



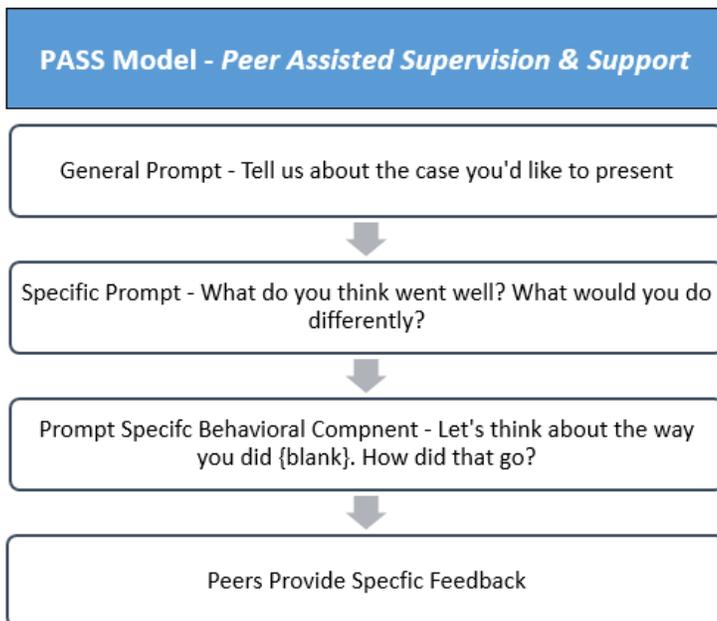
Triple P Peer Support Tip Sheet

Lead Peer Support Role:

The *Lead Peer Support* is responsible for making sure agency Peer Support Meetings take place two times per quarter. They will ensure that providers are identified ahead of time to present at these meetings. The *Lead Peer Support* will facilitate the meeting using the PASS model. They will ensure brief notes are taken and submitted. The *Lead Peer Support* is also encouraged to attend quarterly Peer Support Coaching sessions at MAHEC to develop their confidence and competency in this role.

PASS Model:

The *Peer Assisted Supervision & Support* or PASS model aims to help providers assess their strengths and refine their delivery of Triple P while receiving structured feedback from peers. Use the flow chart below to guide the Peer Support Meetings



Choosing a Case to Present:

One or two providers should be prepared each meeting to present and receive feedback on a Triple P topic relevant to the agency's work. The providers can elect their own topics based on where support is needed. Below are some example topics;

- How to manage time during sessions
- How to keep parents focused/on topic
- Strategies for effective follow up

Key Steps:

- Schedule Peer Support Meetings two times per quarter
- Identify provider(s) to present a Triple P topic relevant to scope of work
- Use the 'Agency Peer Support Agenda' found at <https://mahec.net/patient-information/triple-p/provider-resources>
- Send brief minutes using the Peer Support Agenda sarah.clark@mahec.net and copy agency supervisor
- Attend quarterly Peer Support Coaching sessions at MAHEC