Vulvar diseases can be frustrating for both patients and providers because they are often a complex mix of several problems. The goal of the morning program is to provide education and training in conservative methods of treating common vulvar conditions in the outpatient setting. Conditions include: dermatoses, vulvodynia, and Bartholin’s gland abnormalities.

The first trimester of pregnancy can also be a vulnerable time, especially for women with a suspected abnormally developing pregnancy. The goal of the afternoon program is to provide education and training in the diagnosis and management of early abnormal pregnancies, and to provide training in manual vacuum aspiration, which can be performed in the outpatient setting for women with miscarriage.

These educational activities are supported by a grant from the MAHEC Scholarly Academic Fund.

OBJECTIVES

Upon conclusion of this lecture and lab-based conference the participant will be able to:

Morning Session
• Cite best practice to manage vulvar pathology
• Recognize and treat vulvar pathology and review criteria for specialist referral
• Demonstrate punch biopsy and Word catheter insertion for Bartholin gland cysts on a sim model

Afternoon Session
• Cite best practice to manage abnormal 1st trimester pregnancy/loss
• Recognize and treat abnormal 1st trimester pregnancy/loss and review criteria for specialist referral
• Demonstrate MVA on a sim lab model

AGENDA

7:45 - 8:15 AM Registration (light breakfast provided)
8:15 - 8:30 AM Overview: Treatment of Vulvovaginal Disease
Kiran Sigmon, MD
8:30 - 8:50 AM Vulvar Itch
Kiran Sigmon, MD
8:50 - 9:10 AM Vulvar Dermatoses
Laurel Berry, MD
9:10 - 9:40 AM Question and Answer
9:40 - 10:00 AM BREAK
10:00 - 10:20 AM Vulvodynia
Sarah Bradley, MD¹
10:20 - 10:40 AM Vulvar HGSIL
Laurel Berry, MD
10:40 - 11:00 AM Question and Answer
11:00 - 11:15 AM Bartholin’s Review
Sarah Bradley, MD¹
11:15 - 12:00 PM Hands-on Session in the Sim Lab
Ann Brown, CNM, MSN and participants
12:00 - 1:00 PM Lunch provided by pre-order only; feel free to bring your own lunch.
1:00 - 1:30 PM Normal First Trimester Pregnancy
Rongrong Fan, MD
1:30 - 2:00 PM Diagnosing Abnormal Pregnancy
Margaret Sullivan, MD, MPH²
2:00 - 2:30 PM Ectopic/GTD
Laurel Berry, MD
2:30 - 2:45 PM BREAK
2:45 - 3:15 PM Miscarriage: Management Options
Amy Santin, MD³
3:15 - 3:45 PM Case Reviews
Rongrong Fan, MD
3:45 - 4:00 PM MVA Overview
Julia Oat-Judge, MD³
4:00 - 4:45 PM Hands-on Session in the Sim Lab

All speakers are faculty members of the MAHEC Division of Obstetrics and Gynecology except as noted below:
¹Sarah Bradley, MD
Urogynecology Fellowship
MedStar Georgetown University Hospital
Washington, DC
²Margaret Sullivan, MD, MPH
McDowell OB/GYN McDowell Internal Medicine
Marion, NC
³MAHEC Division of Family Medicine faculty
CREDITS

CME
Accreditation: The Mountain Area Health Education Center (MAHEC) is accredited by the North Carolina Medical Society to sponsor continuing education for physicians.

Credit: The Mountain Area Health Education Center designates this live activity for a maximum of

- 3.5 AMA PRA Category 1 Credits™ for the morning session;
- 3.5 AMA PRA Category 1 Credits™ for the afternoon session;
- 7.0 AMA PRA Category 1 Credits™ for the full day.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

CEU
The Mountain Area Health Education Center designates this continuing education activity as meeting the criteria for

- 0.4 CEUs for the morning session; Contact hours: 3.5
- 0.4 CEUs for the afternoon session; Contact hours: 3.5
- and 0.7 CEUs for the full day; Contact hours: 7.0

as established by the National Task force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

MEDICAL DIRECTOR
Rongrong Fan, MD | MAHEC OB/GYN Specialists

COMMITTEE
Elaine Alexander, MSN, RN-OBC | MAHEC Simulation Center Director
Nancy Walker | MAHEC Regional Services Program Coordinator

REGISTRATION
Registration Fee: Morning Session Afternoon Session Full day
Physicians $40 $40 $75
Residents $15 $15 $25
APPs $30 $30 $55

Lunch (optional for any attendee; by pre-order only) $10

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

LOCATION
MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Rd., Asheville NC
For directions, go to www.mahec.net

GYN OFFICE REVIEW:
VULVAR DISEASE AND ABNORMAL EARLY PREGNANCY
FRIDAY, MARCH 3, 2017
(SNOW DATE: MARCH 24, 2017)

☐ Updated contact info
Name __________________________

☐ Credentials __________________________

☐ Social Security # XXX-XX-_______ (last 4 digits required)

☐ Occupation __________________________

☐ E-mail Address __________________________

☐ Home Address __________________________

☐ City ______ State ______ Zip ______

☐ Home County __________________________

☐ Home # __________ Work # __________

☐ Employer __________________________

☐ Department __________________________

☐ Employer’s Address __________________________

☐ City ______ State ______ Zip ______

☐ Work County __________________________

Program announcements will be sent to your email unless you opt out from receiving emails from MAHEC. We never share our mailing lists.

☐ Please remove my name from the MAHEC mailing list.

REGISTRATION Fee: AM Session PM Session Full day
Physicians $40 $40 $75
Residents $15 $15 $25

APPs $30 $30 $55

* Lunch (optional for any attendee; by pre-order only) $10

☐ Vegetarian option requested

☐ Gluten-free option requested

*Feel free to bring your lunch

Full payment must accompany all registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

☐ Check is enclosed (Made payable to MAHEC) ☐ Credit card info provided

☐ Visa ☐ Mastercard ☐ Discover Card ☐ American Express

Account # __________________________
Exp __________ Code on back of card __________________________

☐ Have a question?

☐ CE Planner:
Elaine Alexander, MSN, RNC-OB
elaine.alexander@mahec.net
828-257-4414

Registration Information:
828-257-4475
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121 Hendersonville Rd., Asheville, NC 28803

Have a question? ☐ Special Services: 828-257-4485

Send completed registration form to:
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121 Hendersonville Rd., Asheville, NC 28803
Fax to 828-257-4768

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