

Services for Older Adults Living in Macon County

Name and Contact Information	Services offered, duration and frequency	Eligibility requirements	Cost & coverage
RESOURCES HELPING OLDER ADULTS LIVE INDEPENDENTLY			
Adult Day Care			
Care Connection Adult Day Care (828) 349-2058, 108 Wayah St., Franklin, 28734 www.maconnc.org/dss-senior-services.html	Mon.–Fri., 7:00 am–6 pm, Specializing in Alzheimer’s care; Activities, crafts, light exercise, hot lunch, field trips and snacks.	Adults age 60+ with physical and cognitive impairments.	Sliding scale starts from \$70/ month to \$30 / day
Caregiver Support, Caregiver Respite			
Alzheimer’s Association Western Carolina Chapter (800) 272-3900, www.alz.org/	Support groups, education, caregiver hotline	All caregivers of people with memory impairment	Free
Alzheimer’s Association Support Group Macon County Senior Services (828) 349-2058, 108 Wayah St., Franklin, 28734	Support and education, 2 nd Tuesday monthly at 3:00 pm	All caregivers of people with memory impairment	Free
Chestnut Hill Senior Living Assisted Living (828) 787-2114, 64 Clubhouse Trail, Highlands, 28741	Room, dining and activities	Physician referral with FL2 and medication list	\$150 daily
Duke Family Support Program www.dukefamilysupport.org (919) 660-7510	Confidential personalized telephone and email support for all caregivers	Family and professional caregivers living in NC	Free
Highlands-Cashier Hospital (828) 526-1486, 190 Hospital Dr. Highlands, 28741 www.hchospital.org	Private rooms, dining and basic services for short terms stays; ancillary services (such as PT) available at extra cost	Physician referral with FL2 and medication list	\$256 daily
Jackson County Family Resource Center (FRC) (828) 586-2845, 1528 Webster Rd., Webster, 28788 Hill.ginger@swcdcinc.org	Information, referral, respite vouchers & supplemental services	Caregiver of a person who is 0-17 or 60+ and needs help with ADLs	Free
Macon County Nursing and Rehabilitation (828) 524-7806, 3195 Old Murphy Rd. Franklin, 28734 www.maconvalley.com	Room, dining and activities; ancillary services (e.g. PT) at additional charge; specializing in dementia care	Physician referral with FL2 and medication list	Semi-private - \$196, private - \$215
Project CARE (Caregiver Alternatives to Running on Empty) (828) 251-6622, www.landofsky.org/projectcare.html	Respite & case assistance for caregivers of persons with Dementia	Caregiver of person with dementia	Free
Project Lifesaver Macon County Department of Social Services, Senior Services (828) 349-2058, www.maconnc.org/dss-senior-services.html	In cooperation with the Macon County Sherriff’s office, screen for placement of radio transmitter to locate individuals	For people who are at high risk for wandering; all ages	Free
Southwestern Commission, Family Caregiver Support (828) 586-1962, 125 Bonnie Lane, Sylva, 28799 www.regiona.org/area-agency-on-aging/	Information, assistance, education and respite	Caregivers of one who is 60+ or has dementia; raising grandchildren	Free
S.T.A.R.R. Search, Track, Assist, Respond & Rescue Macon County Department of Social Services, Senior Services (828) 349-2058, www.maconnc.org/dss-senior-services.html	Computer identification registry for high-risk individuals, used by emergency responders and law enforcement	For people with special needs and/or at risk for wandering	Free
Geriatric Case Management: Generally includes several of the following: home assessments, care coordination, counseling, support services, crisis assistance, family liaison and advocacy; those marked with an asterisk are Certified with the National Association of Professional Geriatric Care Managers.			
At Your Service Care Management			Private Pay, Fee

Trisha Wheeler, 828-200-9000, 348 South Fifth St., Highlands, 28741, www.atyourservice.care			based on hourly rate
Community Alternatives Program (CAP) for Disabled Adults (DA) Macon County Department of Social Services (828) 349-2117, 5 West Main St., Franklin, 28734 www.ncdhhs.gov/dma/services/capda.htm	Alternatives to Nursing Home Placement – case management, in-home aid, medical equipment, respite	Medicaid beneficiaries 18+, disabled, at risk for institutionalization	Medicaid
Home Health: patients must be homebound, have skilled need and physician order for insurance coverage. Home Health generally provides nursing, therapies, infusions services, wound care, medication management and more. Those marked with asterisk also provide non-medical home care.			
Angel Medical Center (828) 369-4206, 170 Church St., Franklin, 28734, www.angelmed.org/home-health-hospice			Medicare, Medicaid & Insurance
Advanced Home Care – Western North Carolina (828) 285-0239, 120 Sweeten Creek Rd., Asheville, NC 28803			Medicare, Medicaid & Insurance
Harris Home Health* 26 Westcare Drive, Suite 303, Sylva 28779			Medicare
Mountain Home Health Services* (828) 389-8106, 115 Mountain Home Nursing Lane, Hayesville, 28904, www.mountainhha.com			Medicare, Medicaid, VA, Insurance
Maxim Healthcare Services* (828) 299-4388, 1269 Tunnel Rd., Asheville, 28805, www.maximhealthcare.com			Medicaid & Insurance
Home Care Services – Non-medical: Generally includes 24/7 personal care, assistance, assistance with ADLs, respite care, companion care, transportation assistance may also include care by CAN, medication management, dementia and end-of-life care. All accept private pay.			
Advantage Care Services (828) 369-7549, 652 Highlands Rd., Franklin, 28734, www.advantagecares.com			LTC Insurance & Medicaid CAP
At Your Service Home Care (828) 200-9000, 348 South Fifth St., Highlands, 28741, www.atyourservice.care			LTC Insurance
Companion Health Care, Inc. (828) 524-6444, 243 Sloan Rd., Franklin, 28734			LTC Insurance & Medicaid CAP
Comfort Keepers (828) 524-1102, 33 E. Main Street #3, Franklin, 28734, www.comfortkeepers.com			LTC Insurance
Grandview Assisted Living Services (828) 524-4425 x 208, Grandview Manor, 150 Crisp St., Franklin 28734			LTC Insurance & Medicaid CAP
Home Care Partners (828) 586-1570, 525 Mineral Springs Dr., Sylva, 28779			LTC Insurance, Medicaid CAP & VA
Westcare Home Health and Hospice Services (828) 586-7410, 132 Sylva Plaza, Sylva, 28779			LTC Insurance
Home Repair			
Macon County Housing Dept. (828) 369-2605, 1419 Old Murphy Rd, Franklin, 28734	Weatherization (including installation of heating and air conditioning) & home repairs for low income older adults	Income guidelines and individual must be 62+ or live with a disability	Free or subsidized services
North Carolina Baptist Aging Ministry (NCBAM) (877) 506-2226 www.ncbam.org	Mon. – Fri., 9am – 5pm; Support services including home modifications	NC residents	Free

Vocational Rehabilitation & Independent Living Macon County Dept. of Social Services (828) 349-2124. 1832 Lakeside Dr. Franklin 28734 www.ncdhhs.gov/dvrs/	Home accessibility modifications provided to individuals who meet income guidelines	Diagnosed disability & Income guidelines apply	No or reduced cost based on eligibility
Physical Activity, Nutrition & Socialization			
Macon County Senior Services (828) 349-2058, 81 Elmwood Way, Waynesville, 28786 www.maconnc.org/dss-senior-services.html	Mon. – Fri., 8am – 5pm; senior dining (lunch), home delivered meals & physical and intellectual activities	Services designed for people 60+ and people with disabilities	No cost for most services; \$1.50 donations for lunch
Transportation Assistance			
Macon County Public Transit 36 Parinell Lane, Franklin, 28734 www.macontransit.org/routes.html	Mon. – Fri. 8:00am – 5:30 pm; Schedule in county rides at least 24-hours in advance for general purpose and medical trips.	Available to anyone	Cost depends on destination
SPECIFIC GERIATRIC SYNDROMES			
Advance Care Planning			
Southwestern Commission, Area Agency on Aging (828) 586-1962, x 221, 125 Bonnie Lane, Sylva, NC 28779 www.regiona.org/area-agency-on-aging	Advance care planning resources and support; advance directive forms available through the website	No eligibility requirements	Free
Macon County Senior Services (828) 349-2058, 108 Wayah St., Franklin, 28734 www.maconnc.org/dss-senior-services.html	Advance care planning resources and support; advance directive forms available	No eligibility requirements	Free
WNC Advance Care Planning Initiative (828) 257-4449, 121 Hendersonville Rd., Asheville, 28803 www.mahec.net	Advance Care Planning presentation & support in completing documents; training for healthcare professionals	No eligibility requirements	Free
Dementia Assessment			
Memory Care, Satellite Clinic in Waynesville (828) 771-2219, 81 Elmwood Way, Waynesville, 28786 www.memorycare.org	Comprehensive information gathering; introduction to the staff members; clinical and caregiver evaluation	Referral from primary care physician or neurologist	Medicare, Medicaid & Insurance
Depression and Substance Abuse Resources			
Long Center for Psychology (828) 524-4110, 258 Lopes Cir., Franklin, 28734	Individual Psychological Services	No referral needed	Medicaid
Meridian Behavioral Health Services/Recovery Ed. Center (828) 524-6342, 102 Thomas Heights, Franklin, 28734 www.meridianbhs.org , information@meridianbhs.org	Range of psychiatric and substance abuse programs	No referral needed	Medicaid, Medicare and private insurance
Smoky Mountain Center LME / MCO 1-800-849-6127 www.smokymountaincenter.com	Comprehensive health plan for those requiring mental health or substance abuse services	Those in need of mental health, substance use support	Medicaid and Private Insurance
Fall Prevention Services			
The Community Resource Center	Monday – Friday, 8am – 5pm; point of	All	Free

Senior Services, Macon County DSS (828)349-0211, 108 Wayah St., Franklin, 28734	access for information and assistance on services offered throughout the county.		
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Last updated: December 21 2015