



2018 BRAIN INJURY ASSOCIATION OF NORTH CAROLINA TBI CONFERENCE:

Unmasking the CHALLENGES,

Exposing the Hope

Friday, November 30, 2018 - Saturday, December 1, 2018

LOCATION MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Rd, Asheville, NC 28803

DATE Friday, November 30, 2018
REGISTRATION PROGRAM 8:30 am - 9:00 am (*light breakfast provided*)
9:00 am - 6:00 pm (*lunch provided*)

DATE Saturday, December 1, 2018
REGISTRATION PROGRAM 8:30 am - 9:00 am (*light breakfast provided*)
9:00 am - 12:00 pm

Early registration fees through November 23, 2018

| | DAY 1 ONLY | DAY 2 ONLY | BOTH DAYS |
|---|------------|------------|-----------|
| HEALTHCARE PROFESSIONAL | \$130 | \$50 | \$175 |
| BIANC MEMBER | \$97.50 | \$37.50 | \$131.25 |
| <i>(\$100 Professional Level only)</i> | | | |
| HEALTHCARE STUDENT | \$50 | N/A | \$75 |
| <i>(proof of enrollment required at check-in)</i> | | | |
| PERSON WITH TBI/ FAMILY MEMBERS | N/A | \$25 | N/A |

DESCRIPTION

The Brain Injury Association of NC (BIANC), in collaboration with the Mountain Area Health Education Center (MAHEC), is offering this interprofessional conference on November 30 & December 1, 2018, at MAHEC in Asheville, NC. This conference will enable healthcare providers to help people with traumatic brain injuries (TBI) and their families have hope as challenges occur during recovery. Topics will be addressed by expert speakers and survivors of traumatic brain injury. TBI survivors and family members are invited to join the conference on the second day, and must pre-register.

Note: A limited number of hotel rooms are being held at the nearby DoubleTree by Hilton Asheville-Biltmore; use Group Code BIA. Book by November 10th to reserve your room! See lodging info on next page.

AUDIENCE

Certified Brain Injury Specialists, Mental Healthcare Providers including Psychologists, Nurses, Occupational Therapists & Assistants, Physical Therapists & Assistants, Speech-language Pathologists, Social Workers, TBI Survivors & Families

OBJECTIVES

Upon completion of this educational activity, participants will be able to:

- Cite the impact of healthcare transformation in NC on persons with TBI
- Discuss key issues, such as gender, social determinants, mental health and substance use disorder that can impact persons with TBI
- Incorporate various strategies for managing concussion, including holistic approaches to treatment; and adapt the military's Progressive Return to Activity (after acute Concussion/mTBI) model to civilian populations
- Learn from TBI survivors/families' experiences how they have faced challenges and are living with hope

PLANNING COMMITTEE

Patricia R. Babin, PhD, PharmD
Cardinal Innovations Healthcare Solutions, Kannapolis, NC

Wesley R. Cole, PhD
Intrepid Spirit Center, Womack Army Medical Center, Fort Bragg, NC

Robert G. Credeur Parish, BSN, RN, CRRN
CarePartners, Asheville, NC

Sandra S. Farmer, MEd
BIANC, Cary, NC

Leslie Johnson, PhD, CCC-SLP
UNC Health Care, Chapel Hill, NC

Ken Jones, MPA, CBIS
BIANC, Kenansville, NC

Karen Keating, CBIS
BIANC, Asheville, NC

Johna Register-Mihalik, PhD, LAT, ATC
UNC-CH Matthew Gfeller Sport-Related Traumatic Brain Injury Research Center and Injury Prevention Research Center, Chapel Hill, NC

Rosalyn Wasserman, PT, DPT
MAHEC, Asheville, NC



In collaboration with



AGENDA

THURSDAY, NOVEMBER 29, 2018

4:00-6:00PM | **BIANC Hosts Welcome Social at DoubleTree by Hilton Asheville-Biltmore Hotel**
(hors d'oeuvres with cash bar)

FRIDAY, NOVEMBER 30, 2018

8:30AM | **Check-In, Breakfast, and Exhibitors** *(light breakfast provided)*

9:00AM | **Welcome and Conference Overview**
Wesley R. Cole, PhD

9:15AM | **Unmasking Brain Injury**
Martin B. Foil, III, CBIS | Karen Keating, CBIS

9:45AM | **NC Healthcare Transformation and Medicaid TBI Waiver**
David J. Richard, BS-Edu

10:15AM | **Break and Exhibitors**

10:45AM | **Substance Use Disorder and TBI**
Ana L. Mills, PsyD

11:30AM | **Holistic Approach to Concussion Management**
Kevin A. Carneiro, DO

12:00PM | **Lunch** *(provided by Ingles Table - The Chef's Kitchen)* **and Exhibitors**

1:00PM | **Gender Issues in TBI**
Jan Murphy, MCD, CCC-SLP

1:45PM | **Clinical Recommendations for Progressive Return to Activity Post Concussion: Updates From the Military**
Wesley R. Cole, PhD

2:30PM | **Break and Exhibitors**

2:45PM | **Navigating Disability, SSI, Medicaid in TBI**
Cynthia A. Strom, BSN, JD

3:30PM | **A TBI Survivor's Story of Challenges and Hope**
Susan Hahn, LCSW-C, PCC

4:00PM | **Adjourn Education Day One**

4:00-6:00PM | **BIANC Hosts an Ice Cream Social at MAHEC**
(Sponsored by Qmetis)

SATURDAY, DECEMBER 1, 2018

8:30AM | **Check-In, Breakfast, and Exhibitors** *(light breakfast provided)*

9:00AM | **Accessing Life: Social Determinants of Health for Persons with TBI**
Elizabeth Cuervo Tilson, MD, MPH, FAAP, FACPM

9:45AM | **Break and Exhibitors**

10:00AM | **Anxiety and Depression in TBI**
Ana L. Mills, PsyD

10:30AM | **A TBI Survivor's Story of Challenges and Hope**
Karl Holt, USASF Medic, Ret, Medical Student UNC-CH

11:00AM | **TBI Expert Q & A Panel**
Moderated by Karen Keating, CBIS
Panelists: Kevin A. Carneiro, DO | Martin B. Foil, III, CBIS | Susan Hahn, LCSWC, PCC | Karl Holt, USASF Medic, Ret, Medical Student UNC-CH | Ana L. Mills, PsyD | Jan Murphy, MCD, CCC-SLP | Robert G. Credeur Parish, BSN, RN, CRRN | Elizabeth Cuervo Tilson, MD, MPH, FAAP, FACPM

12:00PM | **Wrap Up and Adjourn**
Karen Keating, CBIS
(Non-healthcare providers; Please turn in your paper evaluation at the registration desk)

FACULTY

Wesley R. Cole, PhD, is a neuropsychologist, Chief of the Cognitive and Behavioral Health Section, and Research Lead for the Intrepid Spirit Center at the Womack Army Medical Center in Fort Bragg, NC. Dr. Cole is the current chair elect of BIANC and is serving as the BIANC Education Committee Chair this year.

Karen Keating, CBIS, is the training and resource coordinator with BIANC in Asheville, NC.

Martin B. Foil, III, CBIS, is the Executive Director of Hind's Feet Farm, which is CARF-accredited and provides a variety of programs for persons with brain injury in Asheville and Huntersville, NC.

David J. Richard, BS-Edu, is the Deputy Secretary of Behavioral Health and Developmental Disabilities Services with the North Carolina Department of Health and Human Services (NC DHHS). Prior to joining the NC DHHS team, he served as the executive director for The Arc of North Carolina.

Ana L. Mills, PsyD, is a Licensed Clinical Psychologist and Assistant Director of Neuropsychology & Rehabilitation Psychology Services in the Department of Physical Medicine & Rehabilitation at Virginia Commonwealth University Medical Center in Richmond, VA.

Kevin A. Carneiro, DO, is an Assistant Professor in the Department of Neurosurgery, with a joint appointment in Physical Medicine & Rehabilitation at UNC-CH. Dr. Carneiro is also the Medical Director of UNC Hospitals Spine Center; Medical Director of the Center for the Study of Retired Athletes; and Medical Director of the Brain & Body Health Program at UNC in Chapel Hill, NC.

Jan Murphy, MCD, CCC-SLP, is the coordinator of inpatient Speech Therapy at CarePartners Rehabilitation Hospital in Asheville, NC. She is fascinated with the brain's ability to recover and adapt following traumatic and non-traumatic injuries.

Cynthia A. Strom, BSN, JD, is a Social Security disability attorney and owner of Cynthia A. Strom, PA Law Office in Asheville, NC.

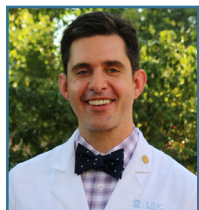


Susah Hahn, LCSW-C, PCC, is a brain injury survivor and founder of the non-profit HobbleJog Foundation, Inc. in Annapolis, MD, which supports teens and young adults recovering from neurological trauma to reach their full potential. She is also Founder & CEO of Swan Consulting Group, Inc., for which she is a Credentialed Executive and Physician

Leadership Coach. A licensed psychotherapist, Ms. Hahn is able to rapidly assess if and when individual clients will benefit from a referral for services other than coaching.

Elizabeth Cuervo Tilson, MD, MPH, FAAP, FACPM, is the State Health Director and the Chief Medical Officer for the North Carolina Department of Health and Human Services. Dr. Tilson is also a practicing primary care pediatrician at the Wake County Human Services Child Health Clinic in Raleigh, NC.

Robert G. Credeur Parish, BSN, RN, CRRN, is a Nurse Manager at CarePartners in Asheville NC and is an in-home caregiver of a family member with TBI.



Karl Holt, USASF Medic, Ret., is a TBI survivor, retired United States Special Forces (Green Beret) Medic and current medical student at UNC-Chapel Hill School of Medicine.

CREDITS

CEUs: MAHEC designates this continuing education activity as meeting the criteria for **CEUs: 0.5 on Day 1; 0.3 on Day 2; 0.8 for Both Days** as established by the National Task Force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

CONTACT HOURS: MAHEC designates this continuing education activity as meeting the criteria for **contact hours: 5.25 on Day 1; 2.75 on Day 2; 8.0 for Both Days**. Full attendance is required to receive credit.

PHYSICAL THERAPY: MAHEC as part of the NC AHEC system, is a NCBPTE-approved provider of continuing competence for activities directly related to physical therapy. **NCBPTE contact hours: 5.0 on Day 1; 2.5 on Day 2; 7.5 for Both Days**

SPEECH-LANGUAGE PATHOLOGY: Mountain AHEC will issue Certificates of Completion only; the participant must self-track and record the certificate for ASHA Certification documentation.

PSYCHOLOGISTS: MAHEC is recognized by the North Carolina Psychology Board as an approved Provider of Category A Continuing Education for North Carolina Licensed Psychologists. Approved for **5.25 hours on Day 1; 2.75 on Day 2; 8.0 for Both Days Category A**. Full attendance is required to receive credit.

NORTH CAROLINA SOCIAL WORK: The North Carolina Social Work Certification and Licensure Board does not require pre-approval of organized training events. **5.25 on Day 1; 2.75 on Day 2; 8.0 for Both Days**.

NORTH CAROLINA LICENSED COUNSELORS: North Carolina Licensed Counselors may turn in up to 15 hours of continuing education annually from an AHEC. **5.25 on Day 1; 2.75 on Day 2; 8.0 for Both Days**.

OCCUPATIONAL THERAPISTS/ASSISTANTS: As of July 1, 2018, the NCBOT no longer accepts applications for pre-approval of CCAs. OT practitioners need to make sure they are completing activities that comply with Section .0800 of the NCBOT Rules CCAs: **5.25 CCAs on Day 1; 2.75 CCAs on Day 2; 8.0 CCAs for Both Days**.

LODGING

A limited number of hotel rooms are being held at the nearby
DoubleTree by Hilton Asheville-Biltmore
115 Hendersonville Road, Asheville, North Carolina 28803
Phone Number: 828.210.8290

Book by November 10th to reserve your room!

ONLINE RESERVATION

Group Name: Brain Injury Association of North Carolina

Group Code: BIA

Check-in: November 29, 2018 | Check-out: December 1, 2018

Special Room Rates for 11/29/18 - 12/01/18

2 DOUBLE BEDS NONSMOKING rates from \$132.00 USD/Night

1 KING BED NONSMOKING rates from \$132.00 USD/Night

Rates valid through November 10, 2018

REGISTRATION

Early registration deadline: November 23, 2018

The early registration fee for healthcare professionals is \$130 for Day 1, \$50 for Day 2, and \$175 for Both Days; for BIANC members (\$100 professional level only) is \$97.50 for Day 1, \$37.50 for Day 2, and \$131.25 for Both Days; for healthcare students (proof of enrollment required at check-in) is \$50 for Day 1 and \$75 for Both Days, and for persons with TBI/family members it is \$25 for Day 2. These program fees include administrative costs, educational materials, light breakfast, and lunch (Friday only). If registration is received after the deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

DIRECTIONS

MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Road, Asheville NC 28803

From I-40 E: Take Exit 50 and turn left onto Hendersonville Road.

From I-40 W: Take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26):

Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex.

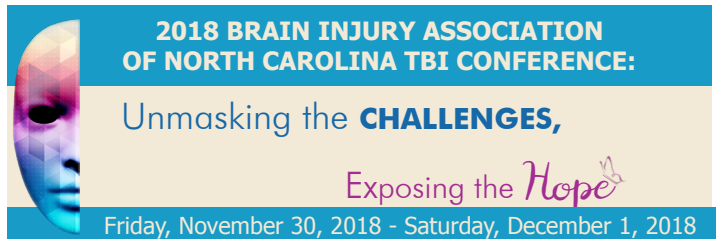
Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

REGISTER ONLINE

www.mahec.net/BIANC2018



MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.



Updated contact information.

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX- _____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____

HOME ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

HOME COUNTY _____

HOME # _____ **WORK #** _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

WORK COUNTY _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

Please provide a:

Vegetarian Option Gluten-free Option Vegan Option

| | DAY 1 ONLY | DAY 2 ONLY | BOTH DAYS |
|--|---|---|---|
| HEALTHCARE PROFESSIONAL | <input type="checkbox"/> \$130.00 <input type="checkbox"/> \$145.00 <small>(after Nov 23rd)</small> | <input type="checkbox"/> \$50.00 <input type="checkbox"/> \$65.00 <small>(after Nov 23rd)</small> | <input type="checkbox"/> \$175.00 <input type="checkbox"/> \$190.00 <small>(after Nov 23rd)</small> |
| BIANC MEMBER <small>(\$100 Professional level only)</small> | <input type="checkbox"/> \$97.50 <input type="checkbox"/> \$112.50 <small>(after Nov 23rd)</small> | <input type="checkbox"/> \$37.50 <input type="checkbox"/> \$52.50 <small>(after Nov 23rd)</small> | <input type="checkbox"/> \$131.25 <input type="checkbox"/> \$146.25 <small>(after Nov 23rd)</small> |
| HEALTHCARE STUDENT <small>(proof of enrollment required at check-in)</small> | <input type="checkbox"/> \$50.00 <input type="checkbox"/> \$65.00 <small>(after Nov 23rd)</small> | N/A | <input type="checkbox"/> \$75.00 <input type="checkbox"/> \$90.00 <small>(after Nov 23rd)</small> |
| PERSON WITH TBI/ FAMILY MEMBER | N/A | <input type="checkbox"/> \$25.00 <input type="checkbox"/> \$40.00 <small>(after Nov 23rd)</small> | N/A |

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed Credit card information provided
 Visa MasterCard Discover Card American Express

ACCOUNT # _____

EXP ____ / ____ **CODE ON BACK OF CARD** _____ (3 digits)

NAME ON CARD _____

SIGNATURE _____

Send completed registration form to: # 19ID007/56439

MAHEC Registration
121 Hendersonville Rd., Asheville, NC 28803 **Fax to:** 828-257-4768

HAVE A QUESTION?

Contact the Program Planner

Rosalyn Wasserman, PT, DPT
rosalyn.wasserman@mahec.net or 828-257-4437



Special Services
828-257-4485

REGISTRATION INFORMATION: 828-257-4475

FAX REGISTRATION: 828-257-4768

ONLINE REGISTRATION: www.mahec.net

EMAIL: registration@mahec.net

MAIL: MAHEC Registration
121 Hendersonville Rd., Asheville, NC 28803