full attendance is required to receive credit.



**NCSAPPB:** Application is in process for "Substance Abuse Specific" credit from the North Carolina Substance Abuse Professional Practice Board.

**Psychologists:** MAHEC is recognized by the North Carolina Psychology Board as an approved provider of Category A Continuing Education for North Carolina Licensed Psychologists. Full attendance at each part is required to receive credit from the NC Psychology Board.

**CEU:** MAHEC designates these continuing education activities as meeting the criteria for CEUs as established by the National Task Force on the Continuing Education Unit. You must attend an entire session to receive CEUs.

**Contact Hours:** MAHEC designates this continuing education activity as meeting the criteria for contact hours. Full attendance is required to receive credit.

## DIRECTIONS TO MAHEC

### **Mary C. Nesbitt Biltmore Campus 121 Hendersonville Rd., Asheville, NC, 28803**

From I-40 Eastbound, take Exit 50 and turn left onto Hendersonville Road.

From I-40 Westbound, take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree by Hilton Hotel complex. Take an immediate left and continue up the hill to the right to the MAHEC Biltmore Campus.

From 19-23 (I-26) take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light turn right into the Double Tree Hotel complex. Take an immediate left and continue up the hill to the right to the MAHEC Biltmore Campus.

## CONFERENCE VENUE

MAHEC Mary C. Nesbitt Campus (Education Building)  
121 Hendersonville Road  
Asheville, NC 28801

The Women's Recovery Conference will be held on the beautiful grounds of the Mountain Area Health Education Center (MAHEC) Mary C. Nesbitt campus. In addition to offering state of the art classrooms, MAHEC has a medical library, complimentary on-site parking, free guest wifi access and outdoor courtyards, perfect for eating meals or checking in with friends. Walking trails are located on the campus and we are just a few miles from the Blue Ridge Parkway and minutes from the Biltmore House. Located in Historic Biltmore Village, the campus is within walking distance to many unique shops, boutiques and restaurants and just minutes from downtown Asheville. Plan to spend some time here and you will know why people love Asheville!

## LODGING

**Please use the links below each hotel to go directly to group reservations for this conference.**

### **DOUBLETREE BY HILTON HOTEL**

115 Hendersonville Rd, Asheville, NC 28803  
828-210-8290

A special rate has been negotiated for patrons of the Women's Recovery Conference (Two queen beds for \$135 per night plus tax). Book by April 10th to receive the special rate.

[DOUBLETREE BY HILTON HOTEL  
ONLINE RESERVATIONS](#)

### **HILTON GARDEN INN**

309 College Street  
Asheville, NC, 28801  
828-281-3361

A special rate has been negotiated for patrons of the Women's Recovery Conference (Two queen beds for \$134 per night plus tax). Book by April 1st to receive the special rate.

[HILTON GARDEN INN  
ONLINE RESERVATIONS](#)

### **HAMPTON INN & SUITES ASHEVILLE BILTMORE VILLAGE**

117 Hendersonville Road  
Asheville, NC, 28803  
828-277-1800

A special rate has been negotiated for patrons of the Women's Recovery Conference (Two queen beds with fridge for \$129 per night plus tax). Book by April 10th to receive the special rate.

[HAMPTON INN  
ONLINE RESERVATIONS](#)



## REGISTRATION

**Early registration deadline: April 25, 2018**

After April 25, 2018,  
the total price will be  
fee + \$15.00

### PRECONFERENCE - WEDNESDAY

\$140 for individuals

\$90 for students, peer support specialists and MAHEC employees

(Must show proof of student or peer support specialist status at check-in)

### MAIN CONFERENCE - THURSDAY AND FRIDAY

\$280 for individuals

\$170 for students, peer support specialists and MAHEC employees

(Must show proof of student or peer support specialist status at check-in)

### PRECONFERENCE - WEDNESDAY

#### **PLUS MAIN CONFERENCE - THURSDAY AND FRIDAY**

\$370 for individuals

\$260 for students, peer support specialists and MAHEC employees

(Must show proof of student or peer support specialist status at check-in)

### PRECONFERENCE - WEDNESDAY

#### **PLUS MAIN CONFERENCE - THURSDAY**

#### **PLUS HEALTHCARE CONCENTRATION TRACK - FRIDAY**

\$370 for individuals

\$260 for students, peer support specialists and MAHEC employees

(Must show proof of student or peer support specialist status at check-in)

### MAIN CONFERENCE - THURSDAY

#### **PLUS HEALTHCARE CONCENTRATION TRACK -- FRIDAY**

\$280 for individuals

\$170 for students, peer support specialists and MAHEC employees

(Must show proof of student or peer support specialist status at check-in)

### HEALTHCARE CONCENTRATION TRACK - FRIDAY

\$100 for individuals

\$40 for students, peer support specialists and MAHEC employees

(Must show proof of student or peer support specialist status at check-in)

Registration fee includes sessions, educational materials, and the following meals for attendees that day:

Wednesday: continental breakfast and catered buffet lunch

Thursday: continental breakfast and catered buffet lunch

Friday: continental breakfast and catered boxed lunch

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received within two weeks and up to 48 hours prior to the program date will receive a 70% refund. No refunds will be given for cancellations received less than 48 hours prior to the program date. Substitutes are welcome but please notify us in advance of the program. All cancellations must be made in writing (fax, mail, or email).

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

### PRECONFERENCE - WEDNESDAY

#### **PLUS MAIN CONFERENCE - THURSDAY**

#### **PLUS HEALTHCARE CONCENTRATION TRACK - FRIDAY**

\$370 for individuals

\$260 for students, peer support specialists and MAHEC employees

(Must show proof of student or peer support specialist status at check-in)

### Want to register?

Online Registration: [www.mahec.net](http://www.mahec.net)

Or use the registration form at right and return by fax or mail:

Fax Registration: 828-257-4768

Mail: MAHEC Registration  
121 Hendersonville Rd., Asheville, NC 28803

### Have a question?

Barbara Warren, MSW, LCSW, LCAS-A  
CE Planner 828-257-4728  
[barbara.warren@mahec.net](mailto:barbara.warren@mahec.net)

[registration@mahec.net](mailto:registration@mahec.net)

Registration Information: 828-257-4475

**Special Services:** 828-257-4778



# WOMEN'S RECOVERY CONFERENCE 2018

Updated contact info

Name \_\_\_\_\_

Credentials \_\_\_\_\_

Social Security #XXX-XX-\_\_\_\_ (last 4 digits required)

Occupation \_\_\_\_\_

E-mail Address \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home County \_\_\_\_\_

Home # \_\_\_\_\_ Work # \_\_\_\_\_

Employer \_\_\_\_\_

Department \_\_\_\_\_

Employer's Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Work County \_\_\_\_\_

Program announcements will be sent to your email unless you opt out from receiving emails from MAHEC. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

Vegetarian meal requested.  Gluten-free meal requested.

Please choose credit type

CEU  Contact Hours  NAADAC  NBCC  NCSAPPB SAS

NC Psychologists  CNE (for Healthcare Concentration Track only)

## PAYMENT

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed  Credit card information provided

Visa  MasterCard  Discover Card  American Express

ACCOUNT # \_\_\_\_\_

EXP \_\_\_\_ / \_\_\_\_ SECURITY CODE \_\_\_\_\_

NAME ON CARD \_\_\_\_\_

SIGNATURE \_\_\_\_\_

Send completed registration form to:

MAHEC Registration  
121 Hendersonville Rd., Asheville, NC 28803

Fax to: 828-257-4768

#18MH037/55346

## SESSION SELECTIONS

### PRECONFERENCE - Wednesday, May 2nd

Choose One

Not attending Pre-conference

1A SAMHSA Toolkit: Overview of the Gender-specific Needs of Women with Substance Use Disorders  
**(Pre-requisite: 2 years in practice)**

1B Somatic Interventions in Gender-Specific Care for Women

1C Trauma-Informed DBT: Capitalizing on Women's Strengths in Recovery

### MAIN CONFERENCE - Thursday, May 3rd

Not attending Main Conference - Thursday

2A What Clinicians Have to Know: Legal and Clinical Imperatives

2B Transformation Through the Power of Expression

2C Treating Trauma and Co-morbidity: Gender-Specific Care

*TWO-DAY intensive workshop -- must also select 2D on Friday:*

2D Subtle Yoga for Trauma Recovery: Mind-body Interventions to Address Addiction, Reduce Chronic Pain, and Build Resilience

### MAIN CONFERENCE - Friday, May 4th

Not attending Main Conference - Friday

3A DSM5: Ethical Implications

3B Trauma and Substance Abuse: Bridging the Gap

*TWO-DAY intensive workshop -- must also select 2D on Thursday*

2D Subtle Yoga for Trauma Recovery: Mind-body Interventions to Address Addiction, Reduce Chronic Pain, and Build Resilience

### MAIN CONFERENCE - Thursday, May 4th

*select THURSDAY SESSIONS 2A, 2B OR 2C above*

**PLUS**

**HEALTHCARE CONCENTRATION TRACK - FRIDAY**

Friday attendance only

**HEALTHCARE CONCENTRATION TRACK - FRIDAY**

## REGISTRATION OPTIONS Early registration deadline: April 25, 2018. After the deadline, total is fee + \$15.00

PRECONFERENCE - WEDNESDAY:  \$140 for individuals  \$90 for students, peer support specialists and MAHEC employees

MAIN CONFERENCE - THURSDAY AND FRIDAY  \$280 for individuals  \$170 for students, peer support specialists and MAHEC employees

PRECONFERENCE - WEDNESDAY + MAIN CONFERENCE - THURSDAY AND FRIDAY  
 \$370 for individuals  \$260 for students, peer support specialists and MAHEC employees

*(Must show proof of student or peer support specialist status at check-in to receive special rate)*

MAIN CONFERENCE - THURSDAY + **HEALTHCARE CONCENTRATION TRACK - FRIDAY**  
 \$280 for individuals  \$170 for students, peer support specialists and MAHEC employees

PRECONFERENCE - WEDNESDAY + MAIN CONFERENCE - THURSDAY + **HEALTHCARE CONCENTRATION TRACK - FRIDAY**  
 \$370 for individuals  \$260 for students, peer support specialists and MAHEC employees

**HEALTHCARE CONCENTRATION TRACK - FRIDAY**  \$100 for individuals  \$40 for students, peer support specialists and MAHEC employees