

Services for Older Adults Living in Swain County

Name and Contact Information	Services offered, duration and frequency	Eligibility requirements	Cost & coverage
RESOURCES HELPING OLDER ADULTS LIVE INDEPENDENTLY			
Adult Day Care			
Care Connection Adult Day Care (828) 349-2058, 108 Wayah St., Franklin, 28734 www.maconnc.org/dss-senior-services.html	Mon.–Fri., 7:00 am–6 pm, Specializing in Alzheimer’s care; activities, crafts, light exercise, hot lunch, field trips and snacks.	Adults age 60+ with physical and cognitive impairments.	Sliding scale starts from \$70/ month to \$30 / day
Sweet Thoughts Adult Day Program (828) 488-6255, 67 Bryson Avenue, Bryson City, 28713	Tuesday & Thursday, 11am – 4pm, home-like atmosphere; specializing in Alzheimer’s care; hot lunch, activities, crafts, snacks.	Adults age 60+ with physical and cognitive impairments.	No charge, donations accepted
Caregiver Support, Caregiver Respite			
Alzheimer’s Association Western Carolina Chapter (800) 272-3900, www.alz.org/	Support groups, education, caregiver hotline	All caregivers of people with memory impairment	Free
Alzheimer’s Support Group, Sweet Thoughts Respite Center 67 Bryson Avenue, Bryson City Contact: Betty Breedlove (828) 488-6255	1 st Tuesday of the month at 3pm; Education & Support	All caregivers of people with memory impairment	Free
Chestnut Hill Senior Living Assisted Living (828) 787-2114, 64 Clubhouse Trail, Highlands, 28741	Room, dining and basic services for short term stays	Physician referral with FL2 and medication list	\$150 daily
Duke Family Support Program www.dukefamilysupport.org (919) 660-7510	Confidential personalized telephone and email support for all caregivers	Family and professional caregivers living in NC	Free
Geriatric Adult Mental Health Specialty Team Tsali Manor Senior Center (828) 554-6860, 133 Tsali Manor St., Cherokee, 28719	Free monthly caregiver education series including hands-on tips and techniques.	All caregivers	Free
Highlands-Cashier Hospital (828) 526-1486, 190 Hospital Dr. Highlands, 28741 www.hchospital.org	Private rooms, dining and basic services for short terms stays; ancillary services (such as PT) available at extra cost	Physician referral with FL2 and medication list	\$256 daily
Jackson County Family Resource Center (FRC) (828) 586-2845, 1528 Webster Rd., Webster, 28788 Hill.ginger@swcdcinc.org	Information, referral, respite vouchers & supplemental services	Caregiver of a person who is 0-17 or 60+ and needs help with ADLs	Free
Macon County Nursing and Rehabilitation (828) 524-7806, 3195 Old Murphy Rd. Franklin, 28734 www.maconvalley.com	Room, dining and activities; ancillary services (e.g. PT) at additional charge; specializing in dementia care	Physician referral with FL2 and medication list	Semi-private - \$196, private - \$215
Mountain View Manor Nursing Center (828) 488-8502, 410 Buckner Branch Rd., Bryson City 28713 www.mountainviewmanor.biz	Room, dining and basic services provided; respite also available in secure unit	Physician referral with FL2 and medication list; history and physical	\$135
Project CARE (Caregiver Alternatives to Running on Empty) (828) 251-6622, www.landofsky.org/projectcare.html	Respite & case assistance for caregivers of persons with Dementia	Caregiver of person with dementia	Free
Southwestern Commission, Family Caregiver Support (828) 586-1962, 125 Bonnie Lane, Sylva, 28799 www.regiona.org/area-agency-on-aging/	Information, assistance, education and respite	Caregivers of one who is 60+ or has dementia; raising grandchildren	Free

Geriatric Case Management: Generally includes several of the following: home assessments, care coordination, counseling, support services, crisis assistance, family liaison and advocacy; those marked with an asterisk are Certified with the National Association of Professional Geriatric Care Managers.			
Community Alternatives Program (CAP) for Disabled Adults (DA) Swain County Health Department (828) 488-3198, 545 Center St., Bryson City, 28713 www.ncdhhs.gov/dma/services/capda.htm	Alternatives to Nursing Home Placement – case management, in-home aid, medical equipment, respite	Medicaid beneficiaries 18+, disabled, at risk for institutionalization	Medicaid
Home Health: patients must be homebound, have skilled need and physician order for insurance coverage. Home Health generally provides nursing, therapies, infusions services, wound care, medication management and more. Those marked with asterisk also provide non-medical home care.			
Angel Home Health & Hospice (828) 488-3877, 268 Hwy. 19 S., Bryson City, 28713 , www.angelmed.org/home-health-hospice			Medicare, Medicaid & Insurance
Cherokee Home Health Services* (828) 554-6872, 73 Kaiser Wilnoty Rd., Cherokee, 28719, http://cherokee-hmd.com/home-health/index.html		Eligible adults must live in the Qualla Boundary	Medicare & Medicaid
Harris Home Health* 26 Westcare Drive, Suite 303, Sylva 28779			Medicare
Maxim Healthcare Services* (828) 299-4388, 1269 Tunnel Rd., Asheville, 28805, www.maximhealthcare.com			Medicaid & Insurance
Home Care Services – Non-medical: Generally includes 24/7 personal care, assistance, assistance with ADLs, respite care, companion care, transportation assistance may also include care by CAN, medication management, dementia and end-of-life care. All accept private pay.			
BrightStar Care (828) 255-1733, 130 F Patton Ave., Asheville, 28806, www.brightstarcare.com			Private Pay
At Your Service Home Care (828) 200-9000, 348 South Fifth St., Highlands, 28741, www.atyourservice.care			LTC Insurance
Comfort Keepers (828) 524-1102, 33 E. Main Street #3, Franklin, 28734, www.comfortkeepers.com			LTC Insurance
Home Care Partners (828) 586-1570, 525 Mineral Springs Dr., Sylva, 28779			LTC Insurance, Medicaid CAP & VA
Sawyer’s Home Care (828) 479-4948, 533 Sweetwater Rd., Robbinsville, 28711			Medicaid
Swain County Health Department 545 Center St. Bryson City, 28713			Services subsidized through block grant
Home Repair			
Four Square Community Action, Inc. (828) 231-4475, 61 Milton Mashburn Dr., Andrews, 28901 www.foursquarecommunityactioninc.com , foursq@frontier.com	Weatherization & home repairs for low income older adults	Income guidelines and age qualifications; Call for application	Free or subsidized services
North Carolina Baptist Aging Ministry (NCBAM) (877) 506-2226, www.ncbam.org	Mon. – Fri., 9am – 5pm; Support services including home modifications	NC residents	Free
Vocational Rehabilitation & Independent Living (828) 586-4032, 100 Bonnie Ln. #A, Sylva, 28779 www.ncdhhs.gov/dvrs/	Home accessibility modifications provided to individuals who meet income guidelines	Diagnosed disability & Income guidelines apply	No or reduced cost based on eligibility

Physical Activity, Nutrition & Socialization			
State of Franklin Services to Senior Citizens (828) 488-3047, 125 Brendle Street, Bryson City, 28713	Mon. – Fri., 7am – 3pm; senior dining (lunch), home delivered meals, physical, social and intellectual activities	Services designed for people 60+ and people with disabilities	No cost for most services; donations accepted
Transportation Assistance			
Swain County Transit (828) 488-3213, 4 Everett St. Bryson City, NC 28713	Mon. – Fri. 7:00 – 4:00 pm; Schedule in county rides at least 24-hours in advance for general purpose and medical trips.	Available to anyone	Cost depends on destination
SPECIFIC GERIATRIC SYNDROMES			
Advance Care Planning			
Southwestern Commission, Area Agency on Aging (828) 586-1962, x 221, 125 Bonnie Lane, Sylva, NC 28779 www.regiona.org/area-agency-on-aging	Advance care planning resources and support; advance directive forms available through the website	No eligibility requirements	Free
WNC Advance Care Planning Initiative (828) 257-4449, 121 Hendersonville Rd., Asheville, 28803 www.mahec.net	Advance Care Planning presentation & support in completing documents; training for healthcare professionals	No eligibility requirements	Free
Dementia Assessment			
Memory Care, Satellite Clinic in Waynesville (828) 771-2219, 81 Elmwood Way, Waynesville, 28786 www.memorycare.org	Comprehensive information gathering; introduction to the staff members; clinical and caregiver evaluation	Referral from primary care physician or neurologist	Medicare, Medicaid & Insurance
Depression and Substance Abuse Resources			
Smoky Mountain Center LME / MCO 1-800-849-6127 www.smokymountaincenter.com	Comprehensive health plan for those requiring mental health or substance abuse services	Those in need of mental health, substance use support	Medicaid and Private Insurance
Fall Prevention Services			
Southwestern Commission, Area Agency on Aging (828) 586-1962, x 221, 125 Bonnie Lane, Sylva, NC 28779 www.regiona.org/area-agency-on-aging	Information and resources for fall prevention.	All	Free

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