

Services for Older Adults Living in Graham County

Name and Contact Information	Services offered, duration and frequency	Eligibility requirements	Cost & coverage
RESOURCES HELPING OLDER ADULTS LIVE INDEPENDENTLY			
Adult Day Care			
Care Connection Adult Day Care (828) 349-2058, 108 Wayah St., Franklin, 28734 www.maconnc.org/dss-senior-services.html	Mon.–Fri., 7:00 am–6 pm, Specializing in Alzheimer’s care; Activities, crafts, light exercise, hot lunch, field trips and snacks.	Adults age 60+ with physical and cognitive impairments.	Sliding scale starts from \$70/ month to \$30 / day
Caregiver Support, Caregiver Respite			
Alzheimer’s Association Western Carolina Chapter (800) 272-3900, www.alz.org/	Support groups, education, caregiver hotline	All caregivers of people with memory impairment	Free
Alzheimer’s Association Telephone Support Group 1-800-272-3900, www.alzconnected.org	1 st Thursday at 7pm for caregivers, space is limited, call for details	All caregivers of people with memory impairment	Free
Duke Family Support Program www.dukefamilysupport.org (919) 660-7510	Confidential personalized telephone and email support for all caregivers	Family and professional caregivers living in NC	Free
Highlands-Cashier Hospital (828) 526-1486, 190 Hospital Dr. Highlands, 28741 www.hchospital.org	Private rooms, dining and basic services for short terms stays; ancillary services (such as PT) available at extra cost	Physician referral with FL2 and medication list	\$256 daily
Mountain View Manor Nursing Center (828) 488-2101, 410 Buckner Branch Rd., Bryson City, 28713 www.mountainviewmanor.biz	5-day minimum; Dining, grooming, medication administration, skilled nursing	Physician referral with FL2 and medication list	\$135 daily / semi-private
Project CARE (Caregiver Alternatives to Running on Empty) (828) 251-6622, www.landofsky.org/projectcare.html	Respite & case assistance for caregivers of persons with Dementia	Caregiver of person with dementia	Free
Southwestern Commission, Family Caregiver Support (828) 586-1962, 125 Bonnie Lane, Sylva, 28799 www.regiona.org/area-agency-on-aging/	Information, assistance, education and respite	Caregivers of one who is 60+ or has dementia; raising grandchildren	Free
Geriatric Case Management: Generally includes several of the following: home assessments, care coordination, counseling, support services, crisis assistance, family liaison and advocacy; those marked with an asterisk are Certified with the National Association of Professional Geriatric Care Managers.			
Community Alternatives Program (CAP) for Disabled Adults (DA) Swain County Health Department (828) 488-3198, 545 Center St., Bryson City, 28713 www.ncdhhs.gov/dma/services/capda.htm	Alternatives to Nursing Home Placement – case management, in-home aid, medical equipment, respite	Medicaid beneficiaries 18+, disabled, at risk for institutionalization	Medicaid
Home Health: patients must be homebound, have skilled need and physician order for insurance coverage. Home Health generally provides nursing, therapies, infusions services, wound care, medication management and more. Those marked with asterisk also provide non-medical home care.			
Good Shepard Home Health & Hospice (828) 837-1197, 125 Medical Park Ln., Suite H, Murphy, NC 28906			Medicare, Medicaid and VA
Cherokee Home Health Services* (828) 554-6872, 73 Kaiser Wilnoty Rd., Cherokee, 28719, http://cherokee-hmd.com/home-health/index.html		Eligible adults must live in the Qualla Boundary	Medicare & Medicaid
Harris Home Health* 26 Westcare Dr., Suite 303, Sylva 28779			Medicare & Medicaid CAP DA
Mountain Home Health Services*			Medicare, Medicaid,

(828) 389-8106, 115 Mountain Home Nursing Ln., Hayesville, 28904, www.mountainhha.com			VA, Insurance
Maxim Healthcare Services* (828) 299-4388, 1269 Tunnel Rd., Asheville, 28805, www.maximhealthcare.com			Medicaid & Insurance
Home Care Services – Non-medical: Generally includes 24/7 personal care, assistance, assistance with ADLs, respite care, companion care, transportation assistance may also include care by CAN, medication management, dementia and end-of-life care. All accept private pay.			
Comfort Keepers (828) 524-1102, 33 E. Main Street #3, Franklin, 28734, www.comfortkeepers.com			LTC Insurance
Grandview Assisted Living Services (828) 524-4425 x 208, Grandview Manor, 150 Crisp St., Franklin 28734			LTC Insurance & Medicaid CAP
Home Care Partners (828) 586-1570, 525 Mineral Springs Dr., Sylva, 28779			LTC Insurance, Medicaid CAP & VA
Sawyer's Home Care (828) 479-4948, 533 Sweetwater Rd., Robbinsville, 28711			Medicaid
Home Repair			
Four Square Community Action, Inc. (828) 231-4475, 61 Milton Mashburn Dr., Andrews, 28901 www.foursquarecommunityactioninc.com , foursq@frontier.com	Weatherization & home repairs for low income older adults	Income guidelines and age qualifications; Call for application	Free or subsidized services
North Carolina Baptist Aging Ministry (NCBAM) (877) 506-2226 www.ncbam.org	Mon. – Fri., 9am – 5pm; Support services including home modifications	NC residents	Free
Vocational Rehabilitation & Independent Living Cherokee County Dept. of Social Services (828) 837-6218, 510 East US Hwy 64 Alt, Murphy, 28906 www.ncdhhs.gov/dvrs/	Home accessibility modifications provided to individuals who meet income guidelines	Diagnosed disability & Income guidelines apply	No or reduced cost based on eligibility
Physical Activity, Nutrition & Socialization			
Graham County Senior Center (828) 479-7977, 115 moose Branch Rd. Robbinsville, 28771 www.grahamcounty.org	Mon. – Fri., 7:30am – 3:30pm; senior dining (lunch), home delivered meals & activities	Services designed for people 60+	No cost for most services; donations accepted
Snowbird Senior Center (828) 479-9145, 157 Jackson Branch Rd., Robbinsville, 28711 www.nc-chokeee.com/education/hom/community-recreation-services/senior-services/	Mon. – Fri., 7:45am – 4:30pm; senior dining (lunch), home delivered meals & activities	Tribal Senior Center but open to all; Services designed for people 60+	No cost for most services; donations accepted
Transportation Assistance			
Graham County Public Transit (828) 479-4129, 74 South Main St., Robbinsville, 28771 www.grahamcounty.org/	Mon. – Fri. 7:00am – 5:00 pm; Schedule in county rides at least 24-hours in advance for general purpose and medical trips.	Available to anyone	Cost depends on destination
SPECIFIC GERIATRIC SYNDROMES			
Advance Care Planning			
Southwestern Commission, Area Agency on Aging	Advance care planning resources and	No eligibility requirements	Free

(828) 586-1962, x 221, 125 Bonnie Lane, Sylva, NC 28779 www.regiona.org/area-agency-on-aging	support; advance directive forms available through the website		
WNC Advance Care Planning Initiative (828) 257-4449, 121 Hendersonville Rd., Asheville, 28803 www.mahec.net	Advance Care Planning presentation & support in completing documents; training for healthcare professionals	No eligibility requirements	Free
Dementia Assessment			
Memory Care, Satellite Clinic in Waynesville (828) 771-2219, 81 Elmwood Way, Waynesville, 28786 www.memorycare.org	Comprehensive information gathering; introduction to the staff members; clinical and caregiver evaluation	Referral from primary care physician or neurologist	Medicare, Medicaid & Insurance
Depression and Substance Abuse Resources			
Smoky Mountain Center LME / MCO 1-800-849-6127 www.smokymountaincenter.com	Comprehensive health plan for those requiring mental health or substance abuse services	Those in need of mental health, substance use support	Medicaid and Private Insurance
Fall Prevention Services			
Southwestern Commission (828) 586-1962, 125 Bonnie Lane, Sylva, 28799 www.regiona.org/area-agency-on-aging/	Monday – Friday, 9am – 5pm; point of access for information and assistance on services offered throughout the region	All	Free Information and Referral

Last updated: December 18th, 2015