

Services for Older Adults Living in Madison County

Name and Contact Information	Services offered, duration and frequency	Eligibility requirements	Cost & coverage
RESOURCES HELPING OLDER ADULTS LIVE INDEPENDENTLY			
Adult Day Care			
CarePartners Adult Day Services (828) 277-3399, 68-A Sweeten Creek Rd., Asheville, 28803 www.carepartners.org	Mon.–Fri., 7:30 am–6 pm, Sat. 9 am–5 pm Activities, personal care assistance, health services, dining, rehabilitation services	Adults with physical and cognitive impairments, age 18 +	Starts \$50/day; Medicaid CAP, VA coverage
Irene Wortham Center Adult Day Program (828) 274-7518, 18 Azalea St., Asheville, 28803 www.ireneworthamcenter.org/adult-day-activity	Mon. – Fri. 8am – 5pm; Programs for adults with developmental disabilities; promoting independence and socialization	Adults with developmental disabilities	\$40 / day; financial assistance may be available
Heritage Adult Day Retreat (828) 682-1556, 1724 Smokey Park Hwy, Burnsville, 28714 email: HeritageAdultDayRetreat@yahoo.com	Mon. – Fri. 7am – 5:30 pm Activities, personal care assistance, health services, dining, rehabilitation services	Adults with physical and cognitive impairments	\$58/day; Project CARE recipients \$18
Caregiver Support, Caregiver Respite			
Alzheimer’s Association Western Carolina Chapter (800) 272-3900, www.alz.org/	Support groups, education, caregiver hotline	All caregivers of people with memory impairment	Free
Alzheimer’s Support Group Madison Health & Rehabilitation Center (828) 689-5200, 345 Manor Rd. Mars Hill, NC 28754	Last Tuesday of the month, 6pm	Caregivers of people with Alzheimer’s Disease	Free
Caregiver Support Group Mars Hill Medical Center Conference Room (828) 689-3507, 119 Mountain View Rd., Mars Hill, 28754 Emma Churchman and Connie Manley (co-facilitators)	First Thursday monthly, 1:00 – 2:00 pm	All caregivers	Free
CarePartners Overnight Respite (828) 277-3399, 68-A Sweeten Creek Rd., Asheville, NC 28803 www.carepartners.org	Overnight respite includes access to day health and day care; medication administration and monitoring	Must be enrolled in Day Health Program	\$150 per night, evening meals included
CarePartners Support Groups Various Locations in Buncombe County www.carepartners.org/patients_support.html	Various Support Groups (e.g. ALS, Aphasia, Arthritis, Brain Injury, Parkinson’s, Post Polio, Stroke and more)	No eligibility requirements	Free
Duke Family Support Program www.dukefamilysupport.org (919) 660-7510	Confidential personalized telephone and email support for all caregivers	Family and professional caregivers living in NC	Free
Elderberry Health Care (828) 649-9345, 415 Elderberry Ln., Marshall, 28753	Room, board and skilled nursing services	Referral from physician and FL2	Private-\$210; Semi-private- \$190 / night
Greenwood Inn, Black Mountain Center (828) 259-6900, 932 Old U.S. Hwy 70, Black Mountain, 28711 www.bmcnc.org/Services/Greenwood_Inn/greenwood_inn.htm bmc.info@dhhs.nc.gov	24/7 care by CNAs (supervised by professional staff); medication administration, first-aid, CPR, NCI & behavior management; incl. 3 meals	Adults with intellectual & developmental disabilities	\$40 / night (in addition to insurance billing)
Land-of-Sky Regional Council, Family Caregiver Support (828) 251-6622, 339 New Leicester Hwy, Asheville, 28806 http://www.landofsky.org/fcsp.html	Information, assistance, education and respite care support	Caregivers of one who is 60+ or has dementia; raising grandchildren	Free

Madison County Community Services (828) 649-0547, 462 Long Branch Rd., Marshall, 28753	Temporary support or living arrangements for individuals 60 and older.	Care recipient must be 60 years or older	Free or subsidized services
Mars Hill Police Department, Calling Senior Citizens (828) 689-2301, 280 N. Main St., Mars Hill, 28754 www.townofmarshall.org	Sheriff's Dept. volunteers call seniors every morning at 8:30 and check on them if unable to contact by phone	Madison County residents	Free
Memory Care Caregiver College (828) 771-2219, 100 Far Horizon Lane, Asheville, 28803 www.memorycare.org	Lecture series to improve caregiver understanding of dementia care; Caregiver Network providing peer support	Caregivers of people with dementia	\$85 for community members; free to MemoryCare clients
Memory Caregivers Network Support Group (828) 230-4143, network@memorycare.org Meetings in 4 locations throughout Buncombe County	Monthly support & education for caregivers of people with memory loss; refreshments	Caregivers of people with memory loss	Free and donations accepted
Memory Loss Collaborative Support Group Cannon Hyde, (828) 230-4143, cannanhyde@att.net Mel Kelley, (828) 301-0529, avant_garden@msn.com	Facilitated support group for those who have received a diagnosis of memory loss; Three locations in Buncombe County	People who have received a diagnosis of memory loss	Free
Project CARE (Caregiver Alternatives to Running on Empty) (828) 251-6622, www.landofsky.org/projectcare.html	Respite & case assistance for caregivers of persons with Dementia	Caregiver of person with dementia	Free
Geriatric Case Management: Generally includes several of the following: home assessments, care coordination, counseling, support services, crisis assistance, family liaison and advocacy; those marked with an asterisk are Certified with the national association of professional geriatric care managers.			
Aging Advocates* (828) 225-0790, P.O. Box 461, Asheville, 28802, www.agingadvocates.com			Private Pay, fee based on hourly rate
Holistic Elder Care Services, Karen Wolfrom* (828) 350-0579 seniorcaremanagementwnc@gmail.com , www.seniorcaremanagementwnc.com			Private Pay, fee based on hourly rate
Senior Care Consulting, LLC Spike Graham, (828) 337-1776, seniorcarewnc@gmail.com , www.seniorcarewnc.com			Private Pay, Fee based on hourly rate
WNC Geriatric Care Management* (828) 776-4269, 20 Harrison St., Asheville, 28801, www.wncgcm.com			Private Pay, Fees based on hourly rate
Community Alternatives Program (CAP) for Disabled Adults (DA) Caroline Levi, (888) 207-7828, Caroline.levi@rhanet.org www.ncdhhs.gov/dma/medicaid/ltc.htm	Alternatives to Nursing Home Placement – case management, in-home aid, medical equipment, respite	Medicaid beneficiaries 18+, disabled, at risk for institutionalization	Medicaid
Home Health: patients must be homebound, have skilled need and physician order for insurance coverage. Home Health generally provides nursing, therapies, infusions services, wound care, medication management and more. Those marked with asterisk also provide non-medical home care.			
CarePartners Home Health Services* (828) 277-4722, 68 Sweeten Creek Rd., Asheville, 28803, www.carepartners.org			Medicare, Medicaid & Insurance
Gentiva Home Health (828) 298-1370, 9 Olde Eastwood Village Blvd., Asheville, 28803, www.gentiva.com			Medicare, Medicaid, Insurance
Madison County Home Care and Hospice, Hot Springs Health Program (828) 649-2705, 590 Medical Park Dr., 28753, www.hotspringshealth-nc.org/our-services/home-care-and-hospice			Medicare, Medicaid, Insurance
Maxim Healthcare Services*			Medicaid &

(828) 299-4388, 1269 Tunnel Rd., Asheville, 28805, www.maximhealthcare.com			Insurance
Home Care Services – Non-medical: Generally includes 24/7 personal care, assistance, assistance with ADLs, respite care, companion care, transportation assistance may also include care by CAN, medication management, dementia and end-of-life care.			
Advantage Care Services (828) 225-0810, 8 Elk Mountain Rd., Asheville, 28804, www.advantagecares.com			Private Pay, LTC Ins. Low income subsidy
A New Hope Home Care (828) 255-4446, 34 N. Ann St., Asheville, 28801, www.anewhopehomecare.com			CAP, Medicaid, VA, LTC Ins.
Bayada Home Health (828) 681-5100, 200 Ridgefield Court, Suite 214, Asheville, 28806, www.bayada.com			LTC Insurance, Medicaid CAP
BrightStar Care (828) 255-1733, 130 F Patton Ave., Asheville, 28806, www.brightstarcare.com			Private Pay
High Country Homecare (828) 733-1248, 430 Pineola St., Newland, 28657			CAP Medicaid, VA, LTC Insurance
Interim Healthcare (828) 274-2082, 2 Walden Ridge Rd. Unit 20A, Asheville, 28803, www.interimhealthcare.com			LTC Insurance, VA, Medicaid CAP
Seniors Helping Seniors (828) 236-0662, 20 Crestwood Rd., Asheville, 28804, www.seniorcareasheville.com			Private Pay & LTC Insurance
ResCare Home Care (828) 258-8881, #309, 40 N. Merrimon Ave., Asheville, 28801, www.rescarehomecare.com			Medicaid & LTC Insurance
Home Repair			
Community Action Opportunities (828) 252-2495, 25 Gaston St., Asheville, 28801 www.communityactionopportunities.org	Heating repair and replacement; weatherization services	Home owners and rentals; Income guidelines apply	Nominal fee based on income
Operation Inasmuch, Mars Hill Baptist Church (828) 689-2911, 67 N. Main St. Mars Hill, 28754 email: stblackwell@marshallbc.org	A program to meet local needs by involving most of the church one weekend annually in some type of work	Call for eligibility guidelines	Free
Vocational Rehabilitation & Independent Living (877) 832-3833, 8 Barbetta Dr, Asheville, NC 28806 www.ncdhhs.gov/dvrs/	Home accessibility modifications provided to individuals who meet income guidelines	Diagnosed disability & Income guidelines apply	No or reduced cost based on eligibility
Physical Activity, Nutrition & Socialization			
Beech Glen Nutrition Site (828) 680-9525, 2936 Beech Glen Rd., Mars Hill, 28754 www.madisoncountync.org/ComServsites.php	Mon – Fri. 9am – 1pm; Dining site provides lunch, physical activity, socialization and education	People age 60+ and caregivers	Many services are free; donations accepted
Center Community Center (828) 689-9021, 2 East Fork Rd., Marshall, 28753 www.madisoncountync.org/ComServsites.php	Mon – Fri. 9:30am – 1pm; Community Center provides physical activity, socialization and education	People age 60+ and caregivers	Many services are free; donations accepted
Hot Springs Senior Center & Nutrition Site (828) 622-7427, 356 NW Hwy 25-70, Hot Springs, 28743 www.madisoncountync.org/ComServsites.php	Mon. – Fri. 9am – 1pm; Senior Center provides lunch, home delivered meals, activities and education	People age 60+ and caregivers	Many services are free; call for specific programming

Marshall Senior Center & Nutrition Site (828) 649-3587, 462 Long Branch Rd., Marshall, 28753 www.madisoncountync.org/ComServsites.php	Mon. – Fri. 8am – 4pm; Senior Center provides congregate dining, physical activity, socialization and education	People age 60+ and caregivers	Many services are free; donations accepted
Mars Hill Nutrition Site (828) 689-2911, 67 N. Main St., Mars Hill, 28754 www.madisoncountync.org/ComServsites.php	Mon – Fri. 9am – 1pm (no meals Thurs.); Dining site provides lunch, physical activity, socialization and education	People age 60+ and caregivers	Many services are free; donations accepted
Shelton Laurel Nutrition Site (828) 656-2759, 4100 Hwy. 212, Marshall, 28753 www.madisoncountync.org/ComServsites.php	Mon – Fri. 9am – 1pm (no meals Thurs.); Dining site provides lunch, physical activity, socialization and education	People age 60+ and caregivers	Many services are free; donations accepted
Spring Creek Nutrition Site (828) 622-7544, 13077 Hwy. 209, Hot Springs, 28743 www.madisoncountync.org/ComServsites.php	Mon – Fri. 9am – 1pm (no meals Thurs.); Dining site provides lunch, physical activity, socialization and education	People age 60+ and caregivers	Many services are free; donations accepted
Upper Laurel Nutrition Site (828) 680-9343, 281 Laurel Valley Rd. Mars Hill, 28754 www.madisoncountync.org/ComServsites.php	Mon – Fri. 9am – 1pm(no meals Thurs.); Dining site provides lunch, physical activity, socialization and education	People age 60+ and caregivers	Many services are free; donations accepted
YMCA Woodfin (828) 505-3990, 40 Merrimon Ave. Asheville, 28801 www.ymcawnc.org/centers/woodfin	Mon. – Fri. 5am – 10pm, Sat. 7am – 8pm, Sun. 1-7pm; exercise equipment and group exercise classes	People of all ages	Membership for ages 65+: \$47 / mo.
Transportation Assistance			
Madison County Transportation Authority (828) 649-2219, 462 Long Branch Rd., Marshall, 28753 www.madisoncountync.org/transportation.php	Mon. – Fri. 6:30am – 4:30pm; Door to door transportation services including medical and shopping trips.	Madison County residents	Depends on destination and purpose.
Out n’ About (828) 712-7259	Local, long distance, and overnight travel; assistance with transfers & personal care	Available to anyone	Private Pay
Round-A-Bout (828) 253-0057, www.roundaboutwnc.com	Non-emergency transport for groups & individuals with mobility challenges	Available to anyone	Private pay & Medicare
SPECIFIC GERIATRIC SYNDROMES			
Advance Care Planning			
CarePartners Advance Care Planning Workshops (828) 277-4800 x 8379, 68 Sweeten Creek Rd., Asheville, 28803 dbabb@carepartners.org	Quarterly workshops on the 3 rd Monday of the month, 4:30 – 6:30 pm, incl. tips to guide of end of life conversation	All are welcome	Free
Mission Health Advance Care Planning Services (828) 213-1111, 509 Biltmore Ave., Asheville, 28801 www.mission-health.org	Provides forms and guides discussions about medical care advocacy and end of life wishes	All are welcome	Free
Osher Life Long Learning Center (828) 251-6140, 1 Campus View Rd., Asheville, 28804 www.olliasheville.com	Workshops every 4 months, incl.: panel discussion, support and notarization for those who want to complete forms.	All are welcome	Free
Pisgah Legal, Elder Law Project (828) 253-0406, 62 Charlotte St., Asheville, 28801	Advance Care Planning Support	Income eligibility requirements apply	Free

WNC Advance Care Planning Initiative (828) 257-4449, 121 Hendersonville Rd., Asheville, 28803 www.mahec.net	Advance Care Planning presentation & support in completing documents; training for healthcare professionals	No eligibility requirements	Free
Dementia Assessment			
Memory Care, Initial Evaluation Appointment (828) 771-2219, 100 Far Horizon Lane, Asheville, 28803 www.memorycare.org	Comprehensive information gathering; introduction to the staff members; clinical and caregiver evaluation	Referral from primary care physician or neurologist	Medicare, Medicaid & Insurance
Depression and Substance Abuse Resources			
Smoky Mountain Center LME / MCO 1-800-849-6127 www.smokymountaincenter.com	Comprehensive health plan for those requiring mental health or substance abuse services	Those in need of mental health, substance use support	Medicaid and Private Insurance
Fall Prevention Services			
Western North Carolina Fall Prevention Coalition (828) 251-7438 (through Land of Sky Regional Council) www.wncfallpreventioncoalition.org	Website includes screening, provider education, care transitions and community education resources	All	Free

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