

Advanced Life Support in Obstetrics

American Academy of Family Physicians



BLENDED CLASSROOM PROVIDER COURSE

Tuesday, January 6, 2026

Location	MAHEC Simulation Center Mary C. Nesbitt Biltmore Campus 119 Hendersonville Road Asheville NC 28803
Date	Tuesday, January 6, 2026
Registration	7:30 am–8:00 am (light breakfast provided)
Program	8:00 am–5:00 pm (lunch provided)

DESCRIPTION

Join us for an evidence-based, interprofessional, and multidisciplinary training program that equips the entire maternity care team with skills to effectively manage obstetric emergencies. This comprehensive course encourages a standardized team-based approach among physicians, residents, nurse midwives, registered nurses, and other members of the maternity care team to improve patient safety and positively impact maternal outcomes.

OBJECTIVES

Upon completion, participants will be able to:

- Discuss methods of managing pregnancy and birth urgencies and emergencies, which standardizes the skills of practicing maternity care providers
- Demonstrate content and skill acquisition as evidenced by successful completion of the online course examination, skills workstations, and group testing stations

Detailed educational objectives are listed at the beginning of each ALSO® Provider Manual chapter.

AUDIENCE

This course is primarily directed toward maternity care providers, including physicians, physician assistants, nurses, certified nurse midwives, residents, EMS, EMTs, and paramedics.

[REGISTER ONLINE](#)

LIVE PORTION AGENDA

7:30–8:00	Registration and Breakfast (<i>provided</i>)
8:00–8:15	Debrief and Review of Online Education
8:15–8:45	Lecture: Safety in Maternity Care
8:45–9:35	Workstation 1: Shoulder Dystocia
9:35–10:25	Workstation 2: Emergency Breech Delivery
10:25–10:40	Break
10:40–11:30	Workstation 3: Assisted Vaginal Delivery
11:30–12:20	Workstation 4: Maternal Resuscitation
12:20–1:00	Lunch (<i>provided</i>)
1:00–1:50	Workstation 5: Postpartum Hemorrhage
1:50–3:10	Interactive Case Studies: Eclampsia and Labor Dystocia/ Intrapartum Fetal Surveillance
3:10–3:25	Break
3:25–4:30	Group Testing
4:30–5:00	Wrap-Up, Questions, and Course Evaluations

COURSE PRE-WORK

Learners will be provided an email with a link to the online portion of the ALSO® Provider Course. Content consists of a pre-test, approximately 8-hours of recorded lectures, online case studies, recorded workstation demonstrations, post-test, and course evaluation. Upon completion of the evaluation and claiming of credit, the letter of participation will be accessible electronically.

IMPORTANT: The letter of participation must be provided to the Course Sponsor as proof of successful completion of the course pre-work prior to participation in the live portion of the course.

AAFP guidelines require that you complete the online version of this course and pass the post-test 48 hours in advance of attending the live course. In order to accommodate this requirement, process your registration, and provide you with the link to the online portion in a timely manner, **registration for this course will close at noon on January 2, 2026.**

AFTER THE COURSE

Upon successful completion of the live course, the ALSO® Course Sponsor is responsible for providing post-course documentation to the ALSO® Program within two weeks. After the Course Sponsor has submitted all required post-course documentation, learners will be emailed letters of participation by the AAFP. For those who successfully complete both the online and the live portion of the course, wallet cards will be additionally included at the bottom of the emailed live course letter of participation.

COURSE DISCLAIMER

The material presented at this course is being made available by the American Academy of Family Physicians for educational purposes only. This material is not intended to represent the only—nor necessarily the best—methods or procedures appropriate for the medical situations discussed, but rather is intended to present an approach, view, statement, or opinion of the instructors which may be helpful to others who face similar situations.

The AAFP disclaims any and all liability for injury or other damages resulting to any individual attending this course and for all claims which may arise out of the use of the techniques demonstrated therein by such individuals, whether these claims shall be asserted by a

physician or any other person.

Every effort has been made to assure the accuracy of the data presented at this course. Clinicians may care to check specific details, such as drug doses and contraindications, etc., in standard sources prior to clinical application.

This course has been determined to be a Level 2 classification under the AMA PRA Credit and Classification Guidelines. The AAFP does not certify competence upon completion of the ALSO® Provider Course, nor does it intend for this course to serve as a basis for requesting new or expanded privileges.

CREDIT OFFERINGS

AAFP (CME)

This live activity, ALSO® Provider Course, with a beginning date of 1/6/2026, has been reviewed and is acceptable for up to **7.75** prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Prescribed credit is accepted by the following organizations and physician licensing boards. This acceptance is confirmed each year, though no written agreement exists. Participants should contact these organizations directly to find out how to report credit:

- American Academy of Physician Assistants (AAPA)
- National Commission on Certification of Physician Assistants (NCCPA)
- American Nurses Credentialing Center (ANCC)
- American Academy of Nurse Practitioners Certification Board (AANPCB)
- American Association of Medical Assistants (AAMA)
- American Board of Family Medicine (ABFM)
- American Board of Emergency Medicine (ABEM)
- American Board of Preventative Medicine (ABPM)

KSBN for Nurses (CNE)

The American Academy of Family Physicians is approved as a provider of continuing nursing education by the Kansas State Board of Nursing (KSBN). This course offering is approved for **9.3** contact hours applicable for APRN, RN, LPN, or LMHT relicensure. KSBN Provider Number; LTO278-0312. This is an advanced level course and may not be suitable for all general continuing nursing education.

DIRECTIONS

MAHEC Simulation Center
119 Hendersonville Road
Asheville, NC 28803

From I-40 E: Take Exit 50 and turn left onto Hendersonville Road.

From I-40 W: Take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26): Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

MAHEC assumes permission to use audio, video, and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

DIRECTIONS

MEDICAL COURSE DIRECTOR

Miryam Wilson, MD, MPH
MAHEC Family Health Center, Asheville, NC

ACCOMMODATIONS

MAHEC has negotiated discounted rates with the following hotels. Please call and ask for the MAHEC Rate when reserving your stay.

- [DoubleTree by Hilton Hotel](#) | 828-274-1800
115 Hendersonville Road, Asheville, NC 28803
- [Hampton Inn & Suites](#) | 828-277-1800
117 Hendersonville Road, Asheville, NC 28803


HAVE A QUESTION?

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