

THE 7<sup>TH</sup> ANNUAL

# PERINATAL SUBSTANCE EXPOSURE SUMMIT

Join us live via webinar!

FRIDAY, OCTOBER 27, 2023



**Location** Join via live webinar

**Date** Friday, October 27, 2023

## MORNING SESSION

**Program** 8:00 am–12:00 pm

## AFTERNOON SESSION

**Program** 1:00 pm–5:00 pm

## EARLY FEES AVAILABLE THROUGH 10/20/2023

**\$25.00** Morning Session OR Afternoon Session

**\$35.00** Full Day

**Free** MAHEC Employees

[REGISTER ONLINE](#)

## DESCRIPTION

We are excited to have you attend the 7th Annual Perinatal Substance Exposure Summit. This virtual statewide summit will take place on Friday, October 27th. This will be a full-day event offering morning and afternoon sessions.

### Feel free to join either session or join both!

Morning Session — 8:00 am-12:00 pm

Afternoon Session — 1:00 pm-5:00 pm

This year's group of speakers continues to reflect a commitment to the goals of this summit:

1. Delivering evidence-based practice around Perinatal Substance Use Disorders (PSUD) treatment
2. Providing education that is pertinent to all parts of the integrated team working with PSUD

In this, the first post-COVID summit, we examine the changing landscape and lessons learned in best practices for caring for pregnant and parenting people, infants, and families affected by substance use disorders. The morning keynote "Leveraging Medicaid for Maternal Health in North Carolina: Yesterday, Today, Tomorrow," led by NC Medicaid Chief Medical Officer, Dr. Shannon Dowler, will focus

on the recent Medicaid changes expanding access and care to pregnant and parenting persons, ways to leverage resources to support this care, and upcoming priorities for the department, particularly as they relate to maternal health. Kristie Puckett Williams, MA, will start our afternoon session off with a deeply moving presentation that tells the stories of people impacted by incarceration, in "Dignity for Incarcerated Pregnant Women: The Impact of Race, Gender, & Substance Use Disorders on Incarceration."

In addition to these keynote presentations, we will highlight other topics examining innovative ways to prescribe in the era of fentanyl and xylazine, firsthand experiences with the Eat, Sleep, Console treatment model for NOWS (neonatal opioid withdrawal syndrome), spirituality and holistic approaches to recovery, tips for working collaboratively with community pharmacies, and START (Sobriety Treatment and Recovery Teams) as a specialized child welfare service delivery model. We look forward to sharing this time with you as we focus on innovative and best practice models of care for pregnant and parenting people, infants, and families affected by substance use disorders. We hope you can join us!

# SUMMIT AGENDA

## MORNING SESSION

- 8:00–8:10** Welcome Remarks  
— Elisabeth Johnson, PhD, FNP-BC
- 8:10–9:10** **Leveraging Medicaid for Maternal Health in North Carolina: Yesterday, Today, Tomorrow**  
— Shannon Dowler, MD, FAAFP, CPE
- 9:10–9:55** Breakouts: Please Select One Different Breakout for Each Session (*Breakout sessions are repeated in the afternoon*)
- 1A: Micro-Induction Strategies: Novel Approaches to Initiating Buprenorphine**  
— Leonard Cruz, MD, & Steven Buser, MD
- 1B: Ensuring Your Patients Get Their OUD Medication: Pharmacy Tips for Buprenorphine**  
— Olivia Caron, PharmD, BCACP, CCP, & Bayla Ostrach, PhD, MA, CIP
- 9:55–10:10** Break
- 10:10–10:55** Breakouts: Please Select One Different Breakout for Each Session (*Breakout sessions are repeated in the afternoon*)
- 1C: Spirituality and Holistic Approaches to Recovery**  
— Russell Siler Jones, ThD, LCMHCS
- 1D: The Sobriety Treatment and Recovery Teams Model Improving Outcomes for Buncombe County Families**  
— Erin Smead, MSW;  
Katherine Watkins, BA; &  
Desiree Mckinney, CPSS
- 10:55–11:55** **Emerging Trends: Xylazine and Wounds in Persons Who Inject Drugs**  
— Anna Dill, MD, MPH;  
Claire Hubbard, EMT-P; &  
Erika Harrison, LPN, WCN-C
- 11:55–12:00** Closing Remarks  
— Erin Bowman, LCAS, LCSW, CCS
- 12:00** Adjourn

### SPEAKER BIOGRAPHIES

[Click here to read more about our summit speakers](#)

## AFTERNOON SESSION

- 1:00–1:10** Welcome Remarks  
— Elisabeth Johnson, PhD, FNP-BC
- 1:10–2:10** **Dignity for Incarcerated Pregnant Women: The Impact of Race, Gender, & Substance Use Disorders on Incarceration**  
— Kristie Puckett Williams, MA
- 2:10–2:55** Breakouts: Please Select One Different Breakout for Each Session (*Breakout sessions are repeated from the morning*)
- 2A: Micro-Induction Strategies: Novel Approaches to Initiating Buprenorphine**  
— Leonard Cruz, MD, & Steven Buser, MD
- 2B: Ensuring Your Patients Get Their OUD Medication: Pharmacy Tips for Buprenorphine**  
— Olivia Caron, PharmD, BCACP, CCP, & Bayla Ostrach, PhD, MA, CIP
- 2:55–3:10** Break
- 3:10–3:55** Breakouts: Please Select One Different Breakout for Each Session (*Breakout sessions are repeated from the morning*)
- 2C: Spirituality and Holistic Approaches to Recovery**  
— Russell Siler Jones, ThD, LCMHCS
- 2D: The Sobriety Treatment and Recovery Teams Model Improving Outcomes for Buncombe County Families**  
— Erin Smead, MSW;  
Katherine Watkins, BA; &  
Desiree Mckinney, CPSS
- 3:55–4:55** **Experiences with the Eat, Sleep, Console Model of Care: A Panel Discussion**  
— Moderators:  
Amy Marietta, MD, MPH, FAAFP, FASAM, & Tammy Cody, MSW, LCSW  
— Panelists: Sarah Peiffer, MD;  
Rebecca Bass, BSN, RNC-EFM;  
Jessie Cobb; Brittney Darity; & Brittany “Hope” Bagwell
- 4:55–5:00** Closing Remarks  
— Amy Marietta, MD, MPH, FAAFP, FASAM
- 5:00** Adjourn

## KEYNOTE SPEAKERS

**Shannon Dowler, MD, FAAFP, CPE,** (She/Her) is the Chief Medical Officer of North Carolina Medicaid and Assistant Secretary for Health Access within the North Carolina Department of Health and Human Services. Her past experience with Medicaid includes chairing the Physician Advisory Group for Medicaid (an independent legislated non-profit whose sole purpose is advising Medicaid on clinical policy) for many years. Her previous roles include, but are not limited to, serving as the Associate Chief Quality Officer and Chief of Community Medicine at Mission Health System and Chief Medical Officer for a large migrant and community health center. She is a past President of the North Carolina Academy of Family Physicians and has served on national commissions with the Centers for Disease Control and Prevention, American Academy of Family Physicians and American College of Obstetricians and Gynecologists. With a clinical specialty in Sexual Health, her first book was published early in 2023 by John Hopkins University Press entitled *Never Too Late: Your Guide to Safer Sex After Sixty*. In 2017 she received her Certified Physician Executive degree from the American Academy of Physician Leaders. Dr. Dowler obtained her medical degree from East Carolina (Brody) School of Medicine and completed a Family Medicine Residency and Fellowship in Asheville at Mountain Area Health Education Center.

**Kristie Puckett Williams, MA,** (She/Her/KPW) is a (dis)organizer and civil rights activist. Her direct experience with poverty, drug addiction, domestic violence, and incarceration has led her to pursue a career in policy and advocacy via deep relational organizing and lobbying. She is an issue area expert on the conditions of confinement for women and girls, including pregnant women and girls in carceral facilities as well as building power in disempowered communities. Her work in advocacy has had a direct impact at the local, state, regional, and national levels.

NC Gov. Roy Cooper appointed Puckett to chair the Women in Incarceration Workgroup for the State Reentry Council Collaborative. Kristie serves as a commissioner on the North Carolina Commission on Racial & Ethnic Disparities in the Criminal Justice System (NC CRED) and in that capacity, works with local communities to build power on confederate monument removal.

Kristie was awarded the highest honor by NC Attorney General Josh Stein, the Dogwood Award, for her tireless advocacy for incarcerated pregnant women. Kristie serves on several boards for national and statewide

organizations and as an advisor on many research projects, lending her lived expertise to research in various topics, from policing and political violence to pretrial and perinatal incarceration. Kristie will always advocate for people living behind the wall and those most impacted by social injustice. Kristie is an abolitionist working to dismantle racist systems and strategically build a healthy, vibrant, thriving, safe, and just community.

## OBJECTIVES

**Upon completion of this summit, participants will be able to:**

- Recognize the ways NC Medicaid has been and can be a powerful lever to advance maternal health and outcomes
- Explain the ways in which race, gender, and substance use disorders influence conditions of incarceration and particularly how they impact women's recovery
- Realize Xylazine's prevalence in the drug supply, its unique effects and consequences, and best practices for providers in managing its sequela
- Describe the experiences of patients, staff, and clinicians in transitioning to an Eat, Sleep, and Console model of care for treatment of Neonatal Opioid Withdrawal Syndrome (NOWS) in the peripartum period
- Explore the ways that spirituality, religion, or faith may act as a component of holistic care for persons in recovery
- Identify novel strategies of initiating buprenorphine in the fentanyl era and ways of working collaboratively with pharmacies and pharmacists to improve patient care

**Provided By:**



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**This program is supported by The Pew Charitable Trusts**

## CREDIT OFFERINGS

### Continuing Medical Education

Accreditation: Mountain Area Health Education Center (MAHEC) is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live activity for a maximum of **3.5 AMA PRA Category 1 Credit(s)™ per session or 7 for the full day**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

**Physician Assistants:** AAPA accepts certificate of participation for educational activities certified for AMA PRA Category 1 Credits™ from organizations accredited by ACCME or a recognized state medical society. Physician Assistants may receive a maximum of **3.5 hours per session or 7 hours for the full day** of Category 1 credit for completing this program.

### 3.5 Nursing Contact Hours per Session or 7 Hours for the Full Day

Mountain Area Health Education Center (MAHEC) is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants must attend 80% of the activity to receive credit.

**NAADAC:** This course has been approved by MAHEC, as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #165445. MAHEC is responsible for all aspects of their programming. Approved for **3.5 hours per session or 7 hours for the full day**.



**Psychologists:** MAHEC is recognized by the North Carolina Psychology Board as an approved Provider of Category A Continuing Education for North Carolina Licensed Psychologists. Approved for **3.5 hours per session or 7 for the full day** Category A.

**Licensed Clinical Mental Health Counselors:** The National Board of Certified Counselors recognizes this course in accordance with the North Carolina Board of Licensed Clinical Mental Health Counselors rules (21 NCAC 53.0603) that continuing education training provided by an Area Health Education Center shall be approved for no more than 15 contact hours for any given renewal period. **CHOOSE CONTACT HOURS.**

**CEUs:** MAHEC designates this live continuing education activity as meeting the criteria for **0.4 CEUs per session or 0.7 for the full day** as established by the National Task Force on the Continuing Education Unit.

**Contact Hours:** MAHEC designates this live continuing education activity as meeting the criteria for **3.5 contact hours per session or 7 contact hours for the full day**.

## AUDIENCE

Medical providers, nurses, medical assistants, law enforcement, and behavioral health professionals including substance abuse counselors, social workers, psychologists, psychologists, peer support specialists, care managers, lactation consultants, DHHS social workers, and other professionals interested in or working with this population.

## REGISTRATION

Event fees include administrative costs and educational materials. If your registration is received after the early registration deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations that are received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations received less than two full business days prior to the event
- No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)

*MAHEC assumes permission to use audio, video, and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.*

### HAVE A QUESTION?

#### Program Planner

Karen Lambert

828-257-4761 | [karen.lambert@mahec.net](mailto:karen.lambert@mahec.net)

#### Registration Phone

828-257-4475

#### Registration Fax

828-257-4768

#### Online Registration

[www.mahec.net/cpd](http://www.mahec.net/cpd)



### Special Services

828-775-5286

#### Email

[registration@mahec.net](mailto:registration@mahec.net)

#### Mail

MAHEC Registration  
121 Hendersonville Road  
Asheville, NC 28803



# PERINATAL SUBSTANCE EXPOSURE SUMMIT

FRIDAY, OCTOBER 27, 2023

MAHEC engages in evaluation activities to better understand the impact of our programs. By registering for this course, you agree that we may use your personal information in evaluative research regarding this program. Any reports published will be de-identified and reported in aggregate format. MAHEC assumes permission to use audio, video, and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

## REGISTRATION FORM

Updated contact information Event #71371

Name \_\_\_\_\_

Credentials \_\_\_\_\_

Occupation \_\_\_\_\_

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Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

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Home County \_\_\_\_\_

Home # \_\_\_\_\_ Work # \_\_\_\_\_

Employer \_\_\_\_\_

Department \_\_\_\_\_

Employer's Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Work County \_\_\_\_\_

## ATTENDANCE SELECTION

Morning Session  Afternoon Session  Full Day

## FEE SELECTION

**Morning Session OR Afternoon Session only**

\$25.00  \$40.00 if paying after 10/20/2023

**Full Day**

\$35.00  \$50.00 if paying after 10/20/2023

**MAHEC Employees**

Free

**PLEASE SELECT ONLY ONE BREAKOUT SESSION PER TIME SLOT ACCORDING TO YOUR SESSION ATTENDANCE:**

**Morning Session from 9:10 am–9:55 am**

*(Breakout sessions 1A and 1B are repeated in afternoon session)*

1A: Micro-Induction Strategies: Novel Approaches to Initiating Buprenorphine

1B: Ensuring Your Patients Get Their OUD Medication: Pharmacy Tips for Buprenorphine

**Morning Session from 10:10 am–10:55 am**

*(Breakout sessions 1C and 1D are repeated in afternoon session)*

1C: Spirituality and Holistic Approaches to Recovery

1D: The Sobriety Treatment and Recovery Teams Model Improving Outcomes for Buncombe County Families

**Afternoon Session from 2:10 pm–2:55 pm**

*(Breakout sessions 2A and 2B are repeated from morning session)*

2A: Micro-Induction Strategies: Novel Approaches to Initiating Buprenorphine

2B: Ensuring Your Patients Get Their OUD Medication: Pharmacy Tips for Buprenorphine

**Afternoon Session from 3:10 pm–3:55 pm**

*(Breakout sessions 2C and 2D are repeated from morning session)*

2C: Spirituality and Holistic Approaches to Recovery

2D: The Sobriety Treatment and Recovery Teams Model Improving Outcomes for Buncombe County Families

*Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.*

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**Send completed registration to:** MAHEC Registration  
121 Hendersonville Road, Asheville, NC 28803

**Fax completed registration to:** 828-257-4768