



Hendersonville

Rural Family Medicine Residency Program



“This is truly a community-based program, conceived and maintained by physicians who live and work as an integral part of this community. If you hope to someday be that ‘complete family doctor,’ this is a program that allows for an incredibly wide range of enriching clinical experiences in a personalized setting that maximizes flexibility for adult learners who are ready to take charge of the next phase of their professional lives.”
—Geoffrey Jones, MD

Nestled in a vibrant mountain community in Western North Carolina, our innovative, community-based program is designed to train full-spectrum family doctors who would like to practice in rural and underserved communities in today’s dynamic healthcare environment.



Expanded Women’s Health Experience

Pardee Hospital in Hendersonville is the only hospital in Western North Carolina where family doctors are practicing operative obstetrics. We have committed to training family doctors to be competent in OB. Our residents graduate with between 60-120 deliveries, depending on their interest, and have gone on to become faculty and full-spectrum physicians across the country because of their comfort with obstetrics. Due to an underserved patient population without easy access to specialists, and our High Risk OB clinic staffed by a fellowship-trained faculty, you will become comfortable with managing higher risk prenatal patients who would usually be managed by specialists in an urban environment or larger program.

Rural Extension Project

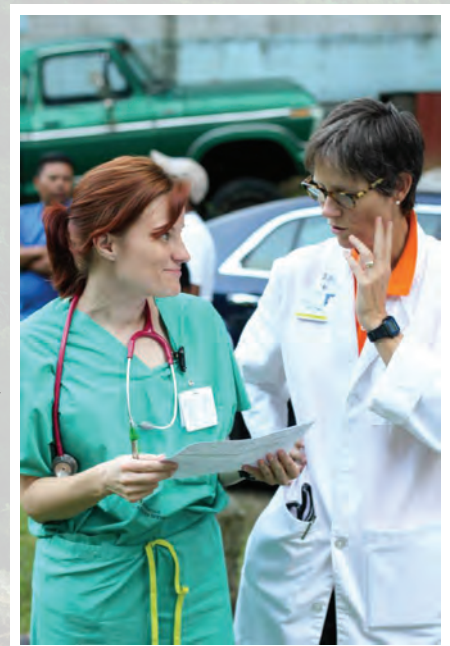
Our residency has been training rural physicians for over 20 years, and the need for those physicians has only increased. Our residents spend 1-2 full days per month at one of our partnering clinics in the mountains of Western North Carolina. These smaller clinics offer the resident more autonomy and a chance to enjoy the experience of practicing in a smaller community. Because you will practice in these clinics longitudinally throughout your residency, instead of just during a rotation, you will build a patient panel of your own and have an ongoing relationship with that community. Our mission is to allow residents the opportunity to stay and practice in WNC, and our hope is that this continuous experience in these rural clinics will inspire residents to start their careers in these beautiful mountain towns.

Hands On, Individualized Training

Physicians learn best by doing, not watching. Our program utilizes an apprenticeship model in which residents work alongside faculty in a collegial and supportive atmosphere. Here, you will be viewed as a colleague and partner in our practice. While on rotations, you will learn directly from specialists one-on-one and will not have to compete with other residents for learning opportunities.

Community Projects

Our residents have protected time during their second and third years to dedicate towards implementing a project that will address the needs of our community. Projects have ranged from developing a community garden, highlighting community resources, distribution of prenatal cards, camp epinephrine trainings, and increasing access to care for our underserved populations. These projects are often the most valued experiences that residents remember from their training. You will have the opportunity and support to make a lasting impact outside of the exam room.



Flexible Curriculum

Our residents are a diverse group of learners with a diverse number of interests, and our curriculum can be individualized for residents based on their anticipated needs. With maximal elective time built into the curriculum, and two away months without clinic at all, our residents have the opportunity to shape their own experiences to match their interests. Some residents have spent this time to gain expertise in alternative medicine, medical Spanish, curriculum development, innovative practice models, surgical obstetrics and much more. Our small size allows us the flexibility to accommodate your particular interests and to mold your personalized curriculum around those goals.



Robust Pediatric Training

At our program, you will receive extensive pediatric training in different settings- intensive inpatient during your first year, and outpatient in a dedicated family medicine pediatric clinic throughout your residency. Additionally, we are the only program in the region where every resident will have the opportunity to spend a month practicing pediatric emergency medicine.

Ultrasound and Procedural Skills Emphasis

The scarcity of rural providers makes procedural skill training a focus of our program. Ultrasound is a major priority of our procedural training curriculum. Our program has developed a longitudinal and rotational curriculum to train our residents to utilize this tool during and after residency. Our didactic curriculum includes simulation center trainings on difficult airways and intubations, central line placement, and point of care ultrasound. Each resident's curriculum can be tailored to match his or her anticipated needs, but every resident will graduate feeling comfortable with a broad range of procedural skills.



Commitment to Social Justice and the Underserved

We are affiliated with a federally qualified health center, Blue Ridge Health, which is the oldest active migrant health clinic in the country. The diversity and depth of our curriculum is possible because of the complexity of our patients and the rural environment in which we practice. We have an underserved population of patients without easy access to specialists. And we are used to caring for interesting and complex patients who would normally be referred to specialists in an urban center or larger residency program. A resident is the active director of both the Clinica del Campo mobile clinics and the 7th Avenue clinic, which provides a medical home to the homeless and underserved in our community.



Global Health/International Rotations

Small-town America is changing, with growing numbers of Spanish-speaking, migrant populations settling in rural areas to work in agriculture, small business and building trades. To ensure this growing population gets the best care possible, we train rural doctors to use interpreters and give them the resources to learn Spanish. The residency has longitudinal relationships with sustainable programs in Central America, and our residents have completed international electives in Ecuador, Honduras, Costa Rica, Peru, Cameroon, Argentina and Haiti. Exposure to international medicine better equips residents with the versatility and cultural competence that underserved populations demand.



- FULL SPECTRUM
- PROCEDURAL TRAINING
- INTENSIVE CARE
- SURGICAL OBSTETRICS
- ONE-ON-ONE TRAINING



- ROBUST PEDIATRICS
- FLEXIBLE CURRICULUM
- INTERNATIONAL ROTATIONS
- UNDERSERVED CARE
- COMMUNITY PROJECTS

