

## Services for Older Adults Living in Haywood County

Name and Contact Information	Services offered, duration and frequency	Eligibility requirements	Cost & coverage
<b>RESOURCES HELPING OLDER ADULTS LIVE INDEPENDENTLY</b>			
<b>Adult Day Care</b>			
CarePartners Adult Day Services (828) 277-3399, 68-A Sweeten Creek Rd., Asheville, 28803 <a href="http://www.carepartners.org">www.carepartners.org</a>	Mon.–Fri., 7:30 am–6 pm, Sat. 9 am–5 pm Activities, personal care assistance, health services, dining, rehabilitation services	Adults with physical and cognitive impairments, age 18 +	Starts \$50/day; Medicaid CAP, VA coverage
DayStay Adult Day Services (828) 665-1575, 135 Candler School Rd., Candler, 28715 <a href="http://www.daystayasheville.com">www.daystayasheville.com</a>	Mon. – Fri., 7:30 am – 5:30 pm Activities, personal care assistance, health services, dining	Adults who needs supervision during the day; No referral required	Starts \$50/day; financial assistance may be available
Maple Leaf Adult Day Respite (828) 456-9488, 205 Hazlewood Ave., Waynesville, 28786	Mon. – Fri., 7:30 am – 5:30 pm Activities, personal care assistance, health services, dining	Adults who needs supervision during the day; physician approval	\$50/ day; financial assistance available; VA; Medicaid
<b>Caregiver Support, Caregiver Respite</b>			
Alzheimer’s Association Western Carolina Chapter (800) 272-3900, <a href="http://www.alz.org/">www.alz.org/</a>	Support groups, education, caregiver hotline	All caregivers of people with memory impairment	Free
Autumn Care Nursing and Rehabilitation of Waynesville (828) 456-7381, 360 Old Balsam Rd., Waynesville, 28786 <a href="http://www.autumncorp.com">www.autumncorp.com</a>	Room, board and basic nursing care; Physical therapy available for additional cost	Physician referral with FL2 and TB test	Starts at \$197 for semi-private room
Brian Center Health and Rehabilitation (828) 452-3154, 516 Wall St., Waynesville, 28716 <a href="http://www.savaseniorcare.com">www.savaseniorcare.com</a>	Room, board and basic nursing care; Physical Therapy available for additional cost	No eligibility requirement	\$189 per day; PT may be billable to Medicare
Duke Family Support Program <a href="http://www.dukefamilysupport.org">www.dukefamilysupport.org</a> (919) 660-7510	Confidential personalized telephone and email support for all caregivers	Family and professional caregivers living in NC	Free
Geriatric and Adult Mental Health Specialty Team (GAMHAST) Haywood County Senior Resource Center (828) 356-2824, 81 Elmwood Way, Waynesville, 28786	4 <sup>th</sup> Tuesday quarterly, 10am – 12noon Caregiver education series to provide tips and techniques	Caregivers of loved one 60+	Free
Greenwood Inn, Black Mountain Center (828) 259-6900, 932 Old U.S. Hwy 70, Black Mountain, 28711 <a href="http://www.bmcnc.org/Services/Greenwood_Inn/greenwood_inn.htm">www.bmcnc.org/Services/Greenwood_Inn/greenwood_inn.htm</a> <a href="mailto:bmc.info@dhhs.nc.gov">bmc.info@dhhs.nc.gov</a>	24/7 care by CNAs (supervised by professional staff); medication administration, first-aid, CPR, NCI & behavior management; incl. 3 meals	Adults with intellectual & developmental disabilities	\$40 / night (in addition to insurance billing)
Haywood House (828) 276-1004 27 N. Main St. Canton, 29716 <a href="http://www.meridiansenior.com/community/haywood-house">www.meridiansenior.com/community/haywood-house</a>	Room, board, basic nursing and dementia care	Primary diagnosis of dementia, FL2 and TB test	\$3800 / month (divided by number of days / month)
Maggie Valley Nursing and Rehabilitation (828) 926-4326, 75 Fisher Loop, Maggie Valley, 28751 <a href="http://www.healthtiquegroup.com/Maggie-Valley.html">www.healthtiquegroup.com/Maggie-Valley.html</a>	Room, board and basic nursing care	Physician referral with FL2 and TB test	\$210 / day for semi-private room
Project CARE (Caregiver Alternatives to Running on Empty) (828) 251-6622, <a href="http://www.landofsky.org/projectcare.html">www.landofsky.org/projectcare.html</a>	Respite & case assistance for caregivers of persons with Dementia	Caregiver of person with dementia	Free
Southwestern Commission, Family Caregiver Support <sup>1</sup>	Information, assistance, education and	Caregivers of one who is	Free

(828) 586-1962, 125 Bonnie Lane, Sylva, 28799 <a href="http://www.regiona.org/area-agency-on-aging/">www.regiona.org/area-agency-on-aging/</a>	respite	60+ or has dementia; raising grandchildren	
<b>Geriatric Case Management:</b> Generally includes several of the following: home assessments, care coordination, counseling, support services, crisis assistance, family liaison and advocacy; those marked with an asterisk are Certified with the national association of professional geriatric care managers.			
Senior Care Consulting, LLC Spike Graham, (828) 337-1776, <a href="mailto:seniorcarewnc@gmail.com">seniorcarewnc@gmail.com</a> , <a href="http://www.seniorcarewnc.com">www.seniorcarewnc.com</a>			Private Pay, Fee based on hourly rate
Community Alternatives Program (CAP) for Disabled Adults (DA) Haywood County Department of Social Services (828) 452-6620, 157 Paragon Parkway, Suite 300, Clyde, 28721 <a href="http://www.ncdhhs.gov/dma/services/capda.htm">www.ncdhhs.gov/dma/services/capda.htm</a>	Alternatives to Nursing Home Placement – case management, in-home aid, medical equipment, respite	Medicaid beneficiaries 18+, disabled, at risk for institutionalization	Medicaid
<b>Home Health:</b> patients must be homebound, have skilled need and physician order for insurance coverage. Home Health generally provides nursing, therapies, infusions services, wound care, medication management and more. Those marked with asterisk also provide non-medical home care.			
CarePartners Home Health Services* (828) 452-3600, 88 Waynesville Plaza, Waynesville, 28786, <a href="http://www.carepartners.org">www.carepartners.org</a>			Medicare, Medicaid & Insurance
Gentiva Home Health (828) 298-1370, 9 Olde Eastwood Village Blvd., Asheville, 28803, <a href="http://www.gentiva.com">www.gentiva.com</a>			Medicare, Medicaid & Insurance
Haywood Regional Medical Center Home Care and Community Programs (828) 452-8292, 262 Leroy George Drive, Clyde, NC 28721, <a href="http://www.haymed.org">www.haymed.org</a>			Medicare & Insurance
Maxim Healthcare Services* (828) 299-4388, 1269 Tunnel Rd., Asheville, 28805, <a href="http://www.maximhealthcare.com">www.maximhealthcare.com</a>			Medicaid & Insurance
<b>Home Care Services – Non-medical:</b> Generally includes 24/7 personal care, assistance, assistance with ADLs, respite care, companion care, transportation assistance may also include care by CAN, medication management, dementia and end-of-life care.			
Advantage Care Services (828) 452-0092, 298 Haywood St., Waynesville, 28786			Private Pay, LTC Ins. Low income subsidy
Bayada Home Health (828) 452-0010, 50 S. Main St. Waynesville, 28786			LTC Insurance, Medicaid CAP
BrightStar Care (828) 255-1733, 130 F Patton Ave., Asheville, 28806, <a href="http://www.brightstarcare.com">www.brightstarcare.com</a>			Private Pay
Cherokee Home Health Services* (828) 554-6872, 73 Kaiser Wilnoty Rd., Cherokee, 28719, <a href="http://cherokee-hmd.com/home-health/index.html">http://cherokee-hmd.com/home-health/index.html</a>		Eligible adults must live in the Qualla Boundary	Medicare, Medicaid
Comfort Keepers (828) 687-1199, 450 Airport Road, Fletcher, NC 28732, <a href="http://www.comfortkeepers.com">www.comfortkeepers.com</a>			Private Pay & LTC Insurance
Grandview Assisted Living Services (828) 524-4425 x 208, Grandview Manor, 150 Crisp St., Franklin 28734			LTC Insurance & Medicaid CAP
Home Care Partners (S.A.I.L. Program) (828) 631-1167, 525 Mineral Springs Rd. Sylva, 28779			Medicaid CAP
Home Instead Senior Care (828) 274-4406, 1293 Hendersonville Rd. #4, Asheville, 28803, <a href="http://www.homeinstead.com">www.homeinstead.com</a>			Private Pay & LTC Insurance
Interim Healthcare			LTC Insurance, VA,

(828) 274-2082, 2 Walden Ridge Rd. Unit 20A, Asheville, 28803, <a href="http://www.interimhealthcare.com">www.interimhealthcare.com</a>			Medicaid CAP
Mountain Area Projects, Inc. (a Community Action Agency) (828) 452-1447, 2251, Old Balsam Rd., Waynesville, 28786 <a href="http://www.mountainprojects.org">www.mountainprojects.org</a>			No cost; donations accepted
ResCare Home Care (828) 258-8881, #309, 40 N. Merrimon Ave., Asheville, 28801, <a href="http://www.rescarehomecare.com">www.rescarehomecare.com</a>			Medicaid & Insurance
Visiting Angels (828) 665-3944, 671 Brevard Rd, Asheville, NC 28806 <a href="http://www.visitingangels.com">www.visitingangels.com</a>			LTC Insurance & Private pay
<b>Home Repair</b>			
Safe at Home, Mountain Area Projects, Inc. (828) 452-1447, 2251, Old Balsam Rd., Waynesville, 28786 <a href="http://www.mountainprojects.org">www.mountainprojects.org</a>	Home improvement and weatherization	All services requiring income guidelines require an application appt.	Many services are free or subsidized services
North Carolina Baptist Aging Ministry (NCBAM) (877) 506-2226 <a href="http://www.ncbam.org">www.ncbam.org</a>	Mon. – Fri., 9am – 5pm; Support services including home modifications	NC residents	Free
Vocational Rehabilitation & Independent Living (828) 456-3111, 9 Haywood Office Park, Waynesville, 28785 <a href="http://www.ncdhhs.gov/dvrs/">www.ncdhhs.gov/dvrs/</a>	Home accessibility modifications provided to individuals who meet income guidelines	Diagnosed disability & Income guidelines apply	No or reduced cost based on eligibility
<b>Physical Activity, Nutrition &amp; Socialization</b>			
Canton Senior Center (828) 648-8173, 1 Pigeon St., Canton, 28716	Mon. – Fri., 8am – 4pm; senior dining (hot lunch), social and physical activities	Services designed for people 60+	No cost for lunch; donations accepted
Haywood County Senior Resource Center (828) 452-2370, 81 Elmwood Way, Waynesville, 28786 <a href="http://www.haywoodseniors.org">www.haywoodseniors.org</a>	Mon. – Fri., 9am – 5pm; senior dining (lunch), educational, social, spiritual and physical activities; information & referrals	Services designed for people 60+ and people with disabilities	No cost for most services; donations accepted
Maggie Valley Nutrition Program for the Elderly Maggie Valley Community Services Building (828) 926-3099 x 110, 3987 Soco Rd., Maggie Valley, 28751	9am – 1pm; senior dining (hot lunch) social & physical activities	Services designed for people 60+	No cost for lunch; donations accepted
Meals on Wheels of Haywood County (828) 356-2442, Jeanne Naber <a href="mailto:jnaber@haywoodnc.net">jnaber@haywoodnc.net</a> . <a href="http://www.haywoodnc.net/">www.haywoodnc.net/</a>	Hot nutritious meals delivered Mon. – Fri. between 10am – 12:30 pm to homebound older adults	People age 60+, homebound, not able to cook, application required	No fee for meal; contributions accepted
MedWest Health & Fitness Center (828) 452-8080, 262 Leroy George Drive, Clyde, NC 28721 <a href="http://www.medwesthealth.org">www.medwesthealth.org</a>	Fully staffed & equipped gym, aquatic therapy and recreation, exercise classes, indoor walking track, massage therapy	Open to all; reduced membership fees for older adults	For people age 62+ \$40/month with \$50 initiation fee
Mountain Area Projects, Inc. (a Community Action Agency) (828) 452-1447, 2251, Old Balsam Rd., Waynesville, 28786 <a href="http://www.mountainprojects.org/">www.mountainprojects.org/</a>	Senior Dining (lunch) and a variety of community services and volunteer opportunities	All services requiring income guidelines require an application appt.	Many services are free or subsidized services
Waynesville Nutrition Program for the Elderly (828) 452-7029, 39 Boundary St., Waynesville, 28786	Mon. – Fri. 9am – 4pm; Senior Center provides congregate dining, physical activity, socialization and learning	People age 60+	Many services are free; call for specific programming

<b>Transportation Assistance</b>			
Haywood Public Transit (828) 565-0362, 2251 Old Balsam Rd, Waynesville, 28786 <a href="http://www.haywoodtransit.com/">www.haywoodtransit.com/</a>	Mon. – Fri. 6:00am – 5:30 pm; Schedule in county rides at least 24-hours in advance	Available to anyone	Cost depends on destination
Round-A-Bout (828) 253-0057, <a href="http://www.roundaboutwnc.com">www.roundaboutwnc.com</a>	Non-emergency transport for groups & individuals with mobility challenges	Available to anyone	Private pay & Medicare
<b>SPECIFIC GERIATRIC SYNDROMES</b>			
<b>Advance Care Planning</b>			
Haywood Regional Medical Center Hospice 828-452-5039, 127 Sunset Ridge Road, Clyde, 28721 <a href="http://www.haymed.org/services/hospice_palliative_care.aspx">www.haymed.org/services/hospice_palliative_care.aspx</a>	Advance Care Planning resources, support and quarterly community presentations	No eligibility requirements	Free
Southwestern Commission, Area Agency on Aging (828) 586-1962, x 221, 125 Bonnie Lane, Sylva, NC 28779 <a href="http://www.regiona.org/area-agency-on-aging">www.regiona.org/area-agency-on-aging</a>	Advance care planning resources and support; advance directive forms available through the website	No eligibility requirements	Free
WNC Advance Care Planning Initiative (828) 257-4449, 121 Hendersonville Rd., Asheville, 28803 <a href="http://www.mahec.net">www.mahec.net</a>	Advance Care Planning presentation & support in completing documents; training for healthcare professionals	No eligibility requirements	Free
<b>Dementia Assessment</b>			
Memory Care, Satellite Clinic in Waynesville (828) 771-2219, 81 Elmwood Way, Waynesville, 28786 <a href="http://www.memorycare.org">www.memorycare.org</a>	Comprehensive information gathering; introduction to the staff members; clinical and caregiver evaluation	Referral from primary care physician or neurologist	Medicare, Medicaid & Insurance
<b>Depression and Substance Abuse Resources</b>			
Appalachian Community Services (828) 452- 1395, mobile crisis unit: 1-888-315-2880 1482 Russ Ave., Waynesville, 28786 <a href="http://www.acswnc.com">www.acswnc.com</a>	Individual and group mental health, substance abuse and developmental Disability services; mobile crisis unit	No eligibility requirements	Sliding fee scale and Medicaid
Meridian Behavioral Health Services/Recovery Ed. Center (828) 452-9258, 307 Broadview St., Waynesville, 28786 <a href="http://www.meridianbhs.org">www.meridianbhs.org</a> , <a href="mailto:information@meridianbhs.org">information@meridianbhs.org</a>	Range of psychiatric and substance abuse programs	No referral needed	Medicaid, Medicare and private insurance
Smoky Mountain Center LME / MCO 1-800-849-6127 <a href="http://www.smokymountaincenter.com">www.smokymountaincenter.com</a>	Comprehensive health plan for those requiring mental health or substance abuse services	Those in need of mental health, substance use support	Medicaid and Private Insurance
<b>Fall Prevention Services</b>			
Western North Carolina Fall Prevention Coalition (828) 251-7438 (through Land of Sky Regional Council) <a href="http://www.wncfallpreventioncoalition.org">www.wncfallpreventioncoalition.org</a>	Website includes screening, provider education, care transitions and community education resources	All	Free