



THE 7TH ANNUAL
Dr. Suzanne Landis
**GERIATRIC SUMMIT:
MEDICATION MATTERS**

FRIDAY, NOVEMBER 3, 2023

Location	Live via webinar or in person at MAHEC Education Building 121 Hendersonville Road Asheville, NC 28803
Date	Friday, November 3, 2023
Registration	8:00 am–8:30 am <i>(light breakfast on-site only)</i>
Program	8:30 am–3:00 pm <i>(lunch on-site only)</i>

EARLY FEES APPLY THROUGH 10/27/2023

\$130.00	Healthcare Providers
\$60.00	Aging Services Providers
\$30.00	Exhibitor Representatives and Students <i>(valid student ID may be requested in order to qualify)</i>
FREE	Speakers, Planning Committee Members, and MAHEC Employees

DESCRIPTION

Join other healthcare providers and aging services providers at this annual geriatric educational event. The focus this year will be on one of the “4Ms”: Medication (optimizing use to reduce harm and burden, focusing on medications affecting mobility, mentation, and what matters).

This is planned to be a hybrid program—participants can attend on-site at MAHEC in Asheville, NC, or via live webinar. If needed for COVID-19 safety, this program may pivot to a live webinar-only format.

AUDIENCE

Aging Services Providers
and Healthcare Providers

REGISTER
ONLINE

OBJECTIVES

Upon completion, participants will be able to:

- Describe how “M for Medication” is part of the 4Ms (What Matters, Medication, Mentation, and Mobility) approach to age-friendly care of older adults
- Explain how to use the AGS Beers Criteria® updates to advocate for safer prescribing in older adults
- Relate the impact of opioid use in older adults and recent Buncombe County approaches to the Opioid Epidemic
- Discuss health disparities in older adults and approaches to access safe and effective prescribed medications
- Cite the economic and social impacts of medication access on the health and well-being of older adults

THIS SUMMIT IS
PROVIDED BY

MAHEC
PART OF NC AHEC

MAHEC’s Department of Continuing Professional Development conducts regional, statewide, and national programs that are designed to meet the education and training needs of health and human service professionals in the fields of allied health, oral health, medicine, mental health, nursing, and pharmacotherapy. Collaboration and the diversity of the healthcare workforce are emphasized in providing programs and services. Learn more at mahec.net/cpd.

SUMMIT AGENDA

- 8:00–8:30**
- Registration
 - Light Breakfast (*offered on-site only*)
 - Exhibitors
 - Webinar Check-in
- 8:30–8:45** **Welcome, Announcements, and Conference Overview**
- William McLean, MD
 - Tasha Woodall, PharmD, BCGP, CPP
- 8:45–9:30** **Update on the AGS Beers Criteria®**
- Emma Williams, PharmD, CPP
- 9:30–9:45** **PharmAssist Program at MAHEC**
- Tasha Woodall, PharmD, BCGP, CPP
- 9:45–10:00** **Special Assistance In-home Program**
- Ryan L.H. Garcia, BSW
- 10:00–10:30** Break and Exhibitors
- 10:30–11:00** **Opioid Use in Older Adults**
- Blake Fagan, MD
- 11:00–11:30** **Buncombe County Approaches to the Opioid Epidemic**
- Victoria Reichard, LCSW
- 11:30–12:30** **Health Disparities in Older Adults and Health Privilege Activity**
- Annamae T. Giles, MSW
- 12:30–1:30**
- Lunch (*offered on-site only*)
 - Exhibitors
- 1:30–2:00** **Small Groups Case Study Discussion: Medication Access**
- 2:00–3:00** **Panel: Medication Resources**
- William McLean, MD (*moderator*)
 - Kathey Avery, RN, BSN, CN, CTTS
 - Laura Bailey, CPhT
 - Alicia Evans, MSW
 - Vance Goodman, MDiv
 - Grace Monti, PharmD
- 3:00** **Complete Attestation and Adjourn**

MAHEC assumes permission to use audio, video, and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.



This project is supported by funds from the Bureau of Health Professions (BHP), Health Resources and Services Administration (HRSA), Department of Health and Human Services (DHHS) under grant number #2U1QHP28734

Carolina Geriatric Workforce Enhancement Program (CGWEP). This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by the BHP, HRSA, DHHS, or the U.S. Government. The Center for Aging and Health, CGWEP also provided support for this activity.

CONTROLLED SUBSTANCES

This program was designed to satisfy, in part, the North Carolina Medical Board's CME requirement for controlled substance prescribers. Per NCAC rules: As of July 1, 2017 all physicians (other than residents), physician assistants, nurse practitioners, podiatrists, and dentists who prescribe controlled substances must satisfy the controlled-substance prescribing CE requirements as set forth by their licensing boards. Requirements vary by discipline and board.

MEDICAL COURSE DIRECTOR

William McLean, MD, MAHEC, Asheville, NC

HAVE A QUESTION?



Special Services

828-771-3495

Program Planner

Rosalyn Wasserman, PT, DPT

828-257-4437 | rosalyn.wasserman@mahec.net

Registration Phone

828-257-4475

Email

registration@mahec.net

Registration Fax

828-257-4768

Mail

MAHEC Registration
121 Hendersonville Road
Asheville, NC 28803

Online Registration

mahec.net/events

FACULTY

Kathey Avery, RN, BSN, CN, CTTS, is a community nurse and the founder & owner of Avery Health - Education and Consulting, with over 35 years of experience in healthcare and community activism.

Laura Bailey, CPHT, is a Certified Pharmacy Technician in the Pharmacy Department (Medication Assistance Program) at the MAHEC Family Health Center in Asheville, NC.

Alicia Evans, MSW, is the Director of Operations at the Council on Aging for Henderson County in Hendersonville, NC.

Blake Fagan, MD, is family physician at MAHEC in Asheville, NC, and a Professor in the Department of Family Medicine at the UNC-Chapel Hill. He serves as the Clinical Director of Substance Use Disorder Initiatives and trains healthcare providers and medical residency programs across the state in medication-assisted treatment, safe pain management, and safe opioid prescribing practices. He has also been vetted by the Opioid Response Network as a subject-matter expert in the diagnosis and treatment of stimulant use disorders. Dr. Fagan is a Diplomate of the American Board of Preventive Medicine and Board-Certified in Addiction Medicine.

Ryan L.H. Garcia, BSW, is the Aging and Adult Services Social Work Supervisor at Buncombe County Health and Human Services in Asheville, NC.

Annamae T. Giles, MSW, is a Clinical Assistant Professor at the UNC Chapel Hill School of Social Work in Chapel Hill, NC.

Vance Goodman, MDiv, is the Benefits Enrollment Specialist at the Council on Aging of Buncombe County in Asheville, NC.

William McLean, MD, is a MAHEC family medicine physician and faculty; Co-Director of the MAHEC Center for Healthy Aging; and the Medical Director at Deerfield Episcopal Retirement Community in Asheville, NC.

Grace Monti, PharmD, is a PGY2 Geriatrics & Academia Pharmacy Resident in the Department of Pharmacotherapy and an Adjunct Instructor for the University of North Carolina Eshelman School of Pharmacy at MAHEC in Asheville, NC.

Victoria Reichard, LCSW, is the Behavioral Health Manager in the County Manager's Office of Buncombe County in Asheville, NC.

Emma Williams, PharmD, CPP, is a Geriatric Clinical Pharmacist and faculty in the Department of Pharmacotherapy at MAHEC in Asheville, NC.

Tasha Woodall, PharmD, BCGP, CPP, is the Co-Director of the MAHEC Center for Healthy Aging; Residency Program Director for PGY2 Geriatrics in the Department of Pharmacotherapy; an Associate Professor of Clinical Education in the UNC Eshelman School of Pharmacy; and a Clinical Associate Professor in the UNC School of Medicine at MAHEC in Asheville, NC.

DIRECTIONS (if attending on-site)

MAHEC Education Building 121 Hendersonville Road, Asheville, NC 28803

From I-40 E: Take Exit 50 and turn left onto Hendersonville Road.

From I-40 W: Take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26): Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

PLANNING COMMITTEE

- Kathey Avery RN, BSN, CN, CTTS
- Heather Bauer
- Billie Breeden, MS
- Suzanne Landis, MD, MPH
- Jennifer Teague, MA
- LeeAnne Tucker
- Rosalyn Wasserman, PT, DPT
- Tasha Woodall, PharmD, BCGP, CPP

CREDITS

Continuing Medical Education

Accreditation: MAHEC is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this activity for a maximum of **5.0 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

Physician Assistants: AAPA accepts certificate of participation for educational activities certified for AMA PRA Category 1 Credits[™] from organizations accredited by ACCME or a recognized state medical society. Physician Assistants may receive a maximum of **5.0 hours** of Category 1 credit for completing this program.

Nurse Practitioners: This activity is designated for **5.0 AMA PRA Category 1 Credits**[™].

Nursing Home Administrators: Application has been made to the North Carolina Board of Examiners for Nursing Home Administrators' credit.

Occupational Therapists & Assistants: As of July 1, 2018, the NCBOT no longer accepts applications for pre-approval of CCAs. OT practitioners need to make sure they are completing activities that comply with Section .0800 of the NCBOT Rules. **5.0 CCAs**. Please select contact hours for your certificate.

Physical Therapists & Assistants: MAHEC, as part of the NC AHEC system, is a NCBPTE-approved provider of continuing competence for activities directly related to physical therapy. NCBPTE **5.0 contact hours**.

Speech-Language Pathologists: MAHEC will issue Certificates of Completion only; the participant must self-track and record the certificate for ASHA Certification documentation. Choose contact hours or CEUs.

CEUs: MAHEC designates this continuing education activity as meeting the criteria for **0.5 CEUs** as established by the National Task Force on the Continuing Education Unit.

Contact Hours: MAHEC designates this continuing education activity as meeting the criteria for **5.0 contact hours**.

[REGISTER ONLINE](#)

REGISTRATION

Early registration deadline: October 27, 2023

Program fees include administrative costs, educational materials, a light breakfast, and lunch (meals provided in person at MAHEC only). If your registration is received after the early registration deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations that are received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations received less than two full business days prior to the event
- No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)



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REGISTRATION FORM

Updated contact information Event #69601

Name _____

Credentials _____

Occupation _____

Email Address _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove me from the MAHEC mailing list

Home Address _____

City _____ State _____ ZIP _____

Home County _____

Home # _____ Work # _____

Employer _____

Department _____

Employer's Address _____

City _____ State _____ ZIP _____

Work County _____

Attendance Selection

in person at MAHEC virtually via live webinar

Dietary Preference (if applicable)

Vegetarian Gluten-free Vegan

PAYMENT INFORMATION

Healthcare Providers

\$130.00 \$145.00 if paying after 10/27/2023

Aging Services Providers

\$60.00 \$75.00 if paying after 10/27/2023

Exhibitor Representatives and Students*

\$30.00 \$45.00 if paying after 10/27/2023

**Valid student ID may be requested in order to qualify*

Speakers, Planning Committee, & MAHEC Employees

FREE with code: _____

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

CHECK IS ENCLOSED

PAYING WITH CARD

Visa MasterCard Discover Card AmEx

Account # _____

Expiration Month/Year _____ / _____

Verification Code _____ (3 or 4-digit number)

Name on Card _____

Signature _____

Send completed registration to: MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803

Fax completed registration to: 828-257-4768