

October 18 & 19, 2019

# MEDICINE BEYOND MEDICATION

## NARRATIVE HEALTHCARE SYMPOSIUM

### DESCRIPTION

In this statewide narrative healthcare symposium, discover how creative and reflective writing can supplement clinical practice and care. Hear stories from surgeons, general practitioners, nurses, social workers, and chaplains on how narrative practice in healthcare has provided additional support, both for themselves and their patients, clients, and practitioners. Write with practitioners within your discipline, applying data-evidence based methods: Reflective Writing, Expressive Writing, and Poetic Medicine. Share your own stories in a supportive environment very different from any you have encountered, where listening, appreciation, and encouragement balance out the pressures and quandaries of today's medical field.

Featured honored guest, **Rita Charon, MD, PhD**, founder of the Narrative Medicine Program at Columbia University, chair of the Department of Medical Humanities and Ethics at Columbia University, and 2019 Jefferson Scholar of the Humanities, will speak on October 18 at 7:00 p.m. at MAHEC in Asheville, followed by a question and answer session. Her talk will provide WNC practitioners guidance into the field of Narrative Medicine, in which third-year medical students, and others, develop narrative competency and narrative humility through the practice of close reading and reflective writing. Dr. Charon will explore how this practice prepares practitioners with listening skills that support exceptional care. These skills also serve the world beyond the clinic by building the ability to see the whole story of a person's health, including social determinants.

[CLICK HERE TO LEARN MORE ABOUT NARRATIVE HEALTHCARE](#)

### AUDIENCE

Physicians, physician assistants, nurse practitioners, nurses, mental health and substance use professionals, chaplains and others interested in narrative healthcare medicine.

WITH THE SUPPORT OF:



**LENOIR-RHYNE  
UNIVERSITY**

Asheville Center

PROVIDED BY:



#### LOCATION

**MAHEC Mary C. Nesbitt Biltmore Campus  
Education Building**  
121 Hendersonville Rd, Asheville NC 28803

#### PART 1

#### DATE REGISTRATION PROGRAM

**Friday, October 18, 2019**  
6:30 pm–7:00 pm  
7:00 pm–8:30 pm (*refreshments provided*)

#### PART 2

#### DATE REGISTRATION PROGRAM

**Saturday, October 19, 2019**  
9:00 am–9:30 am (*breakfast provided*)  
9:30 am–4:15 pm (*lunch provided*)

#### EARLY REGISTRATION FEES THROUGH OCTOBER 11, 2019

|             | Part 1  | Part 2   | Parts 1 & 2 |
|-------------|---|----------|-------------|
| PROGRAM FEE | \$50.00   | \$150.00 | \$180.00    |
| STUDENTS    | \$100 for Parts 1 & 2<br>( <i>Students must show ID at check-in</i> ) |          |             |

[CLICK HERE TO REGISTER](#)

### DIRECTIONS

**MAHEC Mary C. Nesbitt Biltmore Campus**  
121 Hendersonville Road, Asheville, NC 28803

**From I-40 E:** Take Exit 50 and turn left onto Hendersonville Road.

**From I-40 W:** Take Exit 50B and merge onto Hendersonville Road. At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

**From 19-23 (I-26):** Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

### OBJECTIVES

Participants will:

- Activate cost-efficient system-change through narrative practice
- Develop interpretive skills through close attention to narrative
- Applying story and humanities as a means of addressing social determinants of health

## CREDITS

### Continuing Medical Education

**Accreditation:** Mountain Area Health Education Center (MAHEC) is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians.

**Credit Designation:** MAHEC designates this live activity for a maximum of **7.5 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity. 1.5 credits Part 1 only; 6.0 credits Part 2 only; 7.5 credits Parts 1 & 2.

**Disclosure Statement:** MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.



**NAADAC:** This course has been approved by MAHEC, as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #165445. MAHEC is responsible for all aspects of their programming.

Approved for **up to 7.5** hours. 1.5 hours Part 1 only; 6.0 hours Part 2 only; 7.5 hours Parts 1 & 2.

**Psychologists:** MAHEC is recognized by the North Carolina Psychology Board as an approved Provider of Category A Continuing Education for North Carolina Licensed Psychologists. Approved for **up to 7.5** hours Category A. 1.5 hours Part 1 only; 6.0 hours Part 2 only; 7.5 hours Parts 1 & 2.

### Up to 7.5 CNE Contact Hours

Mountain Area Health Education Center (MAHEC) is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants must attend the entire activity to receive credit. 1.5 contact hours Part 1 only; 6.0 contact hours Part 2 only; 7.5 contact hours Parts 1 & 2.



**NBCC:** Mountain Area Health Education Center (MAHEC) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5514. Programs that do not qualify for NBCC credit are clearly identified. MAHEC is solely responsible for all aspects of the programs. **Up to**

**7.5** hours. 1.5 hours Part 1 only; 6.0 hours Part 2 only; 7.5 hours Parts 1 & 2.

**CEUs:** The Mountain Area Health Education Center designates this entire continuing education activity as meeting the criteria for **up to 0.8 CEUs** as established by the National Task Force on the Continuing Education Unit. CEUs: 0.2 CEUs Part 1 only, 0.6 CEUs Part 2 only, 0.8 CEUs Parts 1 & 2.

**Contact Hours:** MAHEC designates this continuing education activity as meeting the criteria for **up to 7.5** Contact Hours. Contact Hours: 1.5 contact hours Part 1 only; 6.0 contact hours Part 2 only; 7.5 contact hours Parts 1 & 2.

*MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.*

#### HAVE A QUESTION?

##### Contact the Program Planner

Scott Melton, M. Div.

[scott.melton@mahec.net](mailto:scott.melton@mahec.net) or 828-257-4402

REGISTRATION INFORMATION

828-257-4475

FAX REGISTRATION

828-257-4768

ONLINE REGISTRATION

[www.mahec.net/cpd](http://www.mahec.net/cpd)

EMAIL

[registration@mahec.net](mailto:registration@mahec.net)

MAIL MAHEC Registration

121 Hendersonville Road, Asheville, NC 28803



#### Special Services

828-348-3624

## AGENDA: OCTOBER 18, 2019

- 6:30-7:00** Registration
- 7:00-8:30** **The Humanities Have What Medicine Needs**  
— Rita Charon, MD, Ph.D
- 8:30** Medicine Beyond Medication Reception and Social (food provided)

## AGENDA: OCTOBER 19, 2019

- 9:00-9:30** Registration (breakfast provided)
- 9:30-10:30** **Stories in Healthcare**  
— Daniel J. Waters, DO, MA
- 10:30-12:00** Morning Breakout Sessions: **Narrative, Reflective, Expressive and Poetic Medicine Writing Modalities**
- 1:A** Social Worker Facilitator  
— Laurie Kovens, MSW, LCSW
- 1:B** Chaplain Facilitators  
— Terri Price, M.Div. & Andrew Taylor-Troutman, M. Div
- 1:C** Physician Assistant Facilitator  
— Alexandra Godfrey, MS, PA-C
- 1:D** Nurse Facilitator  
— Cathy DeMatteo, RN, MSN
- 1:E** Surgeon Facilitator  
— Daniel J. Waters, DO, MA
- 1:F** General Practitioner Facilitator  
— Cynthia Yancey, MD
- 1:G** Public Health Facilitator  
— Amy Upham, MPH, CPWIC
- 12:00-12:30** Lunch (provided)
- 12:30-1:45** Narrative Medicine  
— Jeff Heck, MD
- 1:45-2:00** Break
- 2:00-3:30** Afternoon Breakout Sessions
- 2:A Changing the Narrative: Themes and Challenges in Healthcare's Turn Toward Social Determinants of Health**  
— Laurie Kovens, MSW, LCSW; Cynthia Yancey, MD; & Tanya Davis, MA
- 2:B Finding Our Stories: From Stress to Reflection for Emotional Sustainability in Healthcare**  
— Cathy DeMatteo, RN, MSN; Daniel J. Waters, DO, MA; & Terri Price, M.Div.
- 2:C Moral Injury and Burnout**  
— Andrew Taylor-Troutman, M. Div; Alexandra Godfrey, MS, PA-C
- 3:30-4:15** **A New Story for Medicine in WNC**  
— Laura Hope-Gill, MFA

## PLANNING COMMITTEE

Kathy Robinson, MD  
Laura Hope-Gill, MFA  
Ronnie Metcalf, EdD, RN, ONC  
Scott Melton, M.Div

Send completed registration form to:

#20ME034/60178

MAHEC Registration

121 Hendersonville Road, Asheville, NC 28803

Fax: 828-257-4768



Stay connected! Follow us on Facebook: @MAHECEd



## REGISTRATION

**Early registration deadline: October 11, 2019**

Fees are \$50.00 for Part 1, \$150.00 for Part 2, and \$180.00 for Parts 1 & 2. For Students, the fee is \$100.00 for Parts 1 & 2 (must show student ID at check-in). These fees include administrative costs, educational materials, and refreshments. If registration is received after the deadline, the total will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations received less than two full business days prior to the event
- No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)

## REGISTRATION FORM

Updated contact information.

NAME \_\_\_\_\_

CREDENTIALS \_\_\_\_\_

SOCIAL SECURITY # XXX-XX- \_\_\_\_ \_\_\_\_ \_\_\_\_ (last 4 digits required)

OCCUPATION \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

HOME COUNTY \_\_\_\_\_

HOME # \_\_\_\_\_ WORK # \_\_\_\_\_

EMPLOYER \_\_\_\_\_

DEPARTMENT \_\_\_\_\_

EMPLOYER'S ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

WORK COUNTY \_\_\_\_\_

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

MEAL PREFERENCE  Vegetarian  Gluten-free  Vegan

### PART 1

PROGRAM FEE  \$50.00 (\$65.00 after 10/11/19)

### PART 2

PROGRAM FEE  \$150.00 (\$165.00 after 10/11/19)

### PARTS 1 & 2

PROGRAM FEE  \$180.00 (\$195.00 after 10/11/19)

STUDENTS  \$100.00 (\$115.00 after 10/11/19)  
(students must show ID at check-in)

### PART 2 CONCURRENT BREAKOUT SESSION SELECTION

**10:30 am–12:00 pm** (please choose one)

- 1:A. Social Worker Facilitator
- 1:B. Chaplain Facilitator
- 1:C. Physician Assistant Facilitator
- 1:D. Nurse Facilitator
- 1:E. Surgeon Facilitator
- 1:F. General Practitioner Facilitator
- 1:G. Public Health Facilitator

**2:00 pm–3:30 pm** (please choose one)

- 2:A. Changing the Narrative: Themes and Challenges in Healthcare's Turn Toward Social Determinants of Health
- 2:B. Finding Our Stories: From Stress to Reflection for Emotional Sustainability in Healthcare
- 2:C. Moral Injury and Burnout

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

- Check is enclosed  Credit card information provided
- Visa  MasterCard  Discover Card  American Express

ACCOUNT # \_\_\_\_\_

EXP \_\_\_\_ / \_\_\_\_ CODE ON BACK OF CARD \_\_\_\_\_ (3 digits)

NAME ON CARD \_\_\_\_\_

SIGNATURE \_\_\_\_\_