

# MAHEC PROJECT ECHO® FOR CHRONIC PAIN

## Video Teleconferencing Series with New Sessions Starting on April 17, 2018!



Join us for a 4-part encore of the foundational 6-part series on Chronic Pain. New attendees are welcome!

<b>LOCATION</b>	Project ECHO® Video Teleconferencing
<b>MODULE 7</b>	Tuesday, <b>April 17, 2018</b>
<b>MODULE 8</b>	Tuesday, <b>May 1, 2018</b>
<b>MODULE 9</b>	Tuesday, <b>May 15, 2018</b>
<b>MODULE 10</b>	Tuesday, <b>May 29, 2018</b>
<b>REGISTRATION</b>	6:30 am–7:00 am (same for every module) <b>Note:</b> must login at 6:50 am for attendance
<b>PROGRAM</b>	7:00 am–8:00 am (same for every module)

### DESCRIPTION

Project ECHO® is a lifelong learning and guided practice model that revolutionizes medical education to provide best-practice specialty care and reduce health disparities. ECHO is led by an expert team that uses multi-point videoconferencing to conduct virtual learning sessions comprised of a short didactic followed by case presentations.

The increase in mortality due to the misuse of prescription medications has caused the medical field to re-examine the use of opioids for pain management. This live online course explores the benefits and risks of opioids as well as various medications currently available for the treatment of chronic pain. This Chronic Pain ECHO is designed to provide medical professionals with specialized training in opioid prescribing and interventional pain management. Evidence-based practices will be shared by an interdisciplinary team of experts in chronic pain management, integrated family practice and medication-assisted therapy.

This video teleconferencing series, guided by experts, takes place over four bi-weekly modules (1-hour each) and covers topics such as:

- Opioid Basics
- Regulatory Update: CDC, NCMB, Stop Act, & UDS/T
- Psychology of Pain and Behavioral Health Treatment Modalities
- Weaning and the Difficult Patient
- Central Sensitization and Addiction: Identifying and Treating Substance Use Disorders
- Medication-Assisted Treatment for Addiction

This program will include the three required topics outlined by the new CME requirement in 21 NCAC 32R .0101:

1. Controlled substances prescribing practices
2. Recognizing signs of the abuse/misuse of controlled substances
3. Controlled substance prescribing for chronic pain management

*As of July 1, 2017, all physicians (aside from residents), physician assistants, nurse practitioners, podiatrists, and dentists who prescribe controlled substances must satisfy the controlled-substance prescribing CME requirement set forth in 21 NCAC 32R .0101. Requirements vary by discipline and board. Prescribers will turn in controlled substance CME when they renew licensure.*

**FREE, but must register in order to attend!**

### AUDIENCE

The target audience includes Primary Care Physicians, NPs, PAs and their invited Behavioral Health Professionals.

### OBJECTIVES

**Upon completion of this live, video teleconferencing series, participants will be able to:**

- Describe learned best practice for opioid prescribing in their medical practice
- Apply learned skills for interventional pain management
- Discuss non-pharmacological alternatives for treating chronic pain in their medical practice

[CLICK HERE TO REGISTER](#)



### CREDITS

#### Continuing Medical Education

**Accreditation:** MAHEC is accredited by the NC Medical Society (NCMS) to provide continuing medical education for physicians.

**Credit Designation:** MAHEC designates this live activity for a maximum of **1.0 AMA PRA Category 1 Credit(s)™ (per module)**. Physicians should only claim credit commensurate with the extent of their participation in the activity. This course will offer up to 5.0 AMA PRA Category 1 Credit(s)™ which will fulfill the NC Medical Board's requirement for controlled-substance continuing education.

**Disclosure:** MAHEC adheres to the ACCME Standards regarding industry support of continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

#### 4.0 CNE Contact Hours (must attend all 4 modules)

This continuing education activity was approved by MAHEC, an approved provider by the North Carolina Nurses Association (an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation). Participants must attend 80% of the activity to receive credit.

**CEUs:** MAHEC designates this continuing education activity as meeting the criteria for **0.1 CEUs (per module)** as established by the National Task Force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

**Contact Hours:** MAHEC designates this continuing education activity as meeting the criteria for **1.0 Contact Hours (per module)**. Full attendance is required to receive credit.

## FACULTY

**Blake Fagan, MD**, completed his undergraduate education at the University of Missouri–Columbia. He attended Vanderbilt University School of Medicine and graduated in 1998 before finishing his family medicine residency at MAHEC in Asheville, NC. He has been a faculty member at MAHEC since completing his residency in 2001. During that time, he has been the Co-clinical Director, and Assistant Director and Director for the Family Medicine Residency program. Currently, he serves as the Chief Education Officer at MAHEC.

**Carriedelle Wilson Fusco, RN, MSN, FNP-BC**, holds a Masters in Nursing from Vanderbilt University and is board-certified as a Family Nurse Practitioner. She is a native of Wilmington, NC and has lived in Asheville for the past 11 years. Carriedelle is on faculty at MAHEC in the Family Medicine Residency program, where she has worked since 2012. She works with an interdisciplinary team to care for patients in chronic pain, on chronic opioid therapy and patients struggling with opioid addiction. She teaches medical residents; medical, nurse practitioner and pharmacy students; other learners and community providers about pain management and substance use disorders.

**Don Teater, MD**, is a family physician who has lived and worked in Western NC since 1988. His work in the southern Appalachian Mountains made him acutely aware of the problems with opioid pain medications. In 2004, he started a clinic to treat those addicted to opioids in his primary care practice. From 2013 to mid-2016, he worked as Medical Advisor at the National Safety Council addressing the national epidemic of opioid abuse, addiction and overdose. Don was the lead facilitator for the expert panel discussion during the development of the CDC Guideline for Prescribing Opioids for Chronic Pain (United States, 2016). He also served on the World Health Organization committee addressing drug driving that met in Mallorca, Spain in December 2015. Since June 2016, he has worked through Teater Health Solutions to concentrate on educating prescribers and others on the science of opioids and how it should influence treatment and policy decisions. Currently, he contracts with the CDC to educate prescribers on the appropriate use of opioids for the treatment of pain. He also provides addiction treatment at Meridian Behavioral Health Services in Western NC.

**Martha Teater, MA, LMFT, LPC, LCAS**, has been in private practice in Waynesville, NC since 1990. She has worked in primary care settings, free clinics and medication-assisted treatment programs. She has provided hundreds of trainings in 45 states and internationally on topics such as evidence-based treatments for trauma, DSM-5, compassion fatigue and the behavioral treatment of chronic pain. Martha has written over 175 articles in newspapers and magazines, including Psychotherapy Networker and Family Therapy Magazine. She is co-author (with John Ludgate) of *Overcoming Compassion Fatigue: A Practical Resilience Workbook*. She is also co-author (with Don Teater) of *Treating Chronic Pain: A Pill-Free Approach to Move People from Hurt to Hope*.

**Courtenay Wilson, PharmD**, received her undergraduate degree from the University of Georgia and her Doctor of Pharmacy from UNC Eshelman School of Pharmacy. She completed an ASHP-accredited residency from the Boise VAMC in conjunction with the Idaho State University School of Pharmacy. She became board-certified in Pharmacotherapy in 2011. Courtenay is the Associate Director of Pharmacotherapy for MAHEC Family Health Centers, where she manages outpatient clinical pharmacy services and works directly with patients in pharmacotherapy and wellness clinics. Her areas of clinical focus include pain management and diabetes. As an Assistant Professor of Clinical Education with the UNC Eshelman School of Pharmacy, her teaching responsibilities include precepting fourth-year pharmacy students and pharmacy residents, and providing didactic instruction for medical residents and palliative care fellows.

## COURSE DIRECTOR

**Blake Fagan, MD**, MAHEC, Asheville, NC

#18ME050/55260

## COMMITTEE MEMBERS

**Elizabeth Flemming, LPC**, MAHEC, Asheville, NC

**Carriedelle Wilson Fusco, RN, MSN, FNP-BC**  
MAHEC, Asheville, NC

**Lourdes Lorenz-Miller, RN, MSN, NEA-BC, AHN-BC**  
MAHEC, Asheville, NC

**Scott Melton, MDiv**, MAHEC, Asheville, NC

**Steven Prakken, MD**, Duke Pain Medicine, Durham, NC

### MAHEC PROJECT ECHO<sup>®</sup> FOR CHRONIC PAIN



### Video Teleconferencing Series Continuing on April 17, 2018

Updated contact information

NAME \_\_\_\_\_

CREDENTIALS \_\_\_\_\_

SOCIAL SECURITY # XXX-XX- \_\_\_\_\_ (last 4 digits required)

OCCUPATION \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

HOME COUNTY \_\_\_\_\_

HOME # \_\_\_\_\_ WORK # \_\_\_\_\_

EMPLOYER \_\_\_\_\_

DEPARTMENT \_\_\_\_\_

EMPLOYER'S ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

WORK COUNTY \_\_\_\_\_

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#### HAVE A QUESTION?



Special Services  
828-348-3624

#### Contact the Program Planner

Lourdes Lorenz-Miller, RN, MSN, NEA-BC, AHN-BC  
[lourdes.lorenz-miller@mahec.net](mailto:lourdes.lorenz-miller@mahec.net) or 828-257-4758

REGISTRATION INFORMATION: 828-257-4475

FAX REGISTRATION: 828-257-4768

ONLINE REGISTRATION: [www.mahec.net](http://www.mahec.net)

EMAIL: [registration@mahec.net](mailto:registration@mahec.net)

MAIL: MAHEC Registration  
121 Hendersonville Road, Asheville, NC 28803