

Services for Older Adults Living in Transylvania County

Name and Contact Information	Services offered, duration and frequency	Eligibility requirements	Cost and coverage
RESOURCES HELPING OLDER ADULTS LIVE INDEPENDENTLY			
Adult Day Care			
Azalea Day Program, NC Outreach Homecare, LLC (828) 877-2112, 7 Glenn Bridge Rd., Arden, Suite A, 28806 www.supportsolutionsms.com	Mon. – Fri., 9am – 3pm; Group and Individual day services for people with intellectual and developmental disabilities	Referral from Smokey Mtn LME; Medicaid recipient	Medicaid CAP-MR/DD
KOALA (Keeping Older Adults Living Abundantly) (828) 884-2980, 23 Medical Park Circle, Brevard, 28712 www.trhospital.org/services/koala-adult-day-services	Mon. – Fri., 7:30 am – 5:30 pm Activities, personal care assistance, skilled nursing, dining	Adults with physical and cognitive impairments, age 18 +	VA Benefits, CAP, LTC Insurance, scholarship funds
Caregiver Support, Caregiver Respite			
Alzheimer’s Association Western Carolina Chapter (800) 272-3900, www.alz.org	Support groups, education, caregiver hotline	All caregivers of people with memory impairment	Free
Alzheimer’s Association Caregiver Support Group KOALA Adult Day Services (828) 862-6970, 242 Medical Park Dr., Brevard	Fourth Thursday, 5:30 – 7:30pm; support, education and information; light refreshments served	For caregivers	Free
Brevard-Hendersonville Parkinson’s Support Group Brevard-Davidson River Presbyterian Church (828) 862-8820, 249 East Main St. Brevard, 28712	Second Tuesday, 10am	People with Parkinson’s, spouses, and friend	Free
Brian Center Health and Rehabilitation (828) 884-2031, 115 N. Country Club Rd., Brevard, 28712 www.savaseniorcare.com	Residential respite care incl. meals, med. management, care management, therapies, transportation & activities	Physician referral with FL2 and TB test	\$233 - \$259 per day; private pay
Cedar Mountain House (828) 884-9510, 11 Sherwood Ridge Rd. Brevard, 28712 www.meridiansenior.com	Residential respite care incl. meals, med. management, care management, therapies, transportation & activities	55 years +, 1-person assist, minimum of one week	\$125 - \$150 per day; private pay
Duke Family Support Program www.dukefamilysupport.org (919) 660-7510	Confidential 1:1 telephone & email support for caregivers	Family and professional caregivers living in NC	Free
Greenwood Inn, Black Mountain Center (828) 259-6900, 932 Old U.S. Hwy 70, Black Mountain, 28711 www.bmcnc.org/Services/Greenwood_Inn/greenwood_inn.htm email: bmc.info@dhhs.nc.gov	24/7 care by CNAs (supervised by professional staff); medication administration, first-aid, CPR, NCI & behavior management; incl. 3 meals	Adults with intellectual & developmental disabilities	\$40 / night (in addition to insurance billing)
Land-of-Sky Regional Council, Family Caregiver Support (828) 251-6622, 339 New Leicester Hwy, Asheville, 28806 http://www.landofsky.org/fcsp.html	Information, assistance, education and respite	Caregivers of one who is 60+ or has dementia; raising grandchildren	Free
Memory Care Caregiver College (828) 771-2219, 100 Far Horizon Lane, Asheville, 28803 www.memorycare.org	Lecture series to improve caregiver understanding of dementia care; Caregiver Network providing peer support	Caregivers of people with dementia	\$85 for community members; free to MemoryCare clients
Project CARE (Caregiver Alternatives to Running on Empty) (828) 251-6622, www.landofsky.org/projectcare.html	Respite & case assistance for caregivers of persons with dementia	Caregiver of person with dementia	Free
Project Lifesaver, Transylvania Sheriff’s Office	Uses FM radio signals to find someone	Anyone with a cognitive	\$20 / month

Jerry Mann (828) 884-3168	with dementia who may have wandered	impairment	
Senior Companions, Land of Sky Regional Council Vicki Jennings (828) 251-6622	Federally funded program to provide older adults with light personal care	Homebound, 60+	Free
The Oaks of Brevard (828) 877-4020, ext. 203, 100 Morris Rd., Brevard, 28712 www.pruitthealth.com	Residential respite care incl. meals, med. management, care manage., therapies, transport., activities, secure dementia unit	No eligibility requirements	Memory unit & SNF \$254; assisted living \$145-\$163/ day
Geriatric Case Management: Generally includes several of the following: home assessments, care coordination, counseling, support services, crisis assistance, family liaison and advocacy; those marked with an asterisk are certified with the national association of professional geriatric care managers.			
At Your Service Care Management Trisha Wealer, 828-200-9000, 348 South Fifth St., Highlands, 28741, www.atyourservice.care			Private Pay, Fee based on hourly rate
Holistic Elder Care Services, Karen Wolfrom* (828) 350-0579 seniorcaremanagementwnc@gmail.com , www.seniorcaremanagementwnc.com			Private Pay, fee based on hourly rate
Premier Navigation, Lisa Laney* (828) 772-0002, www.premiercarenavigation.com , lisa@premiercarenavigation.com			Private Pay, fee based on hourly rate
Senior Care Consulting, LLC Spike Graham, (828) 337-1776, seniorcarewnc@gmail.com , www.seniorcarewnc.com			Private Pay, Fee based on hourly rate
Transylvania Regional Hospital Home Care, Beth Lamb* (828) 883-5254, Hospital Drive, Brevard, 28712, www.trhospital.org/support-services#Home Care			Private Pay, fee based on hourly rate
Community Alternatives Program (CAP) for Disabled Adults (DA) Transylvania Regional Hospital Home Care (828) 883-5254, Hospital Drive, Brevard, 28712 www.ncdhhs.gov/dma/medicaid/ltc.htm	Alternatives to Nursing Home Placement – case management, in-home aid, medical equipment, respite	Medicaid beneficiaries 18+, disabled, at risk for institutionalization	Medicaid
Home Health: patients must be homebound, have skilled need and physician order for insurance coverage. Home Health generally provides nursing, therapies, infusions services, wound care, medication management and more. Those marked with asterisk also provide non-medical home care.			
Gentiva Home Health (828) 298-1370, 9 Olde Eastwood Village Blvd., Asheville, 28803, www.gentiva.com			Medicare, Medicaid, Insurance
Maxim Healthcare Services* (828) 299-4388, 1269 Tunnel Rd., Asheville, 28805, www.maximhealthcare.com			Medicaid & Insurance
Pardee Home Health (828) 692-1846, 2029 Asheville Highway, Hendersonville, 28739, www.pardeehospital.org/health-services/home-health.html			Medicare, Medicare CAP, Insurance
Park Ridge Health Home Health Program* (828) 687-5261, 895 Howard Gap Road, Fletcher, www.parkridgehealth.org			Medicare, Medicaid & Insurance
Transylvania Regional Hospital Home Care* (828) 883-5254, 1266 Asheville Hwy Suite 5, Brevard, 28712, www.trhospital.org/support-services#Home Care			Medicare, Medicaid (CAP), Insurance, VA
Home Care Services – Non-medical: Generally includes 24/7 personal care, assistance, assistance with ADLs, respite care, companion care, transportation assistance may also include care by CAN, medication management, dementia and end-of-life care. All agencies accept private pay.			
Always Best Care (828) 989-7263, 2 Town Square Blvd., Suite 344, Asheville, 28803, www.alwaysbestcarewnc.com			LTC Insurance
Bayada Home Health Care			LTC Insurance,

(828) 696-1900, 711 Yarborough St., Unit B, Hendersonville, 28739, www.bayada.com			Medicaid (CAP)
Compassionate Home Care (828) 536-9597, 735 6 th Ave. West, Hendersonville, 28739, www.compassionatehc.com			LTC Insurance and VA
Interim Healthcare (828) 274-2082, 2 Walden Ridge Rd. Unit 20A, Asheville, 28803, www.interimhealthcare.com			LTC Insurance, VA, Medicaid CAP
NC Outreach Homecare, LLC (for intellectual and developmental disabilities) (828) 877-2112, 3431 Asheville Hwy., Pisgah Forest, 28768, www.supportsolutionsms.com			Medicaid
ResCare Home Care (828) 252-0891, 40 N. Merrimon Ave. Suite 309, Asheville, 28804, www.rescare.com			LTC Insurance, Medicaid, VA
Tore's Home Care (828) 884-5007, 65 Tore's Dr. Brevard, 28712, www.toreshome.com, email: tore@toreshome.com			LTC Insurance
Home Repair			
Community Action Opportunities (877) 989.2495, www.communityactionopportunities.org	Heating repair and replacement; weatherization services	Home owners and rentals; Income guidelines apply	Nominal fee based on income
TOWEL Ministry of St. Phillip's Episcopal Church (828) 884-3666, 256 East Main St., Brevard, 28712	Ramps, chair platforms and hand bars	Older adult in Transylvania County	Free
North Carolina Baptist Aging Ministry (NCBAM) (877) 506-2226 www.ncbam.org	Mon. – Fri., 9am – 5pm; Support services including home modifications	NC residents	Free
Vocational Rehabilitation & Independent Living (828) 883-2190, Community Services Building, Brevard, 28712 www.ncdhhs.gov/dvrs/	Home accessibility modifications provided to individuals who meet income guidelines	Diagnosed disability & Income guidelines apply	No or reduced cost based on eligibility
Weatherization Program (WCCA) (828) 884-2255, 181 Hillview Extension, Brevard, 28712	Methods to stop air infiltration in the home	Income requirements; people 60+ or w/disability	Free or low cost; call for eligibility
Physical Activity, Nutrition & Socialization			
Meals on Wheels of Transylvania County (828) 883-3743, 431 East Main St., Brevard, NC 28712	Nutritious hot meals delivered 5 days a week around noontime.	Home bound older adults or people with disabilities.	\$4.25 per meal; financial assistance
Silvermont Opportunity Center (828) 884-3166, 364 East Main St. Brevard, 28712 www.wcca.net	Senior Center offers physical activity, dining & socialization opportunities; transportation available	People who are 60+	Many services are free; call for specific programming
Transylvania Regional Hospital Fitness Program (828) 883-5322, 260 Hospital Dr., Brevard, 28712 www.trhospital.org	Fitness equipment, blood pressure checks and hospital staff on duty	Physician referral required	\$40 monthly, \$5 per visit; sliding fee scale available
Quebec Congregate Meal Site (828) 862-4466 Highway 64 West, Lake Toxaway, 28747 www.wcca.net	Senior dining program, mid-day meal, social and educational programs; transportation available	People who are 60+	Free
Transportation Assistance			
Transylvania County Transportation (828) 884-3203, 203 E. Morgan St. Brevard, 28712	Mon. – Fri., 8:30am – 4pm; Transportation to senior dining sites, appts., shopping, etc;	People who are 60+; 1 day advanced notice required	\$1 per ride
Medicaid Transportation ¹	Mon. – Fri., 8:30am – 4:30pm	Medicaid recipients; 3 day	Medicaid covered

(828) 884-3283, 203 E. Morgan St., Brevard, 28712	Transportation to medical appts.	notice for local appts.	
Round-A-Bout (828) 253-0057 www.roundaboutwnc.com	Non-emergency transport for groups & individuals with mobility challenges	No eligibility requirements	Private pay & Medicare
SPECIFIC GERIATRIC SYNDROMES			
Advance Care Planning			
Pisgah Legal, Elder Law Project (828) 253-0406, 62 Charlotte St., Asheville, 28801	Advance Care Planning Support	Income eligibility requirements apply	Free
Transylvania Regional Hospital, Advance Care Directives (828) 862-6386, 260 Hospital Dr., Brevard, 28712 Marcus Dodson, Marcus.Dodson@msj.org www.mission-health.org/advance-directives	1:1 support and community events for completion of Advance Care Directives	No eligibility requirements	Free
WNC Advance Care Planning Initiative (828) 257-4449, 121 Hendersonville Rd., Asheville, 28803 www.mahec.net	Advance Care Planning presentation & support in completing documents; training for healthcare professionals	No eligibility requirements	Free
Dementia Assessment			
Memory Care, Initial Evaluation Appointment (828) 771-2219, 100 Far Horizon Lane, Asheville, 28803 www.memorycare.org , email: office@memorycare.org	Comprehensive information gathering; introduction to the staff members; clinical and caregiver evaluation	Referral from primary care physician or neurologist	Medicare, Medicaid & Insurance
Depression and Substance Abuse Resources			
AgeWell Fresh Start Behavioral Health (828) 862-6393 260 Hospital Drive, Brevard, NC 28712 www.trhospital.org/support-services	Daily from 9:30am – 11:45pm; Intensive group therapy; medication management & transportation provided to participants	Mental health diagnosis; physician on staff admits new patients 1x/week	Medicare only
Alliance, Inc. (828) 883-9676, 45 N. Country Rd. Brevard, 28712	Mental health and substance abuse outpatient services	No referral needed	Medicare, Medicaid, private insurance
Meridian Behavioral Health Services/Recovery Ed. Center (828) 631-3973, 69 North Broad St., Brevard, NC 28712 www.meridianbhs.org ,information@meridianbhs.org	Range of psychiatric and substance abuse programs	No referral needed	Medicaid, Medicare and private insurance
Mountain Counseling Associates (828) 692-7300, 45 N. Country Club Rd., Brevard, 28712 www.mountaincounseling.com	Mental health and substance abuse outpatient services	No referral needed	Medicare, Medicaid, private insurance
NAMI - TA (828) 883-4603 (Kay Speckman) Transylvania Regional Hospital, Behavioral Health Unit	Family to Family support group, classes and support groups	No referral needed	Free
Smoky Mountain Center LME / MCO 1-800-849-6127 www.smokymountaincenter.com	Comprehensive health plan for those requiring mental health or substance abuse services	Those in need of mental health, substance use support	Medicaid and Private Insurance
Fall Prevention Services			
Western North Carolina Fall Prevention Coalition	Website includes screening, provider	All	Free

(828) 251-7438 (through Land of Sky Regional Council) www.wncfallpreventioncoalition.org	education, care transitions and community education resources		
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