OBJECTIVES

Upon conclusion of this educational activity, participants will be able to:

- Describe symptoms, diagnostic criteria, evaluation and best care practices for patients with Parkinson’s disease in general and for the specific fields of practice
- Review evidence-based treatment options for Parkinson’s, including medications, surgical options, exercise and allied health therapies
- Discuss the roles of clinicians from multiple healthcare disciplines in the long-term management of Parkinson’s disease
- Engage in interdisciplinary discussion around individualizing treatment plans for patient cases and recognize care priorities to improve patient quality of life
- Strategize collaborative efforts between interdisciplinary colleagues and local agencies to build comprehensive care efforts and community resources for Parkinson’s
- Identify and validate psychosocial challenges faced by the Parkinson’s disease population such as mood issues, carer partner stress, support system, and role changes
- Increase awareness of local, state, and national resources to which you can refer Parkinson’s patients

Join with your colleagues to enhance your understanding of Parkinson’s disease at this interprofessional education event for healthcare providers, jointly provided by MAHEC and UNC Neurology’s Movement Disorders Center, a National Parkinson’s Foundation Center of Excellence. The Center’s mission is to increase access to specialized, high quality care and resources for individuals with Parkinson’s disease across NC.

*Please encourage your patients with Parkinson’s and/or their family carepartners to attend a half-day Community Event: Parkinson’s Empowerment on Saturday, June 18, 2016. In addition to educational sessions, there will be regional service organizations, therapy centers and support groups with exhibits. This event is only $10 and all must pre-register: Contact Jessica Shurer, MSW, LCSW, at (919) 843-1657 or jshurer@neurology.unc.edu.

MADELY COURSE DIRECTOR

Nina Browner, MD, completed an Adult Neurology Residency at Cleveland Clinic Foundation and Fellowship in Movement Disorders at Columbia University Medical Center. She is an Associate Professor of Neurology at UNC Department of Neurology and Medical Director of the National Parkinson Foundation Center of Excellence at UNC Chapel Hill. Dr. Browner has disclosed that she is a salaried employee of UNC Neurology, which received grant support from the National Parkinson Foundation, with no other relevant financial or non-financial relationships to disclose.

COMMITTEE

Nina Browner, MD
UNC Department of Neurology

Melody Hays, MA
MAHEC

Jessica Shurer, MSW, LCSW
UNC Department of Neurology

Rosalyn Wasserman, PT, DPT
MAHEC

This program was made possible from a grant from the National Parkinson Foundation with funds from Moving Day® NC Triangle Walk for Parkinson’s.
**AGENDA**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>8:00am</td>
<td>Registration &amp; Refreshments <em>(provided)</em></td>
</tr>
<tr>
<td>8:30-10:00am</td>
<td>Parkinson’s Disease (PD) Diagnosis, Management and Motor Symptoms</td>
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<tr>
<td>10:00-10:15am</td>
<td>Break &amp; Refreshments <em>(provided)</em></td>
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<tr>
<td>10:15-10:50am</td>
<td>Ask a Person with PD: Patient Panel</td>
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<tr>
<td>10:50am-12:00pm</td>
<td>Non-motor Symptoms of Parkinson’s Disease</td>
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<tr>
<td>12:00-12:15pm</td>
<td>Break &amp; Pick Up Lunch <em>(provided)</em></td>
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<tr>
<td>12:15-1:30pm</td>
<td>Lunch &amp; Learn: The Bigger Picture – Interdisciplinary Care &amp; Growing the Parkinson’s Network in Your Area</td>
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<tr>
<td>1:30-1:45pm</td>
<td>Break &amp; Transition to Breakout Rooms for Concurrents</td>
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<tr>
<td>1:45-4:45pm</td>
<td>Concurrents: Evaluation and Tailoring Treatment for PD: Discipline-Specific Breakout Sessions</td>
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<tr>
<td></td>
<td>A. SLPs</td>
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<td></td>
<td>B. OT/OTAs, PT/PTAs</td>
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<td></td>
<td>C. Physicians, Advanced Practice Providers, Nurses</td>
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<td></td>
<td>D. Mental Healthcare Providers</td>
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<tr>
<td>4:45-5:00pm</td>
<td>Course Summary</td>
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<tr>
<td>5:00pm</td>
<td>Complete Attestation Forms &amp; Adjourn</td>
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**Saturday community event on Parkinson’s**

**Parkinson’s Empowerment Symposium: Options for Care and Living Well for Patients & Families**

**Saturday, June 18, 2016**

This half-day Community Event is for persons with Parkinson’s Disease and/or their family carepartners. In addition to education sessions, there will be regional service organizations, therapy centers and support groups with exhibits. **Note:** This program was made possible from a grant from the National Parkinson Foundation with funds from Moving Day® NC Triangle, walk for Parkinson’s. This event is only $10 and all must pre-register. Contact Jessica Shurer, MSW, LCSW, at (919) 843-1657 or jshurer@neurology.unc.edu.
**FACULTY**

Bethany Blanchard, MS OTR/L, provides outpatient occupational therapy services at UNC Health Care for a variety of orthopedic and neurological impairments, is certified in LSVT BIG, and is a member of the UNC Interdisciplinary Parkinson’s Team. Ms. Blanchard has disclosed that she is a salaried employee of UNC Rehabilitation and has received an honorarium from the National Parkinson Foundation grant, with no other relevant financial or non-financial relationship to disclose.

Amber DePalma, MA, CCC-SLP, provides inpatient therapy services at UNC Health Care, has completed National Parkinson Foundation Allied Team Training for Parkinson’s, is certified in LSVT LOUD, and is a member of the UNC Interdisciplinary Parkinson’s Team. Ms. DePalma has disclosed that she is a salaried employee of UNC Rehabilitation and has received an honorarium from the National Parkinson Foundation grant, with no other relevant financial or non-financial relationship to disclose.

Nina Detomaso, MS PT, provides physical therapy at REX Outpatient Rehabilitation, has extensive experience and training in Parkinson’s Disease, has completed National Parkinson Foundation Allied Team Training for Parkinson’s, is certified in LSVT BIG, and is part of the REX Interdisciplinary Parkinson’s Team. Ms. Detomaso has disclosed that she is a salaried employee of REX Outpatient Rehabilitation and has received an honorarium from the National Parkinson Foundation grant, with no other relevant financial or non-financial relationship to disclose.

Susan Keiderling, MA, CCC-SLP, provides outpatient therapy services at UNC Health Care, is certified in LSVT LOUD, and is a member of the UNC Interdisciplinary Parkinson’s Team. Ms. Keiderling has disclosed that she is a salaried employee of UNC Rehabilitation and has received an honorarium from the National Parkinson Foundation grant, with no other relevant financial or non-financial relationship to disclose.

Diane Meyer, PT, MSCS, is a long-time physical therapist at the UNC Outpatient Rehabilitation Clinic, has completed National Parkinson Foundation Allied Team Training for Parkinson’s, is certified in LSVT BIG, and is a member of the UNC Interdisciplinary Parkinson’s Team. Ms. Meyer has disclosed that she is a salaried employee of UNC Rehabilitation and has received an honorarium from the National Parkinson Foundation grant, with no other relevant financial or non-financial relationship to disclose.

Jessica Shurer, MSW, LCSW, is a Clinical Social Worker and the Center Coordinator of the UNC Movement Disorders Center National Parkinson Foundation Center of Excellence. She provides psychosocial support, short-term counseling and resource referrals for patients and carepartners, has completed National Parkinson Foundation Allied Team Training for Parkinson’s, is the Coordinator of UNC Interdisciplinary Parkinson’s Clinic and other educational programs, and is the Chair of Moving Day NC Triangle walk for Parkinson’s. Ms. Shurer has disclosed that she is a salaried employee of the UNC School of Medicine, Department of Neurology, which receives grant support from the National Parkinson Foundation, with no other relevant financial or non-financial relationship to disclose.

Nancy Wolk, MA OTR/L, provides occupational therapy at REX Outpatient Rehabilitation, and is part of the REX Interdisciplinary Parkinson’s Team and completed National Parkinson Foundation Allied Team Training for Parkinson’s. Ms. Wolk has disclosed that she is a salaried employee of REX Outpatient Rehabilitation and has received an honorarium from the National Parkinson Foundation grant, with no other relevant financial or non-financial relationship to disclose.

**CREDIT**

**CME**

Accreditation:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of the Mountain Area Health Education Center, UNC Department of Neurology, and the National Parkinson Foundation. The Mountain Area Health Education Center is accredited by the NCMS to provide continuing medical education for physicians.

Credit Designation:

The Mountain Area Health Education Center designates this live educational activity for a maximum of up to 7.75 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure:

The Mountain Area Health Education Center adheres to ACCME Essential Areas, Standards, and Policies regarding industry support of continuing medical education. Disclosure of the planning committee and faculty’s commercial relationships will be made known at the activity.

Physical Therapy: MAHEC, as part of the NCAHEC system, is a NCBPTE-approved provider of continuing competence for activities directly related to physical therapy. NCBPTE 7.5 Contact Hours

CEUs: MAHEC designates this continuing education activity as meeting the criteria for 0.8 CEUs as established by the National Task Force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs. 7.75 Contact Hours

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**The North Carolina AHIC Program is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, institutional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.**

This course is offered for 0.75 ASHA CEUs (Intermediate level, Professional area).
REGISTRATION

Early Registration Deadline: June 10, 2016

Early registration fee is $80.00, and $30.00 for students (Must show proof of enrollment at check-in). Registration fee includes administrative costs, educational materials, light breakfast, lunch and refreshments. If registration is received after the deadline, the total fee will be the registration fee + $15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

Directions to MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Rd., Asheville, NC, 28803

From I-40 Eastbound, take Exit 50 and turn left onto Hendersonville Road.

From I-40 Westbound, take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left and continue up the hill to the MAHEC Biltmore Campus.

From 19-23 (I-26) take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light turn right into the DoubleTree Hotel complex. Turn left and continue up the hill to the MAHEC Biltmore Campus.

Have a question?
Program Director: Rosalyn Wasserman, PT, DPT
rosalyn.wasserman@mahec.net 828-257-4437
Registration Information: 828-257-4475
Fax Registration: 828-257-4768
Online Registration: www.mahec.net
Email: registration@mahec.net
Mail: MAHEC Registration 121 Hendersonville Rd., Asheville, NC 28803

Special Services: 828-257-4485

Please choose which breakout session you will attend:

☐ A. SLPs
☐ B. OT/OTAs, PT/PTAs
☐ C. Physicians, Advanced Practice Providers, Nurses
☐ D. Mental Healthcare Providers

Fee: After June 10th:

☐ $80.00 $95.00

☐ $30.00 $45.00

Students:
(proof of enrollment must be presented at check-in)

Full payment must accompany all registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

COLLOQUIUM ON INTERDISCIPLINARY CARE FOR PARKINSON’S: BUILDING YOUR TEAM, ENHANCING YOUR CARE
FRIDAY, JUNE 17, 2016

*Note: By registering for this course, you are granting permission for your contact information to be shared with the UNC Department of Neurology, which is a joint provider of this education event.

☐ Updated contact info
Name ________________________________

Credentials ____________________________

Social Security # XXX-XX-______ (last 4 digits required)

Occupation ____________________________

E-mail Address __________________________

Home Address __________________________

City _______ State _______ Zip _______

Home County __________________________

Home # __________ Work # __________

Employer ______________________________

Department ____________________________

Employer’s Address ______________________

City _______ State _______ Zip _______

Work County __________________________

Program announcements will be sent to your email unless you opt out from receiving emails from MAHEC. We never share our mailing lists.

☐ Vegetarian meal requested.

☐ Gluten-free meal requested.