

THE 6TH ANNUAL VIRGINIA PAIN SOCIETY CONFERENCE

Pain Management: Patient-Centered Care for the Body, Mind, and Soul

FEBRUARY 15-16, 2025



Conference Agenda

SATURDAY, FEBRUARY 15, 2025

- 6:45am–7:15am** Yoga Integrated Rhythm Meditation *(no credit provided)*
- 7:30am–8:15am** Sponsored Breakfast *(no credit provided)*
- 8:15am–8:20am** Welcome
- 8:20am–8:45am** Immune Stimulation and Success with Regenerative Therapies
— Tom Buchheit, MD
- 8:45am–9:10am** Ketamine for Chronic Pain
— Bhavana Yalamuru, MBBS
- 9:10am–9:35am** Delayed Gratification: How Suffering Impacts the Brain
— Timothy Deer, MD
- 9:35am–10:00am** Minimally Invasive Approaches to Lumbar Spinal Pain
— Rene Przkora, MD, PhD, FSA
- 10:00am–10:25am** Panel Discussion
— Tom Buchheit, MD
— Bhavana Yalamuru, MBBS
— Rene Przkora, MD, PhD, FSA
- 10:25am–10:45am** Break with Vendors *(no credit provided)*
- 10:45am–11:20am** Cancer Related Abdominal Pain
— Robert Goldstein, MD
- 11:20am–11:55am** Non-Malignant Abdominal Pain
— Trent Emerick, MD, MBA
- 11:55am–12:30pm** Panel Discussion
— Robert Goldstein, MD
— Trent Emerick, MD, MBA
- 12:30pm–1:30pm** Sponsored Lunch *(no credit provided)*
- 1:30pm–1:55pm** RFA Implications in Various Devices
— Tejinder Swaran Singh, MBBS, FRCA

1:55pm–2:20pm	Atypical Anticoagulants and Pain Procedures — Mehul Desai, MD, MPH
2:20pm–2:45pm	Wound Complications and Management — Mehul Desai, MD, MPH
2:45pm–3:10pm	Panel Discussion — Tejinder Swaran Singh, MBBS, FRCA — Mehul Desai, MD, MPH
3:10pm–3:30pm	Break with Vendors (<i>no credit provided</i>)
3:30pm–4:10pm	Medication Management of Headaches — Christina Shin, MD
4:10pm–4:35pm	Neuromodulation for Headaches — Shayan Moosa, MD
4:35pm–5:00pm	Panel Discussion — Christina Shin, MD — Shayan Moosa, MD
5:00pm–5:45pm	The Future of Pain Medicine — Trent Emerick, MD, MBA
5:45pm	Adjourn
5:45pm–7:00pm	Happy Hour Networking (<i>no credit provided</i>)

SUNDAY, FEBRUARY 16, 2025

7:45am–8:30am	Sponsored Breakfast (<i>no credit provided</i>)
8:30am–8:55am	Pain Psychology Interventions for Non-Psychologist Providers — Lori Urban, PsyD, ABPP
8:55am–9:20am	Psychological Evaluation for Spinal Cord Stimulator & Intrathecal Pump Procedures (SCS/ITP) — John Heil, DA, FAASP, FAPA
9:20am–9:35am	Panel Discussion — Lori Urban, PsyD, ABPP — John Heil, DA, FAASP, FAPA
9:35am–10:00am	Frailty Screening and Pain Medication Management in Older Adults — Caitlin Burchfield, DNP, RN, AG-PCNP
10:00am–10:25am	Therapy in Geriatric Patients — Tejinder Swaran Singh, MBBS, FRCA
10:25am–10:40am	Panel Discussion — Caitlin Burchfield, DNP, RN, AG-PCNP — Tejinder Swaran Singh, MBBS, FRCA
10:40am–11:05am	HiFU for Pain Management — Lynn Kohan, MD
11:05am–11:30am	Psychedelics — Trent Emerick, MD, MBA

- 11:30am–11:55am** Addiction: Is It an Old Brain Glitch?
— Robert Trainer, DO, MBA, FASAM
- 11:55am–12:15pm** Panel Discussion
— Lynn Kohan, MD
— Trent Emerick, MD, MBA
— Robert Trainer, DO, MBA, FASAM
- 12:15pm** Adjourn

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HAVE A QUESTION?

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