



BLUE RIDGE SPORTS MEDICINE SYMPOSIUM 2021

LIVE WEBINAR

FRIDAY, APRIL 30, 2021

LOCATION **Join via live webinar**

DATE **Friday, April 30, 2021**
REGISTRATION 9:00 am–9:30 am
PROGRAM 9:30 am–3:00 pm

PROGRAM FEE **\$50.00**

STUDENTS, ATHLETIC
TRAINERS, DIRECTORS, AND
COACHES **\$20.00**

MAHEC **Free** (must register to attend)
EMPLOYEES

[CLICK HERE TO REGISTER](#)

AGENDA

- 9:00–9:30** Registration and Exhibitors
- 9:30–9:45** Welcome, Introductions and Course Overview
- 9:45–10:15** **Concussion Update**
— Craig M. Burnworth, MD
- 10:15–10:45** **Recent Advances In Accelerated Return To Sports After Foot/Ankle Injury**
— Peter G. Mangone, MD
- 10:45–11:00** Break and Exhibitors
- 11:00–11:30** **Shoulder Injuries**
— Robert E. Boykin, MD
- 11:30–12:00** **Infectious Disease and Dermatological Issues**
— Mike Shea, MD; Mia Snapp, DO
- 12:00–12:45** Lunch and Exhibitors
- 12:45–1:15** **Acute Sideline Injuries**
— Allen Shelly, MA, LAT, ATC
- 1:15–1:45** **Elbow Injuries**
— TBD
- 1:45–2:00** Break and Exhibitors
- 2:00–2:30** **Injury Prevention**
— Kevin Swieboda, PT, DPT, OCS, CSCS
- 2:30–3:00** **Athletic Considerations Post-COVID-19 Era**
— Patrick King, MD
- 3:00** Adjourn

Jointly Provided By:



DESCRIPTION

Please join EmmergeOrtho: Blue Ridge Division, for the second Blue Ridge Sports Medicine Symposium. This exciting event will cover a variety of topics in the treatment of athletes including concussion update, sports ankle injuries, injury prevention, infectious disease and dermatological issues, acute sideline injuries, shoulder injuries and elbow injuries.

In addition, there will be a case-based panel discussion with audience participation to highlight cutting edge and controversial topics. Symposium presenters will include EmmergeOrtho sub-specialists as well as expert medical providers from Asheville and surrounding areas.

AUDIENCE

Physicians, Advanced Practice Providers, School Nurses, Registered Nurses, OT/OTAs, PT/PTAs, Students, Athletic Trainers, Athletic Directors, Coaches, and all other interested individuals

OBJECTIVES

Upon completion of this activity, participants will be able to:

- Discuss the most recent developments in concussion injuries
- Identify the latest techniques for treatment of sports related ankle injuries
- Recall sport injury prevention strategies
- Review symptoms of athletes with infectious disease and dermatological issues
- Evaluate acute sideline injuries
- Describe elbow injuries in athletes
- Define shoulder injuries in athletes



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FACULTY

Robert E. Boykin, MD | EmergeOrtho: Blue Ridge Division

Craig M. Burnworth, MD | EmergeOrtho: Blue Ridge Division

Jay C. Jansen, MD | EmergeOrtho: Blue Ridge Division

Patrick King, MD | EmergeOrtho: Blue Ridge Division

Peter G. Mangone, MD | EmergeOrtho: Blue Ridge Division

Mike Shea, MD | EmergeOrtho: Blue Ridge Division

Murray A. "Allen" Shelley, MA, LAT, ATC | Mars Hill University

Kevin Swieboda, PT, DPT, OCS, CSCS | PT Solutions

REGISTRATION

The program fee is \$50.00 or \$20.00 for students, athletic trainers, directors, and coaches (students must show student ID at check-in). This program is free for MAHEC employees. These fees include administrative costs, educational materials, breakfast, and lunch.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations received less than two full business days prior to the event
- No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)

HAVE A QUESTION?

Contact the Program Planner

Ronnie Metcalf, EdD, RN, ONC

ronnie.metcalf@mahec.net or 828-257-4478

REGISTRATION INFORMATION

FAX REGISTRATION

ONLINE REGISTRATION

EMAIL

MAIL MAHEC Registration

121 Hendersonville Road, Asheville, NC 28803



Special Services

828-257-4485

www.mahec.net/cpd
registration@mahec.net

CREDITS

Continuing Medical Education

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of Mountain Area Health Education Center (MAHEC) and EmergeOrtho: Blue Ridge Division. MAHEC is accredited by the NCMS to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live educational activity for a maximum of **4.25** AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

4.25 Nursing Contact Hours

Mountain Area Health Education Center (MAHEC) is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants must attend the entire activity to receive credit.

Physical Therapists: MAHEC, as part of the NC AHEC system, is a NCBPTE-approved provider of continuing competence for activities directly related to physical therapy. NCBPTE: **4.0** contact hours.



Athletic Trainers: NC Area Health Education Center is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of **4.25** hours of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity.

Occupational Therapists/Assistants: As of July 1, 2018, the NCBOT no longer accepts applications for pre-approval of CCAs. OT practitioners need to make sure they are completing activities that comply with Section .0800 of the NCBOT Rules. 4.25 CCAs.

CEUs: The Mountain Area Health Education Center designates this entire continuing education activity as meeting the criteria for **0.4 CEUs** as established by the National Task Force on the Continuing Education Unit.

Contact Hours: MAHEC designates this continuing education activity as meeting the criteria for **4.25** Contact Hours.

MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

BLUE RIDGE SPORTS MEDICINE SYMPOSIUM 2020

FRIDAY, APRIL 30, 2021

REGISTRATION FORM

☐ Updated contact information.

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX-____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME COUNTY _____

HOME # _____ WORK # _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ STATE _____ ZIP _____

WORK COUNTY _____

PROGRAM FEE ☐ \$50.00

STUDENTS, ATHLETIC TRAINERS,
DIRECTORS, AND COACHES ☐ \$20.00

MAHEC EMPLOYEES ☐ Free (must register to attend)

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

☐ Check is enclosed ☐ Credit card information provided

☐ Visa ☐ MasterCard ☐ Discover Card ☐ American Express

ACCOUNT # _____

EXP ____ / ____ CODE ON BACK OF CARD ____ (3 digits)

NAME ON CARD _____

SIGNATURE _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

☐ Please remove my name from the MAHEC mailing list.

Send completed registration form to:

#62385

MAHEC Registration

121 Hendersonville Road, Asheville, NC 28803

Fax: 828-257-4768