



# *Annual Meeting*

JULY 20-23, 2022



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*Please join us for this can't-miss event of the summer  
at the Biltmore Estate in Asheville, NC.*

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## DESCRIPTION

Now in its 68th season, the **Southern Obstetric and Gynecologic Seminar** is a three-day educational event designed to address relevant and timely topics in women's health for the busy provider. Distinguished lecturers and leading experts in the field of obstetrics and gynecology will present clinical best practices and care recommendations that the provider can easily implement to improve patient care and outcomes.

The content covered in this year's conference was derived from assessing the information needs and educational gaps reported by Southern's physician and advanced practice provider (APP) membership. Information will be delivered through a series of four lectures each day, case studies, and question-and-answer sessions. Lectures will address chronic pelvic pain, medical malpractice, gender-affirming care, advances in minimally invasive surgery, fibroids, obstetric positioning techniques, legislative updates impacting Ob/Gyns, and opioid prescribing in obstetrical practice.

Accompanying the academic portion of the annual meeting, Southern's members value the opportunity to interact socially with longstanding and new members. This year, Southern returns to the Biltmore Estate—George W. Vanderbilt's summer house. Make plans to attend Wednesday evening's Welcome Reception and the Friday evening Membership Banquet back again at the Antler Hill Barn. Thursday evening will feature a Vanderbilt Tasting and Production Tour (21+ only).

**Don't delay!** Register for this year's meeting online or by mail. More information on the Southern Obstetric and Gynecologic Seminar can be found at:

[www.southernobgynseminar.org](http://www.southernobgynseminar.org)

We hope to see you at the Biltmore Estate!

## AUDIENCE

Physicians, advanced practice providers, nurses, and certified nurse midwives.

JOINTLY PROVIDED BY



## OBJECTIVES

**At the conclusion of this continuing education event, providers and clinicians will be able to:**

- Review thorough work-up of chronic pelvic pain
- Identify appropriate surgical and nonsurgical treatment modalities for pelvic pain based on history and physical exam findings
- Outline the stages of a malpractice case and share practical tips when facing actual or potential litigation of a difficult case
- Recognize the stigma faced by gender and sexual minority patients and learn the basics of gender-affirming care for trans and non-binary patients
- Review the recommendations particular to Medication-Assisted Treatment of addiction in pregnancy and postpartum patients
- Examine legislative update on current priorities and issues relevant for Ob/Gyns in the 2021 and 2022 legislative sessions
- Explore labor positioning techniques for non-pharmacologic pain relief, optimal fetal positioning, and descent
- Discuss appropriate management of fibroids
- Review proper techniques for patient positioning and peritoneal access to avoid injury
- Review strategies to avoid bladder injury and cuff dehiscence at hysterectomy
- Review the advantages, disadvantages, and safety issues of antidepressant medication use during pregnancy
- Recognize and provide appropriate prenatal care and treatment for complications of bariatric surgery in pregnancy

REGISTER  
ONLINE

## AGENDA AT-A-GLANCE

### Wednesday, July 20, 2022

Welcome Reception 6:30 pm–8:00 pm

### Thursday, July 21, 2022

Breakfast 7:00 am–8:00 am  
Program 8:00 am–12:30 pm  
Winery Tour and Tasting 6:00 pm–7:00 pm

### Friday, July 22, 2022

Breakfast 7:00 am–8:00 am  
Program 8:00 am–1:00 pm  
Dinner Reception 6:00 pm–9:00 pm

### Saturday, July 23, 2022

Breakfast 7:00 am–8:00 am  
Program 8:00 am–12:30 pm

## WEDNESDAY, JULY 20, 2022

6:30–8:00 **Optional Event:** Welcome Reception (*Cedric's Loft*) serving cocktails and hors d'oeuvres

## THURSDAY, JULY 21, 2022

7:00–8:00 Breakfast (*Lioncrest Veranda*)

7:00–1:30 Exhibits (*Lioncrest Veranda*)

7:00–8:00 Registration (*Lioncrest Lobby*)

8:00–12:30 Presentations (*Lioncrest Grand Ballroom*) — MargEva Cole, MD (*moderator*)

8:00–8:45 Chronic Pelvic Pain I — Patricia Overcarsh, MD, MPH

8:45–9:30 Medical Malpractice: Lifting the Veil of Shame — Beverly Gray, MD, FACOG

9:30–10:00 Questions and Answers

10:00–10:30 Break and Exhibits (*Lioncrest Veranda*)

10:30–11:15 Chronic Pelvic Pain II — Patricia Overcarsh, MD, MPH

11:15–12:00 Gender-Affirming Care: What Every Ob/Gyn Should Know — Beverly Gray, MD, FACOG

12:00–12:30 Questions and Answers

12:30 Adjourn

6:00–7:00 **Optional Event:** Winery Tour and Tasting (*Biltmore Estate Winery*)

MAHEC assumes permission to use audio, video, and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

## FRIDAY, JULY 22, 2022

7:00–8:00 Breakfast (*Lioncrest Veranda*)

7:00–1:30 Exhibits (*Lioncrest Veranda*)

7:00–8:00 Registration (*Lioncrest Lobby*)

8:00–1:00 Presentations (*Lioncrest Grand Ballroom*) — MargEva Cole, MD (*moderator*)

8:00–8:45 **Abe Mikal Lecture:** Laparoscopic Complications I — Amy Broach, MD, MS

8:45–9:30 Fibroids “are like carpenter ants” — Heath Miller, MD

9:30–10:00 Questions and Answers

10:00–10:30 Break and Exhibits (*Lioncrest Veranda*)

10:30–11:15 Laparoscopic Complications II — Amy Broach, MD, MS

11:15–11:45 Annual Business Meeting

11:45–12:30 **Roy Parker Lecture:** Positioning Techniques — Pennilee West, MSN, CNM

12:30–1:00 Questions and Answers

1:00 Adjourn

6:00–9:00 **Optional Event:** Dinner Reception (*Antler Hill Barn*) serving cocktails and an outdoor barbecue, “Biltmore Style”

## SATURDAY, JULY 23, 2022

7:00–8:00	Breakfast ( <i>Lioncrest Veranda</i> )
7:00–12:30	Exhibits ( <i>Lioncrest Veranda</i> )
7:00–8:00	Registration ( <i>Lioncrest Lobby</i> )
8:00–12:30	Presentations ( <i>Lioncrest Grand Ballroom</i> ) — MargEva Cole, MD ( <i>moderator</i> )
8:00–8:45	Antidepressant Use in Pregnancy — Mark Glidwell Newman, MD
8:45–9:30	Before You Write: Questions to Ask Before You Begin Writing Buprenorphine In Your Obstetrical Practice — Melinda Ramage, MSN, FNP-BC, CARN-AP
9:30–10:00	Questions and Answers
10:00–10:30	Break and Exhibits ( <i>Lioncrest Veranda</i> )
10:30–11:15	Perinatal Complications of Bariatric Surgery — Mark Glidwell Newman, MD
11:15–12:00	Legislative Update — Rob Lammé, BA
12:00–12:30	Questions and Answers
12:30	Evaluation and Adjourn

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## SEMINAR FACULTY

**Amy Broach, MD, MS**, was born at Duke Hospital and grew up in Cary, NC. Dr Broach is a Guilford College and Brody School of Medicine at East Carolina alumnus and completed her residency and MIGS fellowship training at Magee Womens Hospital at the University of Pittsburgh. There, she also obtained a Master of Science in Medical Education. Dr. Broach returned home to Duke in 2009. Since returning to Duke, she has enjoyed treating patients with complex pelvic pathology including endometriosis and fibroids. When not in the OR or clinic, you can find her on the ball field with one of her two children.

**Beverly Gray, MD, FCOG**, joined the Duke University Medical Center faculty after completing residency training at Duke in 2011. She currently serves as the Duke Ob/Gyn Residency Director and Division Director of the Women's Community and Population Health Division. Her clinical interests include complex family planning, care of gender and sexual minority patients with gynecologic needs, and recurrent miscarriage.

**Rob Lammé, BA**, is president of Rob Lammé and Associates—a communications, government relations, and policy consulting company based in Raleigh, NC. Among other clients, Rob represents the NC Ob/Gyn Society in the NC General Assembly. He is the former Government Relations Director for the NC Department of Health and Human Services. He has more than 20 years of experience in state policy work in North Carolina.

**Heath Miller, MD**, is originally from North Carolina, where he attended the University of North Carolina at Chapel Hill graduating with Highest Honors and a degree in the Fine Arts. He attended medical school at Wake Forest University and came to the Pacific Northwest to complete his Ob/Gyn residency at the University of Washington. After completing his training, he worked for the Indian Health Service in New Mexico. Upon his return to Seattle, he became a partner at Northwest Women's Healthcare where he provided full spectrum Ob/Gyn care while also serving as the group's minimally invasive surgical sub-specialist for the past 20 years. He established the robotics surgical program in 2006 within the Department of Ob/Gyn at Swedish Medical Center in Seattle, performed the first robotic hysterectomy and myomectomy in Seattle, and served as the Chief of the Ob/Gyn department for 10 years helping to maintain excellence in women's healthcare. He is now practicing at the University of Washington in Seattle as part of the full time academic staff within the Department of Ob/Gyn as a Minimally Invasive Surgical Sub-specialist.

**Mark Glidwell Newman, MD**, is a Graduate of Davidson College. He completed his medical training and Ob/Gyn residency at the Medical University of South Carolina in Charleston. After seven years practicing as a general Ob/Gyn,

he completed a fellowship in maternal fetal medicine at Emory University. He joined the Wake Forest faculty in 2017 after a career that included positions at Baylor Dallas, Woman's Hospital of Baton Rouge, Tulane, and LSU.

**Patricia Overcarsh, MD, MPH**, completed her Ob/Gyn residency training at Oregon Health and Science University in Portland, OR. Following residency, she completed a two-year, minimally invasive gynecology fellowship at Vanderbilt University focusing on advanced gynecologic surgery skills as well as the evaluation and management of women with chronic pelvic pain. She moved to Asheville, NC, in October 2019, where she practices full scope Ob/Gyn care at MAHEC Ob/Gyn Specialists.

**Melinda Ramage, MSN, FNP-BC, CARN-AP**, is the Medical Director and Co-Founder of Project CARA (Care that Advocates Respect, Resilience, and Recovery for All) at MAHEC. Project CARA provides comprehensive substance use treatment within a high-risk obstetrical care program and has served over 700 patients since 2014. The program is supported by a team of community partners that include comprehensive mental health, outreach programs, and hospital care services. Ramage is a public speaker and clinical educator on perinatal substance use treatment and opioid use disorders, as well as prevention and awareness efforts in Western NC and across the state. She leads the Project CARA research team with a focus on best practice and healthcare systems work that affects perinatal substance use treatment. A graduate of Purdue University, she started her nursing career as a psychiatric nurse in the U.S. Navy and went on to earn her master's degree in nursing in Western Carolina University's Family Nurse Practitioner Program. Passionate about women's health, she continues to work in high-risk obstetrics and is a certified diabetes educator in addition to her certification in addiction.

**Pennilee West, MSN, CNM**, is a certified nurse midwife. She has been practicing for 12 years and has been at Duke for the last five years. She is committed to compassionate and holistic care for women. She serves on the OB Peer Review Committee, the Quality and Safety Peer Review Committee, and is the Diversity and Inclusion Liaison for the Quality and Safety Committee. She has been a Resident Program Ombudsman for four years and is honored to have been awarded the Resident Teaching award for the last two years.

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## CREDIT OFFERINGS

### Continuing Medical Education

**Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of MAHEC and Southern Obstetric and Gynecologic Seminar, Inc. MAHEC is accredited by the NCMS to provide continuing medical education for physicians.

**Credit Designation:** MAHEC designates this live activity for a maximum of **12.0** AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Disclosure Statement:** MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

**Physician Assistants:** AAPA accepts certificate of participation for educational activities certified for AMA PRA Category 1 Credits<sup>™</sup> from organizations accredited by ACCME or a recognized state medical society. PAs

may receive a maximum of **12.0** hours of Category 1 credit for completing this program.

**ACOG:** The American College of Obstetricians and Gynecologists (ACOG) has assigned **12.0** cognate credits to this program.

### 12.0 Nursing Contact Hours

MAHEC is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants must attend 80% of the activity to receive credit.

**CEUs:** MAHEC designates this live continuing education activity as meeting the criteria for **1.2** CEUs as established by the National Task Force on the Continuing Education Unit.

**Contact Hours:** MAHEC designates this live continuing education activity as meeting the criteria for **12.0** contact hours.

## MEDICAL COURSE DIRECTOR

**MargEva Cole, MD**, Vice President & Program Director,  
Assistant Professor, Duke Ob/Gyn (Durham, NC)

## EXECUTIVE COMMITTEE

**Arthur Ollendorff, MD**, President, Designated  
Institutional Official, Professor of Obstetrics and  
Gynecology, Virginia Tech Carilion School of Medicine  
(Roanoke, VA)

**MargEva Cole, MD**, Vice President & Program Director,  
Assistant Professor, Duke Ob/Gyn (Durham, NC)

**Hytham Imseis, MD**, Maternal-Fetal Medicine  
Specialist, Novant Health Maternal-Fetal Medicine  
(Charlotte, NC)

**Elizabeth G Livingston, MD**, Professor, Duke  
Obstetrics and Gynecology (Durham, NC)

**Susan West, MD**, Physician, Laurel Ob/Gyn, PA  
(Asheville, NC)

## VENUE & LODGING

### DIRECTIONS

### Biltmore Estate

1 Lodge Street, Asheville, NC 28803

### Wednesday 7/20 – Thursday 7/21/2022

- Single/Double Occupancy = \$199.00 plus tax

### Friday 7/22 – Saturday 7/23/2022

- Single/Double Occupancy = \$299.00 plus tax

### Reservation Deadline: June 20, 2022

Book your accommodations at the Village Hotel on  
Biltmore Estate by using the group code **SOBG**.

[www.mahec.net/southern-obgyn-village-hotel](http://www.mahec.net/southern-obgyn-village-hotel)

You may also call 866-779-6277 and request the  
Southern Ob/Gyn Seminar room block. Phone  
reservations can be made Monday–Friday between  
8:30 am and 5:00 pm.

The Biltmore Estate offers FREE transportation to and  
from all venues and also throughout the Estate. Please  
look for Southern Ob/Gyn posters on easels near the  
registration desk, lecture hall entrance, and veranda  
entrance during the event.

## OTHER ACCOMMODATIONS

MAHEC has negotiated reduced rates with several local  
hotels. More information can be found [here](#).

## REGISTRATION

### Physicians

- \$400.00 (*includes annual dues + one dinner ticket*)

### Advanced Practice Providers and Nurses

- \$275.00 (*includes annual dues + one dinner ticket*)

### Retirees

- \$275.00 (*includes annual dues + one dinner ticket*)

### Winery Tour and Tasting on Thursday, July 21, 2022

- \$45.00 per adult (must be 21 and over)

### Dinner Reception on Friday, July 22, 2022

- \$85.00 per adult
- \$35.00 per child (must be 14 and under)

By registering for this program, you will receive a  
one-year membership to the Southern Obstetric and  
Gynecologic Society and one complimentary ticket for  
Friday night's dinner reception. Additional guest tickets  
for the dinner reception may be purchased in advance—  
please specify the desired number of tickets on the  
registration form.

The above registration fees also include conference  
administrative costs, educational materials, and  
breakfast on Thursday–Saturday.

## REGISTRATION POLICIES

MAHEC has a pay-up-front policy for all CE programs.  
The only exceptions will be for pre-approved programs  
where an individual payment plan is appropriate.

Registrations that are received without accompanying  
payment will not be processed and participants who  
have not paid the course fee will not be admitted into  
the program.

Unless otherwise noted in course materials, the  
following cancellation policy applies to all programs:

- Cancellations must be in writing  
(via fax, email, or mail)
- Cancellations received more than 2 weeks prior to  
the event will receive 100% refund
- Cancellations received between two weeks and two  
full business days prior to the first day of the event  
are refunded at 70% of the registration fee subject  
to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations  
received less than two full business days prior to  
the event
- No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify  
us in advance of the program)



# Annual Meeting

JULY 20-23, 2022

By registering, you are granting permission for your contact information to be shared with Southern Obstetric and Gynecologic Seminar, Inc., which is a joint provider of this continuing education activity.

Updated contact information      Event #65937

Name \_\_\_\_\_

Credentials \_\_\_\_\_

Social Security # \_\_\_\_\_ (last 4 digits required)

Occupation \_\_\_\_\_

Email Address \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Home County \_\_\_\_\_

Home # \_\_\_\_\_ Work # \_\_\_\_\_

Employer \_\_\_\_\_

Department \_\_\_\_\_

Employer's Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Work County \_\_\_\_\_

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed     Credit card information below

Visa     MasterCard     Discover Card     AmEx

Account # \_\_\_\_\_

Expiration Month/Year \_\_\_\_\_ / \_\_\_\_\_

Verification Code \_\_\_\_\_ (3 or 4-digit number)

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

### Dietary Preference (if applicable)

Vegetarian     Gluten-free     Vegan

### Physicians

\$400.00 (includes annual dues + one dinner ticket)

### Advanced Practice Providers and Nurses

\$275.00 (includes annual dues + one dinner ticket)

### Retirees

\$275.00 (includes annual dues + one dinner ticket)

### Welcome Reception on July 20, 2022

I will attend the Welcome Reception (no cost)

How many guests will also be in attendance? \_\_\_\_\_

### Winery Tour and Tasting on July 21, 2022

I will attend the Winery Tour and Tasting

\_\_\_\_\_ tickets x \$45.00 per adult (21+) = \_\_\_\_\_

### Dinner Reception on July 22, 2022

I will attend the Dinner Reception

One complimentary ticket is included with your registration. See pricing for additional tickets below.

\_\_\_\_\_ tickets x \$85.00 per adult guest = \_\_\_\_\_

\_\_\_\_\_ tickets x \$35.00 per child (14 & under) = \_\_\_\_\_

Guest name(s): \_\_\_\_\_

### HAVE A QUESTION?



### Special Services

828-257-4469

### Program Planner

Dina Gillespie

828-771-4216 | [dina.gillespie@mahec.net](mailto:dina.gillespie@mahec.net)

### Registration Phone

828-257-4475

### Email

[registration@mahec.net](mailto:registration@mahec.net)

### Registration Fax

828-257-4768

### Mail

MAHEC Registration  
121 Hendersonville Road  
Asheville, NC 28803

### Online Registration

[www.mahec.net/cpd](http://www.mahec.net/cpd)

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove me from the MAHEC mailing list