



TREATING PAIN SAFER: Fewer Opioids and Better Results

Controlled Substances Education for Prescribers

FOUR DATES TO CHOOSE FROM:

JANUARY 18, 2018 | JANUARY 25, 2018
FEBRUARY 20, 2018 | MAY 10, 2018

DATE **Thursday, January 18, 2018**
REGISTRATION PROGRAM 5:00 pm–5:30 pm (*dinner provided*)
5:30 pm–8:45 pm
LOCATION **Rutherford Regional Medical Center**
Norris Biggs Conference Room
288 S Ridgecrest Street
Rutherfordton, NC 28139 [Directions](#) →

DATE **Thursday, January 25, 2018**
REGISTRATION PROGRAM 5:00 pm–5:30 pm (*dinner provided*)
5:30 pm–8:45 pm
LOCATION **MAHEC Biltmore Campus**
121 Hendersonville Road
Asheville, NC 28803 [Directions](#) →

DATE **Tuesday, February 20, 2018**
REGISTRATION PROGRAM 5:00 pm–5:30 pm (*dinner provided*)
5:30 pm–8:45 pm
LOCATION **McDowell Technical Comm. College**
William Harold Smith Building, Room 113
54 College Drive
Marion, NC 28752 [Directions](#) →

DATE **Thursday, May 10, 2018**
REGISTRATION PROGRAM 5:00 pm–5:30 pm (*dinner provided*)
5:30 pm–8:45 pm
LOCATION **MAHEC Biltmore Campus**
121 Hendersonville Road
Asheville, NC 28803 [Directions](#) →

Early registration fees until 7 days prior to start date.

PROGRAM FEE **\$45.00**

GROUPS OF FIVE OR MORE FROM SAME AGENCY **\$40.00** (*must register/pay at the same time*)

PHARMACY RESIDENTS **\$25.00**

STUDENTS **\$25.00** (*must provide student ID at check-in*)

MAHEC EMPLOYEES **\$25.00**

DESCRIPTION

Literature has shown that prescribers receive little education on the treatment of pain, resulting in less effective pain treatment with worse outcomes. Attendees will learn the evidence-based analysis of the relative effectiveness of medications and their side effects, recommendations on how to improve treatment of acute and chronic pain, and recognizing substance use/opioid use disorders. This program will include the three required topics outlined by the new CME requirement in 21 NCAC 32R .0101:

- Controlled substances prescribing practices
- Recognizing signs of the abuse or misuse of controlled substances
- Controlled substance prescribing for chronic pain management

As of July 1, 2017, all physicians (aside from residents), physician assistants, nurse practitioners, podiatrists, and dentists who prescribe controlled substances must satisfy the controlled-substance prescribing CME requirement set forth in 21 NCAC 32R .0101. Requirements vary by discipline and board. Prescribers will turn in controlled substance CME when they renew licensure.

AUDIENCE

The program is recommended for physicians, physician assistants, pharmacists, nurse practitioners, and podiatrists.

OBJECTIVES

Upon completion of this activity, participants will be able to:

- Describe the impact of the opioid crisis
- Identify the CDC guidelines with regard to prescribing opioids for acute pain
- Identify the CDC guidelines with regard to prescribing opioids for chronic pain
- Discuss what to do with patients who are on opioids that fall outside of the guidelines

↓ **CLICK HERE TO REGISTER ONLINE** ↓

RUTHERFORD
1-18-2018

MAHEC
1-25-2018

MCDOWELL
2-20-2018

MAHEC
5-10-2018



AGENDA

- 5:00–5:30** Registration/Check-In and Dinner
- 5:30–6:00** Effectiveness and Side Effects of Common Oral Pain Medications
- 6:00–7:00** A Renewed Look at Pain Management
- 7:00–7:15** Break
- 7:15–7:45** Substance Use and Opioid Use Screening and Treatment
- 7:45–8:30** Public Health Effects and Costs of Opioid Prescriptions for Acute and Chronic Pain
- 8:30–8:45** Preparing for Practice Change

FACULTY

Blake Fagan, MD, completed his undergraduate education at the University of Missouri–Columbia. He completed medical school at Vanderbilt University SOM in 1998 before finishing his family medicine residency at the Mountain Area Health Education Center (MAHEC) in Asheville, NC in 2001. He has been a faculty member at MAHEC since 2001. During that time, he has been the co-clinical director, assistant residency director, and the residency director. Currently, he is the Chief Education Officer at MAHEC.

Don Teater, MD, is a family physician who has lived and worked in western North Carolina since 1988. His work in the southern Appalachian Mountains made him aware of the problems with opioid pain medications years ago. In 2004, he started a clinic to treat those addicted to opioids in his primary care practice. From 2013 to mid-2016, he worked as Medical Advisor at the National Safety Council addressing the national epidemic of opioid abuse, addiction, and overdose. Dr. Teater was lead facilitator for the expert panel discussion during the development of the CDC Guideline for Prescribing Opioids for Chronic Pain—United States, 2016. Dr. Teater has also served on the World Health Organization Committee addressing drugged driving that met in Mallorca, Spain in December 2015. Since June 2016, Teater has worked for Teater Health Solutions to concentrate on educating prescribers and others on the science of opioids and how that should influence treatment and policy decisions. Currently, he contracts with the Center for Disease Control on the academic detailing of prescribers to educate them on the appropriate use of opioids for the treatment of pain. He continues to work one day per week treating those afflicted by the disease of addiction at Meridian Behavioral Health Services in western North Carolina.

Dr. Teater will present on January 25th.

MEDICAL COURSE DIRECTOR

Blake Fagan, MD, MAHEC, Asheville, NC.

PLANNING COMMITTEE

- **Elizabeth Flemming, MA, LPC**, MAHEC, Asheville, NC.
- **Carriedelle Fusco, FNP**, MAHEC, Asheville, NC.
- **Ronnie Metcalf EdD, RN-BC, ONC**, MAHEC, Asheville, NC.
- **Melinda Ramage, FNP**, MAHEC, Asheville, NC.
- **Don Teater, MD**, Teater Health Solutions, Asheville, NC.
- **Rosalyn Wasserman, PT, DPT**, MAHEC, Asheville, NC.
- **Courtenay Wilson PharmD, BCACP, BCPS, CDE, CPP**, MAHEC, Asheville, NC.

CREDITS

Continuing Medical Education

Accreditation: MAHEC is accredited by the NC Medical Society (NCMS) to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live activity for a maximum of **3.0 AMA PRA Category 1™ Credit(s)**. Physicians should only claim credit commensurate with the extent of their participation. This course will offer **3.0 contact hour(s)** which will fulfill the North Carolina Board of Dental Examiner and Podiatry Examiners, **OR 3.0 AMA PRA Category 1™ Credit(s)** which will fulfill the NC Medical Boards requirement of controlled substance continuing education.

Disclosure: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

CEUs: MAHEC designates this continuing education activity as meeting the criteria for **0.3 CEUs** as established by the National Task Force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

Contact Hours: MAHEC designates this continuing education activity as meeting the criteria for **3.0 Contact Hours**. Full attendance is required to receive credit.

REGISTRATION

Early registration deadline (all dates):
7 days prior to the start of each program.

Registration fee is \$45.00, \$40.00 for Groups of Five or More from the Same Agency (must register/pay at the same time), \$25.00 for Pharmacy Residents, \$25.00 for Students (must provide student ID at check-in), and \$25.00 for MAHEC Employees. These fees include administrative costs, educational materials, and dinner. If registration is received after the deadline, the total will be the above fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

HAVE A QUESTION?

Contact the Program Planner

Scott Melton, MDiv

scott.melton@mahec.net or 828-257-4402



Special Services
828-348-3619

REGISTRATION INFORMATION: 828-257-4475

FAX REGISTRATION: 828-257-4768

ONLINE REGISTRATION: www.mahec.net

EMAIL: registration@mahec.net

MAIL: MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803

TREATING PAIN SAFER: Fewer Opioids and Better Results *Controlled Substances Education for Prescribers*

FOUR DATES: 1-18-18 | 1-25-18 | 2-20-18 | 5-10-18

Updated contact information.

Note: Your personal data will be shared in a confidential manner as part of a research project evaluating the impact of education on practice.

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX-____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____

HOME ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

HOME COUNTY _____

HOME # _____ **WORK #** _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

WORK COUNTY _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

MAHEC assumes permission to use recorded audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

MEAL PREFERENCE: Vegetarian Gluten-free Vegan

SELECT WHICH PROGRAM DATE YOU ARE ATTENDING:

Jan. 18, 2018 Jan. 25, 2018 Feb. 20, 2018 May 10, 2018

REGISTRATION FEE: \$45.00 \$60.00 (7 days prior)

GROUPS OF FIVE OR MORE (same agency) \$40.00 \$55.00 (7 days prior)
(must register and pay at the same time)

PHARMACY RESIDENTS: \$25.00 \$40.00 (7 days prior)

STUDENTS: \$25.00 \$40.00 (7 days prior)
(must present student ID at check-in)

MAHEC EMPLOYEES: \$25.00 \$40.00 (7 days prior)

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed Credit card information provided

Visa MasterCard Discover Card American Express

ACCOUNT # _____

EXP ____ / ____ **CODE ON BACK OF CARD** _____ (3 digits)

NAME ON CARD _____

SIGNATURE _____

Send completed registration form to: #18ME038/54246
MAHEC Registration
121 Hendersonville Rd., Asheville, NC 28803 **Fax to:** 828-257-4768