



**Southern Pain Society
35th Annual Meeting**

**Pain Management:
The Times They Are A-Changing**

September 10-12, 2021

Astor Crowne Plaza Hotel
New Orleans

Jointly provided by





Pain Management: The Times They Are A-Changing

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This conference will address the complex landscape of chronic pain treatment across the continuum of primary and specialty care, including pharmacological, non-pharmacological, and interventional modalities.

The curriculum is intended for participants with fundamental as well as advanced knowledge of chronic pain. The focus of the meeting will cover the following clinical topics: Options, advances, pharmacological treatments and interventional management of headaches, peripheral nerve pain, rheumatoid and psoriatic arthritis and ankylosing spondylitis, cancer pain, telehealth, billing and the management of pain in children and women.

AUDIENCE

Physicians, nurse practitioners, physician assistants, RNs, psychologists and any other interested healthcare professionals.

CONFERENCE OBJECTIVES

At the conclusion of this program, healthcare providers will be able to:

- Discuss the pharmacologic options and advances for managing migraines
- Review the interventional therapies for refractory headaches
- Outline new treatments for rheumatoid and psoriatic arthritis and ankylosing spondylitis
- Discuss interventional pain management techniques for primary care and specialist providers
- Review the use of interventional modalities for managing peripheral nerve pain
- Update the management of pain in cancer patients, children and women
- Discuss telehealth, telementoring and billing in the era of COVID

THE SOUTHERN PAIN SOCIETY – JOIN AND SAVE!

The Southern Pain Society (SPS) was established in 1986. The Southern Pain Society's mission is to serve people with pain by advancing research and treatment and to increase the knowledge and skill of the regional professional community.

Visit www.southernpainsociety.org to join and take advantage of the discounted registration fee.

POSTER PRESENTATIONS

Each year, we host a poster session where professionals and learners can showcase their research and projects. Posters can be clinically or research oriented. Please see the SPS website at www.southernpainsociety.org for details on submission.



PROGRAM AGENDA

FRIDAY, SEPTEMBER 10

- 1:00 – 1:15 Welcome and Course Overview
- 1:15 – 2:15 New Agents and Approaches for Migraine Treatment
Elizabeth Loder, MD, MPH
- 2:15 – 3:15 Interventional Therapies for Refractory Headaches
Samer Narouze, MD, PhD
- 3:15 – 3:45 Break
- 3:45 – 4:45 Ketamine: The Good, The Bad and The Ugly
R. Norman Harden, MD

SATURDAY, SEPTEMBER 11

- 7:00 – 8:00 Sponsored Breakfast
- 8:00 – 8:15 Welcome and Agenda Review
- 8:15 – 9:15 Pain Management in 2021: Exploring the Benefits of ECHO
Pain Telementoring and Direct Telehealth for Your Practice
Joanna Katzman MD, MSPH
- 9:15 – 10:15 Pain Management in Infants, Children, and Adolescents
Helen N. Turner, DPN, CNS, APRN
- 10:15 – 10:45 Break
- 10:45 – 11:45 Personality Disorders in Chronic Pain: The Chicken or the Egg
James Weisberg, PhD
- 12:00– 1:00 Sponsored Lunch
- 1:00 – 2:00 Uncommon Pain Syndromes
Maged Guirguis, MD
- 2:00 – 3:00 New Treatments for Rheumatoid and Psoriatic Arthritis and
Ankylosing Spondylitis
Lynne S. Peterson, MD
- 3:00 – 3:30 Break
- 3:30 – 4:30 Cancer Pain Management Challenges: Beyond Opioids
Keith Swetz, MD, MA
- 4:30 – 5:00 Business Meeting
- 5:00 – 6:00 Reception with Poster Presentations

SUNDAY

- 7:00 – 8:00 Sponsored Breakfast
- 8:00 – 8:15 Welcome and Agenda Review
- 8:15 – 9:15 Interventional Pain Techniques for the Primary Care Provider
Eric Royster, MD
- 9:15 – 10:15 Chronic Pain in Women
Colleen Fitzgerald, MD, MS
- 10:15 – 10:30 Break
- 10:30 – 11:30 Peripheral Nerve Interventions
TBD
- 11:30 – 12:30 Legal Issues for Telehealth and E/M Billing During and After
Covid
David Vaughn, Esq. CPC
- 12:30 – 12:45 Close-out/evaluations

CREDITS

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of Mountain Area Health Education Center (MAHEC) and Southern Pain Society. MAHEC is accredited by the NCMS to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live educational activity for a maximum of 15.0 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

Continuing Nursing Education (CNE) Contact Hour: Mountain Area Health Education Center (MAHEC) is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants must attend 80% of the activity to receive credit.

Contact Hours and Continuing Education Units (CEU): MAHEC designates this live continuing education activity as meeting the criteria for 15.0 contact hours.

MAHEC designates this live continuing education activity as meeting the criteria for 1.5 CEUs as established by the National Task Force on the Continuing Education Unit.

PROGRAM FACULTY

Colleen M. Fitzgerald, MD, MS

Professor, Physical Medicine and Rehabilitation (PM&R)
Loyola University/ Chicago Stritch School of Medicine
Maywood, Illinois

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Medicine
Ochsner Medical School
New Orleans, Louisiana

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Professor
Northwestern University
Athens, Georgia

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Portland, Oregon

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Baton Rouge, Louisiana

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Associate Professor of Anesthesiology
UAB School of Medicine
Birmingham, Alabama

Program Medical Director

Thomas Davis, MD
Chattanooga, Tennessee



REGISTRATION & CANCELLATION FEES

Registration fee for the conference includes course materials, continental breakfasts, coffee breaks, lunch and a reception on Saturday, and other amenities involved in creating a comfortable and rewarding learning experience. A maximum enrollment has been set, so early registration is highly recommended.

Written cancellations received by August 20, 2021 will receive a full refund. Cancellations received between three weeks and 72 hours prior to the program date will receive a 70% refund. No refunds will be given for cancellations received within 72 hours of the meeting, although substitutions will be permitted.

Have a question?

Lisa Roy

Lisa.Roy@mahec.net

828-257-4491



Special Services:
828-257-4491

Registration Information:

828-257-4475

Fax Registration:

828-257-4768

Online Registration:

www.mahec.net/sps

Email:

registration@mahec.net

Mail: MAHEC Registration

121 Hendersonville Rd., Asheville, NC 28803

MAHEC respectfully requests that payment be made at time of registration. This facilitates easy and quick check-in at the conference.

ADA Statement

If you need any of the auxiliary aids or services identified in the American with Disabilities Act in order to attend this course, Lisa Roy at 828-257-4491.

LOCATION AND ACCOMMODATIONS

Astor Crowne Plaza

739 Canal St. at Bourbon
877-270-1393
www.astornenorleans.com/

A Four Diamond New Orleans Luxury Hotel, Radiating Elegance. Situated amid one of the country's most exhilarating cities, Astor Crowne Plaza New Orleans features a wealth of lavish conveniences that make it a vacation destination of its own. Indulge in delicious Creole specialties and decadent desserts at Dickie Brennan's Bourbon House and Beyond, conveniently stationed within our ideally-located French Quarter hotel. You may also enjoy a relaxing dip in our sparkling swimming pool.

Reservations

A limited block of rooms has been reserved at the Astor Crowne Plaza New Orleans for reservations received by August 27, 2021. If you wish to make reservations, please call 877-408-9661 and refer to the Southern Pain Society to receive the special rate of \$159 per night (+ state and local taxes). Room blocks fill quickly; we encourage you to make your reservations as soon as possible.

There is a convenient link to book your hotel room online at southernpainsociety.org. Day Valet parking is available for \$20 per day.

Southern Pain Society

southernpainsociety.org • info@southernpainsociety.org • 828-575-9275

PLANNING COMMITTEE

Thomas Davis, MD
Conference Co-Chair

Ann Quinlan-Colwell, PhD, APN
Conference Co-Chair

David Gavel, PhD

Randall Roig, MD

Harry J. Gould, III, MD, PhD

Lisa Roy, MSW

R. Norman Harden, MD

Eric Royster, MD

Donald Penzien, PhD

Michele Simoneaux, MD

Lori H. Postal, RN, MHA

B. Todd Sitzman, MD

James Weisberg, PhD





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REGISTRATION FORM

Updated contact info

Name _____

Credentials _____

Social Security # **XXX-XX-** _____ (last 4 digits required)

Specialty _____

E-mail Address _____

Address _____

City _____ State _____ Zip _____

Home # _____ Work # _____

EARLY REGISTRATION BY AUGUST 27, 2021

Southern Pain Society Members

- \$395 Doctoral Level (MD, DO, PhD)
- \$335 Non – Doctoral Level (NP, PA, RN)
- \$60 Student/Fellow/Resident

Non-Southern Pain Society Members

- \$475 Doctoral Level (MD, DO, PhD)
- \$405 Non – Doctoral Level (NP, PA, RN)
- \$90 Student/Fellow/Resident

Late Registration after August 27, 2021 will be an additional \$50

- Check is enclosed payable to MAHEC Credit card info provided
- Visa Mastercard Discover Card American Express

Account # _____ Exp _____ / _____ Code on back of card _____

Name on Card _____

Signature _____

Send completed registration form to:
 MAHEC Registration
 121 Hendersonville Rd., Asheville, NC 28803
 Fax to 828-257-4768

Or register online at www.mahec.net/sps or www.southernpainsociety.org