



# Aging in Place, Aging in Community

**Thursday, January 19, 2023**

**Location** Join us in-person or via live webinar  
MAHEC Education Building  
121 Hendersonville Rd  
Asheville NC 28803

**Date** **Thursday, January 19, 2023**

**Check-in** 12:30 pm–1:00 pm

**Program** 1:00 pm–5:30 pm

**Snow Date** **Thursday, January 26, 2023**

[REGISTER ONLINE](#)

## DESCRIPTION

This program will explore ways that individuals, family members, and professionals can prepare older adults to live safely, independently, and comfortably at home and in community as they age. The program expands the concept of aging in place to encompass aging in community.

Preparing to maximize wellbeing while aging requires much more than installing ramps and handrails. This program is intended to help learners consider how to plan for aging in place, regardless of financial circumstances. To live safely, independently, and comfortably requires not only quality housing, but also access to health and community services, social connections, and other resources. The speaker will provide information about several aspects of aging in place, such as living arrangements, safety, home modifications, technology, and affordability.

*This presenter is being supported through the partnership between the University of North Carolina School of Social Work and the NC AHEC Program.*

## TARGET AUDIENCE

Professionals in aging services, behavioral health professionals, family caregivers, community members of all ages, and other professionals who work with older adults

### EARLY FEES AVAILABLE THROUGH 1/12/2023

<b>\$99.00</b>	General Registration Fee
<b>\$85.00</b>	Five or more from same agency
<b>Free</b>	MAHEC Employees

## FACULTY

**Alison Climo, MSW, Ph.D.**, is a community engagement specialist at UNC-Chapel Hill, School of Social Work, Center for Aging and Adult Research and Education Services (CARES). From 2016 to 2022, she served as the coordinator for Age-Friendly Buncombe County. During that time, Alison helped form and facilitate the Housing Options for Aging in Place (HOAP) Working Group, which consists of professionals and community advocates with years of experience and expertise in health, aging, community services, planning, housing, and design. HOAP was featured on North Carolina Public Television's program NCimpact in March 2022.

*This project is supported by funds from the Bureau of Health Professions (BHP), Health Resources and Services Administration (HRSA), Department of Health and Human Services (DHHS) under grant number # 2U1QHP28734 Carolina Geriatric Workforce Enhancement Program. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by the BHP, HRSA, DHHS or the U.S. Government. The Center for Aging and Health, Carolina Geriatric Workforce Enhancement Program also provided support for this activity.*



[f MAHECED](#) [t MAHECwnc](#) [i mahec.education](#)

## CREDIT OFFERINGS

**NBCC:** MAHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5514. Programs that do not qualify for NBCC credit are clearly identified. MAHEC is solely responsible for all aspects of their programs. Approved for **4.00 hours**.



**Physical Therapy:** MAHEC, as part of the NC AHEC system, is a NCBPTE-approved provider of continuing competence for activities directly related to physical therapy. **3.5 NCBPTE contact hours**.

**Psychologists:** MAHEC is recognized by the North Carolina Psychology Board as an approved Provider of Category A Continuing Education for North Carolina Licensed Psychologists. Approved for **4.00 hours** Category A.

**Occupational Therapist/Assistant:** As of July 1, 2018, the NCBOT no longer accepts applications for pre-approval of CCAs. OT practitioners need to make sure they are completing activities that comply with Section .0800 of the NCBOT Rules. **4.0 CCAs**. Please select contact hours for your certificate.

**CEUs:** MAHEC designates this live continuing education activity as meeting the criteria for **0.40 CEUs** as established by the National Task Force on the Continuing Education Unit.

**Contact Hours:** MAHEC designates this live continuing education activity as meeting the criteria for **4.00 contact hours**.

## OBJECTIVES

**Upon completion of this workshop, participants should be able to:**

- Outline various aspects of aging in place, including the concept of aging in community.
- Describe available housing options and living arrangements.
- Identify resources available to support aging in place and aging in community.
- Name steps individuals can take to support aging in place and aging in community.

*MAHEC assumes permission to use audio, video, and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.*

## CONFERENCE AGENDA

**12:30–1:00** Check In

**1:00–2:00** **Housing Options and Living Arrangements**

- Traditional housing options
- Creative housing solutions
- Assessing for livability
- Activity

**2:00–2:30** **Activity**

**2:30–2:45** Break

**2:45–4:00** **Critical Areas for Consideration**

- Community
- Services and supports
- Technology
- Finances
- Planning ahead

**4:00–4:15** Break

**4:15–5:30** **Workshop**

- Putting the Pieces Together for an Ideal Individualized Fit

**5:30** Complete Attestation and Adjourn

## DIRECTIONS

**MAHEC Mary C. Nesbitt Biltmore Campus**  
**121 Hendersonville Road, Asheville, NC 28803**

**From I-40 E:** Take Exit 50 and turn left onto Hendersonville Road.

**From I-40 W:** Take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

**From 19-23 (I-26):**

Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

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## REGISTRATION

Event fees include administrative costs and educational materials. If your registration is received after the early registration deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations that are received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations received less than two full business days prior to the event
- No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)

## REGISTRATION FORM

☐ Updated contact information Event #68914

Name \_\_\_\_\_

Credentials \_\_\_\_\_

PIN # \_\_\_\_\_ (4 digits of your choosing that you will use each time you register)

Occupation \_\_\_\_\_

Email Address \_\_\_\_\_

*Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.*

☐ Please remove me from the MAHEC mailing list

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Home County \_\_\_\_\_

Home # \_\_\_\_\_ Work # \_\_\_\_\_

Employer \_\_\_\_\_

Department \_\_\_\_\_

Employer's Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Work County \_\_\_\_\_

I Will Attend ☐ In-person ☐ Via live webinar

### General Registration Fee

☐ \$99.00 ☐ \$114.00 if paying after 1/12/2023

### Five or more from same agency

☐ \$85.00 ☐ \$100.00 if paying after 1/12/2023

### MAHEC Employees

☐ Free

*Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.*

☐ Check is enclosed ☐ Credit card information below

☐ Visa ☐ MasterCard ☐ Discover Card ☐ AmEx

Account # \_\_\_\_\_

Expiration Month/Year \_\_\_\_\_ / \_\_\_\_\_

Verification Code \_\_\_\_\_ (3 or 4-digit number)

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

**Send completed registration to:** MAHEC Registration  
121 Hendersonville Road, Asheville, NC 28803

**Fax completed registration to:** 828-257-4768

### HAVE A QUESTION?



### Special Services

828-348-3630

### Program Planner

Katherine Van Horne

828-257-4400 | [Katherine.VanHorne@mahec.net](mailto:Katherine.VanHorne@mahec.net)

### Registration Phone

828-257-4475

### Email

[registration@mahec.net](mailto:registration@mahec.net)

### Registration Fax

828-257-4768

### Mail

MAHEC Registration  
121 Hendersonville Road  
Asheville, NC 28803

### Online Registration

[www.mahec.net/cpd](http://www.mahec.net/cpd)