

Services for Older Adults Living in Jackson County

Name and Contact Information	Services offered, duration and frequency	Eligibility requirements	Cost & coverage
RESOURCES HELPING OLDER ADULTS LIVE INDEPENDENTLY			
Adult Day Care			
Jackson County Adult Day Care (828) 586-5441 x 305, 100 County Services Park, Sylva 28779 www.aging.jacksonnc.org/adult-day-care-center	Mon. – Fri. 7:30 – 5:30, Personalized care including: activities, crafts, exercise, hot lunch, field trips and snacks.	Interview with caregiver & Physician approval	\$36 / day; financial assistance available
Caregiver Support, Caregiver Respite			
Alzheimer’s Association Western Carolina Chapter (800) 272-3900, www.alz.org/	Support groups, education, caregiver hotline	All caregivers of people with memory impairment	Free
Caring Hands Support Services Jackson County Department on Aging (828) 631-8039, 100 County Services Park, Sylva, 28779 www.aging.jacksonnc.org/caring-hands-support-services	Services for seniors and caregivers including: information and assistance, lending closet, options counseling, project lifesaver and more.	Seniors and Caregivers	Free, donations accepted
Duke Family Support Program www.dukefamilysupport.org (919) 660-7510	Confidential personalized telephone and email support for all caregivers	Family and professional caregivers living in NC	Free
Geriatric Adult Mental Health Specialty Team Jackson County, Department on Aging (828) 586-8562, 100 County Services Park, Sylva, 28779	3 rd Tuesday of the month; Free monthly caregiver education series including hands-on tips and techniques.	All caregivers	Free
Jackson County Family Resource Center (FRC) (828) 586-2845, 1528 Webster Rd., Webster, 28788 Hill.ginger@swcdcinc.org	Information, referral, respite vouchers & supplemental services	Caregiver of a person who is 0-17 or 60+ and needs help with ADLs	Free
Parkinson’s Support Group (828) 507-4690, 100 County Services Park, Sylva	2 nd Tuesday each month, 3:00	People with Parkinson’s Disease and caregivers	Free
Project CARE (Caregiver Alternatives to Running on Empty) (828) 251-6622, www.landofsky.org/projectcare.html	Respite & case assistance for caregivers of persons with Dementia	Caregiver of person with dementia	Free
Skyland Care Center (828) 586-8935, 193 Asheville Hwy, Sylva 28779	Room, board, skilled nursing services	Physician referral with FL2 and medication list	\$180 / night
Southwestern Commission, Family Caregiver Support (828) 586-1962, 125 Bonnie Lane, Sylva, 28799 www.regiona.org/area-agency-on-aging/	Information, assistance, education and respite	Caregivers of one who is 60+ or has dementia; raising grandchildren	Free
The Hermitage (828) 586-3959, 185 Brickfarm Rd., Sylva, 28779 www.meridiansenior.com/community/thehermitage	Room, board & assisted living services, memory care wing	Physician referral with FL2 and medication list	\$75 / night
Geriatric Case Management: Generally includes several of the following: home assessments, care coordination, counseling, support services, crisis assistance, family liaison and advocacy; those marked with an asterisk are Certified with the National Association of Professional Geriatric Care Managers.			
At Your Service Care Management Trisha Wheeler, 828-200-9000, 348 South Fifth St., Highlands, 28741, www.atyourservice.care			Private Pay, Fee based on hourly rate
Community Alternatives Program (CAP) for Disabled Adults (DA) Harris Regional Hospital, Home Health	Alternatives to Nursing Home Placement – case management, in-home aid, medical	Medicaid beneficiaries 18+, disabled, at risk for	Medicaid

26 Westcare Dr., Suite 303, Sylva 28779	equipment, respite	institutionalization	
Home Health: patients must be homebound, have skilled need and physician order for insurance coverage. Home Health generally provides nursing, therapies, infusions services, wound care, medication management and more. Those marked with asterisk also provide non-medical home care.			
Harris Home Health* 26 Westcare Drive, Suite 303, Sylva 28779			Medicare
Home Care Partners* (828) 631-1167, 525 Mineral Springs Rd. Sylva, 28779			LTC Insurance, Medicaid CAP & VA
Maxim Healthcare Services* (828) 299-4388, 1269 Tunnel Rd., Asheville, 28805, www.maximhealthcare.com			Medicaid & Insurance
Home Care Services – Non-medical: Generally includes 24/7 personal care, assistance, assistance with ADLs, respite care, companion care, transportation assistance may also include care by CAN, medication management, dementia and end-of-life care. All accept private pay.			
Companion Health Care, Inc. (828) 524-6444, 243 Sloan Rd., Franklin, 28734			LTC Insurance & Medicaid CAP
Westcare Home Health and Hospice Services (828) 586-7410, 132 Sylva Plaza, Sylva, 28779			Financial assistance available
Mountain Area Projects, Inc. (828) 452-1447, 2251, 26 Schulman St., Sylva, 28779 www.mountainprojects.org			No cost; donations accepted
Home Repair			
Jackson County Department on Aging (828) 631-8039, 100 County Services Park, Sylva, 28779 Phyllis Phillips, www.aging.jacksonnc.org/	Monday – Friday, 9am – 5pm; point of access for information and assistance on services offered throughout the county.	Income guidelines and age qualifications may apply; Call for details	Free or subsidized services
North Carolina Baptist Aging Ministry (NCBAM) (877) 506-2226 www.ncbam.org	Mon. – Fri., 9am – 5pm; Support services including home modifications	NC residents	Free
Vocational Rehabilitation & Independent Living Sylva Vocational Rehabilitation (828) 586-4032, 100 Bonnie Lane, Suite A, Sylva, NC www.ncdhhs.gov/dvrs/	Home accessibility modifications provided to individuals who meet income guidelines	Diagnosed disability & Income guidelines apply	No or reduced cost based on eligibility
Physical Activity, Nutrition & Socialization			
Cashiers Senior Center (828) 745-6856, 217 Frank Allen Rd., Cashiers, 28717 www.aging.jacksonnc.org/cashiers-senior-center	Mon. – Thurs. 9am – 2:30pm; senior dining, home delivered meals; physical, educational, social & creative activities	Services for people who are 50 and older	No cost for most services
Jackson County Senior Center (828) 586-5494, 100 County Services Park, Sylva, 28779 www.aging.jacksonnc.org/jackson-county-senior-center	Mon. – Fri. 8am – 5pm; senior dining, home delivered meals; physical, educational, social & creative activities	Services for people who are 50 and older	No cost for most services
Transportation Assistance			
Jackson County Transit (828) 586-0233, 1148 Haywood Rd., Sylva, 28779	Mon. – Fri. 7:00am – 5:30 pm; Deviated fixed route, paratransit & demand	General public	Cost depends on destination

www.jacksoncountytransit.com	response service; 24-hour advanced notice required for in-county scheduling		
SPECIFIC GERIATRIC SYNDROMES			
Advance Care Planning			
Southwestern Commission, Area Agency on Aging (828) 586-1962, x 221, 125 Bonnie Lane, Sylva, NC 28779 www.regiona.org/area-agency-on-aging	Advance care planning resources and support; advance directive forms available through the website	No eligibility requirements	Free
WNC Advance Care Planning Initiative (828) 257-4449, 121 Hendersonville Rd., Asheville, 28803 www.mahec.net	Advance Care Planning presentation & support in completing documents; training for healthcare professionals	No eligibility requirements	Free
Dementia Assessment			
Memory Care, Satellite Clinic in Waynesville (828) 771-2219, 81 Elmwood Way, Waynesville, 28786 www.memorycare.org	Comprehensive information gathering; introduction to the staff members; clinical and caregiver evaluation	Referral from primary care physician or neurologist	Medicare, Medicaid & Insurance
Depression and Substance Abuse Resources			
Smoky Mountain Center LME / MCO 1-800-849-6127 www.smokymountaincenter.com	Comprehensive health plan for those requiring mental health or substance abuse services	Those in need of mental health, substance use support	Medicaid and Private Insurance
Fall Prevention Services			
Jackson County Department on Aging (828) 631-8039, 100 County Services Park, Sylva, 28779 Phyllis Phillips, www.aging.jacksonnc.org/	Monday – Friday, 9am – 5pm; point of access for information and assistance on services offered throughout the county.	All	Free

Last updated: December 29th^h, 2015