

MANAGING DENTAL ANXIETY - TECHNIQUES FOR DENTAL PRACTITIONERS



Online, anytime!

\$25

Launched: May 27, 2017 | Expires: May 27, 2018

As rules regarding treatment of anxiolysis and use of sedation change in NC, many dental healthcare providers are looking for non-pharmaceutical methods to help people with dental anxiety or phobia seek proper, timely dental care. Learn from a clinical psychologist how best to incorporate evidence-based strategies to better care for your patients with dental anxiety.

AUDIENCE

Dentists, Dental Hygienists, Dental Assistant

OBJECTIVES

Upon completion of this lecture-based, interactive, educational activity, the participant will be able to:

- Discuss the definitions and prevalence of dental anxiety and dental phobia
- Describe the causes of dental anxiety
- Identify symptoms of dental anxiety
- Assess dental anxiety and know when to engage the help of a mental health professional outside of the dental practice
- Describe and utilize strategies to help anxious patients feel more at ease in the dentist's office and during dental procedures

REGISTRATION

Registration is available at:

www.ManagingDentalAnxiety.com

Jointly provided by:



Holly Boyle Gollivas, MA, LPA
Private Practice and The Sprinter

ONLINE
COURSE!

FACULTY

Holly Goliwas, MA, LPA, is a psychologist trained in Cognitive Behavioral Therapy. She earned an MA in Clinical Psychology from Appalachian State University in 2006. She has 10 years experience with the assessment and treatment of anxiety disorders, as well as other mental disorders. She has disclosed that she is in private practice at Asheville CBT, in Asheville, NC.

CREDIT

ADA CERP® | Continuing Education
Recognition Program

The North Carolina Health Education Centers (NC AHEC) are an ADA CERP Recognized Provider. NC AHEC's term of recognition is May 1, 2018 through June 30, 2022. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. The North Carolina Area Health Education Center designates this activity for up to **2.5 hours of continuing education credits**.

Disclosure Statement/Conflict of Interest:

In accordance with the ADA CERP Standard V., everyone involved in planning or presenting this educational activity will be required to disclose any relevant financial relationships with commercial interests and this information will be made available to participants at the start of the activity. As a continuing education provider, MAHEC, as part of the North Carolina Health Education Centers, is responsible for ensuring the content, quality and scientific integrity of all continuing dental education activities for which credit is provided. MAHEC is also responsible for taking steps to protect against and/or disclose any conflict of interest of the faculty/instructors presenting those courses.

Concerns or complaints about a CE provider may be directed to the provider or to the Commission for Continuing Education Provider Recognition at ADA.org/CERP.

This continuing education activity has been planned and implemented in accordance with the standards of the ADA Continuing Education Recognition Program (ADA CERP) through joint efforts of MAHEC, Holly Boyle Gollivas, MA, LPA of Asheville CBT and The Sprinter.

CEUs: MAHEC designates this continuing education activity as meeting the criteria for **0.3 CEUs** as established by the National Task Force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

Contact Hours: MAHEC designates this continuing education activity as meeting the criteria for **2.5 Contact Hours**. Full attendance is required.