



### *Learning skills for a lifetime of community service*

We welcome our first class in July 2020. The program is built to support the next generation of rural physicians. Recognizing ongoing needs, we are committed to developing family physicians with the heart to serve the entire family and lead healthcare transformation. As a true community-based program, we are committed to responding to the needs of our community and the region in which we live. Our more intimate learning environment emphasizes experiential learning, innovative modules, and comprehensive procedural opportunities. Residents and faculty alike share a commitment to teach and learn together, all with the aim of providing improved care. Our supportive group of faculty share the experience of providing great care of patients and one another while living in a beautiful mountain community. This is a program that allows for a wide range of enriching clinical experiences in a personalized setting. By maximizing flexibility in styles for adult learners, residents develop into their best potential while attaining well-rounded skills applicable to any practice setting.

Best regards,  
Molly Benedum, MD



### Fourth Year Medical Student Rotations

## *Thank you*

for your interest in the Fourth Year Medical Student Electives Program. We welcome and encourage students who are interested in Family Medicine and our residency programs to spend four weeks in Asheville/Hendersonville.

Please look over the course descriptions and calendar for Family Medicine on the inside pages. Due to limited space, MAHEC electives are only offered to students enrolled in accredited United States and Canadian medical schools.

Are you planning to practice in **Rural Medicine**? If so, then learn more about our Boone and Hendersonville Rural Family Medicine Residency Programs during a 4th year family medicine elective rotation.

Housing is available through MAHEC, contingent on availability, at a modest cost after confirmation of rotation. Once you've been approved for a rotation it is encouraged that you apply earlier as space is limited. Students should apply by going to [www.myahec.net](http://www.myahec.net).

A car is required for this rotation.



MAHEC Family Health Center Biltmore Campus



### *Come meet us, we know you'll want to stay!*

Our goal at the MAHEC Family Medicine residency is to develop residents into competent and compassionate physicians who can practice inpatient and outpatient medicine anywhere, including underserved rural areas and abroad. The curriculum has evolved over more than 30 years to provide an educational experience that prepares our graduates for these goals. Improvements are always being made to ensure the highest quality education and these changes are often initiated by the residents. The balance and breadth of this training is highlighted by strong commitments to maternity care/women's health, behavioral medicine, geriatrics, sports medicine, and global health.

Sincerely,  
Lisa LaVallee, MD



### *In a small town, you can make a big impact*

Our program has unique features and is specifically designed to train full-scope family doctors to serve in rural and underserved settings. We are a Teaching Health Center, where our residency is combined with a Federally Qualified Health Center. This partnership ensures that our residents will have a broad exposure, and they will be able to serve all patients, regardless of ability to pay. In this commitment, we are better equipped to be leaders in responding to the needs of our neighborhood, town and the region in which we live. Our intimate learning environment emphasizes experiential learning, flexible modules, and comprehensive procedural opportunities with an emphasis on obstetric mastery. Through all we do, we believe strongly that the best family doctors are those who have whole lives, and we continue to model and teach a balance of professional commitment and personal growth that ensures a lifelong career to be proud of.

Come and visit our program and our community. You'll discover a group of dedicated and compassionate people that share in a desire to lead our community by empowering others.

Best wishes,  
Evan Beasley, MD



FAMILY MEDICINE ELECTIVES

Acting Internship: #FMME 421
A FOUR-WEEK ELECTIVE WITH THE MAHEC FAMILY MEDICINE RESIDENCY PROGRAM - ASHEVILLE

Students serve as acting interns along with the Family Medicine patient care team on the Family Medicine hospital service at this 800-bed teaching hospital. Supervision will be by MAHEC Family Medicine Residency Faculty. Daily activities include rounds, conferences, patient work-ups, supervised procedures and other in-patient management. Students are included in the call schedule with the family practice residents on service (one Saturday).

Ambulatory Care: #FMME 430
A FOUR-WEEK ELECTIVE WITH THE MAHEC FAMILY MEDICINE RESIDENCY PROGRAM - ASHEVILLE

Students will see patients in the MAHEC Family Health Center as part of the residency program practice with mostly faculty and some upper level residents. Students will participate in morning learning conferences that include X-rays, dermatology, procedures and behavioral health. Students are required to attend weekly didactics. One half- day is spent in inpatient observing the Family Practice Service.

Combined Ambulatory Care: #FMME 457
A FOUR-WEEK ELECTIVE: TWO WEEKS IN ASHEVILLE AND TWO WEEKS IN HENDERSONVILLE

This rotation will give students the opportunity to experience both residency programs.

During the two week Asheville portion, students will see patients in the MAHEC Family Health Center as part of the residency program practice with mostly faculty and some upper level residents. Students will participate in morning learning conferences that include X-rays, dermatology, procedures and behavioral health. Students are required to attend weekly didactics. One half-day is spent in inpatient observing the Family Practice Service.

During the two week Hendersonville portion, students will see patients at MAHEC’s Hendersonville Rural Family Medicine Residency Program. Students work one-on-one with full-time faculty and residents caring for patients in the multiple residency clinics. Depending on season and interest, other activities include afternoons at the resident-run homeless clinic, mornings at the procedure clinic, group visits and community outreach visits at migrant farm-worker camps during the summer. Depending on time of year, students will also round in the 200-bed hospital on mornings, following several patients and working with residents and faculty assigned to the hospital service. The rotation will include a didactics afternoon and may include two call nights with an upper level resident and faculty.

Rural Acting Internship: #FMME 458
A FOUR-WEEK ELECTIVE WITH THE MAHEC FAMILY MEDICINE RESIDENCY PROGRAM - HENDERSONVILLE

A four week elective set in the MAHEC Hendersonville Rural Family Medicine Residency Program at the outpatient Family Health Center with inpatient services at Pardee Hospital. Students round in the 200-bed hospital each morning, following several patients and working one-on-one with an upper level resident and faculty. Daily activities include rounds, conferences, patient work-ups, supervised procedures and other in-patient management. Students are included in the call schedule with the Family Medicine residents on service. As an AI you will work under the supervision of upper level Family Medicine residents under the guidance of faculty attendings. The AI rotation is also an opportunity for you to get to know our residency and our people, and for us to get to know you.

Rural Inpatient and Outpatient Family Medicine Rotation in Boone: #FMME 461
A FOUR-WEEK ELECTIVE WITH THE MAHEC FAMILY MEDICINE RESIDENCY PROGRAM – BOONE

This is a four-week rotation where students will spend time on our busy family-medicine-run hospital service, round in the newborn nursery, and see patients in the family medicine continuity clinic. Daily activities include rounds, conferences, patient work-ups, supervised procedures and other in-patient management. Students will work under the supervision of faculty attendings. Students will have an opportunity to identify the challenges in providing care in a rural community and with limited regional resources. The rotation is also an opportunity for you to get to know our residency and our people, and for us to get to know you.

2020-21 4th Year Family Medicine Rotation Schedule

Table with 6 columns: BLOCK, DATES, FMME 421, FMME 430, FMME 457, FMME 458, FMME 461. Rows show dates from June 2020 to January 2021 and which elective is active.

Our rotations are only available to students who are planning to specialize in Family Medicine and will be applying to our residency programs.

Step 1: Apply for Elective using the Visiting Student Learning Opportunities (VSLO®)

- Apply for elective using VSLO® https://www.aamc.org/students/medstudents/vsas/
- The host institution for MAHEC is UNC Chapel Hill
- VSAS® will open in January
- Complete application process as instructed and provide all required documents
- The Visiting Student Coordinator with UNC Chapel Hill will confirm receipt of application
- Applications will be reviewed for consideration by program for acceptance (space is limited)
- Once you have completed and submitted all required documents and you have been approved and cleared, you will receive an acceptance email by Chapel Hill and MAHEC

Step 2: Complete the Onboarding Process for MAHEC

An affiliate agreement with your school is required before you can start your rotation.

- MAHEC Application, Confidentiality Statement, Background Check
- Current PPD and FLU Vaccination
- Copy of Driver’s License
- Current Certificate of Insurance (professional liability)
- School Student Evaluation Form

Please note: Students who will be working in one of our hospitals will be required to complete a separate onboarding process with Mission Hospital and Pardee Hospital. The onboarding process with these hospitals must be completed at least two (2) weeks prior to the start of your rotation.

For more information, please visit our website at: http://mahec.net/FM electives

Questions should be directed to Lisa Keiber at lisa.keiber@mahec.net or 828-255-5856.