

# LEA Administrative Action Planning for Empowering Staff Well-being, Mental Health, and Resilience

What's working and where do we go from here?

In-person at MAHEC | Friday, August 5, 2022

**Location** MAHEC Education Building  
121 Hendersonville Rd, Asheville NC 28803

**Date** Friday, August 5, 2022

**Check-in** 8:30 am–9:00 am

**Program** 9:00 am–4:15 pm

[REGISTER ONLINE](#)

## REGISTRATION FORM

Updated contact information Event #68743

**Name** \_\_\_\_\_

**Credentials** \_\_\_\_\_

**PIN #** \_\_\_\_\_ (4 digits of your choosing that you will use each time you register)

**Occupation** \_\_\_\_\_

**Email Address** \_\_\_\_\_

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove me from the MAHEC mailing list

**Home Address** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**Home County** \_\_\_\_\_

**Home #** \_\_\_\_\_ **Work #** \_\_\_\_\_

**Employer** \_\_\_\_\_

**Department** \_\_\_\_\_

**Employer's Address** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**Work County** \_\_\_\_\_

**Send completed registration to:** MAHEC Registration  
121 Hendersonville Road, Asheville, NC 28803

**Fax completed registration to:** 828-257-4768



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### HAVE A QUESTION?



### Special Services

828-257-4469

### Program Planner

Rosalyn Wasserman, PT, DPT

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### Registration Phone

828-257-4475

### Email

[registration@mahec.net](mailto:registration@mahec.net)

### Registration Fax

828-257-4768

### Mail

MAHEC Registration  
121 Hendersonville Road  
Asheville, NC 28803

### Online Registration

[www.mahec.net/cpd](http://www.mahec.net/cpd)