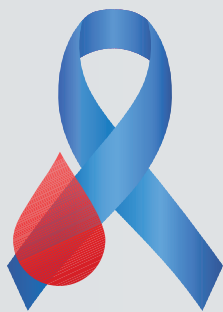


NC DIABETES Summit



Join us in-person or via live webinar
Friday, December 1, 2023



Location In-person at MAHEC

Mary C. Nesbitt Biltmore Campus
121 Hendersonville Rd
Asheville NC 28803

OR via live webinar

Date Friday, December 1, 2023

Check-in 7:30 am–8:00 am

Program 8:00 am–3:30 pm

[REGISTER ONLINE](#)

EARLY FEES AVAILABLE THROUGH 11/20/2023

\$180.00 Advanced Practice Providers, Dentists, or Physicians

\$120.00 All Other Healthcare Professionals

\$30.00 Exhibitor Representatives or Students

Free MAHEC Employees

Registration Closes on November 27, 2023

DESCRIPTION

Join with other interdisciplinary team members to explore the PPOD+A (pharmacotherapy, podiatry, optometry/ophthalmology, dentistry + audiology) approach to care for people with diabetes. Join efforts in North Carolina to align with the Healthy People 2030 goal to reduce the burden of diabetes and improve quality of life for all people who have, or are at risk for, diabetes.

This educational event is available to attend on-site at MAHEC in Asheville, or via live webinar. (Note: If needed for health & safety reasons, this program may pivot to an all-virtual event.)

This project is supported by funds from the Bureau of Health Professions (BHP), Health Resources and Services Administration (HRSA), Department of Health and Human Services (DHHS) under grant number # 2U1QHP28734 Carolina Geriatric Workforce Enhancement Program. This information or content

and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by the BHP, HRSA, DHHS or the U.S. Government. The Center for Aging and Health, Carolina Geriatric Workforce Enhancement Program also provided support for this activity.



OBJECTIVES

Upon completion of this educational activity, the participant will be able to:

- Explore the updates of the ADA 2023 Standards of Care for persons with diabetes
- Enhance interprofessional team-based care of persons with diabetes
- Implement the PPOD+A approach to comprehensive diabetes management
- Align with the Healthy People 2030 goal to reduce the burden of diabetes and improve quality of life for all people who have, or are at risk for, diabetes

TARGET AUDIENCE

Advanced Practice Providers, Audiologists, Dental Healthcare Providers, Diabetic Educators, Dietitians, Nurses, Nursing Home Administrators, Occupational Therapists & Assistants, Optometrists, Pharmacists, Physicians (Endocrinologists, Family Medicine Physicians, Ophthalmologists, Podiatrists), Physical Therapists & Assistants, and other interested healthcare providers

MAHEC assumes permission to use audio, video, and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

CONFERENCE AGENDA

- 7:30–8:00** Webinar Check-in Begins; In-person Registration Check-in & Exhibitors
- 8:00–8:30** **Updates on Standards of Care in Diabetes—2023 from the American Diabetes Association (ADA)**
— Robert Gabbay, MD, PhD, FACP
- 8:30–9:00** **Overview of the Pharmacotherapy, Podiatry, Ophthalmology/Optometry, Dentistry + Audiology (PPOD + A) Approach to Team-based Care of Diabetes**
— Pamela Allweiss, MD
- 9:00–10:00** **PharmacotherapyPOD + A: The “Ominous Octet”**
— Casey Wells, PharmD, BCACP, CPP
- 10:00–10:30** Break & Exhibitors
- 10:30–11:15** **PharmacotherapyPOD+A, continued: Beyond Blood Sugar Management**
— Anne “Andy” Carrington Warren, PharmD, BCPS, CPP
- 11:15–11:45** **PPodiatryOD+A: Diabetes & Foot Care: Best Practices**
— J. Christopher Moore, DPM, FACFAS, FAPWCA
- 11:45–12:015** **PPOptometry/OphthalmologyD+A: Diabetes & Vision Care: Preventing Blindness**
— Ryan Corte, OD
- 12:15–1:00** Lunch (*provided for those on-site*) & Exhibitors
- 1:00–1:45** **PPODentistry+A: Diabetes & Oral Health**
— J. Amadeo Valdez, DDS, MAS
- 1:45–2:00** Break & Exhibitors
- 2:00–2:45** **PPOD+Audiology: Hearing & Balance in Diabetes Care**
— Kathy Dowd, AudD
- 2:45–3:30** **Panel: Diabetes Education—Challenges & Solutions | Moderated by Fred Stichel, MS, RD, LDN**
— Panelists: Rebecca Lockwood, ARNP, CDE; Ginger Poulton MD, DipABLM, MSEd; and Carol Shimberg, MS, RDN, RYT; and Hope Warshaw, MMSc, RD, CDCES, BC-ADM

CREDITS

Continuing Medical Education

Accreditation: Mountain Area Health Education Center (MAHEC) is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live activity for a maximum of **6.0 AMA PRA Category 1 Credit(s)™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

Physician Assistants: AAPA accepts certificate of participation for educational activities certified for AMA PRA Category 1 Credits™ from organizations accredited by ACCME or a recognized state medical society. Physician Assistants may receive a maximum of **6.0 hours** of Category 1 credit for completing this program.

Nurse Practitioners: This activity is designated for **6.0** AMA PRA Category 1 Credits™.

Nursing Home Administrators: This program has been approved for **6.0 hours** by the North Carolina Board of Examiners for Nursing Home Administrators. Course #23024.

Dietitians and Nutritionists: This program has been approved for **6.0 CPEUs** by the Commission on Dietetic Registration (CDR). Activity #178565. CPE Level II.

Dentists: The North Carolina Health Education Centers (NC AHEC) are an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

NC AHEC designates this activity for up to **6.0 hours** of continuing education credits.

Audiologists: Mountain AHEC will issue Certificates of Completion only; the participant must self-track and record the certificate for ASHA Certification documentation.
CHOOSE CEUs or CONTACT HOURS.

Occupational Therapist/ Assistant: As of July 1, 2018, the NCBOT no longer accepts applications for pre-approval of CCAs. OT practitioners need to make sure they are completing activities that comply with Section .0800 of the NCBOT Rules. 6.0 CCAs. **Please select contact hours for your certificate.**

Physical Therapists and Assistants: MAHEC, as part of the NC AHEC system, is a NCBPTE-approved provider of continuing competence for activities directly related to physical therapy. NCPTE: **5.5 contact hours.**

CEUs: MAHEC designates this live continuing education activity as meeting the criteria for **0.6 CEUs** as established by the National Task Force on the Continuing Education Unit.

Contact Hours: MAHEC designates this live continuing education activity as meeting the criteria for **6.0 contact hours.**

FACULTY

Robert A. Gabbay, MD, PhD, FACP, is the Chief Scientific and Medical Officer for the American Diabetes Association (ADA). Dr. Gabbay leads the ADA's efforts to drive discovery within the world of diabetes research, care, and prevention.

Pamela Allweiss, MD, is an Endocrinologist and former Medical Officer at the Centers for Disease Control and Prevention in the Division of Diabetes Translation.

Casey Wells, PharmD, BCACP, CPP, is an Internal Medicine & Endocrinology Clinical Pharmacist in the Pharmacotherapy Department and an Adjunct Assistant Professor with the UNC-Chapel Hill Eshelman School of Pharmacy at MAHEC in Asheville, NC.

Anne “Andy” Carrington Warren, PharmD, BCPS, CPP, is a Clinical Pharmacist Practitioner at MAHEC, and Assistant Professor of Clinical Education with the UNC Eshelman School of Pharmacy and a Clinical Assistant Professor with the UNC School of Medicine in Asheville, NC.

J. Christopher Moore, DPM, FACFAS, FAPWCA, is a podiatrist who is board certified in foot surgery and reconstructive rearfoot and ankle surgery, a fellow of the American College of Foot & Ankle Surgeons American Board of Podiatric Surgery, and co-owner of Moore Foot & Ankle Specialists, PA, in Asheville, NC.

Ryan Corte, OD, is the Co-Owner of Northlake Eye with offices in Asheville and Charlotte, NC, the Founder of the YouTube channels Ryan Reflects and Ryan Reviews Optometry, and the President of the Mountain District Optometric Society.

J. Amadeo Valdez, DDS, MAS, is the General Practice Residency Program Director, Director of Dental Education, and an Oral Medicine Specialist at the MAHEC Dental Health Center and Center for Advanced Training in Asheville, NC.

Kathy Dowd, AuD, is an Audiologist and the Executive Director at The Audiology Project, Inc, a non-profit in Charlotte, NC. Dr. Dowd is heading the advocacy and collaboration with audiology organizations on clinical guidelines for patient care in the areas of chronic and infectious diseases.

Fred Stichel, MS, RD, LDN, is a registered dietitian at the MAHEC Family Health Center and a Clinical Instructor in the Department of Family Medicine, UNC School of Medicine in Asheville, NC.

Rebecca Lockwood, ARNP, CDE, is a Nurse Practitioner and Certified Diabetic Educator in the Department of Endocrinology, MAHEC Internal Medicine at Biltmore in Asheville, NC.

Ginger Poulton MD, DipABLM, MSED, is the Associate Program Director of the Transitional Year Residency Program; the Family Medicine Clerkship Director for the UNC School of Medicine, Asheville Campus; the Program Director of the Lifestyle Medicine Residency Curriculum; the GME Wellness Committee Lead; an Assistant Professor for the UNC Chapel Hill School of Medicine; and a board-certified Lifestyle Medicine physician at MAHEC in Asheville, NC.

Carol Shimberg, MS, RDN, RYT, retired from the Charles George VAMC, is a Registered Yoga Teacher, and a Registered Dietitian and Licensed Nutritionist with Asheville Nutrition Therapy, LLC in Asheville, NC.

Hope Warshaw, MMSc, RD, CDCES, BC-ADM, is an author, dietitian, and diabetes educator. She owns the consulting practice, Hope Warshaw Associates, LLC. She has served as president of the American Association of Diabetes Educators and is currently the secretary of the Academy of Nutrition and Dietetics Foundation board.

DIRECTIONS

MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Road, Asheville, NC 28803

From I-40 E: Take Exit 50 and turn left onto Hendersonville Road.

From I-40 W: Take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26):

Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

NC DIABETES SUMMIT

Friday, December 1, 2023

REGISTRATION

Registration closes on November 27, 2023

Event fees include administrative costs and educational materials. If your registration is received after the early registration deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations that are received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations received less than two full business days prior to the event
- No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)

☐ Updated contact information Event #67898

Name _____

Credentials _____

Occupation _____

Email Address _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

☐ Please remove me from the MAHEC mailing list

Home Address _____

City _____ State _____ ZIP _____

Home County _____

Home # _____ Work # _____

Employer _____

Department _____

Employer's Address _____

City _____ State _____ ZIP _____

Work County _____

I Will Attend ☐ In-person ☐ Via live webinar

Meal Preference ☐ Vegetarian ☐ Gluten-free ☐ Vegan
(for those attending in-person)

Advanced Practice Providers, Dentists, or Physicians

☐ \$180.00 ☐ \$195.00 if paying after 11/20/2023

All Other Healthcare Professionals

☐ \$120.00 ☐ \$135.00 if paying after 11/20/2023

Exhibitor Representatives or Students

☐ \$30.00 ☐ \$45.00 if paying after 11/20/2023

MAHEC Employees

☐ Free

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

☐ Check is enclosed ☐ Credit card information below

☐ Visa ☐ MasterCard ☐ Discover Card ☐ AmEx

Account # _____

Expiration Month/Year _____ / _____

Verification Code _____ (3 or 4-digit number)

Name on Card _____

Signature _____

Send completed registration to: MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803

Fax completed registration to: 828-257-4768

HAVE A QUESTION?



Special Services

828-771-3495

Program Planner

Rosalyn Wasserman, PT, DPT

828-257-4437 | rosalyn.wasserman@mahec.net

Registration Phone

828-257-4475

Email

registration@mahec.net

Registration Fax

828-257-4768

Mail

MAHEC Registration
121 Hendersonville Road
Asheville, NC 28803

Online Registration

www.mahec.net/cpd