



MAHEC
HENDERSONVILLE

Rural Family Medicine Residency Program

FULL SPECTRUM, COMMUNITY-BASED



**CHOOSE YOUR
OWN ADVENTURE**

www.mahec.net/hvl



You are at an exciting time in your professional journey. The next three years will shape you professionally and personally for a lifelong career of service. We're glad that you found your way here, and I invite you to explore the opportunities and values we cultivate here.

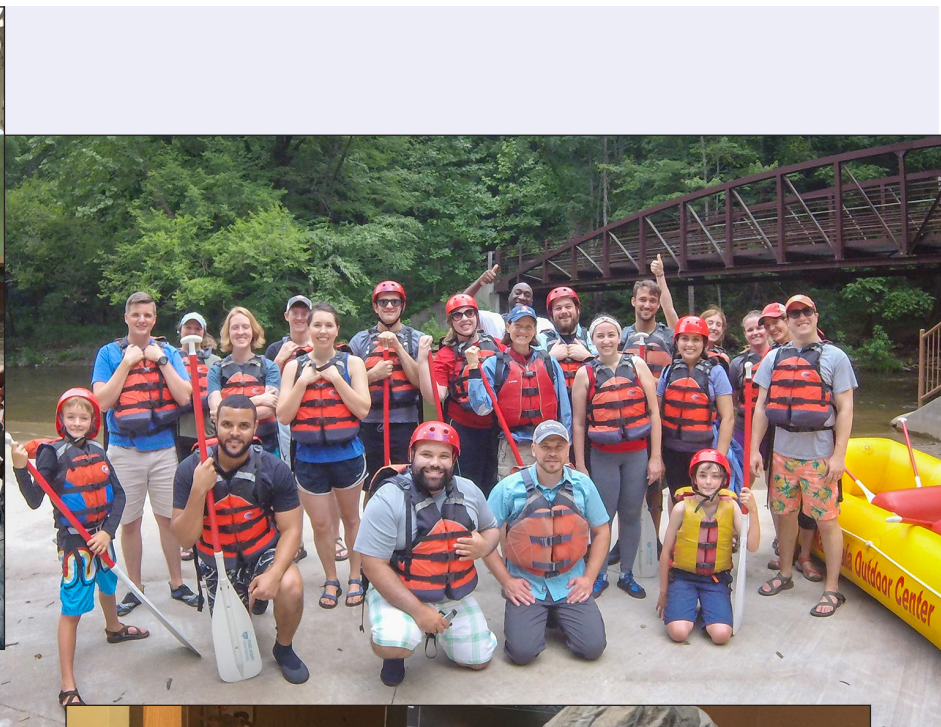
We live in the most beautiful part of the country and have built a supportive environment around personal wellness that values you as a colleague from day one. Our faculty and residents model balance, resilience, and long-term joy in a demanding profession.

It's an honor that you are considering training with us, and we're excited to meet you. Come and explore the education we offer, the values we share, and how we can help you develop into the physician leader of the future.

Sincerely,



Evan Beasley, MD
Director, MAHEC Hendersonville Rural Family Medicine Residency Program
Clinical Assistant Professor, Department of Family Medicine
UNC School of Medicine



Family Practice Service • Critical Care
Ob/Gyn • Surgical Obstetrics • Pediatrics
Behavioral Medicine • Emergency Medicine
Surgery/Procedural Skills
Orthopedics/Sports Medicine
Practice Management • International Medicine
Wilderness Medicine
Ultrasound/Simulation Center Trainings

WE WANT YOUR PROFESSIONAL BEST

We strive to create a personalized experience to allow our residents to fulfill their personal and professional goals. The flexibility to “choose your own adventure” is more than a slogan, it embodies the heart of how we want to form the next generation of family physicians. In your intern year, you will start shaping the curriculum that serves you for a lifetime of practice. You will train in full scope family medicine that is robust and unopposed, and includes dedicated procedure time, high volume longitudinal obstetrics, and clinical exposure that will equip you for your future.

FULL SPECTRUM • ONE-ON-ONE TRAINING

FLEXIBLE CURRICULUM

UNDERSERVED CARE • COMMUNITY PROJECTS



TRAINING TO SERVE

For more than twenty years, the core of our mission has been to train physicians to serve as leaders in rural Western North Carolina. We are a Teaching Health Center, which embodies the best parts of family medicine. Our residency is combined with Blue Ridge Health, the largest regional Federally Qualified Health Center (FQHC) that sees all patients, regardless of their ability to pay. In this partnership, our resident physicians and our community both win.

Rural medicine is full of challenges: disproportionate mortality rates, higher rates of addiction and mental illness, and “opportunity deserts” that have depressed access to housing, education, and employment. We see these challenges as opportunities for every patient encounter as well as in larger community health projects. From day one in our program, you will engage with these issues and be the change in your community.

Our facilities include



ABOUT HENDERSONVILLE

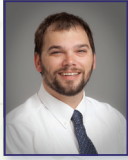
Surrounded by majestic mountains, Hendersonville is known as “The City of Four Seasons” and is nestled atop a 2,200-foot scenic mountain plateau between the Great Smokies and the Blue Ridge Mountains. It is just a short distance down the Blue Ridge Parkway from Mt. Mitchell, the highest peak east of the Mississippi. Nearby Dupont, Pisgah and Cherokee National

Forests attract hikers and bikers to miles of mountain trails. Area streams and rivers, such as the Green and Nantahala, offer many activities, from trout fishing to whitewater rafting and kayaking. While still retaining its small town charm, Hendersonville conveniently is located near larger cities, such as Asheville, Charlotte and Greenville, SC. With a mean temperature of 71 degrees in the summer and 41 degrees in the winter, the climate is conducive to year-round activity.



Our graduates have taken their full-spectrum rural family medicine training to communities both near and far in their professional lives. Take a look!

WWW.MAHEC.NET/HVL



ICU/Hospitalist

RYAN EICHORN, DO
Boulder, Colorado

Hospitalist serving adults at Centura Health, working at both urban and rural trauma centers. Covers the ICU and smaller facilities, and works with the residency program.

How did residency help you prepare?

- Allowed me to exercise autonomy in a hospital setting
- Helped me to be more efficient and adaptable
- Taking call at night really pushed my comfort zone
- Taught me how to deliver the best patient care with limited resources (an extraordinary skill to have in medicine today)



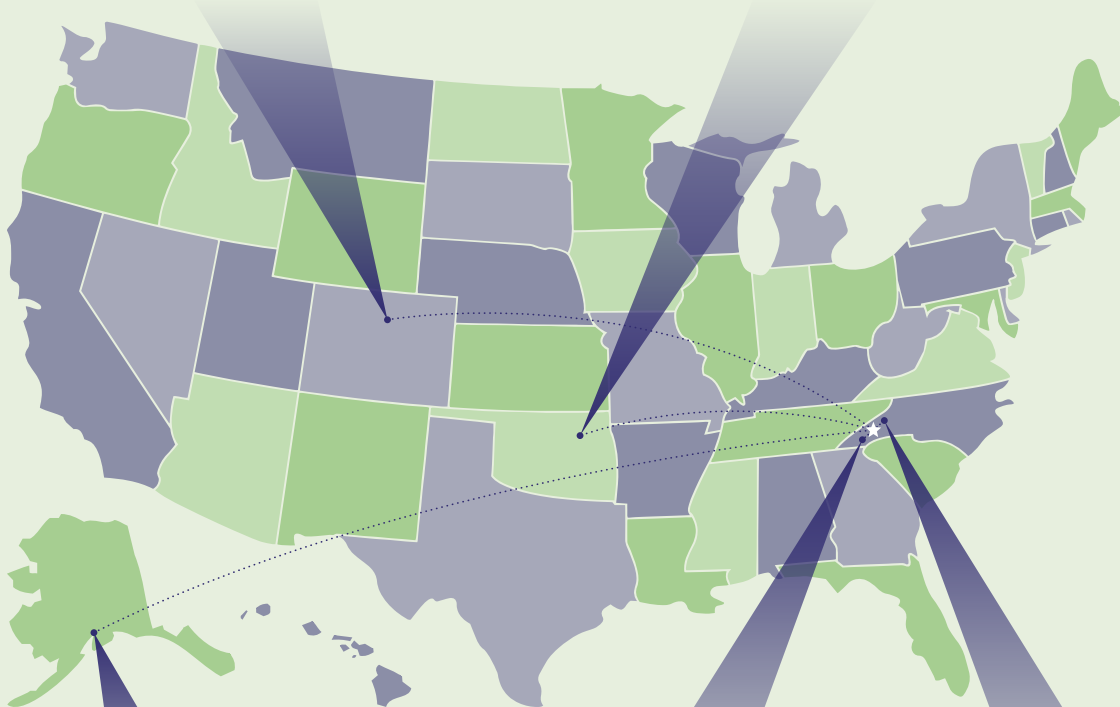
Academics/Faculty

VIVIANE SACHS, MD
Tulsa, Oklahoma

Assistant Program Director of the Family and Community Medicine program at OU-Tulsa. Works OB, nursery, inpatient, and outpatient services in addition to teaching medical students during their FM rotation. Also the course director for students, teaching them in preparation for clinic.

How did residency help you prepare?

- Increased my confidence in a hospital setting
- Helped me become an outstanding inpatient doctor
- Taught extensively by the best attending physicians



Surgical Obstetrics

DENNIS LINDERMAN, DO
Anchorage, Alaska

Practices full spectrum family medicine, from in-office procedures to outpatient medicine to inpatient medicine (including ICU care). Also performs C-sections and colonoscopies.

How did residency help you prepare?

- Made me comfortable working in both outpatient and inpatient settings, including ICU management (unique to this residency)
- Helped me gain familiarity with low-risk obstetrics and vaginal deliveries, which led to my participation in an OB fellowship



Rural Primary Care

ROBYN RESTREPO, MD
Highlands, North Carolina

Practices inpatient at a critical access hospital, and outpatient at a family practice/women's clinic with some home visits and hospice care. Manages administration responsibilities, too. Almost full scope, minus the deliveries.

How did residency help you prepare?

- Allowed me to learn the true meaning of community medicine and how to navigate working with different community partners
- Stretched my brain and taught me how to manage patients in full scope medicine



Sports Medicine

PATRICIA FEENEY HALL, DO
Celso, North Carolina

Practices both inpatient and outpatient rural family medicine at a critical access hospital. Utilizes sports medicine fellowship.

How did residency help you prepare?

- Encouraged me to be a problem-solver
- Stressed the importance of maintaining responsibility for the patient's overall care
- Learned the skills of constant triage and ongoing communication with colleagues
- Taught me about physician well-being and avoiding burnout while practicing medicine