SOUTHERN HEADACHE SOCIETY
6th ANNUAL SCIENTIFIC MEETING
Saturday and Sunday
September 24-25, 2016
Renaissance Hotel Asheville | Asheville NC

KEYNOTE SPEAKER
Peter Goadsby, MD, PhD
Professor of Neurology
King’s College London
Director, NIHR-Wellcome Trust
Clinical Research Facility,
King’s College Hospital, London, UK
Professor of Neurology,
University of California, San Francisco

3 tracks to customize your conference:
General Neurology: Procedures and Tools
Headache Specialist
Behavioral Medicine

CONFERENCE AT A GLANCE
PRECONFERENCE
Time:  Registration:
12:30 PM - 1:00 PM
Program: 1:00 PM - 4:15 PM
MAIN CONFERENCE - DAY 1
Time:  Registration Begin:
Saturday, September 24, 2016
7:00 AM - 8:00 AM
Program: 8:00 AM - 4:30 PM
MAIN CONFERENCE - DAY 2
Time:  Registration Begin:
Sunday, September 25, 2016
7:00 AM - 8:00 AM
Program: 8:00 AM - 12:45 PM

PRECONFERENCE FEES -- SEPTEMBER 23, 2016
$99 per person for MD/DO
$79 per person for PhD, RNP/PA and other health professionals

MAIN CONFERENCE FEES -- SEPTEMBER 24-25, 2016
For Southern Headache Society Paid Members:
$229 per person for MD/DO
$129 per person for PhD, RNP/PA and other health professionals
For Non-members:
$329 per person for MD/DO
$229 per person for PhD, RNP/PA and other health professionals

To join Southern Headache Society, go to SouthernHeadache.org

Basic science research furthers understanding, while clinical research potentially offers clinicians new tools or approaches for the treatment of headache patients. Drawing from both scientific and clinical research, The Southern Headache Society 6th Annual Scientific Meeting will focus on recent advances in the field of Headache Medicine, as well as areas of interest including a review of foundations for advanced treatment of headache patients.

The curriculum is intended for participants with advanced knowledge of Headache Medicine, as well as, those with more fundamental knowledge. The focus of the meeting is on clinical topics such as migraine therapies and neurologic aspects of headache, supplemented by basic science lectures of interest to the clinician arranged in three educational tracks—General Neurology Procedure Track, Headache Specialist Track, and Behavioral Medicine Track.

AUDIENCE
Physicians (MD, DO), PhDs, RNP, PAs and Psychologists

PRECONFERENCE  Friday, September 23rd
How Enlightenment Changes Your Brain
Join the Southern Headache Society in a fascinating and scientific look at how enlightenment experiences change the brain. Dr. Andrew Newberg takes a non-religious and non-spiritual approach to the concept of enlightenment, by discussing his findings of online surveys and MRI brain scans of people who have reported enlightenment experiences.

Objective: Describe key aspects of enlightenment experiences and how it impacts treatment outcomes

12:30PM-1:00PM  Registration and Speaker Introduction
1:00PM-1:45PM  Neuroscience: What Does Enlightenment (the real resting state of the brain) Look Like?
1:45PM-2:30PM  Specific Practices Which Enhance the Neuroplasticity Related to Enlightenment
2:30PM-2:45PM  Break
2:45PM-3:30PM  What Do Practices that can Lead to Enlightenment Offer the Medical Practitioner?
3:30PM-4:15PM  Exercises and Discussion Related to Enlightenment to Gain Greater Emotional Control of Your Mind

GET THE BEST RATE!
Main Conference Early Registration ends August 23, 2016.
After August 23rd, Registration fees increase by $50.
**CONFERENCE OBJECTIVES**

At the conclusion of this program, providers/clinicians will be able to:

- Select innovative therapies, medications, and procedures for the treatment of headache, migraine and TBI patients
- Perform specific interventional techniques with headache patients in their office setting
- Incorporate 2015’s learned, evidence-based headache literature into their daily practice
- Utilize appropriate behavioral interventions when interacting with patient’s experiencing headaches, migraines or TBI

**KEYNOTE SPEAKER:** Peter Goadsby, MD, PhD

Peter Goadsby obtained his basic medical degree and training at the University of New South Wales, Australia. His neurology training was done under the supervision of Professor James W. Lance in Sydney. After post-doctoral work in New York with Don Reis at Cornell, with Jacques Seylaz at Universite VII, Paris, and post-graduate neurology training at Queen Square in London with the Professors C. David Marsden, Andrew Lees, Anita Harding and W. Ian McDonald, he returned to the University of New South Wales, and the Prince of Wales Hospital, Sydney as a consultant neurologist and was promoted to Associate Professor of Neurology. He was appointed a Wellcome Senior Research Fellow at the Institute of Neurology, University College London in 1995. He was Professor of Clinical Neurology and Honorary Consultant Neurologist at the National Hospital for Neurology and Neurosurgery, Queen Square, London. He is now Professor of Neurology in the Department of Neurology, University of California, San Francisco and remains Honorary Consultant Neurologist at the Hospital for Sick Children, Great Ormond St, London.

His major research interests are in the basic mechanisms of head pain in both experimental settings and in the clinical context of headache management. The work of the Headache Group involves human imaging and electrophysiological studies in primary headache, as well as experimental studies of trigeminovascular nociception. The aim is to understand what parts of the brain drive and modulate headache syndromes, and how these might be modified by treatment.
MAHEC is recognized by the North Carolina Psychology Board as an approved provider of Category A Continuing Education for North Carolina Licensed Psychologists. Full attendance is required to receive credit from the NC Psychology Board. Pre-conference is 3.0 credits.

Continuing Medical Education (CME)

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of the Mountain Area Health Education Center and the Southern Headache Society. The Mountain Area Health Education Center is accredited by the NCMS to provide continuing medical education for physicians.

MAHEC designates these live activities for a maximum of 14.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Pre-conference is 3.0 credits. Two day conference is 11.0 credits.

Disclosure
The Mountain Area Health Education Center adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the activity.

CME Contact Hours

11.0 CME Contact Hours (Preconference)
3.0 CME Contact Hours (Two day conference)

The Mountain Area Health Education Center’s Department of Nursing Education is an Approved Provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. Participants must attend entire activity or activities to receive credit. No partial credit is given for this activity.

MAHEC adheres to the ANCC/ACSM Standards regarding industry support to continuing nursing education. Disclosure ofpresenters, planners, and commercial support relationships, if any, will be made known at the time of the activity.

The Mountain Area Health Education Center’s Department of Nursing operates in an ethical manner and complies with all applicable local, regional, and state or national laws and regulations as outlined in our Corporate Compliance Plan.

Continuing Education Units (CEU): The Mountain Area Health Education Center designates these continuing education activities as meeting the criteria for CEUs as established by the National Task force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

Pre-conference is 0.3 CEUs. Two day conference is 1.1 CEUs.

NBCC*: *NBCC credit available for Preconference ONLY

MAHEC and Southern Headache Society are cosponsors of this program. This cosponsorship has been approved by NBCC. MAHEC is an NBCC Approved Continuing Education Provider, ACEP No. 5514. MAHEC is solely responsible for this program, including the awarding of NBCC credit.

Pre-conference is 3.0 credits.

Southern Headache Society’s 6th Annual Scientific Meeting’s Preconference: Enlightenment and the Brain has been approved by NBCC for NBCC credit. Sessions approved for NBCC credit are clearly identified. MAHEC is solely responsible for all aspects of the program. NBCC Approval No. SP5514.

Psychologists:
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Updated contact info

Name ____________________________

Credentials __________________________________________

Social Security # XXX-XX- __________ (last 4 digits required)

Occupation ____________________________________________

E-mail Address __________________________________________

Home Address ____________________________________________

City __________________ State ______ Zip ___________

Home County ____________________________________________

Home # ______________ Work # ______________

Employer ____________________________________________

Department ____________________________________________

Employer’s Address ____________________________________________

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EARLY REGISTRATION DEADLINE: AUGUST 23, 2016

PRECONFERENCE  SEPTEMBER 23, 2016

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After Aug. 23rd

☐ $279

☐ $179

☐ $379

☐ $279

Please select a track:

☐ GENERAL NEUROLOGY PROCEDURE TRACK

☐ HEADACHE SPECIALIST TRACK

☐ BEHAVIORAL MEDICINE TRACK

To join Southern Headache Society, go to SouthernHeadache.org

☐ Check is enclosed  ☐ Credit card info provided

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Signature ____________________________

Send completed registration form to:

MAHEC Registration, 121 Hendersonville Rd., Asheville, NC 28803

Fax to 828-257-4768

#17ME003/48831
A fascinating and scientific look at how enlightenment experiences change the brain

HOW ENLIGHTENMENT CHANGES YOUR BRAIN

Friday, September 23, 2016

with
Andrew Newberg, MD

Renaissance Hotel Asheville | 31 Woodfin Street

Jointly provided by
NBCC, NC Psychology Board
CME, CNE and CEU Credit

MAHEC
# HOW ENLIGHTENMENT CHANGES YOUR BRAIN

**Friday, September 23, 2016**

Join us for a fascinating and scientific look at how enlightenment experiences change the brain. Dr. Andrew Newberg takes a non-religious and non-spiritual approach to the concept of enlightenment, by discussing his findings of online surveys and MRI brain scans of people who have reported enlightenment experiences.

Dr. Andrew Newberg is an American neuroscientist who is the Director of Research at the Myrna Brind Center for Integrative Medicine at Thomas Jefferson University Hospital, an Adjunct Professor of Religious Studies and an Associate Professor of Radiology at the University of Pennsylvania School of Medicine.

He has been a prominent researcher in the field of nuclear medical brain imaging. In particular, his research has focused on the development of neurotransmitter tracers for the evaluation of religiosity disease and Parkinson’s disease as well as neurological and psychiatric disorders including clinical depression, head injury and Alzheimer’s disease.

### Agenda

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**Fee:** $79 per person | $99 per person for physicians

Registration fee includes administrative costs and educational materials. MAHEC has a pay-up-front policy for all CE programs. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

Have a question?

**Program Director:**
Elaine Alexander, MSN, RNC-OB
elaine.alexander@mahec.net
828-257-4414

**Registration Information:**
registration@mahec.net
828-257-4475

**Special Services:**
828-257-4468
NBCC: MAHEC and Southern Headache Society are cosponsors of this program. This cosponsorship has been approved by NBCC. MAHEC is an NBCC Approved Continuing Education Provider, ACEP No. 5514. MAHEC is solely responsible for this program, including the awarding of NBCC credit. **3.0 credits.**

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Disclosure: The Mountain Area Health Education Center adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the activity.

Medical Course Director: Morris Maizels, MD

**3.0 CNE Contact Hours**
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**How Enlightenment Changes Your Brain • Friday, September 23, 2016**

Register online at www.mahec.net or complete this form and send to MAHEC by mail or fax.

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