

THE 2ND ANNUAL

North Carolina Adolescent and Young Adult Oncology Symposium

FRIDAY, APRIL 5, 2019

ADOLESCENT & YOUNG ADULT CANCER: Exploring Palliative and End-of-Life Care

LOCATION

WinMock at Kinderton
168 East Kinderton Way
Bermuda Run, NC 27006

DATE

Friday, April 5, 2019

REGISTRATION PROGRAM

7:30 am–8:30 am (*light breakfast provided*)
8:30 am–4:00 pm (*lunch provided*)

EARLY REGISTRATION FEES THROUGH MARCH 29, 2019

PROGRAM FEE \$55.00 per person

DESCRIPTION

The 2nd Annual North Carolina Adolescent and Young Adult Oncology Symposium will bring together multidisciplinary providers and researchers from across the state who are interested in improving care for this patient population. With a focus on the unique palliative and end-of-life care needs of AYAs in North Carolina, this knowledge-based symposium will feature a mix of didactic lectures and panel discussions.

AUDIENCE

Target audience includes Physicians, Nurses, Pharmacists, Social Workers, Researchers, Psychologists, Child Life Specialists, Advance Practice Providers (APPs), Hospital Administrators, and Program Directors.

OBJECTIVES

Upon completion of this knowledge-based education activity, participants will be able to:

- Describe the unique palliative care needs of the AYA oncology population during end of life through provider and patient perspectives
- Identify and apply strategies to improve palliative and end-of-life care for AYAs in North Carolina
- Provide opportunities for intra-state connection and collaboration across North Carolina

MEDICAL COURSE DIRECTOR

Thomas Russell, MD

KEYNOTE SPEAKER



Abby R. Rosenberg, MD, MS, MA, is an Assistant Professor of Pediatrics at the University of Washington, with joint appointments in the divisions of Bioethics and Palliative Care, and Hematology/Oncology. She received her MD from Stanford University and did her pediatrics residency and fellowship training at

Seattle Children's and the University of Washington. She is the director of the "Palliative Care and Resilience" research center at Seattle Children's Research Institute. Her work focuses on the intersection of medical, psychosocial, and bioethical issues involved in the care of adolescents and young adults (AYAs) with serious illness. Specifically, she and her team endeavor to create early palliative care interventions to promote patient and family resilience. Current projects include randomized trials to test a novel resilience intervention in populations of teens with advanced cancer, and the development of clinical guidelines for AYA end-of-life communication.

JOINTLY PROVIDED BY



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IN COLLABORATION WITH



**LINEBERGER COMPREHENSIVE
CANCER CENTER**



Duke Cancer Institute

AGENDA

- 7:30–8:30** Registration and Light Breakfast (*provided*)
- 8:30–9:00** Program Overview
— Thomas Russell, MD
- 9:00–9:45** Multicultural Issues
— Karen Winkfield, MD, PhD
- 9:45–10:30** Symptom Management
— Jason Webb, MD
— Elisabeth Dellon, MD, MPH
- 10:30–11:00** Break and Networking
- 11:00–12:15** **Keynote with Q&A Session**
Taboo Topics: Evidence-Based Strategies for Navigating Tough Conversations with AYAs with Cancer
— Abby Rosenberg, MD, MS, MA
- 12:15–1:15** Lunch (*provided*)
- 1:15–2:00** Psychosocial Issues
— Leeza Park, MD
- 2:00–2:45** Burnout
— Lauren Lux, LCSW
— John Salsman, PhD
— Mallori Thompson, MA, LPC, NCC
- 2:45–3:00** Break and Networking
- 3:00–3:45** Patient Panel
— Carla Strom, MLA (*moderator*)
- 3:45–4:00** Closing and Wrap-Up
— AYA Team

FACULTY MEMBERS

Elisabeth Dellon, MD, MPH

NC Children's Hospital, Chapel Hill, NC

Lauren Lux, LCSW

Lineberger Comprehensive Cancer Center,
UNC Chapel Hill, Chapel Hill, NC

Leeza Park, MD

UNC Chapel Hill, Chapel Hill, NC

Abby Rosenberg, MD, MS, MA

University of Washington, Seattle, WA

Thomas Russell, MD

Wake Forest Baptist Health, Winston-Salem, NC

John Salsman, PhD

Wake Forest Baptist Health, Winston-Salem, NC

Carla Strom, MLA

Wake Forest Baptist Health, Winston-Salem, NC

Mallori Thompson, MA, LPC, NCC

Duke University, Durham, NC

Jason Webb, MD

Duke Health, Durham, NC

Karen Winkfield, MD, PhD

Wake Forest Baptist Health, Winston-Salem, NC

LOCATION

WinMock at Kinderton

168 East Kinderton Way
Bermuda Run, NC 27006

[CLICK FOR DIRECTIONS](#)

ACCOMMODATIONS

Hampton Inn Bermuda Run

196 NC Highway 801 North
Bermuda Run, NC 27006

[CLICK TO RESERVE YOUR STAY TODAY](#)

Phone: 336-998-3480 **Rate:** \$99.00 per night plus tax

A block of rooms has been reserved for April 4–6, 2019. The special room rate will be available until March 20th or until the group block is sold-out, whichever comes first.

CREDITS



The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

This program #0046-9999-19-088-L01-P will provide **5.75** contact hours of continuing education. No partial credit will be given.

Credit statements can be viewed and printed from CPE Monitor. In order to receive CE credit, attendance must be acknowledged at the registration desk upon arrival at the program. Participants will evaluate this program using a standard evaluation form.

Continuing Medical Education

Accreditation: This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of the Mountain Area Health Education Center (MAHEC) and Wake Forest Baptist Comprehensive Cancer Center. MAHEC is accredited by the NCMS to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live continuing education activity for a maximum of **5.75** AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the activity.

5.75 CNE Contact Hours

Mountain Area Health Education Center (MAHEC) is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants must attend the entire activity to receive credit. No partial credit is given for this activity.

Psychologists: Mountain Area Health Education Center (MAHEC) is recognized by the North Carolina Psychology Board as an approved Provider of Category A Continuing Education for North Carolina Licensed Psychologists. Approved for **5.75** hours Category A.

CEUs: Mountain Area Health Education Center (MAHEC) designates this live continuing education activity as meeting the criteria for **0.6** CEUs as established by the National Task Force on the Continuing Education Unit.

Contact Hours: Mountain Area Health Education Center (MAHEC) designates this live continuing education activity as meeting the criteria for **5.75** contact hours.

CLICK HERE TO REGISTER

REGISTRATION

Early registration deadline: March 29, 2019

The registration fee is \$55.00 per person. This fee includes administrative costs, educational materials, a light breakfast, and lunch. If registration is received after the above deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program. Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

PLANNING COMMITTEE

Lauren Lux, LCSW, MSW

Lineberger Comprehensive Cancer Center,
UNC Chapel Hill, Chapel Hill, NC

Ronnie Metcalf, EdD, RN-BC, ONC

Mountain Area Health Education Center, Asheville, NC

Lisa Roy, MSW

Mountain Area Health Education Center, Asheville, NC

John Salsman, PhD

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Andrew Smitherman, MD, MSc

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Rebecca Stone, BA

Wake Forest Baptist Health, Winston-Salem, NC

Carla Strom, MLA

Wake Forest Baptist Health, Winston-Salem, NC

Mallori Thompson, MA, LPC, NCC

Duke University, Durham, NC

HAVE A QUESTION?

Contact the Program Planner

Lisa Roy, MSW

lisa.roy@mahec.net or 828-257-4491

REGISTRATION INFORMATION

FAX REGISTRATION

ONLINE REGISTRATION

EMAIL

MAIL

MAHEC Registration

121 Hendersonville Road, Asheville, NC 28803



Special Services

828-257-4468

828-257-4475

828-257-4768

www.mahec.net

registration@mahec.net



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By registering for this symposium, you are granting permission for your contact information to be shared with Wake Forest Baptist Health, which is a joint provider of this continuing education activity.

☐ Updated contact information.

#19ME048/57795

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX-____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____

SHIPPING ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME COUNTY _____

HOME # _____ WORK # _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ STATE _____ ZIP _____

WORK COUNTY _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

☐ Please remove my name from the MAHEC mailing list.

MEAL PREFERENCE ☐ Vegetarian ☐ Gluten-free ☐ Vegan

PROGRAM FEE ☐ \$55.00 ☐ \$70.00 (after 3/29/19)

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

☐ Check is enclosed ☐ Credit card information provided

☐ Visa ☐ MasterCard ☐ Discover Card ☐ American Express

ACCOUNT # _____

EXP ____ / ____ CODE ON BACK OF CARD _____ (3 digits)

NAME ON CARD _____

SIGNATURE _____