

14TH ANNUAL SCIENTIFIC MEETING

FRI–SUN, SEPTEMBER 27–29, 2024

OMNI LOUISVILLE HOTEL | LOUISVILLE, KY

Jointly provided by:



CELEBRATING **50** YEARS
MAHEC
PART OF NC AHEC





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[REGISTER ONLINE](#)

DESCRIPTION

Drawing from both scientific and clinical research, Southern Headache Society's 14th Annual Scientific Meeting will focus on clinical advances in headache medicine. Some of the lecture topics will include:

- channelopathies and migraine
- epigenetics and the role of environment/lifestyle in headache
- POTS for the headache medicine practitioner
- impact of hormonal and fertility treatment in headache medicine
- nutraceuticals and non-pharmacologic treatments
- emerging pharmaceutical treatment targets
- clinical trial design impact on clinical practice
- impact and incorporating research into one's practice

The curriculum is intended for specialists and trainees in headache medicine as well as general neurology and primary care providers treating patients with headache.

AUDIENCE

Our target audience includes Physicians (MD, DO), Advance Practice Providers (APPs), Nurses, trainees, and other interested healthcare professionals.

VENUE & LODGING

Omni Louisville Hotel
400 S 2nd Street
Louisville, KY 40202

502-313-6664

A block of rooms has been reserved from September 26–29, 2024, at the rate of **\$269.00 per night** (plus tax). When inquiring over the phone, be sure to ask for the “Southern Headache Society Annual Scientific Meeting” room block.

To ensure availability, please submit your reservation as soon as possible. These special room rates will be available until **August 26, 2024**, or until the group block is sold-out—whichever comes first.

OBJECTIVES

At the conclusion of this continuing education event, providers and clinicians will be able to:

- Evaluate the latest scientific and clinical research findings on channelopathies and their impact on migraine pathophysiology
- Synthesize current knowledge on the role of epigenetics and environmental/lifestyle factors in the development and management of headaches
- Integrate emerging pharmaceutical treatment targets into clinical practice for improved patient outcomes in headache medicine
- Apply knowledge of POTS (Postural Orthostatic Tachycardia Syndrome) to the management of headache patients, enhancing diagnostic accuracy and treatment efficacy
- Assess the impact of hormonal fluctuations and fertility treatments on headache disorders
- Implement nutraceutical and non-pharmacologic treatment options for headache, evaluating their efficacy and safety in clinical practice
- Develop strategies for incorporating cutting-edge research into clinical practice, ensuring evidence-based care for headache patients
- Enhance patient care quality by participating in interdisciplinary collaboration and knowledge-sharing among neurology and primary care practitioners
- Utilize case studies and clinical scenarios to refine diagnostic and therapeutic approaches in headache medicine, ensuring comprehensive patient management

[DIRECTIONS](#)

[RESERVE
ONLINE](#)

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CREDIT OFFERINGS

Continuing Medical Education

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Southern States CME Collaborative (SSCC) through the joint providership of MAHEC and Southern Headache Society. MAHEC is accredited by the SSCC to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live activity for a maximum of **14.0** AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

Physician Assistants: AAPA accepts certificate of participation for educational activities certified for AMA PRA Category 1 Credits[™] from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of **14.0** hours of Category 1 credit for completing this program.

Nurse Practitioners: This activity is designated for **14.0** AMA PRA Category 1 Credits[™].

CEUs: MAHEC designates this continuing education activity as meeting the criteria for **1.4** CEUs as established by the National Task Force on the Continuing Education Unit.

Contact Hours: MAHEC designates this continuing education activity as meeting the criteria for **14.0** contact hours.

AGENDA OVERVIEW

FRIDAY, SEPTEMBER 27, 2024

Registration: 11:00 am–1:00 pm (*lunch provided*)

Program: 1:00 pm–5:20 pm

Optional Reception: 5:20 pm–6:20 pm

SATURDAY, SEPTEMBER 28, 2024

Registration: 6:30 am–8:00 am (*breakfast provided*)

Program: 8:00 am–4:10 pm (*lunch provided*)

Optional Social Event: 6:00 pm–8:00 pm

SUNDAY, SEPTEMBER 29, 2024

Registration: 6:15 am–8:00 am (*breakfast provided*)

Program: 8:00 am–12:40 pm

FRIDAY, SEPTEMBER 27, 2024

- 11:00–1:00** Registration Opens
- 11:00–1:00** Lunch (*provided*)
- 11:30–12:30** Industry Presentation (*no CME given*)
- 12:30–1:00** Exhibitors
- 1:00–1:10** Welcome and Introductions
 - Deborah Friedman, MD, MPH, FAAN, FAHS
 - Chaouki Khoury, MD, MS, FAAN, FAHS

PLENARY 1

Moderated by Rebecca Wells, MD, MPH, FAHS, FAAN and Lauren Strauss, DO, FAHS

- 1:10–1:35** Channelopathies and Migraine
 - Lawrence Robbins, MD
- 1:35–2:00** The Interictal Period
 - Simy Parikh, MD
- 2:00–2:25** **Keynote Presentation:** Reconceptualizing Migraine Progression — What Can We Do?
 - Dawn Buse, PhD, FAHS
- 2:25–2:50** Epigenetics and the Role of Environment and Lifestyle
 - Will Renthall, MD, PhD, FAHS
- 2:50–3:05** Q&A Session
- 3:05–3:25** Break and Exhibitors
- 3:25–3:50** Extra-cephalgic Migraine Manifestations
 - Chaouki Khoury, MD, MS, FAAN, FAHS
- 3:50–4:15** A Practical Approach to POTS in the Headache Clinic
 - Christopher Oakley, MD
- 4:15–4:40** Sleep and Headache
 - Hrayr Attarian, MD
- 4:40–5:05** The NFL Concussion Settlement: My Experience
 - Randolph Evans, MD, FAAN, FAHS
- 5:05–5:20** Q&A Session
- 5:20–6:20** Wine & Cheese Reception (*Exhibit Hall*)

SATURDAY, SEPTEMBER 28, 2024

- 6:30–8:00** Check-in Opens
- 6:30–7:45** Breakfast (*provided*)
- 7:00–8:00** CME Symposium
- 8:00–8:05** Welcome and Introductions
— Carrie Dougherty, MD, FAHS
— Brian Plato, DO, FAHS

PLENARY 2

Moderated by Carrie Dougherty, MD, FAHS
and Brian Plato, DO, FAHS

- 8:05–8:30** Medical-legal: Expert Witness 101
— Randolph Evans, MD, FAAN, FAHS
- 8:30–8:55** Impact: Your Work Matters!
— Dawn Buse, PhD, FAHS
- 8:55–9:20** New Therapeutic Targets
— Sara Sacco, MD, FAHS
- 9:20–10:00** Year in Review
— Elizabeth “Liz” Leroux, MD, FRCPC
- 10:00–10:15** Q&A Session
- 10:15–10:35** Break and Exhibitors
- 10:35–11:00** Hormonal and Fertility Treatment
in Headache Medicine
— Megan Donnelly, DO
- 11:00–11:25** Considerations in Care of Transgender
Patients in Headache Medicine
— Barbara Nye, MD, FAHS
- 11:25–11:50** Obesity in Migraine and IHH
— Deborah Friedman,
MD, MPH, FAAN, FAHS
- 11:50–12:10** Q&A Session
-
- 12:10–1:30** Lunch (*provided*)
- 12:40–1:40** Industry Presentation with
Gold Supporter (*no CME given*)
- 1:45–2:15** SHS Business Meeting (*no CME given*)

PLENARY 3

Moderated by Megan Donnelly, DO
and Brian Loftus, MD

- 2:15–2:40** Diet and Migraine
— Margaret Slavin, PhD, RD
- 2:40–3:05** Neuromodulation for Migraine
— Marshall Freeman, MD, FAHS,
FAANEM, FAAN
- 3:05–3:25** AI: Friend and Foe
— Alison Alford, MD, FAHS, FAAN
- 3:25–4:00** The Science of Well-Being
— Gloria Simms, MD
- 4:00–4:10** Q&A Session
-
- 4:30–5:00** Zumba™
- 6:00–8:00** Downs After Dark:
SHS Social at Churchill Downs

OPTIONAL SOCIAL EVENT*

Downs After Dark
Saturday, September 28, 2024
6:00–8:00 pm (gates open at 5:00 pm)

Churchill Downs
Homestretch Club Terrace
700 Central Avenue

DIRECTIONS

Join us Saturday evening at Churchill Downs
for all-inclusive food and beverage service.
Enjoy covered patio dining tables on the terrace
overlooking the Homestretch.

- Chef’s Table Buffet until 8:00 pm
- Bar (beer, wine, and spirits) open until the
second to last race, approximately 11:00 pm
- Live mutuels for wagering
- Access to the Homestretch Club

**Registration to attend this optional social event
closes on August 26, 2024. Transportation to and
from the social event is not provided—guests are
encouraged to carpool or utilize rideshare.*

SUNDAY, SEPTEMBER 29, 2024

- 6:15–8:00** Check-in Opens
- 6:15–7:45** Breakfast (*provided*)
- 6:30–7:30** Industry Presentation (*no CME given*)
- 7:30–8:00** Exhibitors and Coffee
- 8:00–8:05** Welcome and Introductions
— Sara Sacco, MD, FAHS
— Michael Ready, MD, FAHS

PLENARY 4

Moderated by Sara Sacco, MD, FAHS
and D. Michael Ready, MD, FAHS

- 8:10–8:35** Ethical Considerations in Clinical Trials
— Stephanie Vertrees, MD, FAHS
- 8:35–9:00** Why Our Patients' Stories Matter: The Importance of Narrative Medicine
— Rebecca Wells, MD, MPH, FAHS, FAAN
— Kristen Zeller, MD
- 9:00–9:25** Billing and Coding Update
— Chaouki Khoury, MD, MS, FAAN, FAHS
- 9:25–9:50** Clinical Trials in Your Clinical Practice: The Nuts and Bolts of Getting Started and Ensuring Success
— Jennifer Fehmel, CCRC
- 9:50–10:05** Q&A Session
- 10:05–10:20** Break and Exhibitors
- 10:20–10:45** The Headache Medicine Specialist as Entrepreneur
— Alison Alford, MD, FAHS, FAAN
- 10:45–11:10** Medication Overuse Headache — Were We Taught Wrong?
— Brian Loftus, MD
- 11:10–11:35** The Pharmacy Benefit Manager and Access to Treatments
— Katie Blain, PharmD, MPH, BCACP
- 11:35–11:50** SHS Best Post Award
- 11:50–12:15** LAST, But Not Least
— Deborah Friedman, MD, MPH, FAAN, FAHS
- 12:15–12:30** Q&A Session
- 12:30–12:40** Wrap-up and Thank You
- 12:40** Adjourn

MAHEC and Southern Headache Society assume permission to use audio, video, and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

MEDICAL COURSE DIRECTORS

Deborah Friedman, MD, MPH, FAAN, FAHS

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Dallas, TX

Chaouki Khoury, MD, MS, FAAN, FAHS

Southeast Center for Headaches
Atlanta, GA

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Nashville, TN

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Washington, DC

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Calgary, Alberta, Canada

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Headache Wellness Center
Greensboro, NC

Barbara Nye, MD, FAHS

Atrium Health Wake Forest Baptist
Winston Salem, NC

Sara Sacco, MD, FAHS

Carolinas Headache Clinic
Matthews, NC

Gloria Simms, MD

DHR Neurology Institute Headache Center
McAllen, TX

FACULTY BIOGRAPHIES

[Click here to read about our 2024 presenters.](#)

REGISTRATION POLICIES

Early registration deadline: August 26, 2024

Program fees include administrative costs, educational materials, breakfast, and lunch. If your registration is received after the early registration deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations that are received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations received less than two full business days prior to the event
- No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)

HAVE A QUESTION?

Program Planner

Dina Gillespie
828-771-4216 | dina.gillespie@mahec.net

Registration Phone

828-257-4475

Registration Fax

828-257-4768

Online Registration

mahec.net/events



Special Services

828-771-3490

Email

registration@mahec.net

Mail

MAHEC Registration
121 Hendersonville Road
Asheville, NC 28803



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REGISTRATION FORM

By registering below, you are granting permission for your contact information to potentially be shared with Southern Headache Society.

Event #73537

Updated contact information

Name _____

Credentials _____

Occupation _____

Email Address _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove me from the MAHEC mailing list

Home Address _____

City _____ State _____ ZIP _____

Home County _____

Home # _____ Work # _____

Employer _____

Department _____

Employer's Address _____

City _____ State _____ ZIP _____

Work County _____

Dietary Preference (if applicable)

Vegetarian Gluten-free Vegan

Send completed registration to: MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803

Fax completed registration to: 828-257-4768

PAYMENT SELECTION

SHS Members: Physicians (MD/DO)

\$329.00 \$479.00 if paying after 8/26/2024

SHS Members: PhD, PA, RNP, and Others

\$229.00 \$379.00 if paying after 8/26/2024

Non-SHS Members

\$499.00 \$649.00 if paying after 8/26/2024

Discount Code: _____

Only available to residents, event faculty, SHS board members, and leveled supporters/exhibitors.

OPTIONAL SOCIAL EVENT*

SHS Members \$100.00 per person

Non-SHS Members \$150.00 per person

Spouses & Guests \$150.00 per person

**Must register by August 26, 2024. If you need to register more than one additional person, please call 828-257-4475 or email registration@mahec.net.*

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

CHECK IS ENCLOSED

PAYING WITH CARD

Visa MasterCard Discover Card AmEx

Account # _____

Expiration Month/Year _____ / _____

Verification Code _____ (3 or 4-digit number)

Name on Card _____

Signature _____